State Of The College Address



CSI President Marlene Springer

P. Melissa Dreznick Associate Editor

pening her annual Convocation Address for 1998 on September 16 at the Williamson Theater in 1P, Dr. Marlene Springer (president of the College of Staten Island [CSI]) proudly thanked State Senator John J. Marchi for his donation of his papers. Senator Marchi also got the State Senate to give CSI \$100,00 to start the project. She told Senator Marchi that his donation was well placed as she proudly gave the rest of her address.

Dr. Springer continued the speech with a look at the school's progress over the past year, current plans in action, hopes for its future and details of her vacation in Greece.

The speech had a generally optimistic tone, to accompany the lighthearted Greek vacation theme. Dr. Springer was true to her word and never did show slides—though she offered to several times.

Dr. Springer spoke extensively about the success of the school's summer remediation program—which "Meant 562 fewer remedial seats were required this fall," 25 new faculty members—telling the selection committee, "You made a wise selection; they made a wise choice," and new technological advancements including the hiring of the new acting assistant vice president of technology, Mike Kress.

After fighting long and hard City University of New York (CUNY) officials, Dr. Springer was proud to say that 75 percent of the students who participated in this program passed. She then thanked Allyson Straker-Banks, who headed the program. "We went to CUNY with a plan...We said they'd get their money's worth—for CUNY needs success stories in that area. We delivered—and Allyson [Straker-Banks], Mirella [Affron, Vice-President for Academic Affairs] and I didn't have to leave the country." She then continued to comment on her voluntary departure from the country, accompanied by Dr. Affron.

Dr. Springer admitted there are areas in which not only CSI, but the entire CUNY system are still struggling. "We have no permanent chancellor, and some New York newspapers continue their attacks," she said of CUNY's problems. "Students are still suing students, Student Government (SG) is still in civil turmoil, and the Leonard Jeffries affair was not helpful to any-

Continued on page 3

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Campus News Briefs

CUNY Information Fair

The City University of New York will hold an information fair showcasing all its graduate and professional programs on Thursday, October 15, from 3-7 p.m., at Hunter College West Building, on 68th Street and Lexington Avenue.

Representatives from the CUNY graduate and professional schools will be on hand to describe and answer questions about each program. Learn about master's and doctoral programs, such as education, health science, computer science, law, business administration and arts and sciences. In addition, there will be information and workshops on admission procedures, testing requirements and financial aid. The fair is free of charge and open to the public. For further information contact 212-947-4800.

Siecor Features On-line Fiber Optic Tutorial

Hickory, N.C.- To increase interactive learning for individuals interested in the technology of fiber optics, Siecor features an Introduction to Fiber Optics online tutorial on its Internet website.

This tutorial, located at http://www.siecor.com/tracer/
introfo.htm, cites the advantages of optical fiber, discusses the basic principles of optical fiber manufacturing. In addition, site visitors have the opportunity to "Test Your Understanding" by completing an interactive quiz at the end of each chapter and to use

the information to complete a fiber optics crossword puzzle.

For additional information on Siecor products or services, please contact Siecor at 1-800-SIECOR5(1-800-743-2675) or visit our website at www.siecor.com.

Siecor, owned equally by Siemens Corporation and Corning Incorporated, continues to lead the industry in developing and manufacturing optical fiber and copper communications products for voice, data and video applications. Formed in 1977, the company is a major supplier for telephone companies, cable television operating companies, customer premises communications and utility applications. Siecor is the largest manufacturer of optical fiber cable in the world and is dedicated to providing Total Quality products and services to customers.

All News Briefs May Be Sent To Amy Veneziano @
The Banner 1c-228
College of Staten Island
2800 Victory Blvd
Staten Island NY 10414

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The Office Of Career Placement--Not Just For Seniors

Most of us have heard the lament of new job seekers, "They want someone with experience, but how do I get experience if they won't hire me?" The answer to this question can be found if you "think outside the box." This term, used by some who work in the field of organizational development, suggests solving a problem by looking outside of the obvious boundaries of a situation that can limit solutions.

If you just go to class and then go home, you certainly won't gain any experience! But think outside the box for a moment...there's time during your college years to hold a part-time job, right? Well, why not spend some time working in a field that is related to your major and future career aspirations? The Office of Career Placement can help you find an internship, which will help you acquire experience and develop skills that will show employers that you do have experience. An internship is a situation where you can work and learn at the same time, which is a benefit for employers as well as students.

Internships can be for-credit, meaning that with your academic department's approval, you can receive a grade and credits toward your degree. You might spend up to 100 hours a semester at a company or agency, gaining practical hands-on experience. Other internships, while not for-credit, may pay an hourly wage or stipend. Internships may also be unpaid or without academic credit. Still, for 15 hours a week it is worth it-you will gain experience and skills to add to your resume, which will help you to stand apart from the rest of the crowd during job interview time. Internships can make a difference. Some studies have found that over 60% of new hires at some companies had completed internships while in college.

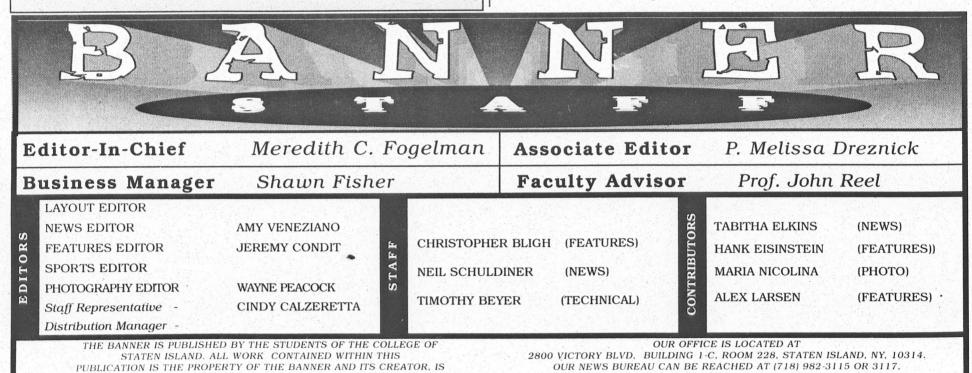
Not only do internships help build your resume, skills, and marketability, they also help you to network with others in your field, and make contacts who may be able to assist your job search down the road.

Interning in your field can also help in clarifying your goals. You may discover new values and interests, or there may be some interest or skill buried inside of you that working at an internship can bring out. Talk show host David Letterman once said, "You know, when I hear about a kid getting out of school and not knowing what he wants to do, I'm dumfounded...what are you good at? Figure it out!" Completing an internship can help you to figure things out. It does mean that you're going to have to invest your spare time in going outside that box-just going to classes isn't always going to be enough. In a competitive world, you've got to demonstrate that you have transferable skills and "experience," and if you're a college student, completing an internship is one of the best opportunities you'll get. A key point here is up to you to make the first move and take the initiative. Remember, when opportunity knocks, you've got to get up and answer the door! For more information about internships, visits the Office of Career Placement, south administration building 1A-105, or call 982-2300.

FOR ADVERTISING INFORMATION DIAL (718) 982-3115. FAX (718) 982-3140

OPINIONS EXPRESSED HEREIN ARE THOSE OF THE WRITERS, AND ARE

NOT NECESSARILY SHARED BY BANNER STAFF.



Continued from cover

one," she said of problems closer to home. Yet, even while listing CSI's problems, Dr. Springer found a source of pride. "Though it [the 'Jefferies Affair'] did tell the world, literally, that we [CSI] would support First Amendment rights, but we would not tolerate civil disorder."

Her optimism did have its limits. "We have not been ostrichlike in our approach, nor do we think we can close the Verrazano and hidealthough sometimes we'd like to," Dr. Springer said of CSI's constant battles with " 8 0 t h Street"-CUNY headquarters in Manhattan. According to Dr. Springer, CUNY has had a problem with the fact that some CUNY schools are having tough time keeping up with the advancements of CSI, particularly in the technological arena.

ment will be

that CUNY

Callege of S Mariene Springer, President "Our argu-

The cover of the 1998 Convocation Address

cannot afford to settle technologically for the lowest common denominator. While it builds those schools that are behind, it cannot maim the leaders of the race," Dr. Springer said in CSI's

The solution to the problem is simple, according to Dr. Springer. "We will help by sharing our wisdom," she said, "...but we will need help too."

Dr. Springer listed several new technological success stories for CSI, but there was one setback in this area. That setback is the new Student Information Management System (SIMS). . "SIMS is still a four-letter word," she said of the current state of

When fully operational, SIMS will handle all areas of a student's record on campus from billing to graduation. "Still it is discouraging to work so hard to go backwards."

Though Dr. Springer admitted that the old individualized system

> worked better, she explained that the system operated on an obsolete mainframe. "It was easier to get parts for an Edsel," she said of the maintenance of the outdated system.

Dr. Springer did, however called the transition from the old system to SIMS, "the envy of CUNY."

This was not the only area in which h referred to CSI as what should be the role model for CUNY. She also cited o u r teachereducation program, our nurs-

ing program, and the integration of the associate and bachelor degree programs.

Although Dr. Springer stated that the oracle at Delphi (pictured on the cover of the speech's program) is the center of the Universe, "I've been known for trying to convince the people at 80th Street that CSI is really the center of the Universe."

After detailing CSI's accomplishments of the past year, she went on to elaborate on improvements students can look forward to in the year to come. The most anticipated by the students is the loop bus. These improvements should become evident in October, when the school acquires new buses. "That will be real buses-air conditioned." The loop bus will also have new stops added to its route.

At last, Dr. Springer talked about "the reason we are all here: the students." Everything in the speech: the new faculty members, the new gardens-with CSI spelled out in the shrubbery (right out of 18th century England), the air conditioned loop bus and the summer remediation all have a major impact on the student body. The negatives like SIMS and the difficulties in SG also play their role in students' lives.

Here, Dr. Springer mentioned the CSI honors program—now in its second year. Other sources of CSI pride included the women's softball team, women's tennis team and the men's tennis team. Each of these teams won their sports' CUNY title, "giving CSI a clean sweep of the spring Championships.'

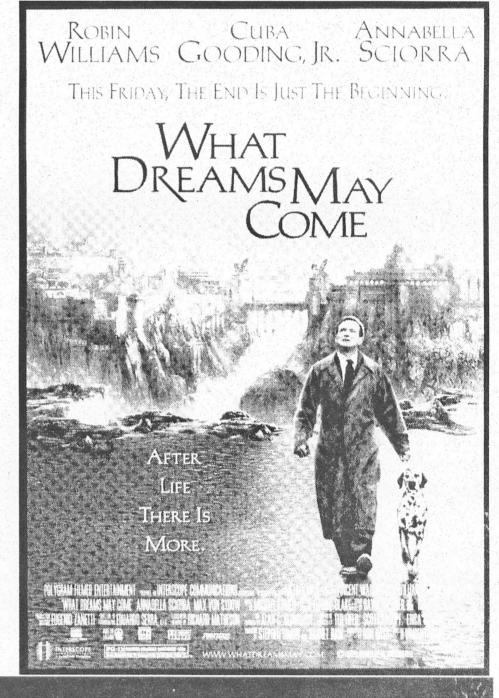
Dr. Springer then elaborated on the lives of some students who don't have an easy time in college: single-parents. She started by stating that her daughter called, looking for some maternal comfort. Her son-in-law was out of town, and her 'perfect grandchild' was sick. Dr. Springer was amazed that so many people manage to attend college, and do well, without the support of a spouse, shared child-care and a good job-all of which her daugh-

Still, these parents do come, and do succeed. "They have every right to be as proud of themselves as we are

The speech concluded with the feeling that Ancient Greek wisdom should be a part of the college education. "Mind and spirit in equal balance-intellectuality and exquisite taste balanced by immense vitality," were some goals Dr. Springer wished she could impress on her students during their tenure at CSI. As a member of the college community, she stressed that they must remain inherent to what is done at CSI.

The picture of the theater at Delphi was an appropriate backdrop for the crucial role Dr. Springer gave to the arts in the lives of the college community, "and to remind each of us of our own center of our own universe." The problems of the CUNY universe exist, but Dr. Springer believes that we are moving towards their solution. One of those solutions is "to gain wisdom not just from ages past, from our own age-my generation—but also the wisdom of our students."

Then, after quoting a list from Life's Little Instruction Book, the speaker and her audience went into the Atrium of 1P for refreshments under the freezes from the Parthanon.



CSI Improves Campus Lighting

Amy Veneziano Newa Editor

If life seems brighter on campus these days it is because there have been some changes made to the lighting. The changes in question are the upgrading of sixteen walkway light fixtures on the path going from Parking Lot #6 to Building 3N.

The lights were upgraded by changing the luminaries, or heads, from an ornamental type to a "full cut off" contemporary type head. According to George Targownik, the Director of Campus Planning, "The new heads shine all their lights downward on the path, thereby greatly increasing the light level on the path." This increase in lighting will improve security measures on campus. An independent, or private, electrical contractor was brought in to conduct the changes of the lights which were chosen to be upgraded.

In addition, lights were also upgraded in Parking Lot #3. The lights, in this case, were changed by replacing the luminaries from a white Metal Halide light to the 'pinkish' High Pressure Sodium light used on city streets. This change will improve sight ability by twenty-five percent, while still using the same amount of power.

The reason behind the upgrades in lighting on campus was due to "requests by the college community" for increased lighting in some areas on campus and due to suggestions from the security office in Building 2-A. Correspondingly, if all goes well, additional projects may be conducted in further areas. Lighting will also be upgraded in further areas pending budget availability and the actual evaluation of how well the new lighting has improved the currently upgraded areas.

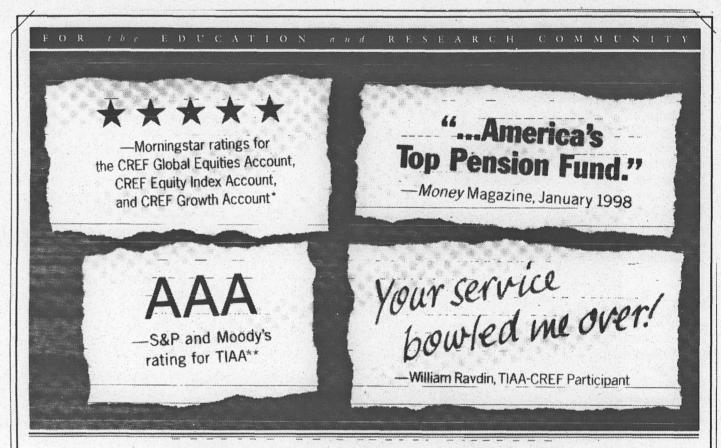
One question that may have affected some parts of the college community was whether or not the improved lighting along the walkway from Lot 6 to 3N would make it more difficult for the people who use the observatory to see. However,



Lighting in lot 6, before the improvements

Targownik stated, "The path bordering the athletic field is now much brighter while reducing skyward 'light pollution.' This greatly improves the night sky by the nearby Astrophysical Observatory." The Astrophysical

Observatory, for those students who are unaware of it, is located near the soccer field off of Parking Lot #6.



HIGH MARKS FROM MORNINGSTAR, S&P, MOODY'S, MONEY MAGAZINE AND BILL.

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| 3-Year | 4/2,120 | 4,459 | 5/2.120 | \$ 2,120 | 4×719 | 4/2.120 |
| 5 Year | 4, 1.363 | 5/235 | N/A | N/A | 4/487 | 4/1,363 |
| 10 Year | 4/674 | N/A | N/A | N/A | N/A | N/A |

** These top ratings are based on FIAA's exceptional financial strongth, clause pasing ability and recentl operating performance. "Based on assers under management." "Standard & Pour's Innovance Rating Analysis, 1998, Upper Analysis at Services, Inc., Lypper Director's Analysis at Quarterly). CREF certificates and interests in the FIAA Real Estate Account are distributed by TIAA CREF Individual and Institutional Services. For more complete information, including charges and expenses, call 1 809-842-2733, extension 5509, for the CREF and FIAA Real Estate Account prospectures. Read them carefully before

BANNER Editorials



The Banner: Our Students, Our College, Our Community

P. Melissa Dreznick Associate Editor

The public woes of the President's life inside the political arena should, of course, be studied by every American citizen. The President's family and marital life, however, should not have the same access to the public.

Last week, President Clinton made a rather important speech to the members of the United Nations. Most Americans probably did not see it, or hear the stirring anti-terrorist comments he made. They were too busy watching most channels shove more information on the President's private life down their throats.

Recent newspaper editorials

have stated that the President should step down from office due to his current scandal. As Michael Douglas' character in The American President, President Andrew Sheppard, said, "This poll isn't talking about my presidency; it's talking about my life!"

Bill Clinton's now very public affair with Monica Lewinsky has no bearing on how he runs the country. By airing it on the Internet, as well as international television, only embarrasses everyone involved. Especially Chelsea Clinton and Hillary Rondham-Clinton.

Mrs. Clinton is bearing the unfair brunt of her husband's indiscretions. She is called a coward for not leaving her husband. Women's magazines are portraying her as a traitor to the women's movement. This is defi-

nitely an inaccurate assessment. Mrs. Clinton is a lawyer in her own right, and is a role-model for the working mother. No First Lady since Elanor Roosevelt has played such a pivotal role in the President's policies. The choice to stay with her husband should not negate all the good things she has done.

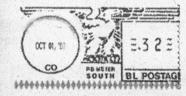
It is possible that the President lied under oath, and committed other crimes such as obstruction of justice. For this, he should be tried, and impeached if necessary. It is not necessary for the American people to know the intimate details of these crimes. If the crimes occurred, he should be duly punished. That punishment should not include the airing of his family's dirty laundry on the clothes-line of every

major network and cable news network, or a 144 page document posted on the Internet in pornographic detail.

All the parties involved have been made the butt of jokes at countless cocktail parties and get-together. Miss Lewinsky will go down in history as a presidential whore. The infamous blue dress might even wind up in the Smithsonian Institute.

Instead of criticizing the private failures of President Clinton, perhaps we should look at the on-the-job failures of Ken Starr. Starr has wasted millions of American tax-dollars, and three years of American time. The result of this 'extensive investigation' was little more than a novel that would be sold in one of the stores that Guiliani is trying to shut down.

BANNER Letters





Dear editor,

I want to commend Tabitha Elkins for her well written coverage of my recent talk on "Vegetarianism - Key to Global

Survival?" (September 17, 1998 issue). It is particularly appropriate at this time because October 1 is "World Vegetarian Day" and October 2 (Mahatma Gandhi's birthday) is "World Farm Animals Day". It is a good time to think of the many reasons to seriously consider a switch toward a vegetarian diet:

1) Concerned about health? Animal-based diets have been strongly linked to many degenera-

tive diseases, including heart problems, strokes, and various types of

2) Concerned about animals?
Over 9 billion farm
animals are killed for their flesh annually
in the United States

after suffering horribly in confined

spaces where they are denied fresh air, exercise, or any emotional stimulation.

3) Concerned about the environment? The production

of meat is a major contributor to soil depletion and erosion, extensive pesticide use, air and water

pollution, the rapid destruction of tropical rain forests.and

destruction of tropical rain forests.and other ecosystems, and global warming.

4) Concerned about world hunger? Over 70% of the

grain grown in the United States is fed to animals destined for

slaughter, while an estimated 20 million people die annually due to hunger and its effects. The U. S. is also

hunger and its effects. The U. S. is also one of the world's largest

importers of beef and fish, and these imports are often from countries where people are starving.

5) Concerned about resource

scarcities? Animal-based diets requires up to 20 times more land and 14 times more water and energy than a vegetarian diet. Non-vegetarian diets also require vast amounts of pesticides, chemical fertilizer,

and other resources.

6) Concerned about peace?
Animal-centered diets, by
wasting land and other valuable
resources, help to perpetuate the
widespread hunger and poverty that frequently lead to instability and
war.

7) Concerned about religious values? Vegetarian diets are most consistent with religious mandates to act with compassion toward animals, preserve human health, help hungry people, protect the environment, conserve resources, and pursue peace.

8) Concerned about convenient, tasty meals? There are

many delicious vegetarian dishes that don't involve extensive preparation or the fat, cholesterol, hormones, and antibiotics associated with meat.

So, for our health, for defenseless animals, for millions of starving people, for our earth and its resources, and for a more peaceful, just, and harmonious world, let's go vegetarian! (For further information, please see my over 70 articles and book reviews on the internet at www.rasheit.org/VY_REBBES/rebschwartz.html)

Very truly yours,

Richard H. Schwartz
Professor, Mathematics
Author of Judaism and Vegetarianism,
Judaism and Global Survival, and
Mathematics and Global Survival

Attention Students, Faculty, Staff & Administrators:

The BANNER would like to hear from YOU!!!

If you have an opinion about ANYTHING please send your response to:

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or *FAX* us your letters at (718) 982-3140

CSI Students To The Rescue

P. Melissa Dreznick Associate Editor

College of Staten Island (CSI) students and auxiliary police officers Tim Dluhos and Lori Reina helped sworn New York Police Department (NYPD) officers by blocking traffic to an accident scene at Arthur Kill Road and Drumgoole Road on Friday, September 18.

"It was a pin-job," said Dluhos. The third-year Business Management major hopes to turn his year as an auxiliary officer into a career with the NYPD. "I'm just waiting until I meet the age requirement," said Dluhos. The age requirement is 22-years-old, and accompanies a 60 college credit requirement. Dluhos will meet these requirements next year.

Ms. Reina, a first-year nurse's aid student and fellow auxiliary officer Anne Reid, a student at John Jay, and Dluhos are happy to help their professional counterparts.

The events of September 18 started out as a routine watch for stolen cars, which Dluhos referred to as a "GLA (grand larceny auto) checkpoint." The three auxiliary offi-

cers were flagged down.

A late 90's gray Acura Legend took the turn at Richmond Avenue and Drumgoole Road too quickly. The Legend hit a telephone pole near the corner and crushed the front driver's side. Justin Perri, the 17-year-old driver, was pinned in the car. The police needed the jaws-of-life to free Perri from the wrecked vehicle. Perri was taken to Staten Island University Hospital. The hospital refused to comment on Perri's condi-

Three passengers were in the car. Laura Aceto, Ahmed Belsater and Frank Sorrentino were all unhurt.

The NYPD arrived in minutes, but the volunteers didn't mind being pushed into the background. They were satisfied to know that their presence was a help to the situation.

"It keeps them (the NYPD) free for major stuff, said Dluhos.

By directing traffic, the auxiliary police kept the NYPD free to rescue Perri from the Legend. They also helped motorists by preventing heavy traffic.

"I had men on the street keeping it (traffic) flowing, said Auxiliary Sergeant Louis Montiel.

Ms. Reid, a professional Emergency Medical Technician (EMT), added, "It's a good thing there are a lot of EMTs (in the auxiliary police), there's always someone to stabilize the victims."

The auxiliary police program offers first-aid training for their volunteers—Dluhos completed his first-aid training at CSI. This is in addition to the 14-week training program all auxiliary officers must complete.

Many City University of

New York (CUNY) students, like Dluhos, Ms. Reid and Ms. Reina take these courses, which include training in law enforcement, basic first-aid and self defertse. Licensed drivers may also take and additional course that would allow them to operate auxiliary police vehicles.

Upon completion of the training program, the auxiliary officer is given an auxiliary police shield, an identification card and



Anne Reid, Tim Dluhos, and Lori Reina (L-R) on the job.

a complete uniform. The uniform can be updated with a yearly uniform allowance.

There are no medical requirements to become an auxiliary police officer, but many officers do qualify for and become members of the NYPD. About half of the auxiliary police force goes on to become NYPD officers. These potential officers, like Dluhos, find their service in the auxiliary police force very useful in their professional training.

The trend of auxiliary officers becoming sworn or professional officers is helping to alleviate some conflict that once occurred between sworn and auxiliary offi-

"They (sworn officers) used to interfere with our radio transmissions or ignore us" said Ronald Maxwell, an auxiliary officer in Manhattan. Thankfully, this is no longer the case.

"We get a lot of respect now, we work side-by-side with officers," said Dluhos.

"We are the 'eyes and ears' of the NYPD," added Auxiliary Sgt. Monteil.

"They did a good job," confirmed Officer Carter of the 123 precinct of the NYPD.

Auxiliary police officers are only asked for a few hours a month of their time.

In return, they get the satisfaction of knowing that they are keeping their own communities safe, and possibly, training for a rewarding career.

"By volunteering, the members can also be more in touch with their own neighborhoods," states a flier for membership.

"I like working with people," said Dluhos of his service, "even if they are intoxicated or burnt-out."

The auxiliary program at the 123 precinct will be starting a new training session in February. Anyone interested in joining Dluhos, Ms. Reina and Ms. Reid should call

Officer Richard McGlynn at 718-948-8772 for more information. If your local precinct is not the 123, contact your local precinct.

A patch worn on the sleeve of auxiliary police officers' uniforms



Styrofoam: Hazard To Your Health?

Tabitha Elkins Contributor

What would you say if I told you that you could be being poisoned by toxic chemicals just by using a common product used by billions of people every day? Not only that, but by using it, you could be indirectly contributing to the worldwide collapse of ecosystems. The product?- an ordinary styrofoam cup, brought to you courtesy of CSI's campus center.

The scene at Drumgoole Road and

Richmond Avenue.

Despite propaganda from the polystyrene industry claiming that styrofoam is safe and recyclable, the facts speak for themselves. And if you're drinking a cup of coffee as you're reading this, these toxic substances are making their way through your circulatory system right now, affecting your central nervous sys-

tem, and reproductive system.

According to Dr. Theo Colburn, author of Our Stolen Future, styrofoam, a.k.a. polystyrene, is a highly toxic substance. Every time you drink a hot beverage from a styrofoam cup, chemicals leach out of the cup, and into your system.

Colburn names polystyrene as a hormone disruptor, one of a group of substances which chemically affect the endocrine system. Put in laymen's terms, this means that every time you use a styrofoam cup, you take a chance on your ability to have a healthy child.

Consumer activists and environmentalist groups such as the World Wildlife Fund have been protesting the widespread use of styrofoam for years, even trying to have it banned. Lately, activists have taken a new tack- trying to educate the public about the dangers of using styrofoam for food and beverages.

World Wildlife Fund- Canada has an entire web page devoted to hormone disruptors. These chemicals don't just affect people. Millions of animals and birds are affected; the symptoms include thyroid system damage, disrupted sexual development, birth defects and decreased immunity.

Despite the growing evidence linking styrofoam to genetic damage, CSI's Dining Services, a division of The College of Staten Island Auxiliary Services Corporation, Inc, has, over the past few years, replaced all of the paper cups and soup cups with styrofoam. Irked students are forced to choose between their daily cup of java and their health.

By offering students only styro-

foam cups, CSI's Dining Services are not only endangering the health of students; they are also contributing to the global waste problem. Our cups will join the estimated 25 billion styrofoam cups which are thrown away every year. 500 years from now, when you, your grandchildren and great- grandchildren are dead, your cup will still be here.

What You Can Do:

Students at the University of Virginia, U. Cal at Irvine and San Francisco State started on- campus Mug Projects, selling reusable mugs printed with the names of sponsoring companies. These companies offered discounts to students in exchange for free advertising. Could it work here? -maybe. Otherwise, our only choice is to boycott the styrofoam- bring a cup from home, or do without.

Waynes Are From Mars

Peacocks Are From Venus

Front-line coverage of the war of the sexes

"Pull that with me and you'l in bed by yourself!"



DOID" II. DOID" II. BOD DOID" II WOODS

Men lost, and absolutely refusing to ask for directions on the highways of sexual miscommunications.

Wayne Peacock Photo Editor

Do women fake their orgasms more then their headaches? Do they realize they're not supposed to say "No one ever made me feel like this", to every guy they sleep with.? Do they realize that a lot of men are just as unsatisfied and hurt, by sex done the wrong way, as they are?

Last issue I gave voice to the multitude of women (ten actually) who just needed a place to say "Damn-it don't put

your hand on the back of my neck." Or "Stay awake an extra ten minutes, it makes me feel special." This issue I extend the first amendment to the keeper's of the testosterone faith. THE MEN.

As I stated in part one, when interviewing men on the subject of sexual complaints, I constantly ran into the brick wall of, 'What's to complain about it's still sex'. What I did then was to ask the eight men to just think of categories that poor sexual partners might fall under. This worked much better and I then narrowed down the list, that they came up with, to five (categories like The-wont-let-my-friends-join inwoman, or The-wont-strap-one-on-andgive-it-to-me-like-I-need-it-girl, were left out because I felt that not every man could identify with them.). Once the men were shown where the water was they were more then happy to drink.

The five categories that the men came up with are: 1) The-just-lays-there-woman (A.K.A. The slab of beef), 2) The drill sergeant, 3) The drama queen, 4) The vicious woman, and 5) The-absolutely-no-foreplay-won't-touch-any-part-of-it-lets-just-have-sex-

Woman.

THE-JUST-

THERE-

LAYS

"What's to complain about, its still sex."

WOMAN (A.K.A The slab of beef): No explanation is really necessary.

Disgust and anger. The two words that best describes every single guys reaction to this.

Man #1 said "There's no point in having sex if you're not gonna bump and grind."

Man #4 said "She has no Ambition to be good in bed, that's what that means. I'm not even saying that I wouldn't still have sex with her again but it always makes me feel really weird when they do that. Really weird."

#6 said "If they cared and wanted

show they'd get into it more." #8 said "You shouldn't get mad at her right away, maybe

something happened to her. Maybe just laying there is hard for her and she's only doing because she cares about you.

#4 heard this and still wasn't understanding or forgiving, he said "You still may have well be masturbating for all she's giving you."

Now before you women out there start thinking that the eight guys (or 2 _ billion) are insensitive jerks, keep in mind that the disconnected partner was at the top of your genders I-hate-it-when-they-do-that-list

#2 said that when a women just lays there it makes him doubt his abilities. When asked 7 out of 8 admitted that this does damage to there self esteem and brings them to a place where no man likes to be, the land of performance anxiety.

#7 summed it up best when he said "sex is 100% expression and expression is 90% body language. Who wants 10% sex, it's like 2% milk. It looks like milk. It kind of tastes like milk, but it's not really milk. Not the kind you want next to you at breakfast."

The drill sergeant: the woman

who chronically feels the need to walk you through love making and leaves

you with the question, was it sex or an instruction manual?

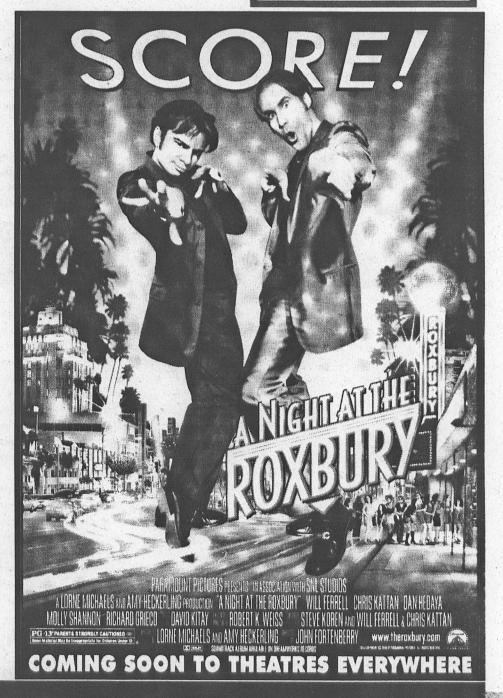
#5 said "pull that s*#t with me and you'll be in bed by yourself ". #8 didn't like it either but said "at least it's better then a slab of beef at least a drill sergeant knows what she wants".

#3 said "It's good to have a verbal woman, because then you can learn but there's a fine life".

#6 said " You start wondering where you could buy that mouth-ball thing from Pulp Fiction."

All the guys but one (Man #1) said Communication is really important but a Drill Sergeant makes you feel like you're no good in bed. Well tune in next time for the final three sexual screwups of the fairer sex. Is it fair to call them the fairer sex. Stay naked it saves money on cloths and then you can't be manipulated by the fashion industry

"You start wondering where you can buy that mouth-ball thing from Pulp Fiction."



A View From

ANGHE ATTHE BOXBUBY

Shawn Fisher And P. Melissa Dreznick Business Manager Associate Editor

The latest *Saturday Night Live* (*SNL*) skit to make the jump to the big screen, the story of those head-bobbing wannabe cool-dudes, opens on Friday, October 2.

Steve and Doug Butabi (Will Ferrell and Chris Kattan) are a pair of brothers looking to make a big hit on the LA nightclub circuit. The pair fully believes that they are the coolest thing ever to hit the clubs. Unfortunately for them, the bouncers outside the clubs and the women inside disagree.

While attempting to get into the hottest club in LA (the Roxbury), the brothers finally make a hit—on Richard Greico's car. That's when events that lead to the fulfillment of the Butabi's dreams start to happen.

They get into the Roxbury, lose their virginity and see a way out of working at their father's silk plant store for the rest of their lives. They are destined to run LA's coolest night club, not just be the coolest guys there!

Believing their gold-digging one-night-stands to be serious relationships, they gain the confidence to quit their jobs in their family business--right after their father fires them--and go into the night club business full-time.

Standing in their way is Dooey, butler to the owner of the Roxbury, who resents them for demeaning him is his already sorry lot in life. Dooey denies the boys access to meet with the owner of the Roxburry to discuss their joint business venture.

A Night at the Roxbury stars SNL cast members: Will Ferrell and Chris Kattan as the Butabi brothers. Fellow SNL cast member, Molly

Shannon, who plays Emily Sanderson, will star in the next *SNL* skit to make it to feature film status. Loni Anderson plays the boys' mother. Kattan enjoyed working with her "serious breasts". Dan Hedaya pays the boys' practical-minded father, whose one goal in life is to open a silk plant/lamp store with Emily's father, played by Dwayne Hickman.

Richard Greico has the task of playing the Butabi brothers' idol--him-self.

The rest of the supporting cast includes: Elisa Donovan as Cambi, Gigi

Rice as Vivica, Lochlin Munro as Craig, Meredith Scott Lynn as The Credit Vixem, and Colin Quinn as Dooey.

Although he received no credit in the press packet, the surprise star who payed the Roxbury's owner has, without a doubt, coined what is destined to be the next *SNL* related catchphrase. "Did you grab my ass?"

The movie was directed by John Fortenberry (Jury Duty). It was produced by Lorne Michaels (SNL) and Amy Heckerling (Fast Times at Ridgemont High/Cluless). It is being released by Paramount pictures.



He Said

If you've had a bad week and need a good laugh then A Night At The Roxbury is the film to see. The movie opens a little slow but picks up speed shortly there after. As you watch the Butabi brothers in action you'll quickly be reminded of someone you know. The self endowed ladies' man who's so cool and self absorbed that even when every woman at a club turns him down it doesn't dent his ego one bit. A friend, family member or someone you've seen at a club

every guy knows a Butabi brother or two; every woman has also maced the same guy.

Don't be turned off by their leisure suits though they're really a couple of well intention (but dumb) guys who end up having some uncanny luck. Once the laughs start they just get funnier and funnier. The best part without doubt is the climactic wedding seen which will create a whole new category in the MTV Movie Awards "Best spotter in a wedding party." Speaking of awards, this film will never earn an Oscar, which of course, means it is a very entertaining motion picture.

Don't worry about whether or not you're a fan of *Saturday Night Live* you don't need any back ground to enjoy this film. All you need is a fondness for cheesy dance club music (admit it you like the Spice Girls) and an empty bladder (or an extra pair of jeans) and you'll have a good time at the hottest club movie of the year.



She Said

Although I understand the idea behind the "lovable losers", this movie was too stupid—even for that.

The constant head-bobbing gave me a headache within the first few minutes of the film. The blaring soundtrack didn't help this condition, and if I had to hear "What Is Love" one more time, I was going to kill! The rest of the soundtrack was not bad.

A lot of the movie was sexist—like the scene in the commercial where a girl is caught between the Butabi brothers like a ping-pong ball. Even worse is the fact that two of the main characters are called "The Credit-Vixen" and "The Hottie Cop", they don't even rate names.

The movie did have some cute, redeeming scenes. There were several well-done movie references, and one or two truly comical scenes. The movie was also an interesting look into the warped

world of male-bonding.

It's a shame that when a comedy comes along with a plausible story-line (although there are plenty of plot flaws), the jokes just aren't funny. The saddest part is that according to Will Ferrell and Chris Kattan (the writes and stars of the movie), these characters are based on a real guy!

Girls—don't let the guys try to convince you that this is a good date movie. Go see a "chick-flick"!

Out of five dolphins, I'll generously give this movie one.





The Balcony

The Reel World

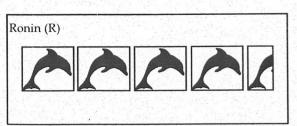
Christpher Bligh Staff Reporter

ell it's the month of October, and it's time to get back to what's in the multiplexes. Earlier in the year, I was fortunate to see a trailer that had 5 familiar actors walking down a street at night and showing next to no scenes. The name of that movie is "Ronin". Six months later, the movie has been released and I will tell you it's worth the wait and more.

The title refers to the status when samurai warriors are without a master. In this film, samurai warriors are replaced with post- Cold War operatives for hire. These operatives are hired by a shady employer. There's Sam (Robert DeNiro) an ex-CIA agent with the chess player intelligence thinking two steps ahead of the opponent, Vincent (Jean Reno) a Frenchman that is best when watching anyone's back, Gregor (Stellan Skarsgard) a ex-KGB technology expert and Deidre (Natasha McElhone) an Irish contact who gives them the structure of the job and follows the orders of the shady employer. Their objective is to recover a mysterious iron case. For what or by whom is unknown. The object in question is reminiscent of the briefcase in "Pulp Fiction". If any director or writer is looking for a good prototype for a masterful action film, this one is perfect. Frankenheimer takes this international intrigue action thriller and turns it into one of the most exciting and well written

movies to come across not only this year but in a long time. The script goes through good character development balancing everything nicely, slick twists and car chases that a veteran director such as Frankenheimer could do masterfully and logistically correct. This movie is written by J.D. Seik and Richard Weisz, which is a pseudonym of playwright David Mamet and his touches are evident here in this well written script that has better dialogue than most of the summer action movies like "Armageddon" Frankenheimer has proven to me with this movie that some directors age well when they stick around long enough and "Ronin" is up to par with the movies he has made for TV recently and have won Emmys for such as "George Wallace" and "The Burning Season". The film is without main title credits and with a Panavision aspect ratio that suits the material. In conclusion, "Ronin" does a great job using a valuable execution in a Fall season with not much action films. It's talent doesn't miss a beat with terrific performances all around defining the characters and using plausible action sequences to move it along. Like a good roller coaster, it's something that must be ridden to be experienced and it's a ride that worthy of going on more than once. This rotations Video Pick is a film Frankenheimer adapted from "Silence of the Lambs" author Thomas Harris' novel in the late 70's and also keeps the same well written intensity and suspense that

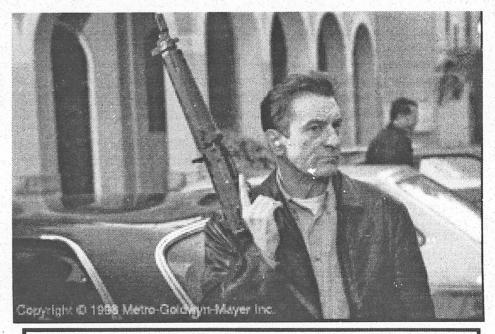
"Ronin" captured brilliantly. The 1977 film is Black Sunday. It stars Robert Shaw and Bruce Dern and it takes the concept of a terrorist group making a political message during the Super Bowl, with the President in attendance, and the government





doing all they can to stop it. This is worthy of a rent and is my pick of this rotation.

On the next Reel World rotation: Another review from the big screen and more cinematic info.



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Physically and Mentally

Rosemary Greico Peer Educator **Wellness Column**

During the college years, most students do not take care of themselves the

way they should. They don't get enough exercise, sleep or eat the right foods. They often don't have time to just rest and unwind from a busy schedule. College students today are under an enormous amount of pressure. Between classes, work, family responsibilities and extra-curricular activities, it is understandable how "wellness" is the last thing on many student's minds. Usually every-

one considers themselves well unless they come down with an illness. However, being healthy and having your body in top condition requires more than just keeping yourself from getting sick. Total Wellness should be everyone's concern. When combined, it's five areas will not only keep you from getting sick, they will increase your quality of life when you are well. The five areas of Total Wellness are: physical, mental, spiritual, emotional and social. I will begin the article by addressing the first two

points. Part Two will explore the remaining areas.

Physical wellness can be achieved by a variety of ways. One not more important than the other. Getting enough rest and exercise, eating a healthy diet and avoiding dangerous habits and situations can add years to your life. Your exercise program should include low impact aerobic workouts such as walking, swimming or

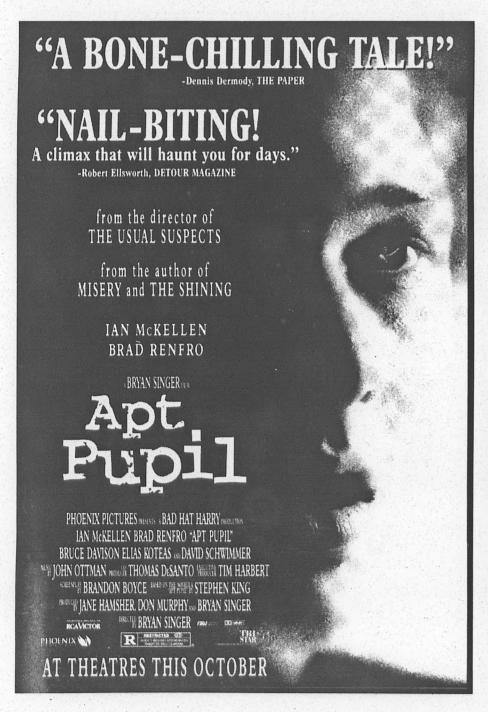
riding a bike. Strength training and flexibility exercises such as lifting weights and stretching are also an important aspect of your exercise routine. Following this routine three to five times a week will help you fight disease and fatigue and will also help keep your weight down.

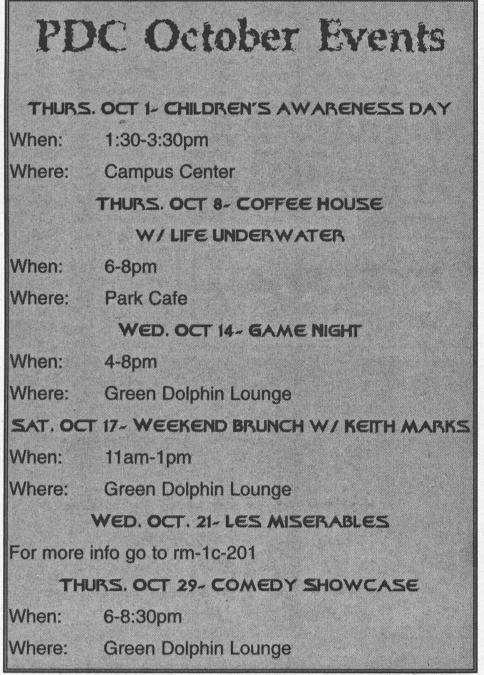
Most people require between seven to ten hours of sleep a day. The actual amount is up to the individual. Your body will tell you how much it needs . . . Listen to it! Your diet should include plenty of fruits and vegetables. It should be low in salts, sugars and fats. Remember you are what you eat. Following the diet and exercise recommendations will help keep your body fat percentage low. This percentage is more of an accurate indicator of how healthy you are than a scale. Females should have body fat between 23 - 30 %. Males' percentage should be between 16 - 25%.

Some of the easiest ways to keep yourself healthy are totally up to you,. Avoiding alcohol and tobacco greatly improves your chances of leading a healthy life because these two products alone account for over one million deaths per year. Going for regular check-ups and following your doctor's recommendations can prevent serious illnesses from occurring. Other life threatening situations can easily be prevented by wearing seat belts, avoid drunk driving situations and practicing safe sex. Mental health is just as important as physical health because the two go hand in hand. Stress can cause serious physical problems such as ulcers, migraines and high blood pressure. Relaxation techniques such as meditation or yoga can be very beneficial. It is also important to remember that we are all only human and can't be expected to do everything perfectly. It is O.K. to say 'no' once in a while.

Having time alone to relax and daydream is very important for our mental well-being. It helps us to think of who we are as individuals and what roads we can take to achieve our goals. Pain too is a part of life but sometimes people feel that it shows weakness if they need to talk about what is bothering them. Knowing when life's stressors and problems are too much to deal with and asking for help is a sign of strength, not weakness.

It is important to maintain a healthy balance in our lives. With care of our body and minds, we may find peace and happiness. There is more information on this and other wellness issues in the Peer Drop-In Center, located in 1C-112F. A trained peer educator, who is also a student, is on hand to listen to whatever's on your mind. It's free and confidential, so stop by.





World On-line

The NFL site, on

the other hand, is a

masterpiece

Hank Eisenstein Contributor

As the Baseball pennant races finish up and the play-offs are about to begin, attention turns to the sporting world. Football season is here. Hockey season is upon us. And labor negotiators willing, Basketball. And with it, some reviews of the major sporting sites.

Every major baseball team has a web site, ranging from the simple, like that of New York (http://www.mets.com) which provides boxscores, feam history, lineups, player biographies, press releases, and a rotisserie-type Java-script game called 'Boxscore Shuffle'. It also provides links to all of the Mets farm clubs, like the Norfolk Tides of the international league and the St. Lucie Mets, this years Florida State League Champions. You can also view seating locations, a model of the proposed new stadium, and ticket information. A link is available to listen to the Mets play-by-play action on WFAN radio via Real Audio, which allows streaming audio to play over the internet, with no waiting to download. More on Real Audio later. The Mets site is new, having been launched on opening day of the current season, and is under near-constant

The New York Yankees web site, (http://www.yankees.com) is heavily loaded with scripts and graphics intensive, so be prepared to spend some time waiting for downloads. The wait, however, is worth it. You're greeted by the Yankees' announcer, and taken to a second page, with the current boxscore, schedule links, ticket availability, and the opportu-

nity to purchase tickets on-line via Ticketmaster, and an on-line clubhouse shop which allows you to order team merchandise on-line, in addition to farm club reports, a game schedule, managers report, and many of the same features of the Mets site, but better done. More effort seems to have been put into the Yankee site, and it is full of

eye candy.

Neither site offers instant updates, both offer fan chat groups, and the Yankees' site does not have Real Audio play-by-play.

The other 28 MLB

teams also have web sites, and MLB itself has a website, at http://www.majorleaguebaseball.com. The site offers links to all the official team sites, as well as individual team history, records, World Series and All-Star game histories, and all major player awards. Also available is information on the Negro Leagues, game info, and audio broadcasts of some games. The official rules for MLB, umpire reports, daily updates to the playoff possibilities, an on-line store for Merchandise, and many other baseball-related links, including fall leagues and spring training information. There are also some cute Java games, such as 'Hot Dog Vendor', where you need to throw Hot Dogs to hungry fans. But you still can't get 'up-to-theminute' game updates.

The NFL's site, http://www.nfl.com, on the other hand, is a masterpiece. A live 'Gameday' site for each game updates almost constantly, allowing those of us stuck at work, or without TV or radio, or

even fans of out of town teams, to catch the play-by-play action from every game. While not perfect, and occasionally slow to load, this is the best 'constant update' site I've seen so far. There are also links to each individual teams, coaches reports for each, an alphabetical roster listing for the entire league and for each individual

team, a league roster by position, and upto-date stats and leaders pages. After each game, a 'Gamebook' is a vailable,

chronicling every scoring play, officiating, and player participation. All of the teams official sites are based on the NFL.COM standard model. There is no Real Audio coverage available.

Real Audio, from Real Networks, allows a user to receive streaming audio from the internet. An updated program, RealPlayer

G2, is currently in a beta testing phase. The latest version of RealPlayer, which is required for Real Audio and Real Video available http://www.real.com. Most site require at least RealPlayer 3.0. Depending on the speed and condition of your internet connection, you will get varying results when receiving live streamed content. You need at least a 28.8Kbps connection to the internet and a Pentium-class PC or Power-PC based Macintosh to receive Real Audio content. Available content includes radio and television stations from around the country, and specialized programming. Program listings are available from Real and a daily, weekly, and monthly listing of available live and pre-recorded content is

Next time, I'll go over the NHL and NBA's sites, as we get closer to their seasons. As always, I can be reached at nixon@quuxuum.org, and my home web site at http://www.quuxuum.org/~nixon is always up.

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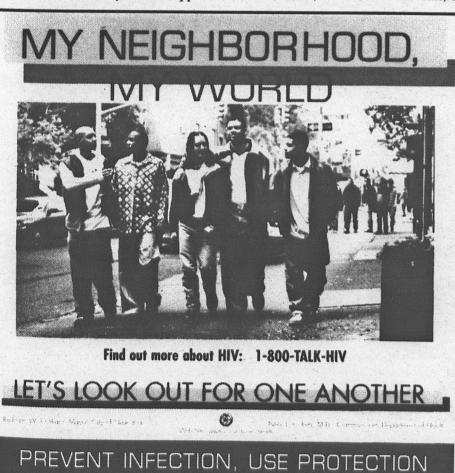
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