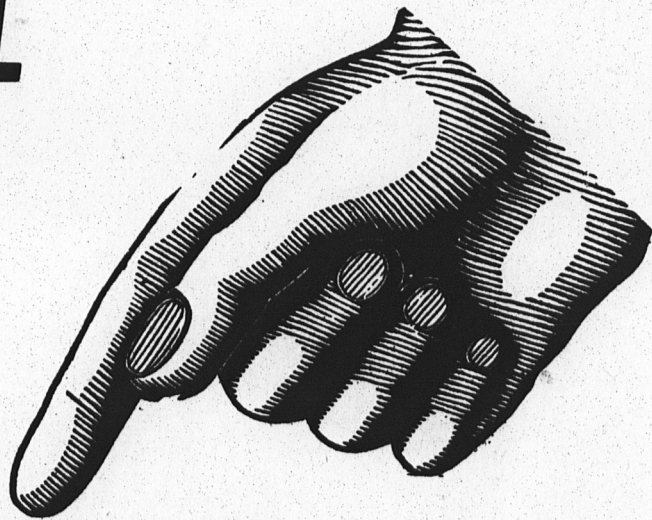


# The DOLPHIN

STATEN ISLAND COMMUNITY COLLEGE

VOL. 18 NO. 11 MAY 11, 1972

**UP AGAINST THE  
WALL**



**DOLPHIN!**

## What Really Happened (Response to Guest Editorial)

by Carlo Liggio

On the Wednesday before Easter Vacation, I (Carlo Liggio) entered the S.D.S. meeting with two officers of the Italian-American Civil Rights League. After an introduction of who the two people were, the words at this point were "These are the people you are accusing of being the Mafia. The reason for entering the meeting was to 'fact the source of the rumors on campus derogatory to me personally and derogatory to the League.'"

Harold Willard who is part of S.D.S. has told members of Student Government that he has papers written by Carlo Liggio proving he, at one time had the mind of a woman and was hospitalized for it. Willard also stated that he had proof that "Liggio was a homosexual." When Willard was questioned by students as to where he received this information, he replied from S.D.S. members.

Joan Bodden, member of S.D.S. in a guest editorial stated that during a meeting that Carlo had with her, Carlo stated that he was a homosexual, I never made such a statement.

Tom Irving who admists to writing for S.D.S. against Carlo has openly threatened the life of Carlo Liggio and afterward at a meeting Carlo was attending with members of Student Activities and Student Government, Tom came storming in the meeting and threatened "Liggio, I am going to split you in two and break every bone in your body."

Rumors allegedly started by Paul Nelson had gotten back to Carlo Liggio, and the Italian-American Civil Rights League. The nature of the rumors were that the Italian-American Civil Rights League (on campus) had been trying to instigate a riot on campus. And that the League was a grant for the Mafia.

If what has been said about Carlo Liggio is true, then a formal investigation should be carried out by the administration. It's time to "clear the air" and expose a few troublemakers who are creating rumors about me and the league and other organizations on campus.

## The Italian American League Speaks The Truth

by Mario Vincenzino

In the last edition of the Dolphin there were several articles I read that filled me with disgust and anger as it should have all Italian Americans on this campus. These articles were written about the Italian American Civil Rights League, Carlo Liggio and other members of the League.

The Following are the accusations printed in the Dolphin along with the proof that these accusations are false.

First: Clifford Clarke author of the guest editorial, stated that Carlo Liggio said that the Italian American Civil Rights League was the Mafia. Clarke twisted Liggio's words. What Liggio did say as he introduced two League members to a group from S.D.S., was that these were the men S.D.S. so falsely accused of belonging to the Mafia.

Second: Clarke of S.D.S. also accused the League of being an outside organization that had no business being on campus. Proof that this is also false is that Student Government had officially recognized the League on April 15, prior to when this accusation was published. What people don't know is that it is S.D.S. who has no business being on campus as they are the ones who are on the Federal Governments subversive list.

Third: In Dolphin staff member Jim Duffys' article he accused two League members of being "underworld punks". This ridiculous and slanderous accusation was made without any proof whatsoever. In the future I advise Dolphin to print articles they can back or they may be held for liable.

Along with accusing the Italian American Civil Rights League and its members, these articles accused 200 Italian American students who are League members of belonging to the Mafia.

I felt it was necessary for me to write this article not only to straighten out these statements made by Dolphins' Jim Duffy and Cliff Clarke about the League and its members, but to explain, especially to the Italian American students the necessity for the Italian American Civil Rights League on campus.

The purpose of the Italian American Civil Rights League is to fight discrimination and defamation of all Italian Americans. Also the League aims to aid all Italians in any way possible. If all those who read this article, especially the students of this college don't believe that Italian Americans are being discriminated on then they had better go back and reread this article. Because if Italian American students can be accused of belonging to the Mafia without any proof to back the accusation, if this is not discrimination then nothing is.

We the Italian Americans are now "one" under the League and until the day comes when the words Italian and Mafia are no longer one in the minds of many, and the Italian people receive what they deserve, then and only then will we be satisfied.

Mario Vincenzino  
President of the Italian American  
Civil Rights League of S.I.C.C.

## Student Government Senator Steve Barone Speaks Out

First of all, I do not want to create any more campus strife than what already exists not. I wish, though, to comment on a few of your statements that were actually either twisted, or false. (I do realize that these methods of "playing with words" are common propogando techniques — written to usually get the reading majority to stick to the opinions of the editor). Enough with the principal of semantics, anyway here goes:

1. Article — "Tuition Crisis — S.I.C.C. Style"

Comment: You printed that the first Tuition Crisis Meeting was March 14 — (Not True) True Fact — The first Tuition Crisis Meeting was held Early in February headed by me! You printed in column 3 of same article that a grass roots political movement of students were running registration drives and planning to run students in elections on Staten Island against those politicians who voted against the Tuition Bill. True Fact — These "Grass Roots" Committees stemmed and grew from Student Government itself.

Comment: Any student of Sematics can "see" through the slanted information written in SDS' "New Left Notes" I'm not saying that "New Left Notes" is a pack of lies, but it is effective in creating within the reader a biased plane of thought regaring truth and honesty! Finally, in the editorial concerning Budgets: — Student Government's sole responsibility is not only to deal with clubs and club budgets — but also the following:

published the first major newspaper on compus this year  
found 200 apartments and rooms for students  
created a \$10,000 Student Loan Program  
successfully fought to regain CD Stipends  
successfully fought to maintain free tuition  
successfully ran a clothing drive for the children of Willowbrook  
purchased a Graphic Center for Clubs and Publications  
created an AUDIO VISUAL CENTER (Tapes, Cameras, Tape Recorders)  
had a \$3,000 ½ price buy and sell book sale  
supported Special Admissions  
supported University Student Senate  
supported a Club Festival  
ma available Birth Control Booklets  
enabled each student to become a member of Purchase Power  
opened Kaleidoscope Activities to the community  
published 75,000 pieces of information on the tuition crisis  
obtained control of space allocation in "C" Building  
obtained and refurbished larger student offices  
chartered the unique Coffee House  
chartered the Advocate newspaper  
chartered Back To The Land  
had to attend every meeting  
backed off to no one  
ended corrupt rip off programs  
successfully negotiated with Community National Bank so that veterans-could cash their VA checks

May I add that it just so happens that Student Government allocated 50% of all newspaper allocations — from the student's money!

Thank you for your cooperation. I appreciate the willingness of The Dolphin in it's "attempts" to make itself aware of the above corrections.

Editors Comment — While it is true that Student Government did start the registration table, a Grass Roots movement on campus was a reality. Over \$100 was collected by students (not Student Government) to fund busses to Albany. Several people from Student Government went to Washington to "lobby". A large constituency of students wanted to go to Albany but no effort was made to assist them. Those students paid the \$48 registration fee, part of which Student Government operates on.

## Italian American League...

by Robert Millman

The preceding article was written in response to Cliff Clark's editorial in the last issue. There are several points of clarification:

1. It is perfectly possible that Liggio's words were twisted, but neither Cliff, or Mario were present at the meeting. What the words actually were is open to discussion.

2. At the time of the incident, and at the time of the writing of the article the League was not a chartered organization.

3. Jim Duffy's opinion column was written at the hieght of confusion during the tuition crisis. It is earier to say what happened now. At the time of the writing it seemed apt.

4. In my opinion a distinction should be made between Carl Liggio, and the League. The point of focus was (perhaps wrongly so) Carlo Liggio, and his actions; not the League.

## What Really Happened...

by the Editor

In the case of Carlo Liggio the allegation brought up were (are) very serious, besides being dangerous. Unfortunately, the major parties involved were never brought fact to face (due to lack of time and communication). Talking to Joan Bodden (face to face) and talking to Carlo Liggio (face to face) I can't believe that either were consciously telling lies. As usual rumors (on both sides) were making the decisions, not facts. Many more serious allegations were never permitted. It's hard to say that someone is lying when they are looking directly at your face.

## The Italian American League...

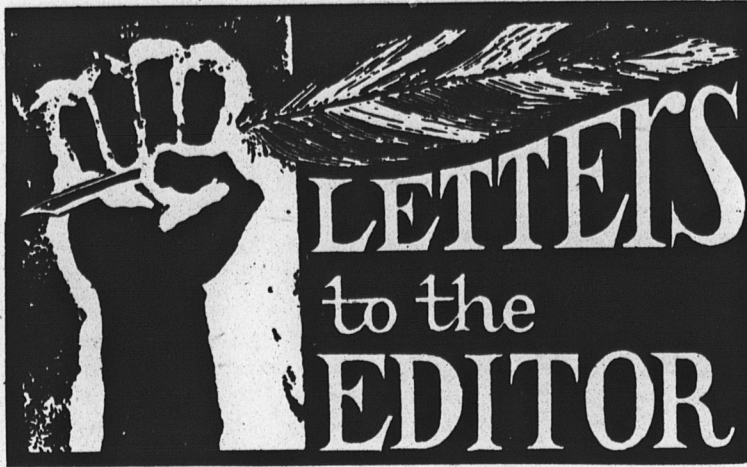
by Cliff Clark

I will only attempt to answer the accusations either direct or inferred relating to myself or the guest editorial I researched for the Dolphin's last issue concerning the above article.

I feel that a simple rereading of my editorial will negate the third and forth paragraphs of the above article. If Mr. Vincenzino or any students feel, after rereading my editorial, that substance still remains to the above paragraphs, I would be more than willing to discuss with them the

discrepancies.

The one thing I would like to point out is that the responsibility of an either duly elected or appointed official within the framework of a democracy is to represent and honor the view of his constituency. It is as incomprehensible for me to accept one's ethnobiology as an evasion of responsibility as it is for me to accept one's ethnobiology as criteria for prejudice and bigotry. If the shoe fits, put it on.



# Guest Editorial

Continued  
(Wrapping It Up)

by Cliff Clark

I would like to finish the guest editorial that I reported to you the student body last week. First of all I would like to make an apology to Tom Irving. Through the erroneous depletion of a paragraph it made him look pretty bad and I'd like to thank Irving at this time for understanding the technical error, and at the same time would like to include that paragraph now. The following paragraph should have followed the sentence "I let Carlo reread the notes from this interview for any discrepancies and he found none before I left."

I questioned Irving about Liggio's allegations. His reply was he wrote one article after Liggio's alleged breakup of the S.D.S. meeting about that meeting. Irving also told me that the alleged rumor to rough him up was the reason that he had gone in and told Liggio if he was roughed up he would settle with Carlo.

My apologies also to Carlo Liggio for not having had time to reinterview him after having received information on an alleged more recent occurrence of this affair just before the deadline. In interviewing Carlo he said that everything in the article has been distorted to the point of its not being the truth. Liggio informed me that he is asking the President of the College to investigate the charges against him because if they are true then he doesn't belong in Student Government. It's clear to Mr. Liggio that members of the S.D.S. and the Dolphin want him off campus. He said that I, as the writer, had a very one sided biased opinion and that through the investigation by the President both sides of the story should come out.

In answering Carlo on his interview I would like to first point out that it is an old and logical rebuttal to attempt to discredit the source of information that does not paint a pretty picture where one wants a pretty picture. I will agree with Carlo that if the allegations of the students against him are true then he doesn't belong in student government.

The article that I turned into the Dolphin was fourteen pages long. On the eighth page I concluded "I again feel obligated to repeat that the information I have so far included here is strictly from the people involved. I was not there and this was obviously the only source of information available to me. In the correlation of all this information I felt obligated to the student body to relate to them discrepancies that came about during the course of my investigation. And in no way was available to them but just the same they had the right to know.

My editorializing is not to be interpreted as the "judicial anvil" Carlo but to be read as my moral reaction to violence and its implications.

And also the sober objective analysis necessary when mankind is looking at himself in the mirror questioning his values.

## On Willowbrook — The Guilty Party

### LETTER TO THE EDITOR

170 Major Avenue  
Staten Island, N.Y. 10305  
April 25, 1972

Mr. Robert Millman  
Editor-in-Chief  
THE DOLPHIN  
Staten Island Community College  
S.I., N.Y. 10301

Dear Mr. Millman:

In the DOLPHIN issue of April 19, 1972 in your article on Willowbrook you listed the eight man Board of Visitors' names. Among these names I noticed Mr. Mary C. Ellis and Mr. Gretta Moulton.

You are guilty of editorial irresponsibility Mr. Millman in that you did not know that these two wonderful people have died in the past several months. Both of them had extended their strength and efforts far beyond what most people do in a lifetime.

Mrs. Ellis whom I knew as a wonderful, charitable woman, founded a school for mentally retarded children on Staten Island

and gave much of herself to this cause. Is not this what it's all about? When one cannot do for thousands one does the best one can. In Mrs. Ellis' case she was doing for a smaller group who may one day become useful citizens. Mrs. Ellis was involved in many other charities but this is not the purpose of this letter.

Mrs. Moulton was my dear friend. Mrs. Moulton, over the years, was responsible for thousands of Girl Scout events at Willowbrook. All during the Scouting year Brownies, Intermediates (now known as Cadettes) and Senior Girl Scouts planned and brought parties, games, food and fun to Willowbrook children and older patients. Mrs. Moulton was always the person who inspired troupes to become active in these events. Is not this a way of serving on a Board of Visitors. Mrs. Moulton, almost single-handedly saved HIGH ROCK (now High Rock Park) when it was a Girl Scout Camp in New Dorp. The Girl Scout Council planned to sell it for a housing project. Mrs. Moulton spent countless hours,

money and effort to save this camp for all children and today it is a wonderful, wild and unspoiled place where school children every day are taken to learn about ecology, see and touch animals, plants, flowers, and have a wonderful experience. Mrs. Moulton did so many things for so many people that to enumerate them would take much time and paper. Again, this is not my purpose. I just want you to know that Mrs. Moulton did what she said she would do when she accepted her post at Willowbrook. She spread the work around that people there needed cheering and fun.

When you have reached the time in life when you will be called from this earth I hope you will have left as much good will and happiness as have these wonderful women.

Thank you for publishing this. I am an evening student of S.I.C.C. and hope this school will attain all its goals. I am deeply appreciative of everything I have learned at S.I.C.C.

Sincerely,  
Dorothy M. Randle

## Letter Answered — More On Lee Landes

### EDITOR'S RESPONSE

The point of focus in "Willowbrook, The Guilty Party", issue No. 10, April 19, was Lee Landes. The members of the board were printed as information to the reader. Your remarks about the two dead members of the board, Mary Ellis and Gretta Moulton should have been sent to Lee Landes, not me. Landes was the party that gave me the list of names. I assume he knows they are dead. I never met either of the women (it doesn't look like I will) but I accept what you have written to be the truth. In their time they were probably doing the best they knew how. Presently, however, the most important aspect of Willowbrook is to attain community control, get parents on the Board of Directors, and change Willowbrook to an "out patient" institution. The era of the "cookie and milk committees" you mention has passed. While I am sure that the residents of

Willowbrook appreciate girl scouts or any aspect of the outside world that visited the Willowbrook world they live in, there are vastly more important matters to be taken up (e.g., Hepatitis research is still going on. Willowbrook has closed admissions. For any parent to place a retarded child in Willowbrook the only course of action is to have the child admitted to the Hepatitis Research section. That means the child will be injected with hepatitis and studied. Is that any way to run a state school? Parents are fighting to obtain some sort of voice in the administration of Willowbrook. The volunteer program, formerly supervised by the director's wife, arbitrarily refused students and is generally screwed up as anyone involved can tell you.)

A struggle is going on presently in the Willowbrook Benevolent Society. The older members want to continue the "cookie and milk" involvement in Willowbrook. The young parents

and younger members (myself included) see that the society should be doing more relevant things (i.e., parental input on the boards that control Willowbrook). Unfortunately, in the Willowbrook Benevolent Society the old member and the young see each other as the enemy. By no means do I want to downgrade the older members who in their time did the best they knew how. But times have changed.

The Board of Visitors at Willowbrook has, and always has had:

(1) Subpoena power to investigate any aspect of Willowbrook.

(2) The ability to recommend the removal of any person working at Willowbrook.

That is a lot of power that could be used to do a lot of good at Willowbrook. It never has.

The children at Willowbrook desperately need more than "cheering and fun".

Thank you for bothering to write  
Robert Millman, Editor

## THE DOLPHIN

Robert Millman . . . . . Editor-in-Chief  
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Guest Editorial by Clifford Clark

Dr. Bernard Blau . . . . . Faculty Advisor

The Dolphin is published by students and for students at Staten Island Community College, 715 OCEAN TERRACE, S.I., N.Y. The opinions expressed herein are the opinion of the Editor, and the Editorial board. They do not necessarily reflect the views of SICC, its administration, faculty or students. Any "Letters to the Editor" should be sent to Editor, The Dolphin, SICC, 715 OCEAN TERRACE, S.I., N.Y. 10301.

## Editor's Farewell

Although I obviously have terrific differences with student government I would like to say that for the most part the people in student government worked very hard at what I assume they thought was the correct thing. Student Government is by nature a co-opting organization. Because of their duties as specified by the Administration of SICC and the Board of Higher Education, their scope, and duties are tremendously limited. Working with a grossly apathetic student body like SICC's can easily lead to the near monarchy that student government was. Perhaps Student Governments should be phased out. I have never seen one that acted for the students. Enough of this dribble I worked like a crazy man as Dolphin Editor-in-chief. I made a lot of mistakes I would like to forget. But I'm graduating this semester, I've had it. If I ever attend SICC again I hope someone shoots me.

• Good-Bye  
Robert Millman  
Editor-in-chief (and then some)

Abusers are Abused

by Gene Fortini

FLASH — President Nixon Goes Insane

by Cliff Clark

How does one express and cope with the frustration, the disgust, the nausea (except via violent vomit) of dictator neurotic, schizoid milhous. "How many deaths will it take till he knows "that the transplants he received at birth was that of Hitler's heart and Napoleon's cerebrum with a mentality that has now become questionably spirochotic.

In a letter addressed to Cardinal Cook, Richard Milhous Nixon said the Cardinal's decision "and that of tens of thousands of Catholics, Protestants and Jews, and men and women of no particular faith" (this is his usual psychological gambit to indicate to America his solid backing of all ethnic groups and of his deeply rooted morality of human life) "to act in the public forum as defenders to the right to life of the unborn, is truly a noble endeavor. In this calling, you and they have my admiration, sympathy and support."

With his other hand almost simultaneously he is holding his speech that read as follows:  
TO THE AMERICAN PEOPLE...

To the American people: "I ask you for the same strong support you have always given your President in difficult moments," Nixon said. "It is you most of all that the world will be watching.

"I know how much you want to end this war. I know how much you want to bring our men home. I think you know from all that I have said and done these past three and a half years, how much I, too, want to end the war and bring our men home.

"You want peace. I want peace. But you also want honor and not defeat. You want a genuine peace, not a peace that is merely a prelude to another war.

"At this moment we must stand together in purpose and resolve. As so often in the past, we Americans did not choose to resort to war. It has been forced upon us by an enemy that has shown utter contempt toward every overture we have made for peace.

"That is why tonight I ask for your support of this decision, a decision which has only one purpose—not to expand the war, not to escalate the war, but to end this war and to win the kind of peace that will last. With God's help and with your support we shall accomplish that great goal."

We now have the LARGEST assembled naval and air task forces ever in Vietnam. The navy has marshalled five aircraft carriers, 350-400 airplanes, four cruisers and 30 destroyers to mine all entrances to North Vietnamese ports, cut off the delivery of war materials and to sever rail and other communication lines ashore. The CVA-60 (USS Saratoga), a biggy aircraft carrier, is en route also. Five hundred strike planes from the 7th Air Force are flying from bases in Thailand and South Vietnam. Attacks in the north have nearly doubled in the past week to an average of 200 strikes a day. If small crafts attempt to load supplies from larger ships that do not enter the mined harbors our Naval ships will destroy them before they get to shore.

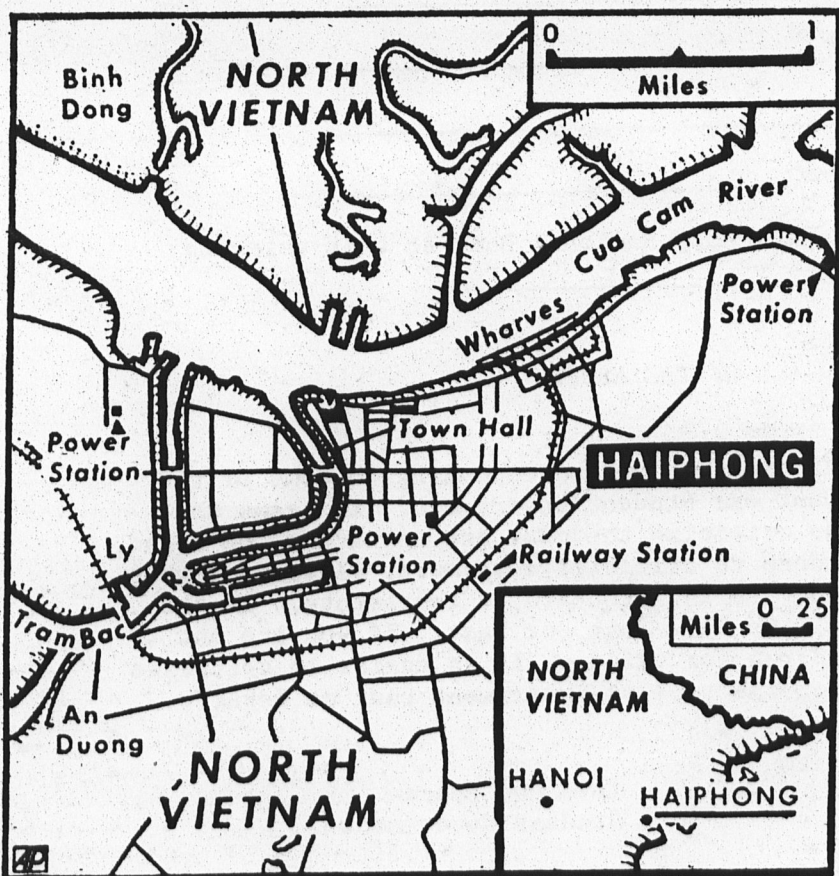
All this in a sincere incessant quest for peace and the WINDING DOWN OF THE WAR. All this just two weeks before our scheduled summit talks with the Soviet Union and to add insult to injury he rapped the following blasphemy to the Soviet Union.

"We are on the threshold of a new relationship that can serve not only the interests of our two countries but the cause of world peace. We are prepared to build this relationship. The responsibility is yours if we fail to do so."

"The responsibility is yours", now isn't that cute? In other words, if I cannot continue to practice genocide against (the "gooks"), if I cannot continue my capitalist interests, if I don't get my way, if I have to lose my honor, or American and Vietnamese lives, then let them die. This is the kind of mentality we're forced to deal with. And the pity of the whole chess game is that we can't make a move. It's a stalemate. The checks and balances that was the fundamental logic of the organizational structure of the American Democratic System seems to me an ecstatic dream that now contradicts reality. How can we stop this maniac?

After 3 years of Vietnamization, Vietnamization, Vietnamization the whole plan has fallen on its ass. The last paragraph of his speech dismisses the American people as utter mental morons. World War I was the war to end all wars. World War II was undoubtedly the lid of the war container. Then Korea, now Vietnam, how many more wars till the Nixons, Johnsons, Hitlers, Mussolinis and Napoleons realize that the war to end all wars is as meaningless a cliché as "with the god on our side" philosophy that this country invariably iterates as justification of its genocidal policy against our brothers and sisters in Vietnam. YOU TELL ME. How can one more human life justify the mistake, I said mistake that we made by ever setting foot in Vietnam. See the article on American policy inside Vietnam.

Let me point out that Hitler took over Germany after the most liberal era in Germany's history. It seems the American banana is ripe for a facist Milhou peeling.



Haiphong, North Vietnam's major deepwater port, is being mined on orders from President Nixon.

One of the fairly new bureaucratic money-making schemes of our modern nuclear age is the drug rehabilitation program. The great leaders of our nation started to become interested in the immense drug problem when it started to hit them where it hurts — in their children and in their pocketbooks. So what did these great men do? Why, they followed true to form. They said that they would have to help these poor individuals who have become addicted to these drugs. Governor Rockefeller came up with a program, The Rockefeller Program. His program would take the addict off the streets and put him in a hospital, give him counseling and cure him of the vicious monkey that has started biting the children of fellow politicians.

The law enforcement agencies of our city made an all out effort to arrest every junkie that they could get their hands on. As a matter of fact, some addicts were turning themselves in in order to get some help. Then out of the blue came that bureaucratic treachery that we all know so well. It seems that the hospitals the governor talked about turned out to be Greenhaven Penitentiary, Woodburn Penitentiary, or even Comstock Penitentiary. Imagine the surprise of the poor unsuspecting addict who turns himself in to get some help and instead he is slapped into handcuffs, brought to a prison, put in a cell and stays there for anywhere up to 36 months. Of course this is a violation of his rights, but by the time our swift court system came down with a decision, the people who were first committed to this program served their 36 months already and were back in the streets shooting dope.

The next step was to put a person with a 36 month commitment away for six months and then put him on parole for the rest of his time. While he was in jail he had to attend group therapy, and the person in charge of the group was the person who decided when the addict was to go home. Of course these so-called counselors were nothing but prison guards with no background of counseling. I remember a judge stating that the Rockefeller Program was creating a warehouse for junkies to get a rest and then be put back out on the streets go go back to dope and crime.

Now the biggest thing is methadone. Methadone is a synthetic drug which blocks the effects of heroin. The addict is supposed to be able to carry on a normal life while taking this drug. One thing that was not mentioned was that the addict on methadone is in a permanent state of narcisism. That is, he is drugged. If he tries to relax, he will most likely fall asleep. Imagine the addict driving on a long lonely stretch of road at night — instant accident.

There are only a few after care officers who really care what happens to the addict after he is on methadone. As far as most of them are concerned, all they want is for the addict to stop using drugs and stop stealing. As far as law enforcement agencies are concerned, the criminal aspect is the only thing they care about. Politicians are bugged by people to do something about addiction because addicts are stealing and mugging in order to pay for their habits. I would say that 95% of the crimes in New York City are drug related. So do you know what the politicians do to the addicts? They put them on methadone and keep them under supervision. Now the addict doesn't have to steal to get his drugs. Eaven though methadone is a failure, even though these addicts are not being cured, millions of dollars are going into methadone programs all over the state. So what if the addict doesn't get cured. As long as he stops stealing, who cares what he does.

This is a perfect example of how our leaders are handling one of our big problems. The only time anything becomes a problem is when it hurts the politicians. Drugs have been a big problem in the ghettos for years and should have been dealt with ten years ago.

Another type of program is the therapeutic community. Here, the addict kicks cold turkey and then he lives in a community with other addicts under the supervision of ex-addicts. The addict's defenses are broken down so he can get to the root of his problems and deal with them without taking drugs. The only drawback about this is that a large majority of the people joining these programs have court cases pending and are just trying to stay out of jail. This makes it hard for the people who are really trying to do something for themselves.

Another thing is that the administrators of these programs are ex-addicts who are getting funds from the state or the federal government. These people set their own salaries and pick who they want to work for them. I'm not saying that it is but it could be a beautiful racket for a person with the con man experience that an ex-junkie has.

It seems that even in drug rehabilitation, where you are dealing with peoples' lives, the government is running true to form. The thing that is needed is more concern, not more money.

THE WAR STORY

A split second  
his eyes  
big, brown, and scared  
Why is it taking so long  
for the last section of my index finger  
to close back into my fist?  
It finally does, triggering a mechanism  
that is the last act of a play  
that began with baseball and audie murphy.

The slug sheds its cartridge skin  
and sees its first daylight.  
5 feet out of the muzzle it brushes aside the leaf of a bamboo stalk.  
2 more feet down the line a 7 month old baby tree is sliced in half.  
At a distance of 16 feet the shell breaks flesh  
2 inches to the left of his stomach  
The lead and brss strike bone at the base of his spine.  
His backbone is shattered; blood trickles from his mouth.

He had very big very brown eyes.  
I have a very long memory.

Gary Johnson

CHECK OUT YOUR MIND

PLEASE FILL IN THE NAMES OF THE STUDENT ORGANIZATIONS YOU FEEL ARE RESPONSIBLE FOR THE FOLLOWING ACHIEVEMENTS:

1. Who published the first major newspaper on campus this year? \_\_\_\_\_
2. Who found 200 apartments and rooms for students? \_\_\_\_\_
3. Who created a \$10,000 Student Loan Program? \_\_\_\_\_
4. Who successfully fought to regain CD Stipends? \_\_\_\_\_
5. Who successfully fought to maintain free tuition? SEP 71 - JUNE 72
6. Who successfully ran a clothing drive for the children of Willowbrook?  
\_\_\_\_\_
7. Who purchased a Graphic Center for Clubs and Publications? \_\_\_\_\_
8. Who created an AUDIO VISUAL CENTER (Tapes, Cameras, Tape Recorders)? \_\_\_\_\_
9. Who had a \$3,000 1/2 price buy and sell book sale? \_\_\_\_\_
10. Who supported Special Admissions? \_\_\_\_\_
11. Who supported University Student Senate? \_\_\_\_\_
12. Who supported a Club Festival? \_\_\_\_\_
13. Who made available Birth Control Booklets? \_\_\_\_\_
14. Who enabled each student to become a member of Purchase Power? \_\_\_\_\_
15. Who opened Kaleidoscope Activities to the community? \_\_\_\_\_
16. Who published 75,000 pieces of information on the tuition crisis? \_\_\_\_\_
17. Who obtained control of space allocation in "C" Building? \_\_\_\_\_
18. Who obtained and refurnished larger student offices? \_\_\_\_\_
19. Who chartered the unique Coffee House? \_\_\_\_\_
20. Who chartered the Advocate newspaper? \_\_\_\_\_
21. Who chartered Back To The Land? \_\_\_\_\_
22. Who had to attend every meeting? \_\_\_\_\_
23. Who backed off to no one? \_\_\_\_\_
24. Who ended corrupt rip off programs? \_\_\_\_\_
25. Who successfully negotiated with Community National Bank so that veterans could cash their VA checks? \_\_\_\_\_

STUDENT GOVERNMENT  
IS THE ANSWER TO ALL OF THE ABOVE  
QUESTIONS.

Nothing would get done if we wasted our time and yours responding to some of the slanderous lies that have been told about our Student Government. It seems as though when its time to work, those who criticize the most are nowhere to be found, they only "reappear" after the work is done to criticize some more. Please remember that a Student Government is only as good as the students it represents. If the fruit is rotten, then look at the tree. We have done our best. If you are not satisfied then stick your neck out and run for office. It is easier to criticize than to contribute. We shall always get the type of Government that we deserve. Thank you for your time.

Love and Peace  
Student Government

## THE EDITOR ANSWERS THE QUIZ — (NOT TOO SERIOUSLY)

1. What newspaper said more good things about Student Government?
2. Why did Michael Cummings the original Chairman of the housing committee quit in disgust?
3. Financial aid, although it was handled by Carlos Calderon who did a very good job.
4. I don't even know what you're talking about. Do you mean question 24?
5. That was the main focus of the last issue of Dolphin. Who did fight anyway?
6. The only clothing drive I saw was started by the People's Coalition. It flopped.
7. Vincent Massaro (ex—Dolphin Editor) and Dr. Bernard Blau did the work that made the graphics center possible.
8. I haven't seen it yet.
9. (from personal experience) Who ran one botched up booksale? Who never got 2 French books back? Me!
10. President Birenbaum, he runs the school.
11. Alan Shark, former president Student Government.
12. Who tried to run a club festival so tightly controlled no one would touch it. Besides which it never materialized.
13. The Canadian Government. Read the booklet, you can get one in the Advocate office.
14. Who's buried in Grant's tomb? It's just as relevant.
15. But who are the shows for? Students I thought.
16. Ralph Palladino wrote them. Me and Cliff Clarke leafleted them in the cafeteria. I didn't look to see who signed the check for printing costs.
17. That's just what SICC needs further alienation of students, faculty and administration. Maybe if you worked hard no one would even talk to each other.
18. I give up. But Student Government sure has some comfortable furniture in C-132.
19. The question is who runs it.
20. The question is who runs it.
21. Who gave Back to the Land a working budget of over \$70 when they were chartered.
22. Student Government meetings?
23. A well put Rhetorical statement.
24. Why does Tony Brogden, chief justice of a student court that has never had a case yet get \$30/week outside of financial aid.
25. Lee Landes, (please read response to letter to editor, editorial page). I already said enough about him.

*"If you can't take the  
heat, get out of Kitchen"  
(Advocate Astro-Numerology Page  
by Tony Cardinal Brogden)*

Blah Blah Blah  
Quack Quack Quack  
Blah Blah Blah

# Venereal disease...

## Syphilis

Syphilis is a very infectious disease that invades every system of the body. If treated early, it can be cured; if not, it can be disabling and fatal. The first sign of syphilis is usually a sore called a chancre (pronounced shanker). It may look like a pimple, a blister, or an open sore, and it is usually painless. It probably will show up any time from 9 to 90 days after the germs enter the body. The sore usually appears on or near the genitals (where the germs entered), but it may appear on fingers, lips, breast, anus or mouth, depending on the primary site of contact with the germs. At this primary stage syphilis is very infectious. The chancre is full of germs which are easily passed on to others.

Sometimes the chancre never develops, or may be hidden inside the body, and the infected person will not even know he or she has syphilis. This is particularly true for women, where the sore frequently develops inside the vagina, or hidden inside the folds of the labia. In any case, this sore will go away all by itself, even if the person doesn't do anything about it. But the germs are still in the body, increasing and spreading.

The next stage occurs anywhere from a few weeks to six months later. By this time, the germs have spread all through the body, and there are many possible symptoms produced at this stage. A rash may appear on the body, or it may be just on the hands and feet. Sores may appear in the mouth; joints may become swollen and painful, and bones may hurt. There may be a sore throat, mild fever or headache. Patches of hair may fall out. Infectious raised areas may appear around the genitals and rearend.

This is the most infectious stage of the disease! If the person has open syphilitic sores on his body at this stage (in his mouth for instance), the disease can be spread by contact with these sores, even without sexual intercourse. This is a stage where syphilis "imitates" other diseases, and so the infected person may think he has another illness, such as a cold, or the symptoms may be very mild, and the person may not even notice them. This stage usually lasts 3 to 6 months, but sometimes the symptoms of this stage can come and go for several years. Just like the primary stage, it will disappear all by itself. But the germs remain active in the body.

During the next stage, called the Latent, there are no outward signs of syphilis, but the germs may be invading various inner organs, including the heart and brain. In the first few years of the latent stage the disease may still be infectious, but after that it is usually not. The infected person can go along for ten or twenty years, feeling perfectly healthy, not knowing a thing.

In the last stage, depending on which organs were attacked by the disease during the latent stage, a person may have serious heart disease, crippling, blindness, or mental incapacity. Out of every 100 untreated syphilitics, 23 people will be killed or incapacitated in this final stage of the disease.

## Diagnosis:

Shortly after the chancre forms the spirochetes (the germ that causes syphilis) will be in the bloodstream and will show up in a blood test. It is usually best to have at least two blood tests several weeks apart, even if the first one didn't show anything, because sometimes the results are not reliable. This blood test is given regularly just as a check in lots of situations. For instance, people who give blood are always tested for syphilis. The blood tests required before legal marriage are also for this purpose. (One out of every 90 people who take the marriage blood test is discovered to have syphilis.) In Communist China, syphilis has apparently been completely eradicated. This was done by giving a blood test to almost everybody. Consequently, everyone found to have syphilis was adequately treated and syphilis is no longer a problem.

## Treatment:

The treatment for syphilis is penicillin. It may be one high dose or a series of smaller doses for a short period of time. It's just that simple. It is important to have at least two follow-up blood tests to be sure the treatment was complete, since sometimes people have relapses. But the main thing to remember is that the first three stages of syphilis can be completely cured, and even in late syphilis, the destructive effects can be stopped from going any further.

"If any other disease that is passed from one person to another so easily were that wide spread, it would be considered an epidemic and would receive urgent national attention." ("Venereal Disease" Health Organizing Collective of New York Women's Health and Abortion Project)

"To start with, gonorrhea is often without symptoms in women. About 90% of the women infected with gonorrhea are not aware of their infection. This is in contrast to men who usually become aware of the infection within a matter of days because of a pus discharge from the penis and a burning sensation while urinating. Even in the minority of women who do develop symptoms - a vaginal discharge and pain during urination - the symptoms are thought to be a sign of common gynecological problems or the side effect of a birth control method, such as the pill.

Because of this, a woman doesn't learn that she is infected until (1) she is told by an infected male with whom she has had sexual intercourse; (2) she is traced by a Public Health Service casefinder as a person someone has infected; (3) her own infection has spread to the point of causing pain and she goes to a doctor." ("Venereal Disease" Health Organizing Collective of New York Women's Health and Abortion Project)

## Gonorrhea

Unlike syphilis, which goes through all your body, gonorrhea is essentially a disease of the genito-urinary organs. (If left untreated for long, gonorrhea travels through the bloodstream and causes infections in the valves of the heart, or acute arthritis, blindness, and even death. However, this is not too common.) It is caused by a germ called a gonococcus, which works its way gradually along the passageways of the genital organs. This disease can be transmitted to another person at all stages. The symptoms of gonorrhea are different for men and women, even though the germ causing the disease is the same for both. It takes about two days to three weeks after gonorrhea germs enter the body for symptoms to show up.

The first organs infected by gonorrhea in women are the urethra (the tube through which urine flows out of the body) and the cervical canal (entrance to the womb). Very often, however, a woman may not even know this infection is present. She may feel a little pain when she urinates, or she might have a slight vaginal discharge. Then again, she may have no symptoms at all.

But if the disease goes untreated, various complications can arise:

-The glands in the genital area may become swollen and painful.

-The infection may spread up the urethra into the bladder and cause cystitis. Urination will be more frequent and painful.

-The infection may spread to the rectum and cause proctitis.

-Most serious of all, it may spread and inflame the fallopian tubes (tubes which the eggs move through on their way from the ovaries to the womb). This is called salpingitis. The woman may feel no symptoms at all at first, and then suddenly have severe pain in her lower abdomen, on one side or both sides. She may also have vomiting and fever. If a woman has a mild case of this, she may feel the same symptoms in much milder form over several months. Her menstrual periods may become irregular. If this disease goes untreated, a lot of scar tissue will develop in the fallopian tubes. They will become twisted and narrow, so that the eggs can no longer pass through them. If this happens to both tubes, the woman will never be able to have children.

"As long as we have racism, sexism, a profit-making health care system, and an uninformed, moralistic public, we will continue to have terrible health problems such as uncontrolled gonorrhea." ("Venereal Disease" Health Organizing Collective of New York Women's Health and Abortion Project)

## Our Societal Sex Code and VD

by Doris Niesi

We are now faced with a national crisis which, because it is sex-connected, is being virtually ignored. We are, or should be, familiar with the startling statistics concerning Venereal Disease. Why, then, are we unable to cope with it? With our national allegiance to the practice of veiling, ignoring and mysticizing sex, we have caused certain body parts and functions to be unspeakable, very often with dire results.

Venereal Disease maims and kills. This is a fact that should supersede any moral consideration. Unfortunately it does not. We are taught from the time we are children to reject our sexual instincts in the name of morality, and subsequently anything sexual has become a moral issue. We feel dirty if we talk about or openly recognize sex. How, then, as "moral" human beings can we be expected to suddenly accept as horrendous a fact as the presence of VD, which can be contracted only through sexual intimacy, and go freely to a doctor or clinic and ask for help? What teenager will risk the loss of approval of his or her parents? What woman the loss of her "reputation"? We are made to consider the opinions of our peers and that of society as being so crucially important that we may not admit even to ourselves something that would bring social disapproval, nevertheless admit it to someone else.

An immediate solution to the physical problem would be to test each and every accessible person in this country and treat those who are found to be infected. This is not as far out a notion as it may seem because it was done successfully in The People's Republic of China, where VD is now practically non-existent. Less radically we could have VD clinics in high schools and colleges since over 50% of VD cases are people under 25. We could pass laws that would obligate physicians to give VD tests as a matter of course. We could take some of the money we use for defense/offense and use it for intensive research to find a simple blood test for gonorrhea. But what worth can physical attention have if we ignore the psychological.

In order that there may be a workable solution to the problem of Venereal Disease (among others), we must achieve a revolution in the area of education from all sources. It is not enough to teach facts for forty minutes a day in schools if children are exposed continuously to a barrage of anti-sex propaganda at home, in church and in society. Sex education is a necessity for parents as well so that they may free themselves of, and in turn not enslave their children to, a destructive way of thinking which exposes them to all sorts of physical dangers, such as VD and illegal abortion? in addition to psychological hang-ups which make for unsatisfactory sex lives, bigotry and extensive guilt feelings. The mask must be lifted from sexual matters so that we may view sexual diseases as we do any other malfunction of the body.

It is utterly ridiculous that we should forfeit our national health for the sake of sexual mores that are irrational. It is even more ridiculous that we blind ourselves to the truth that no matter what conditioning applied, no matter what harmful physical and psychological pressure, we are sexual beings and will express our sexuality in one way or another. Statistics on VD, abortion, "illegitimate children" and shot-gun marriages prove that people do not wait for marriage to have sex as our puritanical sex code would have us. We must then dissociate ourselves from such an obsolete sex code and introduce realistic approaches to sex matters that will allow us, along with proper health efforts, to conquer Venereal Disease.

# ...And You

### Did You Know?????

Over a million people in the U.S. get VD every year?

The number of gonorrhea cases went up 35% from 1963 to 1969?

More people now get gonorrhea every year in this country than get measles, tuberculosis, hepatitis, whooping cough, and encephallitis combined? Strep throat is now the only communicable disease that effects more people than gonorrhea.

56% of all VD cases in the U.S. are people under 25.

30-40% of women with gonorrhea are missed due to lack of symptoms?

VD cannot be detected for possibly three months after infection? A pregnant woman who has been tested once can actually have the disease and transmit it to her child. Likewise couples who were tested in order to get a marriage license may be diseased. VD tests must!!!! be backed up with further testing.

Living syphilis or gonorrhea germs must be deposited directly on warm moist surfaces (such as the linings of the genitals or mouth, or on a break in the skin)? Sexual intercourse, then, with a person who has a venereal disease provides ideal conditions for the transfer of these germs. You can get VD as many times as you are exposed to it? There is no vaccine available to prevent someone from being susceptible to these germs.

VD is not difficult to cure in the early stages of the illness, if a doctor or

clinic is consulted for treatment? But the treatment plan that is prescribed must be followed strictly, or there is a chance that some of the active germs will remain and cause further bodily damage. Therefore, it is extremely important to know the symptoms of both syphilis and gonorrhea, and to realize that if there is a possibility that you have VD, medical advice should be sought promptly.

It is much easier for a man to tell that he has gonorrhea. The symptoms for men are early, definite and obvious. At first he will feel a painful burning sensation during urination, and then a discharge of whitish or yellow pus from the penis appears. This discharge is very infectious, and its germs may be carelessly transferred to the eyes.

If the disease goes untreated, it may spread to the bladder and cause cystitis. Or it may spread to the seminal vesicles on the epididymis (these are organs where the sperm are temporarily stored or where they pass through.) In this case it may cause a hard tender swelling in the man's testes. This internal infection will form scar tissue, just as it does in the woman, and it may block the passageway of the man's sperm, making it impossible for him to conceive a child.

### Diagnosis:

There is no reliable blood test for gonorrhea. But it is not too hard to diagnose gonorrhea in a man. There are usually so many germs in the discharge from his penis, that they can be seen and identified under a microscope. If they cannot be seen right away, they can be kept in a laboratory for several days and allowed to multiply. (This is called taking a "culture".) In a woman, though, it is much more difficult. The woman is less likely to think she has gonorrhea in the first place, since she probably doesn't have any symptoms for a while. Also, the germs are spread out in her body more, and much harder to find and identify. If a woman thinks there's even a chance she has gonorrhea, or if she knows that someone she has had sexual contact with has a case of gonorrhea, she should go to a doctor or a clinic at once. Usually what the doctor will do is take a sample of secretions from the cervix or vagina with a cotton swab. He will look at the sample under a microscope first to see if he can identify any gonorrhea germs. But almost always it will be necessary to allow the germs in the sample to multiply for several days before they can be identified. Sometimes, however, a woman may have the disease, and yet there were so few germs in the sample that it won't show up in the test, even after several days. Therefore, if a first test shows no germs, it is necessary to repeat the test to make sure.

Sometimes, if a woman thinks she may have gonorrhea, doctors will go ahead and treat her for it, even if the tests don't show anything, just because the consequences of the disease are so serious, the tests are so unsure, and the treatment is so easy.

The treatment for gonorrhea, like that for syphilis, is penicillin. It usually involves one or two injections. The size of the dose has been increased over the years because gonorrhea germs have the ability to build up a resistance to penicillin. (Syphilis germs do not have this ability.) For this reason, doctors are also experimenting with other antibiotics to see if they are effective against the spread of this dangerous disease. NOTE: Information used here concerning symptoms and treatment was abstracted from

"Our Bodies Our Selves" by the Boston Woman's Health Collective.

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# Inside America's Vietnam Policy

(From Jean Paul Sartre's "On Genocide")

On 11/13/66 in response to Bertrand Russel's appeal, personalities of varied political convictions from different countries met in London and decided to form an International War Crimes Tribunal. The questions to be answered were as follows:

1. Has the U.S. government and Australia, New Zealand and S. Korea committed aggression in the sense of international law?
2. Has the American army used or experimented with new weapons prohibited by the laws of war (gas, special chemicals etc.?)
3. Has there been and if so what scale, intentional bombings of purely civilian installations, hospitals, schools, sanatoriums, dams, etc.?
4. Are vietnamese prisoners subjected to inhumane treatment forbidden by the laws of war including war and mutilation?
5. Have there been unjustifiable reprisals against the civilian population, namely the execution of hostages? Has there been creation of hard labor camps, deportation of the population or other acts tending towards the extermination of the population which can legally be called genocide?

A little history from the Tribunal — The U.S. became interested in Vietnam at the end of WWII and its policy became unquestionably aggressive from 1950 onwards. The U.S. had and still has a purpose "To maintain in the Capitalistic sphere a country not recognized as Yalta as a zone of Soviet influence, and to contain, according to The Domino Theory, revolution in Asia within the borders of China. The U.S. gave France \$1,450 million from 1950 up To The Geneva Accords (1954).

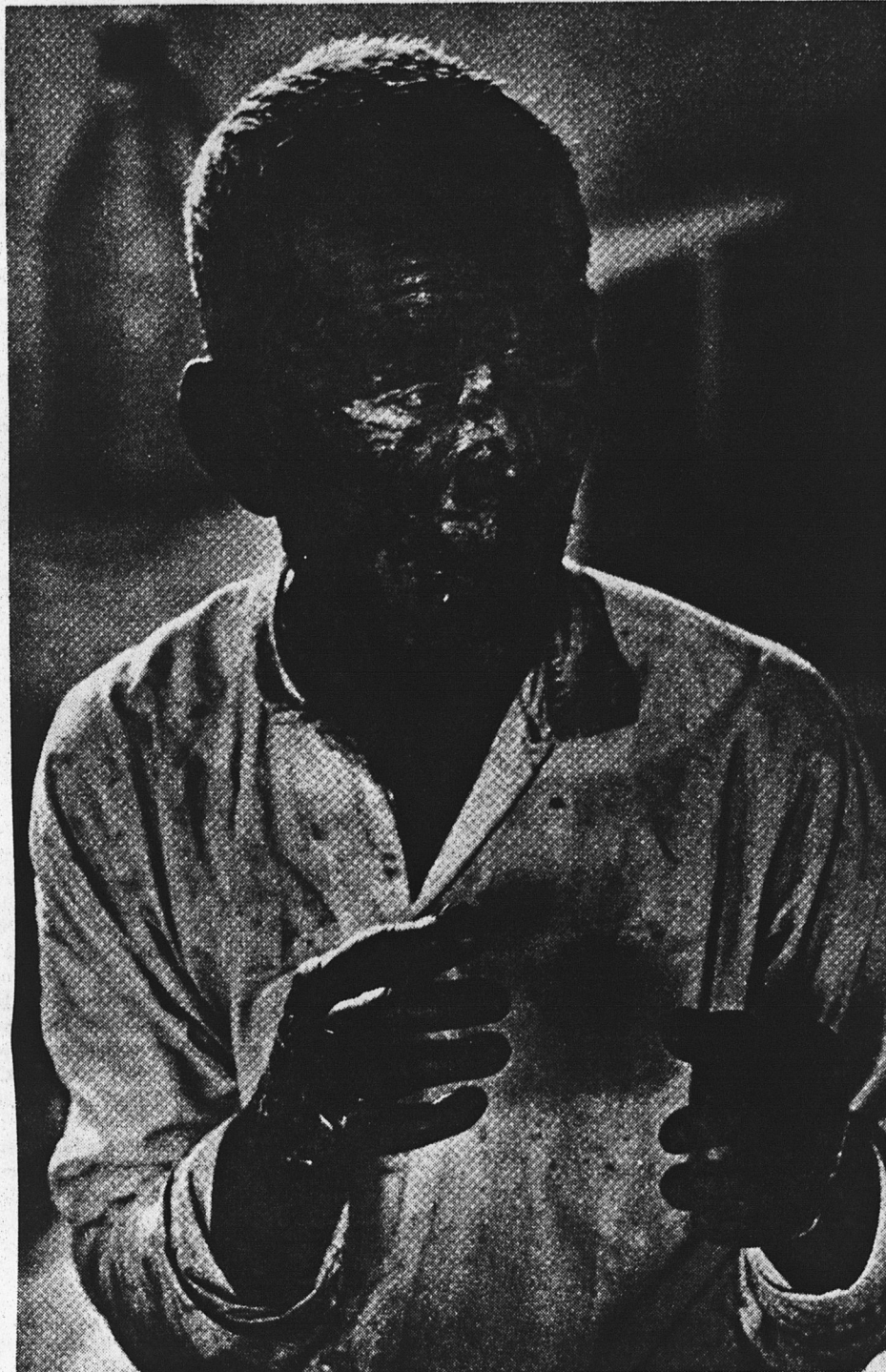
The Geneva Accord provided for (1) facilitation of suspension of hostilities, a demarcation line between North and South of Vietnam — but provisional and intended only to permit the withdrawal of the 2 parties. Article 1 — "The Military demarcation is a provisional line and should not in any way be interpreted as constituting a political or a territorial boundary. The accords also provided for general elections in the North as well as the South in July 1956 for reunification of the country. The Accords further prohibited "introduction into Vietnam of reinforcements, arms, munitions and other war material, (aircraft, naval craft, pieces of ordnance, jet engines, jet weapons and armored vehicles). Also "Each party undertakes to refrain from any reprisals or discrimination against persons or organizations on account of their activities during the hostilities, and to guarantee their democratic liberties."

The U.S. refused to sign The Geneva Accords. WHY!!! The Tribunals judgement accused the U.S. of violation in 4 essential points:

1. Americans implanted themselves militarily in S. Vietnam. From 1955 onwards, under the pretext of an "economic agreement" the U.S. reinforced the military potential of Dau Dai Gov't; consequently an American military command and enormous military forces were placed in Vietnam contrary to the provisions for military withdrawal in The Accords.

2. The Accords barely signed they sought after former resistants to French colonialism (this is after the defeat of the French at Dien Bien Phu by the Vietnamese People) by means of the S. Vietnamese gov't which the U.S. controlled and inflicted large scale reprisals against these resistants in spite of the ban which the Accords stipulated.

3 & 4. In considering the demarcation line between the 2 countries as a definite political boundary and preventing elections, the (the U.S. and the Bau Dai regime) constituted the South of Vietnam as a separate state in direct and blatant disregard to the Accords. Eisenhower admits "possibly 80% of the population would have voted for Ho Chi Minh as their leader rather than Bau Dai.

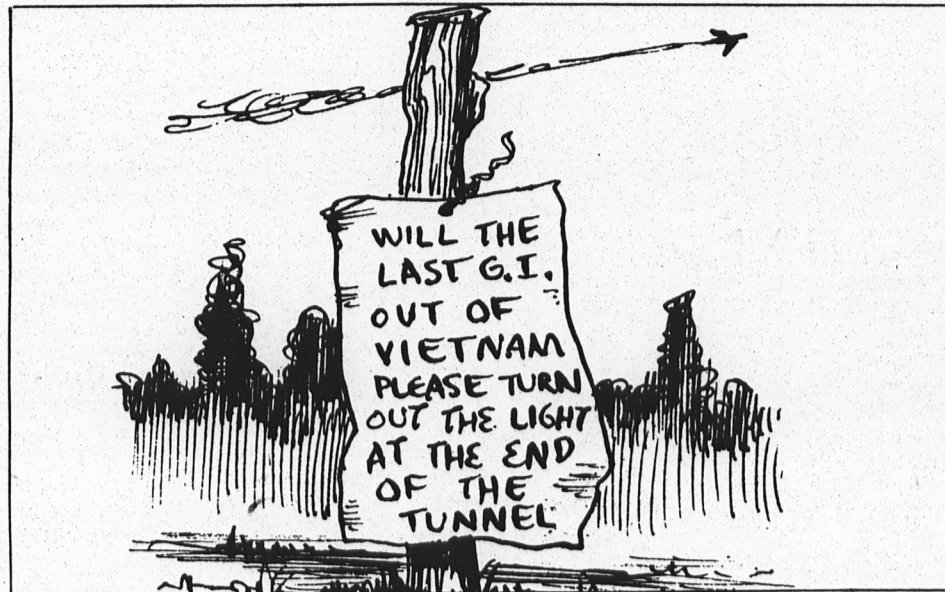


NAPALM VICTIM

The Tribunal concluded since the U.S. split the country at the 17th parallel under the pretext of safeguarding the "independence of S. Vietnam" that "the responsibility for the passage of the state of war falls upon the U.S."

The Tribunal showed that (1) between March & December 1965 more than 500 aerial attacks and from February to September 1966 more than 1,000 air raids were undoubtedly directed against dikes and hydraulic structures and not military

objectives. That (2) 95 medical institutions and hospitals were bombed in February 1967. One of the most nauseating examples of American Brutality was 6 air raids on a world known leper colony "Quihn Lap" and the machine gunning of lepers fleeing the burning research center by American gunners. (3) 391 schools were destroyed from August 5, 1964 to March 1967. American pilots are known to have machine gunned children running from the schools after they had been bombed. (4)



80 churches and 30 pagpdos had been attached or destroyed. Many priests homes and church goers were slaughtered, 72 in 1 church raid of Kien Trung 4/22/66. (5) Populous places and industrial districts, whole cities and villages, agricultural cooperatives and food production plants underwent intensive bombing without military objectives being near. One city Thanh Hao was bombed 70 times. The nearest military objective was 8 Kilometers away. Slightly off target you might say! Air raids are always preceded by reconnaissance flights, so the intent of the bombings were well pointed out by The Tribunal. Anti personnel bombs (designed and effective in ripping only through the human body) were dropped in cities by my country.

The U. S. on two occasions was asked by the Tribunal to send a qualified representative but the government apparently saw fit to deep dropping their bombs on women and children and not waste the time sending a representative to the Tribunal. Incidentally I would like to point out that committees and delegates were sent to Vietnam by the Tribunal and recorded the information I just reported to you.

The scientific commission of the Tribunal established the use of the following gases by the U.S.: CN, DM, CN-DM, C 5 quite often used in bombing shelters used by the people during bombings. Minute doses of these gases killed monkeys in 25 minutes. With the use of defobombs, napalm, and phosphorous bombs against the population rendered victims invalids for life, and ecologically destroying Vietnam.

Prisoners were beaten, field telephones were connected to prisoners sexual organs for information. 16 year old girls were gassed in tunnels one of which died after being gassed because she was refused medical help. Wounded enemies would often be left in the field unattended medically or quite often "finished off" by American soldiers. People who had fought against the French would be imprisoned for life. Numerous American sources gave proportions of 10 civilian dead for 1 evening. From 1961 to 1964 160,000 Vietnamese were dead, from 1964 to 1966 415,000 dead. Since the war began at least 250,000 children have died in Vietnam, 750,000 others have been wounded or permanently mutilated.

U.S. refugee camps were "garbage pits" hardly any water, no latrine, facilities set up to take Vietnamese people away from their homes so they couldn't help the Viet Cong. This at least was the American pretext. These camps were often placed in locations where the Americans needed assurance that the enemy wouldn't bomb that strategic area which is against any moral fiber that we obviously didn't have anyway. Families were broken up which avoided any population increase due to males and females being split up. Women and young girls were often forced to become prostitutes in order to survive.

The Nuremburg Tribunal and the 1948 International Convention on Genocide had sighted crimes against humanity as genocide. Article 2 of the Convention defines genocide:

- In the present Convention, genocide means any of the following acts committed with intent to destroy, in whole or in part, a national ethnic, racial, or religious group, as such:
- a) Kill members of the group.
  - b) Causing serious bodily or mental harm to members of the group.
  - c) Deliberately inflicting on the group conditions of life calculated to bring about its physical destruction in whole or in part.
  - d) Imposing measures intended to prevent births within the group.
  - e) Forcibly transferring children of the group to another group.

After its executive president Jean Paul Sartre had read the following analysis on genocide, the Tribunal unanimously declared the United States guilty of the crime of genocide against the Vietnamese people.

This information was accumulated as of 1967. Need I say whats happened since then!

# HANG-UP ON THE WAR

(S.I.P.C.)

## WHAT IS THE 10% TELEPHONE TAX?

The 10% telephone excise tax was first enacted in 1941 as a temporary tax. The tax has come close to being discontinued but has consistently been raised around the time of a war.

Because of the widening war in Vietnam, federal legislation was passed which, in April 1966, restored the 10% tax on telephone bills. At that time the tax was 3% and due to be dropped in 1969.

"It is clear," said Rep. Wilbur Mills, Chairman of the House Ways and Means Committee, "that the Vietnam and only the Vietnam operation makes this bill necessary." [Congressional Record, February 23, 1966]

The 10% telephone tax was scheduled to decline to 5% in 1971, to 3% in 1972 and to 1% in 1973 and to be repealed in 1974. However, once again . . . On January 2, 1971 the 10% telephone tax was extended for 1971 and 1972. It is now scheduled to begin dropping 1% in 1972 and to drop 1% point each year thereafter, to fade out by 1984.

## WHAT DOES YOUR TELEPHONE TAX PAY FOR?

Congressman Mills was always careful to refer to "operations in Vietnam". But those of us who know its true nature know that it is not an operation but a tragic bloodbath. We know that revenue for the Vietnam war pays for:

\*napalm, mass bombings (now escalated because American troop level has been cut down), and other attacks on civilian areas resulting in extermination of hundreds of thousands of people in Indochina.

\*forcing Americans into "kill-or-be-killed" situations. Over 50,000 American GI's have been killed in Indochina.

Please fill out and return this coupon to: WAR TAX RESISTANCE, 339 Lafayette Street, New York, New York 10012. (212) 477-2970 or 477-0055.

I hereby declare that I am deducting the 10% federal excise tax on telephone service from my telephone bills because of American military action in Indochina.

SIGNED \_\_\_\_\_

DATE \_\_\_\_\_

You may make my name public as a participant in this action.

NAME \_\_\_\_\_

ADDRESS \_\_\_\_\_

PHONE \_\_\_\_\_

Please send me more copies of this leaflet. Price: \$1.50/100; \$10/1,000.

Please send 12 cards explaining my position to the telephone company (suitable for enclosure with bill payments). Price: 12/25¢; 100 or more 1¢ each.

Please send me your monthly newsletter TAX TALK. Price \$2.00 per year.

Please send me your new 144-page book, *Ain't Gonna Pay for War No More* by Robert Calvert. Price: \$1.00; 10-100: 75¢ each and 100 or more: 60¢ each.

Enclosed is my contribution of \$ \_\_\_\_\_ for the work of War Tax Resistance.

\*violation of the Nuremberg precedents, the U.N. Charter, the Geneva Accords of 1954 and the United States Constitution.

# THE BLACK BOARD

by Marty Black



I like to eat out. It really doesn't much matter where or when or what type of place. Just as long as it's out. And its not because of the food. My mother is a good cook and so is my wife. I think what I find most fascinating about eating out is the potential for adventure that each experience holds.

There are a lot of people who don't like to eat out. They think they are telling you something new when they say, "I can get better food at home, you only end up paying for the service and the atmosphere." Obviously! However, what's wrong with paying for atmosphere on a Saturday night when you are looking for something different to do.

My wife Ellen and I have a hobby. We collect New Jersey restaurants. Some people collect antiques, some coins, some money. We collect restaurants. Over the past few years we have eaten in something over one-hundred and fifty different places that I consider to be establishments where one dines out rather than eats out. Some people may think derisively that this is a typically bourgeois thing to do. Others may even feel it is a decadent activity. We think it is fun. The idea of making wheat germ a mainstay of my diet the rest of my life bores me. Give me a Peter Luger steak anytime.

However, there are many times when my finances do not seem sufficient to satisfy my craving for dining out. Nevertheless, all is not lost. One can always eat out. Talk about hamburgers and fried chicken, I've touches all the bases. Wetson's, Mac Donalds, Burger King, Jack In The Box, White Castle, Ginos, Kentucky Fried Chicken, I have frequented them all. When I first met my wife she couldn't accept the fact that I would eat in places like these. I know a lot of people who are like that. However, as time passed her views slowly changed. Now she can put away a Super Burger with the best of them. I guess that marrying a college professor can be an educational experience in more ways than one.

Ellen and I have one rule when eating out. Never, go to the same place more than once. If you have to drive to find a new place, you drive, but you never repeat. When I go with another couple to dinner I never make any promises. We always tell them we hope the place we select will be good. "Look, it got three stars from Mobil." Most of the time, things turn out well. Sometimes they don't. Then Ellen gives me the look and on the way out usually whispers, "Dear, how did you ever dig up this place?" "If every place were good," I usually respond, "there would be no adventure." Now we have a few more adventures and a few less friends who are willing to go with us. That's okay with me. Everyone's entitled to his or her priorities.

Do I consider myself an expert on New Jersey restaurants? Yes. On food, no. On restaurants, yes. A gourmet I am not. I can't analyze what I'm eating and I don't particularly care. Even at home when my wife starts to tell me how she prepared a particular dish I tell her, "Please spare me the details, just serve."

There are several criteria that I use to evaluate the places we go to: food, service, atmosphere, cost and location. Many people find it strange that I like to find places to try that lie in rather obscure locations. In order to find these "geographical gems" my son Scott (20 months) and I frequently go out on Saturday mornings on what we call MMrestaurant patrols." Driving through the Jersey countryside we explore little known towns in the hills of Hunterdon County and other equally obscure parts of the state. Particularly, we look for quaint inns and hotels, many of which date back to colonial times. This is my idea of fun. I honestly hope Scott enjoys it also. Unfortunately, he does not speak well enough yet for me to know what his true opinions are.

For those who would like to experience some of what I have been talking about, I suggest you point your car in the direction of Chester, New Jersey. If you don't know how to get there, buy some gas and get a road map. If you don't understand how to read the map, find out. There is nothing more boyherosme to a driver than a passenger who cannot read a simple road map. I'm sick and tired of pulling off the road because some dim-wit riding with me cannot tell where "route 24 goes north from route 439."

At last count Chester had a population of little more than a thousand people. Oddly, it also has five major dining places four of which I have tried. Chester is pretty country town, containing a number of antique shops, an historic inn and even a local summer stock type theatre. Chester also contains my favorite New Jersey restaurant Auberge Provencal. Eating there is like enjoying a meal in a private home. In all the categories that I have listed above, Auberge in my judgement excels. The restaurant is more expensive than almost all the places Elen and I have gone to, but we think it's worth it. You can figure on between \$20.00 to \$30.00 all inclusive. I strongly suggest you make reservations. You may be interested to note that when we ate at Auberge, I almost had to be wheeled out. Bring a big appetite.

Also in Chester are the Twins Inn, The Chester Inn and Larison's Turkey Farm. The Twins Inn is a typical country place, with a reasonably priced menu. What I particularly like about it, is that it serves late.

Larison's Turkey Farm is one of the famous places in the state. All the turkey you can eat served family style, East as much as you want. This is not the most sophisticated place in the world but is refreshingly different. I liked it a lot when I went there. Ellen hated it. Ellen also hates turkey!

Just recently the Joe Hannam's joined us for an evening at the Chester Inn. The place dates back to the beginning of the nineteenth century. Every Friday and Saturday a Dixieland Jazz Band plays. If you try any of these I certainly hope you will find it enjoyable. If you don't however please, don't blame me. Just chalk it up as one more adventure.

## TAX REFUSAL AND THE LAW

Imposition of the telephone tax is covered by Section 4251 (a) of the Internal Revenue Code, which reads, "The taxes imposed by this section shall be paid by the person paying for the services."

This provision is amplified in the Internal Revenue Regulations, Section 49.4251-2 (c) LIABILITY FOR, AND RETURN OF, TAX: The taxes imposed by Section 4251 are payable by the person paying for the service rendered, and shall be paid to the person rendering the services, who is required to collect the tax and return and pay over the tax in accordance with the applicable provisions of the regulations contained in Subparts F and G.

According to the Commerce Clearing House 1966 Excise Tax Guide, Paragraph 2235 on Collection of Tax by Another Person, "Certain miscellaneous taxes are imposed on the person making the payment but are required to be collected by the person receiving the payment. All taxes collected in this manner are held by the collecting agent in trust for the United States until paid over to the district director of internal revenue. If the person from whom the tax is required to be collected refuses to pay it or if for any other reason it is impossible for the collecting agency to collect the tax from such person, the collecting agency is required to report the facts to the district director of internal revenue and the tax will then be collected by direct assessment against the person failing or refusing to pay the

tax to the collecting agent." Exactly the same language appears in Prentice Hall Federal Taxes, Excise Volume, Paragraph 189,514-A, with a reference to Statement of Procedural Rules CB 1955-2, Page 977, Section 601,493 (c) (2).

This indicates that the ultimate responsibility for paying, or refusing, the tax lies with the telephone user, not with the phone company, and that if the user refuses to pay the tax as billed, the issue will be settled directly between him and the Internal Revenue Service, through its standard collection procedures, rather than by termination of telephone service. This also agrees with informal opinions given by representatives of Illinois Bell Telephone Co. and the Chicago District office of IRS.

Having dealt with the question of tax liability, and collection procedures, it might be well, for the record, to mention the subject of criminal penalties for tax refusal. One who "willfully fails to pay" the phone tax could possibly be charged with a misdemeanor, under Section 7203 of the Internal Revenue Code, and be imprisoned for a period up to one year and fined an amount up to \$10,000. It is also possible that one could be charged with attempt to "evade or defeat" the phone tax, under a section carrying a stiffer penalty.

However, experiences of objectors to other federal war taxes during the past several years indicate that the government would not be interested in pressing criminal charges, but that it would instead try here or there to collect the tax (with interest).

No one Prosecuted Yet

See the front pages of your telephone directory for information on:

- Charges for calls
- Your Business Office phone number
- Payment locations

*Thank You!*

**WAR TAX RESISTANCE**  
339 LAFAYETTE ST  
NEW YORK NY  
10012

AREA CODE  
**212 477 2970**

**402**

DEC 4 71

	STATE TAX AND ANY LOCAL TAX	FEDERAL EXCISE TAX	AMOUNT INCL. TAX
MONTHLY CHARGE FOR SERVICE • Message units included	50	150	2503
ADDITIONAL MESSAGE UNITS •	388	170	2838
CALLS AND TELEGRAMS • See Statement	70	1372	16962
OTHER CHARGES OR CREDITS • Explanation enclosed			
DIRECTORY REPRESENTATION •			
BALANCE FROM LAST BILL • Please disregard this amount if paid			43984
<b>1229 0103 XXXX R</b>			<b>66287</b>
		<b>TOTAL</b>	<b>66287</b>

(Do Not Pay!)

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## The Concert Scene

### Bummed Out by the Audience

by Cliff Clark

Friday night, April 21, I froze my ass off biking out to Passaic, New Jersey to see John Hammond with a friend of mine. My enthusiasm could no way have been dampened by the chilling ride in my spring jacket out to the Capitol Theatre. I sent for tickets a month earlier and anticipated daily, the concert. Headlining the bill was Poco. If they hadn't put on the best concert I attended last summer, then they at least equalled any other group I had seen.

Hammond had been playing for ten minutes when we arrived. The first thing that became nauseatingly apparent was the decibel level of the most inconsiderate audience of ignoramuses I've ever had the misfortune of being with.

Let me say something about John Hammond. The first time I heard this cat play blues it was electric, and so was my reaction — instantaneous infatuation. I hit two sheets of ice driving listening to one of his tapes for the first time on my car stereo. The second skid was a 360 degree terror. When this man gets a flatop in his hands, he is blues. His rhythm section is a no miss soloist consisting of a stomping foot and quite often a hand percussing the front of his ax. He picks blues like no one under sixty, adding to his ability by playing slide while on his mouth harp and singing on the border of tenor to miraculous falsetto. I think you may understand where this cat is at. I believe he is the most underrated bluesman in the country.

Those ignorant assholes amidst their bullshitting and screams for Poco drove him off the stage. I've attended numerous concerts over the years. If I would have invested in stock what I shelled out for tickets, I probably could have had controlling interest in the Fillmore. There were many occasions when I felt the group performing bordered on mediocrity, but never could I feel justified in screaming at them or interrupting their set.

We were so bummed out that after two songs by Poco it was apparent to both of us that we didn't have a chance of enjoying them so we split. Before we split I talked to Lance who is the OK box-office manager at the Capitol. I asked him if these were the kind of ignorant assholes that usually fill the theatre. Lance felt it wasn't a matter of ignorance but of common courtesy. I agree with him partly. However, I feel anyone who acts so vulgar and inconsiderate, totally devoid of any sensibility, or common decency if you prefer, does so out of sheer self-centered ignorance. The 45 mile ride home was a cold one.

## What Are You Doing?

by L. Reynolds

O.K. leaders of the revolution, anti-war movement, student worker party, etc. How about telling us all of the truth. How about listening to the people for a change. After all, you need us. How about finding out what our real needs are and doing something about them. Not too long ago the Dolphin reporter asked what happened to the SDS and the anti-war movement. It's a basic political concept that once the leaders separate themselves from the people, they lose support of the people. Certain members of the elite factions of the SDS proposed acts of violence that would in effect kill people for their own good, E.G., the weathermen. Leaders, it is not up to you to propose issues for which the people must be mobilized. If you think about it, that's the same tactic used by the so-called establishment government, and as a method of representation is subject to the same faults as the establishment.

Leaders of the revolution, anti-war movement, student worker party, etc. What about black people? Isn't our cause "in" anymore? Do you have to go to Southeast Asia to find injustice? Anti-war people, how about protesting the war against black people? Last week a black detective was killed while trying to arrest an alleged robber. He was killed by a white police officer. Would the officer have been so quick to shoot if the detective had been white? Leaders, why is it that as soon as I get my chance to go to school you tell me it's not relevant? You want our support but you offer no "relevant" alternatives.

Black leaders, what are you doing for us, and what is it going to cost the people? The rhetoric is beautiful, but where's the work? The war has little to do with our problem. The war is not our rainbow and there will be no pot of black gold at the end of it. You didn't by chance let our struggle get lost in some international scheme did you? Black people were oppressed in the 60's before the war started, and we'll be oppressed in the 80's during the next war if you don't get on the case.

Leaders, remember, without the people it is you who are viable, irrelevant, and vulnerable. Power to the people means just what it says.

Can you hear us, or are you still talking?

Journalists:

Dolphin it is your duty to tell the whole and detailed truths about the events, people, and institutions you cover. That means both sides of the story. Your function is not to be a political organ for the sole use of the new Left. Some of your articles are even reprints of Left wing newspapers. There are always two sides to a story. I support your right to cover anti-war activities, etc., but I remind you of your responsibility to give the political Right a play.



The S.M.C. Soaking Wet

## Morality 30,000 Plus- The Weathermen I

by Cliff Clark

Saturday, April 22, 1972 I had the pleasure of attending the anti-war rally in Manhattan. The rally started at 72nd St., waddled down Central Park West, east on 59th St., south on 7th Ave. to 40th and 41st St. and then east to Bryant Park.

If the anti-war movement is dead, then I hallucinated 100,000 people (on a day that wasn't fit for sanforized Donald Ducks) flaunting their morality at an administration that needs all it can get. To say the enthusiasm of the brothers and sisters was inversely proportional to the gloom of the wather would be the understatement of the year. Were you there, and if not why not?

The saturation march was sheer

included, among others, John and Yoko, David Dellenger and a letter from Bella Abzug, who, in traditional Abzugian actionism was meeting in Paris with the North Vietnamese. Another speaker I also take off my proverbial hat to is Daniel Elsberg.

On May 4 a national moratorium was scheduled. A collection was made to help finance the movement. I dropped a fin in the contained that I couldn't afford, but the movement could afford less not to have it. Those PA systems trucks, pamphlets and media announcements are but a few of the expenses incurred in trying to organize against the genocidal tradition (perpetrated by the



Thousands March

ecstasy akin to the mass rally at Bryant Park, which didn't materialize much body heat to counter the incessant urination of the clouds.

I asked a policeman, who was somewhere in the 40's, if he knew how many people were in the march. He said the first people had passed by at 12:15. It was now 2:05 and there was another block of people to get past for the end of the march.

A remark was made at the rally over the PA that the peace movement was not a sunny day movement. If there was any doubt in your mind, a quick look around was more than convincing and also assured you of the presence of every race from babies to great great grandmothers. Speakers

richest military industrial complex ever to exist) being carried on in our name.

Soaking wet and frozen, I made my way through the mass to the IRT. That was about 4 p.m. People were still speaking and many people were still listening. The subway felt like an oven in relation to the streets. I was worth every drop. It took me a couple of hours to thaw out and get this written down to report to you.

To those people who marched, no comment is necessary. To those who didn't, I ask you to question your priorities as a humane being. It was said by one of the speakers that if they're a slink, we're a slink and if they are gooks, then we are gooks. THINK ABOUT IT.

# An Open Letter To Cardinal Cook

His Eminence Terrence Cardinal Cook  
St. Patrick's Cathedral  
5th Avenue, New York

Dear Sir:

As a woman and a former "Catholic", I feel compelled to voice my opinion on your recent drive to repeal the existing abortion law. It is my opinion that people like you and your organization are the types of people who try, by various inept and archaic means, to stultify the intelligence of humanity. The Catholic church, in my opinion, is in many ways trying to extend its 12th century attitudes into the 20th century.

I believe that the hypocrisy of your actions in Vietnam is equal only to the stupidity of your so called "modern" outlook on life. The Ecumenical Council was a joke as far as you people were concerned. You did not update religious thinking--you smothered it under volumes of dusty documents labeled "Catholic Liberalization".

As a former Catholic, I feel obligated to inform you that it was the two-faced hypocrisy of your priests and nuns that forced me to seek my God in another way. The doctrines of faith and morals that you preach so vehemently are the very ones that you and your subordinates go so far to violate or justify while hiding behind habits and tax-free buildings.

As a woman, I dare you to justify prying into people's sex lives and the result of them. Nowhere in the bible does it say "thou shalt not have an abortion". And, even if you could justify your flagrant violation of the constitutional rights of Catholics, you have no right whatsoever to impose your decadent moral stupidity on people who are not members of your religion. A woman, being an equal to a man, has a right to do whatever she wants with her body regardless of the opinions of friends, neighbors, and churches. Forbid your own followers to have abortions, but concern yourself only with your own business and not that of others.

It is my firm belief that it was the Catholic church that caused the Dark Ages and kept people ignorant and uninformed for years. Is that what you are trying to do in New York? Are we to have a repetition of the domination of the state by the church?

Further, because of your archaic stand on abortion and your hypocritical stand on Vietnam, I will have no recourse other than to work hard and actively campaign against federal aid to Catholic schools (a measure I was, until recently, in favor of). In this way I hope to further the cause of freedom and intelligent outlooks in my state.

Sincerely,

Kathleen Gahles

## To Catch Us

Does impending doom,  
Behind our backs,  
Trode in boots heavily  
Enough for us to have  
Heard it and either  
Run in time  
in time

or  
Stand fast and measure  
Our wits against  
Our selves?

Does the silent, everpresent  
Danger of falling instantly  
Into our graves

where we stand,  
Jolt our wisdom  
or  
Hurl us into insanity?

Perhaps we do not believe  
in any sanity  
And we are so far ahead  
of our time  
And we are so far removed-  
from any vanity

These boots have  
Thread and thread  
Through cold and colder  
Ages-

Long and fast,  
To catch us  
Closer to now and here:  
So far removed from our  
vanity,  
So much in light of our  
insanity,  
So far behind in our  
own  
time.

Joseph Cortese

# Maimonides Trains Parents For Natural Childbirth

by Richard Mulkowski

The Maimonides Medical Center, 4801 Tenth Avenue, Brooklyn, New York, has recently instituted a new program of training mothers to actively participate in the labor and delivery of their child.

Planning for the program began in the Fall of 1971. The first course was offered on February 2nd this year.

The method used in the program is the famed Lamaze Technique. This technique originated in Russia in 1949. After repeated experimentation and application, the technique was introduced to the Western world by Dr. Ferdinand Lamaze of France in 1951. In a book entitled Thank you, Dr. Lamaze, Marjorie Karmel described her experiences in childbirth to the American public. In 1960, The American Society for Psycho-prophylaxis in Obstetrics was formed. This group, comprised of physicians, nurses, physical therapists and parents, began to ardently promote the Lamaze Technique.

Some of the curricula covered in the six-week course include the following: lectures covering the anatomy and physiology of pregnancy and childbirth, instruction in exercises of

neuromuscular relaxation, proper body mechanics, general conditioning exercises, the application of specific breathing techniques; all techniques to be used during childbirth. In addition, the role of analgesia, anesthesia and modern obstetrical techniques are discussed.

Through the use of visual aids, films and a tour of the hospital's labor and delivery rooms, prospective parents begin to approach childbirth more relaxed and prepared.

Reception of the program by participants has been most favorable. Some feel the knowledge they have gained has

enabled them to positively anticipate childbirth. Others feel that the memorable experience of childbirth, enhanced by the program, have enriched their lives: "I can't tell you what a thrill it was for Dennis and I to actively participate in the birth process. It was one of the most beautiful things we have shared together," Mrs. Dennis Brennan. As Mrs. Brennan indicates, the process of birth is a shared experience. Husbands and wives jointly participate in this new program.

The program consists of six-two hour classes, and is completed in six weeks. Classes

are offered on Wednesday evenings from 7 to 9 p.m. New classes are offered every six weeks.

Any expectant mother who has her physician's consent may enroll in the program. This training program is conducted during the last two months of pregnancy. It is suggested that a couple enroll in the fourth or fifth month, as classes become overfilled easily. The cost of the program is \$35.00, and is tax deductible as a medical expense. Classes are offered to wives alone, or for husbands and wives. However,

husbands are urged to attend. A

trained husband can coach his wife during labor and can be present with her in the labor room of the hospital.

The Dolphin wishes to extend a warm congratulations and Thank you to Maimonides Medical Center for attempting to remove myth and misconceptions about childbirth through progressive community medicine. Special thanks should be extended to the following individuals: Dr. William Pomerantz, Director of Obstetrics and Gynecology, without whose cooperation the program would be non-existent today; Dr. Sigmund Forster, Director of Rehabilitation Medicine; Mrs. Catherine Mulkowsky, Senior Physical Therapist; and Miss Mary Ryan, Nursing Educator. As is the case with most programs of this type, cooperation was also afforded by administration, physicians, nursing personnel; and last, but not least, the photographer, Mr. William Wood, whose photo accompanies this article.

Some suggested readings are "Awake and Aware" by Chabon; "Six Practical Lessons for an Easier Childbirth" by E. Bing, and "Thank-you, Dr. Lamaze" by M. Karmel.

For additional information, please contact Miss Mary Ryan, (853-1200, Ext. 2714), on Tuesdays between 4 and 5 p.m.



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**For Sale — Scott Amplifier — Receiver (AM/FM Radio, Phono, Jack for tapes) Gerard Turntable 2 Large Pioneer Speakers (Each contains a 5-speaker system they are dark wood and very good-looking!) Excellent speakers**

Whole system is worth \$600.00 will sell for \$400.00 or best offer. Will sell parts separately also. Amplifier—receiver is very new — only used 3 mos. Turntable and Speakers have been used for almost 1 yr. See Mary Keller Trailer 32 or leave message in mailbox Trailer 31.

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**WOMEN Register for Women and Literature, English 58 4 hrs 3 credits, Team taught by Steiboum and O'Connor.**

May 11 is the last day McGovern petitions can be filed for the primary ballot. All petitions must be in the McGovern headquarters at 680 Bay Street by May 10. During the following five weeks until June 20 (the day of the primary) workers will be needed out in the various districts identifying pro McGovern voters. Workers are also needed at the headquarters to correlate the information from the field and help address and mail envelopes. Distribution of flyers at the ferry terminal and at shopping centers will also be necessary to reach Staten Islanders. And lastly, workers are needed to help boost the moral of the McGovern people who have a long uphill fight and

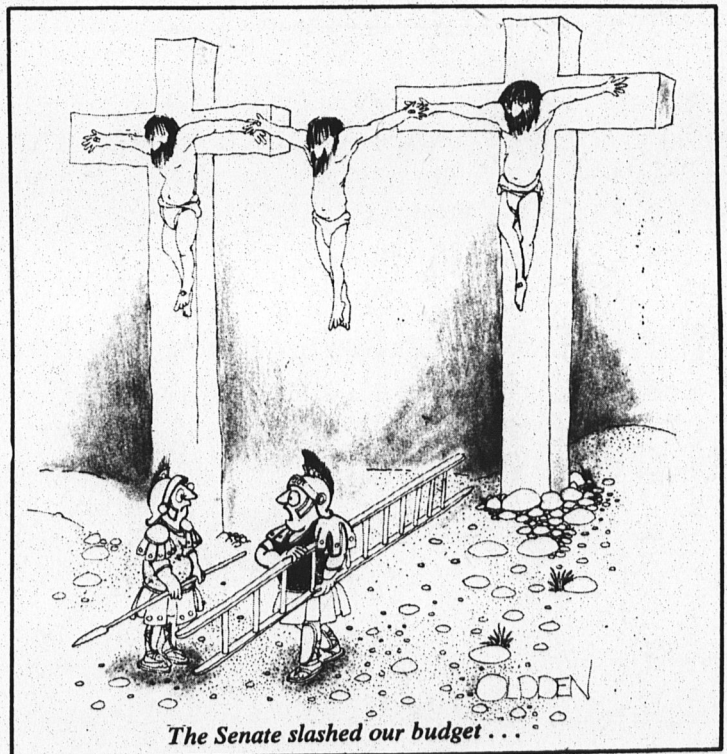
have very little money to accomplish it with. A general McGovern rally will be held at Madison Square Garden tentatively on June 13. If you can spare an hour of two, the people working at 680 Bay Street will be glad to see you.

**SCHOOL OF NUCLEAR MEDICINE TECHNOLOGY — St. Joseph's Hospital, Paterson, New Jersey 07507 Apply now for July and September classes—12 month programs 3 months Didactic and 9 months at an affiliated hospital Evening and Saturday classes Complete medical library Write to above or call (212) 569-2448**

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**Dolphin's Free Ad Section Will Continue Next Semester — "Pssst Wanna Buy Some Books?"**



*The Senate slashed our budget ...*

# Environmental Awareness

**MONDAY MAY 15, 1972**

## **PURPOSE**

Our organization erupted out of the Environmental class given at SICC in the spring 1972 semester, taught by Aoki. We are a group of teachers (mostly we are a group of people) who realize the necessity for all people to be as conscious as possible about the environment. In this way people will learn the interaction they have with their environment (what effect they have on it and what effect it has on them). Pursuant they will have a greater understanding of themselves.

This organization is not limited to any single element of the environment in its concerns. The environment has a broad definition: the entire scope of the surroundings (this includes mental, physical, spiritual and whatever else there might be).

We in the organization are not saviours nor are we therapists. No one of us will attempt to literally pick you off your feet and drop you on to another road saying "here follow this one." We will not attempt to tell you how to live. You can decide that for yourself. But we don't think you can do it unless you have the proper state of mind.

As the name "Chamber of Environmental Awareness" suggests it is only a place which will divulge as much objective information as possible about the way we live and what surrounds us. We have no basic formula for life except that each person should have his own, with as much freedom as possible (freedom is not a random illusion, it implies self clarification, maturity, and responsibility. Seeing these things and the need for freedom in others). Some essays will be presented, and speakers will talk in a way that will clearly show a bias and subjectivity. These should be treated by the reader with the understanding that they have come to be known as personal experience on the part of the writer through experience. And that they would not have been presented unless the organization felt that the material was a widespread truth (i.e. that most people have undergone much the same experience or that this information exists on a widespread scale and should be interpreted as such).

We have access to information from many sources. We will assimilate that as best we can to present continuous important material that will address itself to the problem (lack of environmental awareness). Since we are new we have much room for growth. We need interested people with a need to be creative (within and outside themselves) and who know a great deal about specific subjects having to do with the environment. We are mainly interested in people, politics and action.

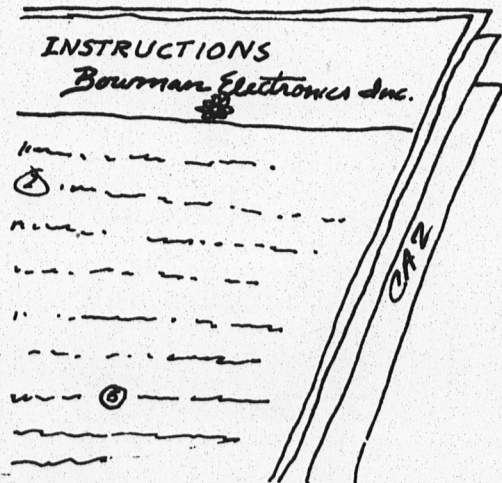
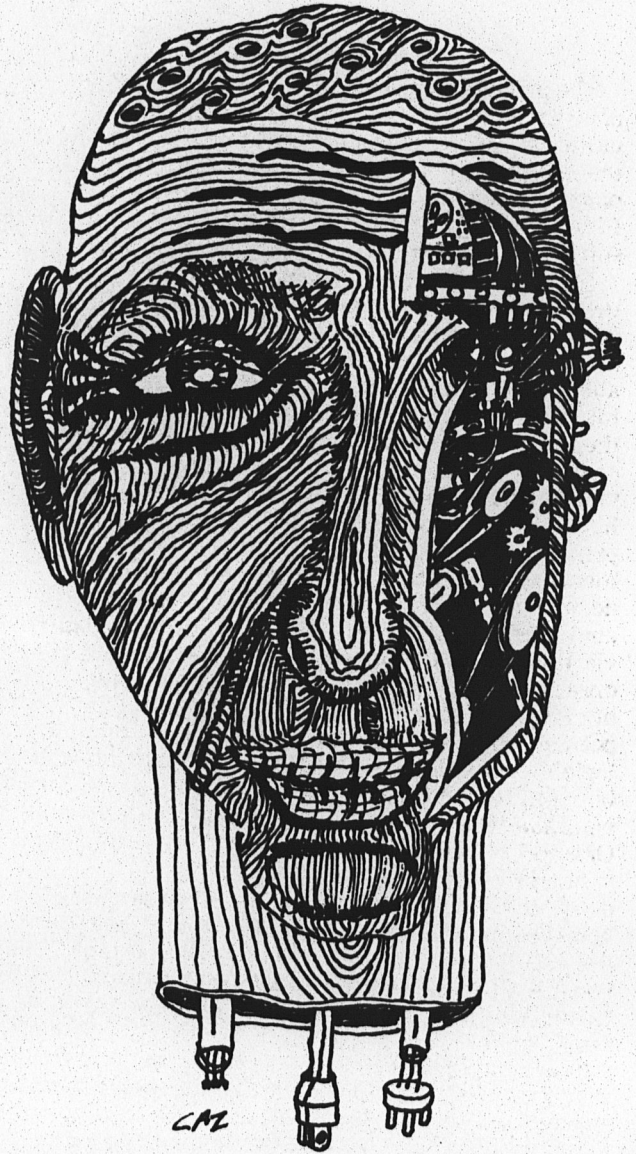
The "Chamber of Environmental Awareness" is the first such action arm to exist on Staten Island. We are not a paper committee. The people involved are dedicated, but our numbers are few. If you are interested enroll in "Environment" (PCA. WE NEED HELP, THE EARTH NEEDS HELP.

**JOIN US**

**Publication of "The Chamber  
of Environmental Awareness"  
at SICC Supplement to  
The Dolphin Vol. 18 No. 7**



# The Attempt Is Only Yours To Make



**“Never in the history of man in his societies on this earth has there been more repression than in man now in this society”**

by Joseph Cortese

The principle thrust in life, from the moment of birth to the moment of death seems to be to gather as much as possible about yourself during that exclusive period. Let us say that this happens in every way physically and mentally. Philosophically we can denote that if there is a spirit it is more than anything else constant.

We then come across the suicide statistics in the study of the total picture of the human condition. If you will agree that the main reason for your life is to discover as much as possible about it and use that basis of meaning to actualize (to continue, to further create), you can then see how the suicide victim successfully squandered that basis of meaning. The suicide victim was filled with self-hatred. It is self-hatred because of a lack of understanding of that principle motivation for life (that basis of meaning) and thereby obviously did not understand how to further create, how to further continue himself. Many artists have been suicide victims and we call the product of their work creation. True, it is creation (the work in itself), but it is not a part of the Artist's creation as a person. Not if he committed suicide, is it a logical continuation of the Artist's actualizing himself. Rarely if never is suicide a logical continuation of the self in societies not of deep Oriental religion.

All of the above is very important to understand, if I am to attempt to show the majority how it is that you are suicidal. How it is that you are on a "death trip" so to speak. How it is that you are all amazingly and violently confused. And how pitiful and desperate we all are as a result of that confusion.

From the above we can see that self-destruction is a logical step following self-hatred (confusion). If you understand yourself you are not confused. If you are not confused you do not hate yourself for being confused. Self-hatred (confusion) leads to your self-destruction, because you do not understand yourself. If you do not understand yourself you do not understand that a human being, from what it means to be a human being from that moment of birth with all the potential to grasp and then to actualize that which was grasped, is motivated to become. If you do not know how a human being is motivated to become and you are a human being, you will be confused. If you are confused and therefore you cannot become you do not become. If you do not begin to become you do not begin to create. You destroy. You self-destroy. And in the process you will certainly, if anyone is close enough, destroy them too. Logically. You become or you do not become!

You become or you do not become!

'He not busy being born  
is busy dyin'  
Dylan

Even if you are a "wishy washy" type of person and manage to successfully avoid any "action," you are self-destructive, because you do not actualize what you might even have grasped about your desires, your feelings, your values. Half a person, in this sense, is not better than no person. To know is simply not enough, actualization of that knowledge (which is done through personal challenge-challenge stemming from your own conflicts in the form of interpreting desires and feelings and how valid they can be for the common welfare; then challenge coming from others in their interpretations of themselves and you and the situations they seem to put you in, continuation of that knowledge, to further create that knowledge is the second vital part of the same essence: to become a human being.

When the child is born it is not then, nor sometimes a whole lifetime after, a human being in terms of emotional maturity. Biological fact tells us, within its limitations, that it is a human being, i.e. his anatomy and physiology are basically the same but more elaborate as well as the fact that there are certain physical characteristics that set man apart from the other higher animals. Biological fact tells us that in this higher capacity lies his transcendence over natural process. The key word is capacity. By definition a capacity remains only a capacity if it is not continued in the framework of its particular function.

Now, again, what is the human capacity in emotional terms? It is to deal with feelings and desires on a realistic level with the minimum of repression.

Never in the history of man in his societies on this earth has there been more repression than in man now in this society. The Great American Dream Machine. Never has there been more confusion. Never have more people known the least about themselves, their lives. If you don't know what to do with yourself and your life, does it seem possible that you might know what to do with someone else's, say a friend, a wife, a child? No, it doesn't, does it? That would seem to be the reason for our children, a violent, bitter, confused drug generation, etc. But, first, it would seem the reason for the greed in the older generation that creates the vast wastes, and unnecessary luxuries that make them and the rest of us lazy and uninteresting.

Have you ever attempted to take the responsibility for any of your actions. Have you ever before throwing away an empty cigarette pack on the ground determined that it is more a question of responsibility than you thought

Continued on page 14



# Over population

## And Its Implications



by Val Nobilio  
and Nadine Lepere

Many people are becoming aware of the population explosion crisis. Unless something is done our population will double within the next thirty years. This might not sound very serious but we only have so much space and resources. After reading many reports by researchers we have come to the conclusion that unless measures are taken mankind will not survive. Over-population is our most serious threat since other problems stem from it: pollution, need for more housing, more factories, and a greater demand for food. Many researchers believe that a large scale famine will occur around the year 2000. We are not going to find whole new sources in time to feed the soaring

population. India cannot feed her own people now, imagine when the U.S. itself is struggling? We could see as many as a hundred thousand deaths a day due to starvation, averaging more than one every second. Large scale famines would cause governments to fall apart and produce local clashes, perhaps wars, and maybe international disaster.

What has caused our population to rise? With scientific and technological advancements there are now more births than deaths. Many diseases have been brought under control and man's life expectancy has increased. Because of lack of education, religious beliefs and psychological reasons birth control has been neglected by many. The "Baby Boom" after W.W. II has helped increase the

population, as they are now parents producing large families. Man was never faced with this problem before, and never thought it would occur.

### Opinions of the Future:

1. C.P. Snow feels the only way to stop the large scale famine is by three large social tasks:

a. Effort by the rich countries to produce food, money, and technical assistance for the poor.

b. Effort by the poor countries to revolutionize their food production.

c. Effort by poor countries to reduce or stop their population increase and reduction of population increase in rich countries also.

He also feels we are at a peak of despair. "There has to be something more than an uneasy understanding, something more

positive than coexistence, between the two great power centers of the world." (U.S.A. and U.S.S.R.)

2. A major effort to limit population increase especially in poor countries. Suggestions have been made for the U.S. to stop sending food and aid to poor countries unless the countries agree to use birth control methods. More food means healthier people thus more offspring. Some people get upset by this but the more food the U.S. sends, the more the population will rise and a larger amount of food will have to be sent.

3. Governmental control of population growth. Although we don't like this suggestion, it might become a necessity. If people would voluntarily limit their families there would be no need for forced family limitation.

#### Birth Control Methods:

##### Before Birth Control Methods:

There are many free clinics available to everyone. Planned Parenthood and The Board of Health Clinics are free and the people are helpful and understanding. You are not hassled and they will help with any questions or problems. Hospitals and clinics where abortions are given are very good and some have therapy. For example, Coney Island Hospital gives you therapy the night before, and you spend most of your time with the other women having abortions. You should not feel uptight and nervous about going to these clinics. They were set up to help you.

1. Oral Contraceptives — are 100% effective when taken as instructed and are relatively safe. Oral Contraceptives contain synthetic hormones, estrogen and progesterone, which prevents ovulation thus preventing

pregnancy. Side effects can occur and you should consult your doctor beforehand.

2. Intrauterine Devices — I.U.D. are made of flexible plastic which are straightened out and inserted into the uterus through the cervix. Although it is less effective (97%) than the pill it has less complication and it is easier to use.

3. Diaphragm and jelly — the diaphragm is made of soft rubber and has a spring rim. It is fitted as a mechanical barrier to the cervix preventing sperm from entering the cervical canal. A spermicidal cream or jelly is smeared on the surface of the diaphragm and acts as a chemical contraceptive. It kills any sperm that passes the diaphragm rim or remains in the folds of the vaginal wall. This method is less effective than the pill or I.U.D. Any other method of birth control is not very effective and should not be used.

#### Abortion:

Vacuum curettage can be done quickly and with few complications. The cervical canal must be dilated to permit introduction of surgical instruments. The doctor then inserts a hollow tube, the vacurette, into the uterus until it touches the amniotic sac. The vacuum pressure is turned on and the fetal and placental tissue passes into the collection bottle. The doctor then goes over the uterine lining with a curette to ensure that no placental tissue is left in the uterus. The entire operation takes about ten minutes and recuperation is almost immediate. Dilation and Curettage has the same preparation as the vacuum curettage. Once the cervical canal is dilated a curette is inserted into the uterus to scrape loose the embryo and placenta. Loosened portions of embryonic material are removed from the uterus

with ovum forceps. The entire operation takes 10 to 15 minutes but recuperation is a little longer due to greater blood loss. Intra-amniotic hypertonic saline is used after the 15th week of pregnancy. The uterus and amniotic sac are too small before this to use this method. A long needle is inserted through the abdominal wall and uterine wall into the amniotic cavity. The amniotic fluid is drained out. An equal amount of 20% salt solution is injected into the sac. The saline solution kills the fetus and stops the placenta's production of pregnancy supporting hormones. Uterine contractions begin about 48 hours later and eventually the amniotic sac ruptures releasing the salty fluid. Contractions become harder and closer together until finally the fetus is expelled, usually within 3 days. The woman may or may not be kept in the hospital between the time of the injection and expulsion of the fetus.

#### Sterilization:

This is a surgical procedure for the permanent prevention of conception. A woman can be sterilized by surgical removal of any of the reproductive organs; ovaries, uterus, or Fallopian tubes. The most common method is tying off the Fallopian tubes. The most common method of male sterilization is a vasectomy. The vas deferens are severed thereby preventing the passage of sperm from the testicles to the penis.

**Adoption procedures  
and what you can do,  
continued on page 22**

# *This Story Is About The End Of The World*



# ***“How do you react to someone screaming at you that the world is going to end”***

by Ross Gelbspan  
The Village Voice  
March 9, 1972

The end will come within the next 100 years, under the weight of population and industrial over-growth, according to a team of MIT scientists, unless we stop all growth within the next few years. Otherwise civilization will collapse sometime in the 21st century and the majority of us and/or our children will die of hunger, pollution, disease, and perhaps 100 other grotesque and terrifying catastrophes that accompany the collapse of civilization.

The team, headed by Professor Dennis Meadows, presented the finding of an 18-month study on the predicament of mankind at the Smithsonian Institution Thursday. Having studied the report and digested the concepts — without having had time to investigate opposition from the scientific and business world — I must say it seems very real to me.

The report is based on computer analyses and projections of five global factors; accelerating industrialization, rapid population growth, widespread malnutrition, the depletion of non-renewable resources, and the deterioration of the environment. Each of these is growing at an exponential rate, that is, a rate of

geometric progression in which a thing increases by a constant percentage of the whole in constant time periods.

The concept of exponential growth is most important to understand. Imagine you had a penny on the first day of the month. On the second day, you doubled it. On the third day, you doubled that. Sit down with a pencil and a paper and figure out how much you would have in a month. And while you are calculating the increase, imagine that all around you people are being born, factories are increasing, resources are being extracted, pollutants being generated — all at the same rate of increase as your penny. The most important thing to understand about exponential growth is that its impact is felt all at once. It is not until you get to the 25th or 26th day that the sum really begins to get out of hand.

In terms of the world model constructed by the MIT team, this means that after about 1985 it will be too late to reverse the final stage of exponential growth which will cause the collapse of natural and social life — support systems. But the actual impact will not be totally felt until mid 21st century, when the price of food suddenly skyrockets out of reach, the industrial base collapse, and masses of population begin to die from starvation and disease.

The model shows merely the gross over-trend, and while it receives a lot of refinements, the authors of the report say the basic behavior modes appear to be so fundamental that “we do not expect our broad conclusions to be substantially altered by further revisions.”

What it all comes down to is: the planet earth is finite. It has only so much space, so many resources, and so much tolerance

for integrating the effects of industrialization. Man's activities — in terms of population, (most of the third world) and in terms of economic growth (Europe, America, Russia, Japan) — have accelerated exponentially into a pattern of infinite and self-perpetuating growth. And you can not grow infinitely in a finite environment. Something has to give.

In 1650, there were half a billion people on earth, in 1970, there are 3.5 billion. By 2000, there will be seven billion and the rate of increase would go on from there except that much of the world's population will begin to die at that point. Capital output, which itself helps boost population as well as deplete resources and generate pollution, is increasing at a higher rate than population.

The model details the relationships between the various factors in a pattern of positive and negative feedback loops. A positive feedback loop shows how two accelerating factors inter-act to keep reinforcing each other's growth. A good example of a feedback loop is the wage-price spiral pollution, resources industrial output if stabilization is achieved by 1975. The second graph shows corresponding levels if stabilization is achieved by 2000. In 2000 the equilibrium state is no longer sustainable. Population and industrial capital reach levels high enough to create severe shortages before 2100.

And 1975 is three years away.

Can America and the world be brought under control? I don't know. The first thing I would suggest to anyone who cares is to read “The Limits to Growth,” a Potomac Associates Book which will be released in a few days. And keep track of your emotional reactions. It will help

Continued on page 21

Photo by Fred & Neil



## FLASHBACK

by Frank Dudley

And there I was, again! 10 years old with a handful of fishing rod and all the time in the world. The morning sand was cool between my toes and damp like a week old dish towel.

My father's truck had done it again. The old green and silver Chevy was in such poor condition that my family referred to it as "the bad joke." But morning upon morning that summer it complained us down to the waiting beach and evening after evening complained us right back home again. It never once stalled or broke down or anything until years later when it just up and died on Drumgool Blvd. and would never move again. I guess God wanted it in heaven.

Anyhow, there I was, digging on my kid trip again, when my father began acting very strangely. He was some distance down the beach

from me and an hour or so had passed when he began jumping up and down, laughing and thrusting an extended index finger at something he had spotted in the receding tide. This mad ballet continued for some time, until curiosity moved me to where he was. My question, "What's up, Pop?" was answered instantly by the laughing giant who (as he paused to gulp some air) screamed "Piss Clams see the pis - ha ha ha." He was off and running again, laughing and pointing at a million streams of water shot straight into the air by some unseen power, hidden by sand and waves from my eyes. Piss Clams! What an indictment when even they have moved on to greener pastures.

In the time between then and now a lot has changed. My father is gone, the fish we pursued are gone, my childhood is gone and even the clear blue water is gone....

If you should find yourself walking in the vicinity of the Bayonne Bridge some foggy night, you're crazy! But while you are there, stroll on down to the water-front area which faces various oil storage tanks in N. J. Refineries (ah! how glorious to the eye is progress). Now, if the fog is dense enough and the hour late enough, you may see two or three of these oil companies pumping crude waste from rather large pipes right into the already bleak and diseased waters of the Kill Van Kull. I have seen this newest "wonder of the world" perhaps you have too. If not, forego your European plans for the coming summer and see America first.

Now, don't get me wrong. There is much more here than pollution. There is the - ah? Well, there's the - lemme see, ah? I guess there isn't much but pollution! However, if you should happen to be into pollution, then this country in general and this island in particular should be a veritable Disneyland for you. Why? There is (was) a vast wetlands area near Great Kills where animal and birdlife have been forced to give ground to a "D.S.N.Y. Landfil Project." In other words a very big garbage dump. You can still see beaver, muskrat and pheasant in the area, but not usually until after they've been crushed by the traffic on Richmond Avenue or Arthur Kill Road.

Then of course there are the great examples of unique local industrial architecture. The wonderful S.S. White Dental Works, the fantastic Nassau Smelting Co., Inc., the mysterious Procter and Gamble, and the very beautiful and talented U.S. Gypsum among others: all situated on the island perimeter, all spewing out smoke in the air, all dumping out shit in the water.

Yes, as the man in the commercial says...Come to my island.....my island????

After you've seen the sights and gone browsing in the quaint native shopping centers why not chance a dip in the crowded, lukewarm waters of picturesque South Beach. (Where the flying fishes play.)

If you've read the travel brochures you will know that that warmth is brought to you through the courtesy of the raw sewage pumped fresh daily right into the sea for your bathing enjoyment and pleasure. That is if you enjoy emerging from the water to find a thick black slime caked on your now enervated body. "Even seaweed doesn't grow there and even I don't go there. (I may be crazy, but I ain't stupid.)"

After a thorough medical check-up and inoculation to insure hepatitis prevention, your evening will be made a tapestry of adventure and intrigue by inlisting the aid of one of the many highly qualified local guides who in the course of your tour will point out such natural wonders as the half sunken hulls of old wooden ships in the muck off Howland Hook.

They'll take you off into the hills to point out the row upon row of quaint native huts (all alike) built upon swamps filled in a short five or ten years ago by some very resourceful land "developers," who have, over a period of time, mysteriously disappeared. The people in their homes wonder why their foundations have cracked. They wonder too where all that water in the basement playroom came from in the rainy season. (We know don't we? We have read our travel brochure and know enough to build on high dry ground. aren't we intellajunt?)

I have taken the tour myself and marvelled at the sights. During my island safari I wandered off from the group when we reached the horseshoe crab graveyard off the end of Hylan Boulevard. As I reached the top of a large dune, some activity below roused my curiosity. I remained quite still so as not to miss any of it.

And there I was again! Ten years old with a handful of fishing rod and all the time in the world. The morning sand was cold between my toes and damp like a week old dish towel.



Photo by Fred & Neil

# Nature's Ecological Balance

**“...Nature's engineered ecological balance can keep our natural resources, human life, animal life and plant life in harmony with one another. I can now show how man, the superior rational being, has come into the chain and destroyed all the links...”**

by Jeffrey Caspi

In nature we find definite rules of existence and a complex organization which causes the formation and survival of all the components of the earth which we refer to as works of mother nature.

Nature has set up its community interdependently. From the smallest to the largest, every part of nature is controlled by a simpler form. Air, rock, water and sunlight are the four sources from which come all living things and their environment. Sunlight gives plants the energy to complete their growing process. If, as example, sunlight causes the growth of a grass field which is eaten by a cow, which in turn is eaten by man, we have caused the growth of all three species of life by sunlight.

Nature begins her process with rocks. Lichen, root like fibres, secrete an acid which dissolves minerals from rock. Eating their way into the rocks, they prepare an entrance for moisture which may later freeze and crack off rock particles, the beginning of soil. In this initial soil, weeds or ferns may grow and die, adding their substance and building a deeper bed where seeds blown from trees by the wind may find food and moisture. The plants will slowly spread over the rock till at last the roots reach into the soil around it. The elements of every plant now taken root are built into a living plant through chlorophyll. The plant builds sugar out of sunlight, carbon dioxide and water. Photosyn-

thesis is the process of taking six molecules of water and six of carbon dioxide, a substance man is glad to see taken out of the air, and with the energy of sunlight builds plants life, releasing to the air molecules of free oxygen which man can use to breath. As plants die, they too add substance to the soil making it continuously richer. These plants are broken up into soil by a host of small creatures. Earthworms eat it and cast it out. Many of these small animals work to turn over the soil as a farmer would do. Beavers also play their part in increasing the capability of the land. One-tenth of all flat meadowland in the Rocky Mountains area has been built by the salt and organic remains that collected through the years in the ponds made by beavers. Now that we have established a healthy growing field or forest depending upon the soil stage of maturity, we can investigate what lives in this land.

The plants provide shelter, water and a food supply to insects, birds and other creatures. A caterpillar transforms the organic substance into the parts which it is composed of. It will later turn into a flying insect and carry pollen to fertilize the blossoms. Insects must have the power to multiply faster than their normal death rate. But if they multiply too quickly, they will destroy all the plant life which feeds them and will all die. If the trees are healthy, the amount of animals in the wood will be large. The mice, chipmunks and squirrels will be present, and the shrews will feed on the mice. If these smaller animals are present, they will attract higher and higher species of animal which feed on them to the ultimate species, man.

All the animals are controlled by each other, to enable them to play their particular roles more effectively. Great armies of rodents are controlled by the mice. The mice are controlled by the hawks. The grass feeding animals must be kept from destroying all the grass and not leaving enough standing to build new leaves and support the roots in good health. Well-fed grazing will survive attacks, but if it comes to the point that there are too many animals for the land to feed and yet be healthy, the animals will be underfed and be naturally reduced by wolves and coyotes. Wolves and coyotes are also controlled by hunger. Many animals will exist because of mutual protection. If their numbers are decreased, mutual protection breaks down and all will be killed by the force in nature which limits them. If all of a species leave an area, the area is lacking the link which this animal gives and the whole area may die.

We can now see how nature's engineered ecological balance can keep our natural resources, human life, animal life and plant life in harmony with one another. I can now show how man, the superior rational being, has come into the chain and destroyed all the links. I would like to cite several examples of how man has harmfully destroyed good land. If the rodents are left to multiply unchecked, they will destroy the field. Hawks are in nature's natural course near field to help limit these animals. In Montana, hawks have been pretty thoroughly extirpated over large areas by sportsmen and farmers. They have also done a good job of killing all the coyotes and wolves. Leaving the larger animals so numerous as to eat all the grass leaving none as a factory. Man has tried to overstock land for economical benefit.

In the Kaibab Forest in northern Arizona in 1905, the capacity of the range was 30,000. To increase deer numbers, the coyotes, wolves and lions were removed. By 1918, there was 40,000 deer and the plants began to show damage. By 1923, the herd was 100,000. During the next two winters, 60,000 deer starved to death. By 1939, only 10,000 were left struggling to survive on a very much damaged range.

Because of ignorance, lack of established responsibility and by pressure of competition,

man has actually opened the way for a desert to replace natural forests. As the animals eat all the grass, the hawks' nests become more visible to a hunter, they leave, and grasshoppers multiply. The hoofs compress the ground and kill the weakened grass roots. Annual grass replaces perennial grass.

Having smaller roots, less able to protect the soil, they replace the old grass quickly. A heavy crop of seeds from the new grass expands the food supply for rodents. Pressed by cattle, insects, rodents and drying soil, the grasses give way to other better adapted plants. With no cover, rain now carries away the good top soil. With the soil destruction, the stream flows become more irregular and violent causing floods and droughts. The valley lands have no watersheds anymore.

Man has also done his best to pollute or eliminate the basic building blocks of water and sunlight. By concentrating industrial activities in small geographical areas, man has created large quantities of pollution which have limited the passage of sunlight and polluted the area with more carbon than the already reduced plant life can remove.

Each user along a river, in turn, takes from the river, uses it, and defiles it, then returns it

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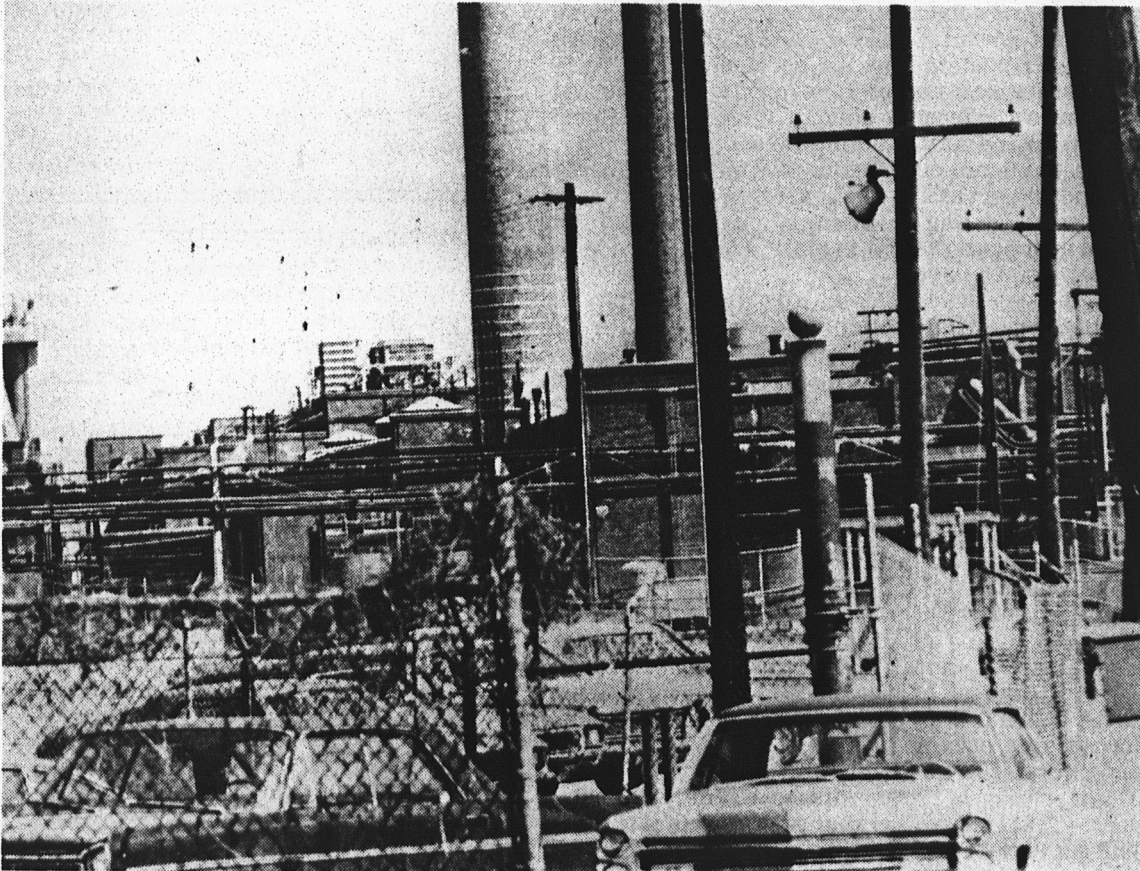


Photo by Fred & Neil



# Do You Eat?

"Take A Close Look"

By Ellen Hoffman

If you do eat, this article is about you and the poisonous foods you ingest daily. Virtually every bit has been treated with some chemical somewhere along the line. Dyes chemicals, emulsifiers, antioxidants, preservatives, flavor enhancers, buffers, noxious sprays, acidifiers, alkalizers, deodorants, moisteners, drying agents, gases, extenders, thickeners, disinfectants, fungicidal neutralizers, artificial sweeteners, anticaking and antifoaming agents, conditioners, curers, hydrolizers, hydrogenators, maturers, fortifiers and guess what? There's others.

Taking a close look at what you eat; those apples that are red succulent, unblemished are probably shot throughout from the peel down to the core with some of the most powerful poisons known. Prepared cake mixes don't contain eggs or shortening, but inexpensive chemicals that offer no nutritional value and have caused extensive organic damage and even death to lab animals. Butter, oleomargarine, cheeses and liquid oils contain coal tar dyes - lightly toxic and suspect as causes of cancer. Peanut butter is smothered by the addition of hydrogenated oil (linked with heart disease in man) and replaced with artificial peanut flavor.

The milk we drink contains Strontium 90 from H-bomb fallout adding better than 6 to 10 traces of poison, and odds of 1 to 10 that it contains antibiotics.

Frankfurters are almost sure to have sodium nitrite, nitrate preservatives and dyes to give them their reddish color. Chickens have antibiotics, arsenics and artificial sex hormones adding useless fat and water which you pay for.

The chemicals are the tool of the food technicians - a wizard who deceives, beguiles, and defrauds the public by making us think we're getting something we aren't. He can make stale products appear fresh. He permits unsanitary practices, masks inferior quality, substitutes nutritionally inferior or worthless chemicals for more costly ingredients. These chemicals, almost without exception perform their mission at the cost of destroying valuable Vitamins, minerals and enzymes; stripping food products of their natural, life-giving qualities.

This is perhaps a typical American family's Sunday dinner. (That is not to say that whoever ate this meal would get every chemical listed, but he would almost be sure to get many of them, along with others not mentioned



- |                            |                             |
|----------------------------|-----------------------------|
| Fruit juice                | Bread and rolls with butter |
| Roast beef with gravy      | Pickles                     |
| Sweet potatoes             | Apple pie with ice cream    |
| Peas (canned)              | Milk                        |
| Tossed salad with dressing | Coffee                      |

**FRUIT JUICES:** Benzoic acid (preservative) dimethyl polysilone (anti-foaming agent) DDT and related compounds, parathon or one of the other potent nerve gas pesticides; sacharin (chemical sweeteners)

**ROAST BEEF:** DDT and related compounds, methoxychlor, chlordane, heptachlor, tonaphene, lindane, benzene hexachloride, aldrin, dieldrin and other pesticides, particularly in the fatty parts, stillbestroll (artificial female sex hormone, aureomycin (antibiotic) mineral acid residue from wrapping paper.

**GRAVY:** DDT and other pesticides that were in the meat; antibiotics, products formed from the interaction between the chlorine dioxide bleach used on the flour and the flour nutrients. **SWEET POTATOES:** Pesticides such as dieldun, heptochlor, chlordane, ethylene, dibromide, coal tar dye, sulfuric preservatives.

**PEAS:** Magnesium chlorine (color retainer) magnesium carbonate (alkalizer) D. D. T. parathon, methonychlor, malathion.

**TOSSED SALAD (with dressing):** Sodium alginate, (stabilizer) monoisopropyl citrate (antioxidant to

prevent fat deterioration) D. D. T. and related compounds, phosphorus insecticides, weed killers. **BREAD AND ROLLS:** Products of bleach interaction in flour, ammonium chloride (dough conditioners) mono and diglycerides and polyonethylene (softener), ditertiary-butyl-para cresol (anti-oxydant), mitigated flour or coal tar dye (to give bakery products yellow color suggesting freshness.

### WHAT TO DO

The beginning point must be recognizing the problems existence, and that unless it is solved we are courting disaster. No progress can be made while it remains a secret of the advertising profession, to be ignored or withewashed.

If the problem is considered by any officially appointed body, that body should be kept independent of the pressures of industry and government, keep it away from the beurocrats and polticians with an ax to grind, away from scientists who owe their livelihood to industry and are more interested in proving that various food chemicals are safe, than in finding out if they are harmful.

Many of these chemicals and the hazards they pose could be stopped by honest legislation designed to protect consumers. There is no excuse for artificial sex-hormonnes, antibiotics, coal tar dyes, carcinogins, suspect emulsifiers and most of the other toxic substances in common use. Why should the consumer be forced to take the slightest risk from chemicals that offer no nutritional value? Why should we be asked to accomodate commercial interests at the risk of his own health and life? If the food industry is to be made responsible to the people that need their service (food), pressure is going to have to be brought on the interests controlling that industry. **FIND OUT WHATS GOING ON. READ LABELS**

# Earth Brother News FOOD

by Bob Baker

It is advantageous to your health and awareness to control your eating habits. Read all ingredients on the labels of food you buy and don't buy poisons for dinners. Watch out for the "Pure Food" hype that a lot of the big manufacturers are coming down with. Don't believe the commercials and don't rationalize that millions of people eat this way. Think about the source of your food, and the various ways nutritive factors have been removed to be fed to animals to keep them healthy. (Wheat germ, for example, is removed from wheat in the production of white flour and fed to pigs to insure that they bear healthy offspring. Meantime, the U.S. ranks far below other nations in infant mortality per thousand births).

Avoid all processed foods, foods with additives, "preservatives" and artificial flavorings.

Try to keep your diet to natural, unprocessed foods. You'll eat less this way, it'll cost you less in the long run, you'll be healthier, probably live longer than you'd live on processed foods, and you'll have healthy children. It's hard to break eating habits, but when you see the results in yourself, you'll easily be convinced of the value of a natural diet.

There are many different diet theories. Read and experiment to find out what's for you. Aim for better health, increased energy levels, a clearer mind, efficiency of digestion.

Meanwhile, you can experiment with good, high-energy foods. Make pancakes from whole wheat flour and add wheat germ, eggs, and powdered milk. Wheat germ, powdered milk, and brewer's yeast are great additives to many foods. They raise the protein and B vitamin content levels significantly. Great in cooked and uncooked cereals. Mix eggs with powdered or whole milk, add a little wheat germ or brewer's yeast, then scramble them or use the mixture for French toast...with whole grain bread.

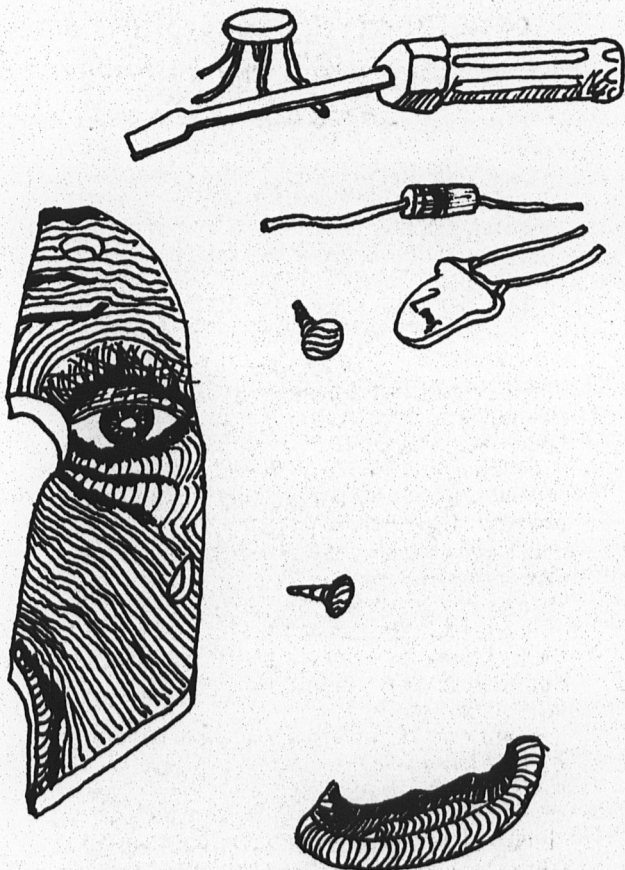
Always use honey or molasses instead of sugar. White sugar is negative energy...depletes the body of calcium and B vitamins, helps cancer cells metabolize.

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# The Attempt Is Only Yours To Make

Continued from page 3

*"You lose something in that understanding that all men should have access to anything for pain and pleasure freely within reach, when you assume the lack of responsibility that lets you drop a cigarette pack on the ground."*



possible. Have you imagined in your wildest dreams or felt at the bottom of the deepest ambiguity as soon as your hand lets go of that pack, that the pack meant nothing. It, of course, being only paper. Yet that the action of throwing it away possibly could mean something. If you felt even the slightest bit uncomfortable about it, what do you think it was connected to within what you might have wanted to feel about it or thought you might have wanted to feel about it?

During feudal times people threw their garbage out of windows. The reason being that they had no adequate disposal system and there was plenty of space anyway. However, that did not have too much bearing on the present situation where now we don't have plenty of space anymore even with an adequate disposal system. The point is, do you think that the people during feudal period should have thrown their garbage out of the window and for what reason? Is the excuse of enough space, excuse enough to allow a degeneration within yourself where you do not take the responsibility for that garbage out of the window? Perhaps there was a plant growing in the place where the garbage fell and that plant was only beautiful to one person in the world. Who would take the responsibility that denies another person his desire for mental pain or pleasure? It does not have to be garbage that might fall on that plant. But garbage is a clear example for the lack of interest we have for what we consume. The Indians did not even scratch the earth without the understanding and respect they had for its ways as expressed in Nature.

You lose something in that understanding that all men should have access to anything for pain and pleasure freely within reach, when you assume the lack of responsibility that lets you drop a cigarette pack on the ground. Start your imagination. One cigarette pack on the ground won't infringe too much on someone else, right? But how many will? You can see that any attempt to justify the first question is a gross misfortune for humanity in human terms and not merely in paper terms.

You make an unfounded presumption that that space is entirely yours to do what you will with it. Especially if you are going to walk away. One group of people decide to take irresponsible ownership of a piece of land and deny certain peculiarities of that piece to others. For what reason? One repugnant reason some of these people might say or have said is that they "settled" there first. Or they subsequently bought it from whoever settled there first. Philosophically I might begin to present the argument and lead you to realize how unfoundedly ridiculous it is for one person or group to presume that a certain piece is there solely for their taking, all they have to do is "settle" there.

Let us now look at an extreme from that presumption: there are people on this Earth who have no home or no sufficient home. Yet they might live in the space of another man's home that is much more than he needs for his own

physical comfort. Yet these people outside of his realm seek even the simplest comfort in the form of protection. Who took the responsibility in the first place that was greater than their's. Who had so much audacity as to say that he should have such a sized home even if he didn't need or use all of it.

You can see that this must be about the same time that man took it upon himself to say that it was perfectly all right for another man to do his work for him. The example of the home is only one of many physical comforts we use in excess and therefore to the exclusion of others.

You might be able to see now that perhaps no one has the right to even claim a piece of land that only provides the simplest comforts and deny those to someone else. Perhaps all should be able to feel comfortable anyplace at anytime without that fear of exclusion. But the question is too philosophical for now and I will not have you hide behind opposite arguments in order to dim the reality of the present extremities.

Governments and certain Religions construct huge structures that are supposed to emit the feeling of authority by their sheer size. We say that that size is symbolic of the authority. Since when has authority had anything to do with size? Authority is in the mind not in the size of a building.

The home is first in the mind and then in a simple structure that will provide simple protection from the harsh elements. How many people do you know that buy the home that they do in order to find a home within the mind?

Authority is that body of knowledge which succeedingly has found that the same truths hold in a given situation. Authority has to do with human welfare not unchanging dogmatic rules and codes. The uncritical appeal and acceptance of authority without regard to human welfare but regard only to the not changing of rules and codes simply for their own sake is authoritarianism.

Do you think that by their very nature these institutions (governments, certain religions) are authoritarianistic instead of having grasped pure authority which must always change and adapt in its quest for knowledge?

Do you realize the very defined limitations such institutions have upon the furthering of a single personal life or do you blindly cast yourself into the illusion of authority it would like you to believe for its own interest?

When through the preceding example, and that of the cigarette pack (the action of throwing it away) you lose something in that understanding of yourself it logically hinders furthering knowledge of yourself and thereby the inability to actualize. And what did we say about when

***Governments and certain religions construct huge structures that are supposed to emit the feeling of authority by their sheer size..... Since when has authority had anything to do with size?***

**You become or?**

Our collective purpose is to continue along the mainstream of evolution. To do that we must have a sense of value from the understanding of our feelings and desires. We must know what it means to grow as a person singly. Then we can see how all persons must grow collectively with those same values from feelings that do not interfere with anyone else's. It is obvious to all of us now, how since we have not been able to deal with our feelings and formed the correct values thereof, how it is a strong possibility that the mainstream of evolution may too soon be cut drastically short!

When was the last time you were truly happy? By that I mean when was the last time that you realized a situation before you (that either was a problem for your own self-understanding, self-clarification or was a problem from someone else for you to deal with, I mean Challenge), and you were able to apply your wits and will to use it

*“Our collective purpose is to continue along the mainstream of evolution. To do that we must have a sense of value from the understanding of our feelings and desires.”*

to make you a better human being. You had to first take the responsibility for yourself and then had the will to action.

You can see that the word happy, is meant to be the satisfaction when overcoming personal and interpersonal challenge. Not physical challenge. The overcoming of physical challenge is not happiness, it is comfort. The type of house, the type of car, etc., etc., is not what will make you happy. It is what will make you comfortable. So don't delude any longer that these physical obstacles which you feel you must overcome will make you happy when you have finally overcome them. They will make you comfortable. They will not make you a better human being. They will make you a more comfortable human being (or probably in your case, if you see them as that much of an obstacle, a more comfortable half-human being).

They are wrong when they tell you that technology will help you to lead a better life. They are wrong from a distance (it is a debatable philosophical point that civilization as we know it and subsequently it's technology is

inhuman). But more they are wrong from the very next thing which you will try to do. You will try to do what is not your idea of a better life, but simply out of confusion and desperation you will try to prove them right. You try to live by that technology and see if it will give you that freedom you seek through understanding. It can't possibly, because it is not by your rules that you play this match. Technology has its rules which are undeniable if you decide to play at all. Such as you need this amount to have this—go out and get it—that puts you to further mental losses. Finally your words are no longer your own. You simply repeat someone else's, and think they are your own. You hope you have found your life when it has been found for you and rammed down your gullible, confused throat.

Your initial confusion to think that any physical thing could bring mental happiness in terms of responsibility, self-discipline, will power and the prime desire to further create yourself in the embodiment of values that could only provide more harmony and happiness was erroneous, imbecilic, obviously opposite becoming human and therefore self-destructive.

There is an obvious lack of honesty stemming from the confusion you have about what those things are that can truly put you on your way to becoming a better human being or in most cases a human being at all.

You are walking from the theater with your girl acquaintance. Arm in arm you walk towards your splendid car parked where ever it is. (You don't love her because you don't know what that word means if it is a splendid car you must have which you think will make you “happy” by impressing her and all the other ways you use it to dismiss personal challenge. Oh, but you say let's not forget the other side of the coin. You say there are certainly other rationalizations for owning a car. You're right but verbalize them to yourself and see how many you imposed on yourself and how many the exterior situation imposed on you. Is that exterior situation being fair to you? Or did it infect you with the idea that a splendid car will make you “happy”, instead of telling the truth about how one cannot substitute inanimate physical things for dynamic, growing, changing human levels of awareness?).

Anyway, there it is, your splendid car and here is this girl you can't love yet because of it, and here comes this dog and it urinates right on your tire. There's the owner who knows it's your car but does nothing because he also knows that a dog should urinate where it feels like and that there has not been any damage done. He knows that what has been done is simply that his dog has urinated. No great mental contest. He nor the dog have challenged your dignity as a person. For cars have no place in establishing the dignity of persons. They have only a place in establishing the comfort of persons. He has not squandered in any great way on your right to feel mental pain or pleasure from anything. Again, a

car is a degree of comfortability not a means to mental pain or pleasure, because it is not dynamic emotion. (That statement depends on the particular level of awareness in question, of course. But let us just establish that the statement is true for anyone who is concerned with human problems).

Now, what is your honest response to this situation? In your capacity, of course, to comprehend honest in human terms. Do you realize the owner's realization and simply say to him in all sincerity, "Did your dog have a nice urination?", and then get in and drive off like nothing really happened to the function of your car since nothing really did.

Do you show your failure to grasp internal human problems within yourself and tell him how inconsiderate he is to allow his dog to urinate on your beautiful tire. In the showing of your failure you let it leak where your priorities lie in the way you think you are discovering yourself. You let it leak what erroneous presumptions you have made about the values you have accepted in trying to live your life.

Your response to this situation, if you own the car or if you use other physical things in the same way, would be the latter. Now, you can see that it is not even an honest response. Because honest implies a clarity or a seeming clarity of that basis of meaning of human life (non-confusion about what it means to be human). At most what the response could be is an attempt to be honest within the particular level of awareness. It is an attempt to be honest as best as you can within the values you have accepted. It is honesty, in human terms, which is the vehicle for that clarity of meaning, that principle thrust in life, in human terms. From that clarity of meaning which honesty will perpetrate, responsibility for your actions will begin to emerge. You will begin to become mature. From that responsibility will come happiness in dealing with challenge.

I challenge you to prove me wrong. Not wrong about my meaning of life, but wrong that I don't think you can shake yourself loose from all of the confusion and repression in your life. Wrong that I think you are so far gone from beginning to become yourself, so inhuman, so desperately self-destructive, that I shouldn't just throw in the towel and go off into the mountains for as long as I can because you have made life so unbearable for yourself and me. You will prove me right in a small way now, and in many other small ways as we go along that road, if you look back of what I have said and try to find some loophole to hide behind..

I can't step into the street without the fear that you might snap at any second and go to a roof top with a rifle to pick-off another 13 persons. And I know your mind was not chemically unbalanced, I know you were not meant to be insane, you were driven to it!

# EARTH BROTHER NEWS...

Continued from page 13

**Another Hi-Energy Breakfast!**  
Bowl of wheat germ with toasted rolled oats, brewers yeast, powdered milk, chopped nuts (especially almonds, high in vitamin B17, fresh and dried fruit honey, add milk and crunch it up!!

This isn't for women only. Men can cook and learn about food too. Don't eat hamburgers, or meat, potatoes and some kind of vegetable every night because it's what is put in front of you. Dig on good food for yourself, for your body.

## HEALTHFUL FOOD LIST

Fruit and fruit juice (always fresh—never with sugar)

Fresh vegetables—grow your own this summer—it's fun!

Cheese, eggs, milk, butter, vegetable oil—cold-pressed whole, without additives

All nuts, especially almonds

Raisins and unsulphered dried fruit

Wheat germ

Whole grain flour for bread, cakes, pies, cookies (sweeten with honey)

Beans, lentils, peas

Spices and herbs

Herbal teas

Whole grains (rice, wheat, corn—try popcorn with seasalt and good oil)

Hand ground flour

Beansprouts (mung, soy, alfalfa)

Honey, unsulphered molasses

Powdered milk for a protein supplement in baking, shakes (add to whole milk with honey and banana)

Tamari sauce

Bean curd

Whole wheat noodles

Concentrated orange juice (excellent vitamin C source).

We'll have some good recipes for you soon—right now the typist wants to get outside and dig the day...Outta sight!

Good ole Mother Earth—she's seen a lot of coming and going—now she's waiting for us to get her out of the fix she's in...Been put into by the same folks who robbed your food of its value and flavor.

Stay aware.....stay high.



by June Panagakos

Many years ago, before large scale farming and modern food production methods, people took the special pleasures of fresh, natural and unrefined food for granted.

Fresh home grown fruits and vegetables are now being frozen, canned, and chemically infested. Cracked wheat, raisin pumpernickle and seeded rye were baked at least once a week. Now we have plastic wrapped, bleached, enriched, refined, preserved bread (which in most cases doesn't have enough nutrients to keep a lab mouse alive). It was not even only a 100 years ago that pesticides, herbicides and chemical fertilizer were unheard of. Now a human being is born with ever-increasing percentages of hundreds of chemicals.

At this point you have probably gotten sick and tired of hearing all this talk about the shit you eat and call food. And that is understandable. A serious problem such as this is being regarded as a fad and the consumer is being abused. Advertisers have polluted our minds about how wonderful their body-building bread is, how healthy and great tasting their 25 cent hamburgers and franks are. How low calorie their soda is. In supermarkets and health food stores people are buying the same products with an "organic" label and paying double or more.

There are ways of escaping this suicidal bullshit. One solution is to grow an organic garden of your own. If you don't have an outdoor garden, have an indoor or window box garden and plant 1 or 2 vegetables. Share your friends and neighbors' also plant gardens and trade foodstuffs with them.

Another must is to read all labels and become aware of what you are eating. If you don't become scared by the names look them up and see what they are and what they can do to you.

Try not, or as little as possible, to eat meat (its loaded with chemicals).

1. The alternatives for meat have as much as or more protein than meat. (Legumes - peas, lentils and beans — 10 times more protein; leafy vegetables 15 times more protein. spinach — 26 times more protein than beef per acre.

2. Edible protein is being wasted on breeding livestock. Livestock consumes about 78 per cent of our grain, 89 per cent our corn, 98 per cent of grass sorghum, 87 per cent oats, 64 per cent of barley. In addition, in one year, 950,000 tons of fish were fed to

livestock to produce 20 million tons of protein. The protein production ratio is 21 to 1. This means, for instance, a cow is fed 21 tons of protein to produce one ton of protein.

3. As far as chemicals and pesticides are concerned there is a higher concentration in meat than in grains or vegetables.

4. One third of land on the continent is used for grazing. An acre of cereal produces five times more protein than one acre devoted to livestock.

In one year 18 million tons of protein was wasted. That is 90 per cent of the years protein deficit. If this protein was available for man's use, the food supply of the world would increase 35 per cent. This protein waste is so unnecessary. In the U. S. 16 per cent of people whose income is lower than 2,000 dollars have nutritional deficiencies.

Even though protein is so precious more value is placed on fat — because it "tastes better." There are better tasting, more nourishing foods than what is in the supermarket. There are different diets that one may follow — vegetarian, lacto-vegetarian, dairy included, ovo-lacto-vegetarian, eggs and dairy, frutarian (there have been diet deficiencies reported), yoga, macrobiotic, etc.

Because each person's food requirements and tastes vary so much, none of the above diets might satisfy you. The ovo-lacto-vegetarian diet practically guarantees good to excellent nutritive standards.

There are a few basic ideas you should become conscious of. The less you eat the healthier you will be (that doesn't mean starvation diet). But a fast one in a while can do wonders for the spirit as well as the body. Always wash (scrub) fruits and vegetables. Cut down on or cut out meat. Increase on whole grains. Cut down or cut out sugar. Do not eat "snack food." Never eat hot dogs or cheap hamburgers. "Convenience foods" — T. V. Dinners, frozen and canned food — have an uncertain nutritional value and, in some cases, none at all.

Obesity is one of the most serious medical problems in the country. One reason is due to the "empty calorie" foods that replace basic nutritional foods. People are under the impression that "health foods taste terrible." But the truth is that good tasting food can be good for you.

#### FURTHER INFORMATION—WHERE TO, HOW TO

Wade Carlson; *Carlson Wades' health food recipes for gourmet cooking.*

Walker; N. W.; *Raw Vegetable juices*  
Balfour, Michael; *The Health Food Guide*  
DeSola, Ralph & Dorothy; *A Dictionary of Cooking*  
Skreczko, Lynne; *The Natural Guide to Health Food Stores and Restaurants in and Around New York City.*

**MAIL ORDER where to get food (Organic Directory, Rodale Press)**

Deer Valley Farm, Guilford, N.Y. 13780  
Natural Sales Co. PO Box 25, Pittsburgh, Pennsylvania 15230  
Walnut Acres, Penns Creek, Pennsylvania 17862  
Lang Apiaries, Gasport, N.Y. 14067

## Cookbooks

Bragg, Paul C.: 4th Generation Health Food Cookbook and menus  
Fathman, George: Live Foods  
Kordel, Selford: Cook Right—Live Longer  
Lappe, Francis Moore: Diet for a Small Planet  
Miller, Margorie: Introduction to Health Food  
Hewitt, Jean (the New York Times Natural Foods Cookbook)

## Where to Get "Food" in and about town

Midwood Health Food Store  
E. 14th St. & Ave. M

Boro Park Natural Health Food Center  
5203 13th Ave.

Brighton Special Foods  
Brighton Beach Ave.

Canarsie Health Food Store  
1368 Rockaway Parkway

Good Earth  
1336 First Ave. (72 St.)

Stameno Natural Food  
8314 5th Ave.

The Magic Shop  
56 Irving Place

Integral Yoga Natural Foods  
227 W. 13th St. (929-0585)

Panacea  
323 Third Ave. (24 St.)

Creative Health Foods  
2805 Broadway

Sunny Health Food Stores  
972 Lexington Ave. (71st St.)

Down on the Farm  
314 W. 11th St. (Hudson St.)

Paradox  
64 E. 7th St. (Bet. 1 & 2 Ave.)

Well Tempered Kitchen  
2080 Broadway at 72nd

Super Natural Foods  
142 E. 34th St., N.Y. (532-6777)

Sweet Mother Earth  
158 Canal St., Stapleton, S.I.

**This is a partial list—Have a look around, it's good for you.**

ENVIRONMENTAL AWARENESS

# Nature's Balance

Continued from page 11.

with its load of refuse to the river for the next user to get from it what service he can. As cities grew along the river, this didn't present a problem because nature had enough water to dilute the waste. With the multiplication of cities and their discharge, unsupportable poisons from factories, offal from the slaughter houses, and raw sewage from homes, cleansing plants were killed, oxygen was used up, and the filtering gravel was exhausted. Today the water supply for many of our cities water systems is a dark chocolate, colored fluid. Where the water increases in volume, it becomes a liquid mud from erosion of destroyed forests and grass lands.

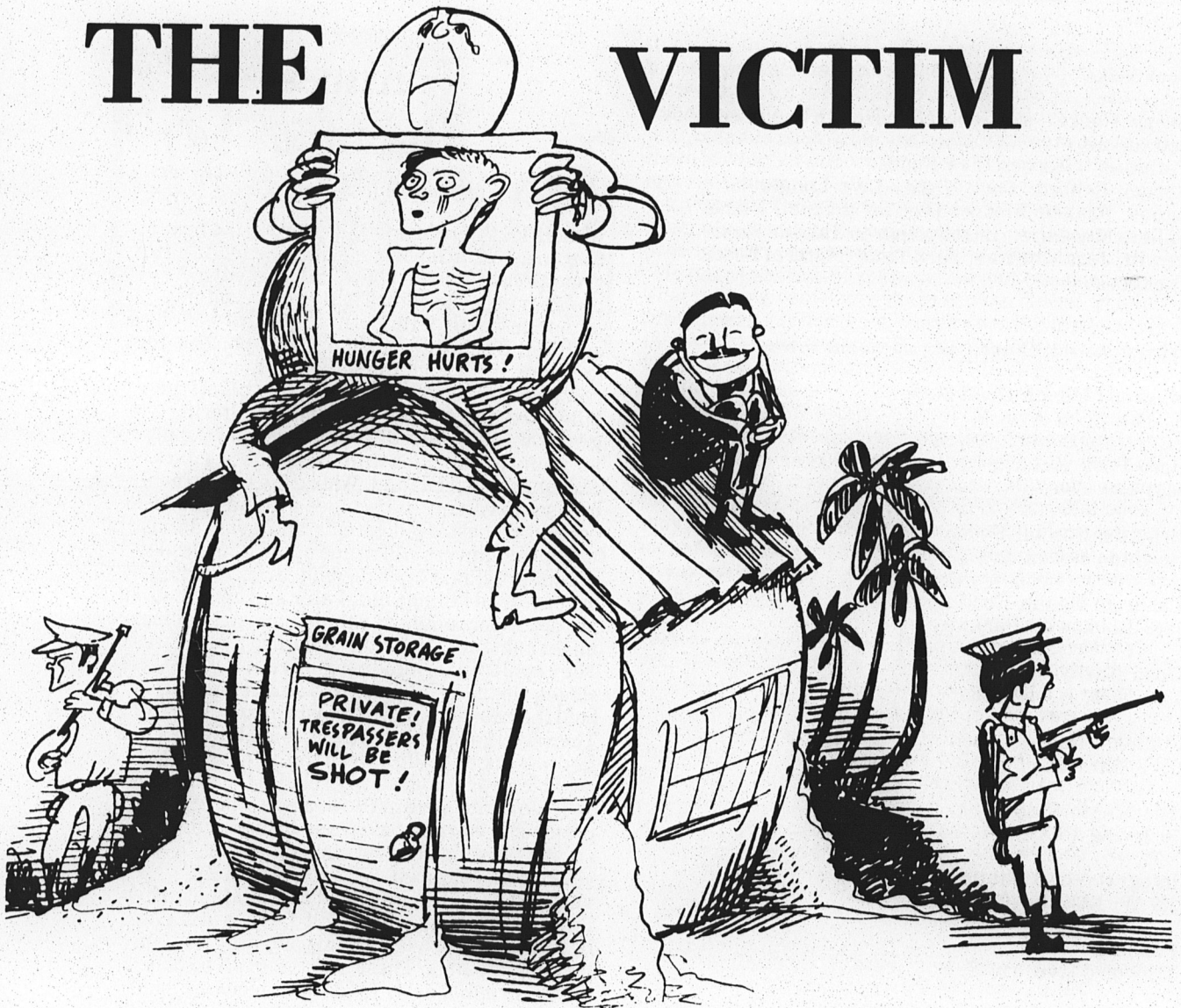
Some engineers will argue against my issues of poor grazing, over-breeding, overcrowding, uncontrolled killings and water and air pollution. My opponents might say that modern machinery might substitute for some of nature's processes. They could fill the eroding gullies and build level ridges along the hillsides to stabilize the soil, hold the rain and so give moisture to the earth. Then seeds of grass and trees could take root and find a chance for life. Given this start, nature could take over and slowly rebuild the ruined soil. Man can move cattle to areas where they previously could not exist and by injecting certain missing elements into their diet, they could exist very well. With a synthetic environment, and an imported cow adapted to live in it, overgrazing will be ended. The water can be purified by sewer systems and properly run treatment plants. These things can all be done but the original destruction is unnecessary and all of these processes are expensive and beyond the immediate means of many communities. All of these arguments against my point go to stress my second major point. "The new discipline of ecological engineering holds the key to survival of the human race on earth. He is the one who will make people realize that the soil is where man must derive his water from. He will develop in man the understanding to govern his intelligence with wisdom. He can emphasize the team work and delicate balance existing between the different forces that keep life functioning. With his knowledge, we will use nature's resources without destroying them. These resources can be renewed and made more productive with use."

I would like to end as John H. Stoer did in "Web of Life" with a short quote from Allan Paton's "Cry the Beloved Country," speaking of grass, "Keep it, guard it, care for it, for it keeps man, guards man, cares for man. Destroy it and man is DESTROYED."

## BIBLIOGRAPHY

Web of Life, John H. Stoer

# THE VICTIM



(Reprint from Ecology-Power and People)

America is a have-not nation.

After years of waste and misuses corporations have used up many of our vital raw materials. Since the 1940s American companies have grabbed large holdings in more and more Third World countries to get these resources, the fuel for their runaway production.

And the outcome?

American corporations and the powerful men who own and control them have reaped staggering profits.

Many Americans have lots of stuff but it's hard to say whether their lives are any easier or happier. Many others are still poor and hungry. And we've all been left with the mess.

So far, most of the people demonstrating against the mess and talking about ecology have been college students, suburban housewives,

doctors, engineers, lawyers - by and large, middle class people.

Their complaints are legitimate. But there are many people in America and the rest of the world who suffer much more from pollution and the system which causes it.

In America, they are black, brown and white working people, who are squeezed into cities and crowded together. They are the people with the worst jobs, the ones that leave you deaf. They are exposed to the most concentrated poisons, the kind that rot away lungs.

They are the ones who have to live around industrial "parks." You don't find factories in nice suburban neighborhoods.

They are less likely to have cars or the money to take long trips. A few extra National Parks don't mean much to them.

They are the people that population control advocates were talking about at the American



Association for the Advancement of Science meeting of December 1968. These scientists recommended that urban planners build future cities more compact and narrow, so that the sheer psychological pressure of overcrowding would force people to have fewer kids.

It's the same story in rural areas. The poorest people, the ones that do the real labor, are the ones who have to stoop over fields covered with poisonous chemical dust. In California, growers have been known to spray fields while people were working in them!

It doesn't end here. The ecological piracy which has exhausted America extends beyond our borders. All over the world, people in underdeveloped countries are seeing their own natural resources dug up, cut down, and pumped away. The signs on the plant gates carry names like Standard Oil, Anaconda, or United Fruit. The people know that they will never see a penny of the profits from these mines and plantations and factories. The big American companies divide their take with the rich overlords who control the land.

This is called imperialism. Imperialism lets American companies get cheaply from other countries what they have used up and need at home; it lets them convert these countries into captive markets for over-priced American goods; it lets them get away with moving factories overseas and paying dirt-cheap wages to desperate workers who have no other choice.

What big American companies do dirty at home, they do much dirtier in Brazil, or Indonesia, or Ghana. In these places no officials will bug them about sooty smokestacks, oil slicks, dangerous pesticides, or unhealthy working conditions.

In Brazil, most of the good land is controlled by American companies like United Fruit, Standard Fruit, W. P. Grace Co. and Bank of America. These companies grow non-food cash crops, like coffee, in a country which should be one of the richest food producers in the world and instead is one of the poorest. They grow their crops on huge jungle plantations, on sensitive but fertile tropical soils. George Borgstrom, in his book *The Hungry Planet*, tells what happens to this farmland in a section called "Coffee on the March" (p.329):

In Peru, American mining corporations pay Indians up to one dollar a day to mine copper in the Andes mountains. Here is one description of those mines

There are about 100,000 Indians employed in the big sierra mines. where conditions (minerals lie at up to 17,000 feet above sea level) and poisonous fumes make a man of thirty-five look sixty - if he has survived that long in the first place. Many companies...distribute coca (which produces cocaine when chewed) to the Indians before they enter the pits so as to render them semi-unconscious of dangers, hardships, and the internal pains the fumes create. (J. Gerassi, *The Great Fear in Latin America*, p.129)

The almost predatory exploitations by the coffee planters have ruined a considerable portion of Brazil's soil. In many areas, these abandoned coffee lands are so ruined that they can hardly ever be restored to crop production.... Therefore, the coffee plantations have always been on the march, grabbing new land and leaving behind eroded or impoverished soils.... This march of the coffee plantations over the wide expanses of Brazil has been likened to a devastating giant wave.... In some of these early coffee regions the abandoned soil is so crisscrossed by ravines and gullies that it almost resembles a lunar landscape.

Should Brazil be called "Brazil the Overpopulated?" Or should it be called "Brazil the Raped?" It is no coincidence that American corporations dominate the economy of many of the world's poorest and hungriest countries.

Peru, Brazil - the list could go on and on. It could include South Africa, where black men are paid slave wages to build Ford cars.

Or Liberia, whose rubber plantations yield Firestone average net profits three times as great as the entire Liberian national revenue.

Or the Dominican Republic, scene of American military intervention in 1965, where American companies own the best plantation land on the island, make big profits from sugar crops, and pay hungry Dominicans about a dollar a day.

And the list would have to include Vietnam.

## End Of The World...

Continued from page 7

you imagine what this country may be going through in the coming months.

Initially, I found myself torn between total apathy and hysteria. Instead of writing this story, I wandered around the apartment and began solitaire for the first time in 10 years. But then the shock wears off and

there is nothing to do but follow through any way you can. The urgency is very great. But is tempered by the fear of sounding fanatic. How do you react to someone screaming at you the world is going to end? So in this article - and in follow-up articles - I will try very hard not to scream.

I guess for me the ultimate

image was Dr. Donella Meadows, wife of the team leader, sitting on a platform with the other young scientists (average age 26) addressing the packed hall. Like her husband, she talked with warmth and calm clarity. And when she stood up we saw she was pregnant. To know what she knows - and to be pregnant. It seems the only way to do it.

# Overpopulation...

## Adoption Procedures & What You Can Do

Continued from page 5

### Adoption:

About a hundred thousand adoptions occur yearly in the U.S. and this figure is increasing. 3% of the children born each year is an adopted child. In order to adopt, the party wishing adoption must bring a petition before the proper state court. After the hearing, the court will grant a provisional decree if the party is in best interest of the

child. A test period follows, where the child to be adopted lives with the partitioners. The State Department of Welfare makes periodic investigations. If the test period is successful (6 mo.-2 yrs.) a final decree of adoption is granted. The laws are changing and adoption is being made easier and quicker.

For adoption agencies in N.Y. write:

Dept. of Social Welfare  
Bureau of Child Welfare  
112 State Street.  
Albany, N.Y.

### What You Can Do:

1. Limit your own family to 2, and if you desire a larger family adopt.
2. Use effective birth control measures, thus preventing the need for abortions.
3. Work with organizations to educate the people on population control, (better birth control methods, better clinics and open to all.)

4. Support plans for aid on population control and food production in other countries.

5. Work actively and support political candidates in your area who are aware of the population problem and who support strong legislation aimed at solving the population problem.

6. Contact clubs, medical societies, professional organizations, etc., in your area about the possibility of having a program on the population problem.

7. Contact schools in your area. Suggest they have a program on the population problem. Suggest films, speakers, and distribute literature. These can be made available by Zero Population Growth or Planned Parenthood.

8. Write to local newspapers, local legislators, congressmen, etc. Imagine the effect of legislatures being flooded with mail each month on the population problem!

*For more information write to any of these organizations:*

*Zero Population Growth  
Box 259 Village Station  
New York, N.Y. 10014  
929-0450*

*Planned Parenthood N.Y.C.  
300 Park Ave. South  
N.Y., N.Y. 10010  
777-2002*

*Planned Parenthood-World Population  
515 Madison Ave.  
N.Y., N.Y. 10022*

*Association for Voluntary Sterilization  
14 West 40th Street  
N.Y., N.Y.  
524-2344*

*Association for the Study of Abortion  
120 West 57th Street  
N.Y., N.Y. 10019*

*Population Council  
245 Park Ave.  
N.Y., N.Y. 10017*

*Campaign to Check the Population Explosion  
Hugh Moore Fund  
60 East 42nd Street  
N.Y., N.Y. 10017  
986-6469*

*Sierra Club  
1050 Mills Tower  
San Francisco, California 94104*

*Environmental Defense Fund  
P.O. Drawer 740  
Stony Brook, N.Y. 11790*

*Friends Of the Earth (FOE)  
30 East 42nd Street  
N.Y., N.Y. 10017*

*Population Reference Bureau  
1755 Massachusetts Ave., N.W.  
Washington, D.C. 20036*

# Highways

by Rosemary Longo

In the United States, we have 4 million square miles of highway pavement and if all the sand, gravel, and crushed stone used for that pavement were wrapped around the world, it would form a belt 50 feet wide and 9 feet high. Half of the land area of cities is used for cars and their facilities (highways, garages, etc.) For every one square mile of land in this country, there is a mile of road. Over 1/2 million acres of farmland is taken over each year for highways, cities, and airports.

If one lane of a freeway were a railroad, it could carry 40,000 people an hour. A bus lane could carry 30,000. But at great cost we build freeways that transport only 3,000 people per hour, using autos that pollute the air and require 10 to 20 per cent of the downtown area for parking alone.

One cloverleaf takes 40 to 80 acres of land and transportation accounts for 1.1 per cent of the total land area in America.

The federal government allots \$5 billion a year for highway construction while only \$3.1 billion, over a five year period, for mass transit. The state has spent \$320 billion on highway needs over a 15 year period.

However, the results of the enormous public spending for highways are clear to anyone who



Photo by Fred & Neil

has tried to make his or her way through city streets: massive congestion, increased pollution, a hampering of mass transit (as city buses battle autos for inadequate street space), and a decrease in sanitation (since parked cars hamper refuse collection and prevent the sweeping of the streets). It is incredible that all this money was spent on highways while the inner city and commuter mass transit systems are at the point of extinction.

You cannot build miles of highways through an urban center and think you have helped transportation if in fact you have simply displaced families, cut down a neighborhood, and increased pollution and congestion.

There are presently 85 million cars in the United States - one for every 2.4 people. One effect of all these cars has been to increase pollution levels. One study states that autos are responsible for 60 per cent of air pollution, 92 per cent of carbon monoxide, 63 per cent of hydrocarbons, 46 per cent of nitrogen oxides, and 8 per cent of particulates. Another study, using 1968 figures, showed that transportation was responsible for 63.8 million tons of carbon monoxide, .8 million tons sulfur oxides, 8.1 million tons nitrogen oxides, 16.6 million tons hydrocarbons, and 1.2 million tons of particulates. The total was 90.5 million tons of air pollution.

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## To Catch Us

*Does impending doom,  
Behind our backs,  
Trode in boots heavily  
Enough for us to have  
Heard it and either  
Run in time  
in time*

*or  
Stand fast and measure  
Our wits against  
Our selves?*

*Does the silent, everpresent  
Danger of falling instantly  
Into our graves  
where we stand,  
Jolt our wisdom  
or  
Hurl us into insanity?*

*Perhaps we do not believe  
in any sanity  
And we are so far ahead  
of our time  
And we are so far removed-  
from any vanity*

*These boots have  
Tread and Trod : %  
Through cold and colder  
Ages-  
Long and fast,  
To catch us  
Closer to now and here:  
So far removed from our  
vanity,  
So much in light of our  
insanity,  
So far behind in our  
own  
time.*

*Joseph Cortese*

### Environmental Awareness

The people responsible for Environmental Awareness:

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Fred  
Neil Herschkowitz  
Ritchie Muellem  
Bob Baker  
Ecology — People & Power

Ecology is about everything that makes life possible. It is about the fact that all these things depend on each other, and *if one goes, all suffer*—just like a house of cards.  
*Ecology is a matter of balance: the balance of life.*