

CUNY'S NIGHTMARE

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## **ACADEMY BUS ACCIDENT**

By Jennifer Valle

"I'm so angry I could eat railroad spikes," stated John Vidnanski, Academy bus driver. Academy Bus #229 collided with a cab from Staten Island Cars on October 25, 1994 at 4:25 pm.

According to witnesses, Mr. Vidnanski was making a turn on Clove Road when an unidentified driver of the Staten Island Cars tried to cut off the bus. None of the parties present sustained injuries when the bus and taxi collided. One student stated, "John said he looked and the next thing we knew, the car was next to us." According to Vidnanski, "No students were injured. They didn't even know anything had happened until we heard the scrape and I immediately hit the brake."

Academy bus driver Steve Malinowski stated, "Big John (Vidnanski) was making a turn on Clove Road. He was into the turn when a Staten Island Car (taxi service) didn't want to wait and both the taxi and Academy bus collided." He continued, "I don't know, the other

guy (taxi driver) told him (Vidnanski) he was not hurt but when the EMT got there, he (taxi driver) started to complain of a back ache."

"I was surprised, John is usually very careful. I know it wasn't his fault," stated student Diana Rodriguez who was a passenger on the bus when the incident occurred.

A police officer at the scene explained that the Academy bus was 'clearly not at fault' and stated, "The blame is on the cab, he apparently tried to beat him in the turn. He will be getting a summons."

According to the officer, the taxi was already damaged before the encounter with the Academy bus. The bus sustained a minor scrape of a side bumper while the taxi received a crunched sideview mirror. Angry with this incident John stated, "I had my turn signal on. I was in my turn and he (taxi) tried to get around me and make the turn before me."

One student, Margaret Walsh, stated, "They've (Staten Island Car service) been tempting fate. People don't acknowledge the size of this bus. It ( the accident) was bound to happen."

## "Everything You Wanted To Know About Sex...

By Jenny Giacomo

A voice was faintly heard through the laughter. "You like your vagina. Have you ever examined yourself?" I then realized that Dr. Judy Kurziansky of Z100's "Love Phones", was addressing me.

PDC (the CSI Program Developement

Member from audience

stated, "Got it, got it,

need it, got it, need it,

need it. got it, had it."

Committee) funded the visit by Dr. Judy that took place October 18, in the Green Dolphin Lounge. For an hour and a half visit, the sex therapist paid was \$3,000.00. Students, in exchange were provided with a good laugh and the answers to all

of their sex/love/relationship questions.

Dr. Judy came to CSI well prepared, making good use of the slides and video cassettes she brought along. Most of what she had to offer was information on how to be comfortable with your body, how to have better sex, and a couple of tips on how to get the past history of a new sexual partner without feeling uneasy. Laughter and ongoing questions from the audience set a very laid back atmosphere that enabled people to feel a little more open than they normally may have. I know I did.

Dr. Judy discussed the fact that America is more sexually repressed when compared to other countries. It seems that we are all having it, but most people are afraid to say so. She also had a lot to say about the fact that most of us are extremely ashamed of our bodies (referred to more often than not as "nasty"). While observing a slide of penises supplied by Dr. Judy, onlookers giggled and

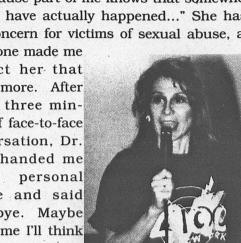
spit out statements such as, "Oh, that one looks familiar!" and "No really, it's BIG!" (Something I feel was a group effort used to take minds off the fact that 20 different pictures of male genitalia were staring them straight in the face.) The point Dr. Judy tried

> make throughout the night, is that we are all different, and not all of our "privates" are the same. How can we get out of this sexual limbo, if we accept can't each other for who we are, and not what we look like?

As for my private talk with Dr. Judy, I'd say she's a very

open and honest person with a real knack at what she's chosen for a profession. When asked if she always believed what people were telling her, she replied, "I can't always think about that, I answer callers' questions honestly, because part of me knows that somewhere, it may have actually happened..." She has a real concern for victims of sexual abuse, and

being one made me respect her that much more. After about three minutes of face-to-face conversation, Dr. Judy handed me personal some advice and said good-bye. Maybe next time I'll think before I call her a "quack."



## **GIULIANI'S BUDGET CUTS HIT HARD**

"...The proposed

budget cuts threat-

en the education of

our students and

the future of our

By Michael Garofalo

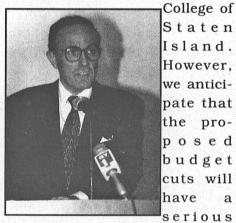
To close a \$1.1 billion budget gap, Mayor Rudolph W. Giuliani has cut \$7 million from

the City University of New York. CUNY is just one of the many city services that are being slashed.

1,500 class sections

are estimated to be cut out CUNYwide next semester, to correct the midyear budget cut. Chancellor Reynolds called the \$7 million cut a "triple blow," because CUNY loses \$3,900 for every student turned away.

President Marlene Springer responds, "We do not yet know how the budget cuts proposed by Mayor Giuliani will affect the



Island. However. we anticipate that the proposed budget cuts will have serious

impact on college services, associate degree programs, and our freshman and sophomore students. Our college prepares students to join our city's work force

> in a wide range of fields - education, business, engineering, nursing, health related professions to name a few. The proposed budget cuts threaten the

education of our students and the future of our city."

CUNY is not the only NY service that is being cut. The Board of Education was hit the hardest. \$190 million was cut from the Board of Education's budget.

As of now \$850,518 has been cut from the city's budget. Over 5,000 jobs are also to be cut. This would leave the city with the fewest workers since 1985. The Mayor states, "I am looking for a permanent, not just a temporary reduction in the size of city government."

This may not be the end of the Mayor's cuts. The city still faces a billion dollar deficit. The Mayor adds, "It can't all be fixed in one budget."

## Drugs at CSI!?!

By Jennifer Valle

An alledged drug sale was spotted at the gravel parking area near 1S on Monday, October 17, 1994. The witness was in his vehicle which was parked approximately 100 ft from the 'drug sale.' According to the witness reports, there were two suspects and a third party involved.

The alledged dealer, white male in his 20's, was seen entering a black 1993 Thunderbird at 2:15 pm on October 17th. A second white male, also in his 20's, walked over to the driver's side of the vehicle were he extracted a sandwich bag half-filled with a "leafy substance" from the car. Money was exchanged and the Thunderbird immediately departed and headed toward the "D" Gate exit while the alledged buyer proceeded towards the South Quad buildings.

Another individual saw the alleged buyer with a third person lingering around at the scene and was able to give a description and license plate number to the reporting officers. "All officers were notified to observe the vehicle, if spotted on the campus, and notify supervisors," stated Sgt. Girard. No arrests have been made at this time but security is running a check on the license plate number and further investigations will be conducted.

### **SG** Launches **New Attack** On NYPIRG

By Jennifer Valle

Student Government held yet another heated meeting on October 20, 1994 between the military hours of 13:30 and 16:00. Student Government went through the entire agenda and finally hit the title of 'Old Business.' After unearthing an old copy of the BANNER, Windy Webb, SG Senator, stood up and dropped a bomb on NYPIRG and her fellow SG members that made the bombing of Hiroshima look fundamental.

According to a June 1, 1994 ruling made by the Student Election Review Committee (SERC), charges were brought up that the State Board Elections of May 16 & 17 were conducted in an undemocratic manner and were deemed as invalid. NYPIRG was given until October 7, 1994 to complete new elections but failed to do so (Banner, Summer 1994).

At the October 20th SG meeting, the motion was made by Ms. Webb to suspend the CSI representatives for NYPIRG and for all decisions made by this invalid committee to be declared invalid. NYPIRG was further held in contempt of the rules and procedures for democratic process in the college. The motion was approved in a vote of consent.

**CONTINED ON PAGE 6** 

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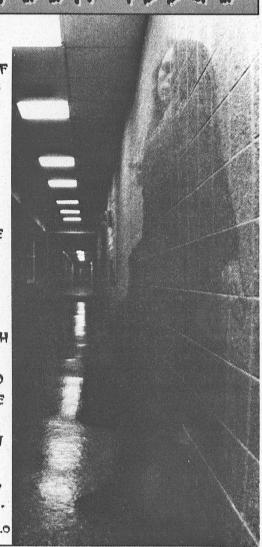
BILL SPURGE, CHRIS ZEYER FACULTY ADVISOR: PROFESSOR ONWUCHEKWA JEMIE

## ABOUT THE alloween issue

for the sheer hell of IT, WE FELT IT WOULD BE A GOOD IDEA TO make a spoof issue. (IT'S THAT HOLIDAY SPIRIT THING ... YOU KNOW.) CONTAINED IN THIS ISSUE, THERE ARE SOME TRUE NEWS EVENTS, AND OUR HALLOWEEN JOKES (TRICKS & TREATS). HAVE COMPLETE FAITH IN THE INTELLIGENCE OF OUR READERSHIP TO KNOW THE DIFFERENCE (THE DISCLAIMERS ON SOME ARTICLES ARE AN OBVIOUS TIP-OFF). HOPE YOU ENJOY IT, BECAUSE I KNOW I DID.

FROM THE FEAR OF STAFF BURNOUT, AND

- MICHAEL GAROFALO



AND THE STREET CO.

1. 9.1.1.12

## AMA Study Shows Masturbation To Increase Penis Size

By Michael Hunt-Hertz Banner Staff Writer

In a report released on October 26, the American Medical Association (AMA) showed clinical evidence that masturbation adds 25% of length and thickness to the average penis when stroked until orgasm at least twice a day. This news comes as a shock to College of Staten Island students; the males expressing curiosity through numerous calls to the Student Health Center and the females stating such things as, "Why have my boyfriend and I been having sex every time when we could have been fooling around and increasing size for later?"

According to the report, Dr. Prahd written by Bittlestiffender of the German Institute for Penis Study (GIPS). the average male can increase his penis size at least one-fourth larger by masturbating twice a day for six months, with a neccessary once a day "stroking" to mantain size after this six-month period. All of this is possible through the same medical principle which makes an erection possible.

Dr. Bittlestiffender explained to this reporter by stating, "As the penis becomes engorged with blood, the tissues

which hold the blood are filled. At the instant of orgasm, the tissues actually stretch beyond their usual size, aided by 'the rough stroke' [lubricationless masturbation]. This effect is cumulative. Over the six-month period, the penis actually reaches its true maximum size and then must be maintained at this size. For just a few minutes a day, any man can have the penis size he always dreamed of. . . except for those men with exceptionally eccentric fantasies."

This report comes after almost two years of vigorous research and related works by a team of six scientists (three men, three women) and over 100 volunteers, consisting of a 50 member control group and a 50 member experiment group.

#### Meanwhile. . .

Campus Security has caught 73 men to date masturbating in assorted stairwells around campus. All are being charged with indecent exposure.

In a recent report released by the Psychology Department of the College of Staten Island, the number of hopelessly gullible students at CSI has increased by 25%.

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## OBITUARIES:

Michael Garofalo: Died of coronary arrest during the act of procreation. Many people who knew and loved him, thought of him as a very quiet and reserved person. As quoted by the coroner, "There are traces of semen all over his genital area...Hey! At least he died with a smile on his face!"

Michael E. Ojaste: On a more "heavenly" note, a miraculous event occurred, that unfortunately took the life of the Associate Editor. Witnesses claimed that God himself, along with the Holy Spirit, struck down on this innocent man, for looking too much like Jesus Christ.

**Tom Kolakowski:** As we all know, Tomko had his love of beer, even more so than his love of women. To much of our disappointment, while out at a convention, Tom leaned too close to the edge of a beer vat, fell in, and instead of fighting his way out, drowned in the process of trying to consume it all.

Jenny Giacomo: Despite popular belief, our dear Jenny died from the lack of engaging in the wondrous act of intercourse. After various attempts to "perform" with her boyfriend's rotting corpse, she gave up and joined him in the great beyond.

Jennifer Rigione: Those who knew Jennifer, knew her Grandmother. This story is one of anguish. Jennifer committed suicide by overdosing on Cold Medicines. The coroner found traces of Advil, 44MD and Tavis-D flowing through her veins. The only explanation of this that we have, is her suicide note stating as follows: "To whom it my concern: I can't take the nagging...I can't take the nagging...She's driving me crazy!!!"

Ralph Mastrangelo: The gruesome crime scene shows only one explanation for this young man's death: some type of suction caused the combustion of his jugular vein.

George L. Perry: Known for his attempts to pick up women using vulgarity, George, in the end, suffered for it. He was pummeled in the testicles by a woman's seven inch spiked heel.

Jason Castro: While sitting in the wrong section of a stadium during a football game, Jason was hammered to death, with beer bottles, by opposing fans, when rooting for his team. A participant stated while being loaded into the paddy wagon, "That's what you get for not checkin' yer ticket!!!"

**Jennifer Valle:** Died of unknown causes. We will miss her...maybe.

Peter Guagenti: His libido exploded beyond what he could handle. The young lady he was with, hardly able to fight back the tears, described his death quite explicitly: "Like Oh my God, like he started having like violent convulsions and stuff, and like then, he started spinning with like his body...and there was like smoke coming out of his ears and stuff! Then, he just like fell over or something." The girl is now undergoing physiological and speech therapy.

Douglas Dennis: Even though he was considered the pathological liar of our staff, all of us believed and grieved with him upon the news that he was suffering from ovarian cancer. Doug first discovered the illness when his menstrual cycle ceased. He recently passed away, and our hearts go out to his husband and their three children.

Ryan Monroe: As we all know, Ryan loved a great debate. He also found great joy in the NYPIRG issues on campus. Ryan was declared missing on 10/23/1994, and his dead body was found naked, and sodomized with the words "Lou Piels is God!!!" carved across his chest.

Windy Webb: While visiting Salem, Mass., Windy was declared a witch, and burned at the stake. She was last heard chanting: "I'll get you, my pretty...and your little dog too!!"

**Diane Paras:** As you may notice from the past issues, our Copy Editor has passed on. Diane violently clawed her own eyes out with a Bic ballpoint pen after 28.6 hours of layout.

Chris Zeyer: While innocently walking through Greenwich Village, a cult of crazed Meatloaf fans attacked him thinking he was the real thing. Chris died of humiliation after having all his clothing ripped from his body.

Greg Adamo: Greg's death was witnessed by over 4,999 CSI students. While holding a ceremony to honor the new WSIA sign on the Campus Center, the "W" became impaled in his skull after it mysteriously came crashing down on him. This incident is being investigated, because prior to this, Mr. Adamo recieved death mail.

**Richie Arroyo:** Rich died of over-exertion, while burying everyone.

We would rather have had Jusuf Fuduli write these; however, all of his spare time is spent writing the Obituaries for **The Staten** Island Advance. So rather than encroach on his ever so precious time, The Jenny Girls wrote it!

## THINGS THAT REALLY SCARE US

By Rich Arroyo and Chris Zeyer

Since this is the Halloween issue of The Banner, we felt the need to make a list of things that really scare us, like.... Roseanne naked, Bea Arthur naked, or Harvey Keitel naked. Pinholes in condoms. Dates with cold sores. The coffee in the cafeteria. Computers without spelcekers. Pintos on the road. The Jets. Buffalo in the Super bowl...AGAIN! The fact I might be the president and not just a client. Clinton reelected. People peeking over your bathroom stall. The chimneys on top of 6S...what are they burning? The Sept. 28 issue of The Banner. Lorena Bobbit as an Icon. The Rangers having another Stanley Cup dry spell. New Kids on the Block making a comeback, also Vanilla Ice, M.C.Hammer, and ABBA. Edward Sticky Hands (see Sept. 28 issue). Marine recruiters. fast food employees and carnival workers. Inbreeding. The fact that women can use PMS as a defense for murder (personally that really scares the SH\*T out of

us). Mistaking Midol for Advil. CSI water. Women who bring their own handcuffs and penicilin shots. Priests that really, REALLY like altar boys. Doug Dennis. Bar tabs. "Time for a pop quiz." Teachers who give you F+'s. O.J. Simpson out on bail. People that could relate to Oedipus. When the test is blue and the rabbit is dead. Inviting "Murder She Wrote"'s Jessica Fletcher to a party. Vengeful ex-girlfriends. Being on the Colombian soccer team...and messing up. The man in the grassy knoll. The one-armed man. Manson on parole. David Lynch. Michael Jackson and Lisa Marie making the beast with two backs (...and the offspring). Tina remarrying Ike, Not having a scantron for your final. Egg-salad. Bornagain Christians. People who think this is proper grammar. White Castle. Jim Jones spiking the punch. Shakespeare and People who say the fetal pigs in Bio class are "Good Eatins". The Association. Being at the wrong end of a shotgun wedding. The draft. Rubber

gloves. Staten Island beaches. Pauly Shore's next movie. Ted Kennedy driving. Lawyers. Needing the Witness Protection Program. Deadlines. Due dates. Wire hangers. HAL 9000. Necrophiliacs that suffer from bestiality. Beings considered jail bait at Rikers. CSI parking lots at People with shiny llam. objects. People with foot fetishes. Jersey State troopers... there is a reason they're dressed like Nazis. Leo's neighborhood. Women who don't know the difference between ERA and NRA. The fact that Dr. Kavorkian makes house calls. John Wayne Gasey as a baby-sitter...even dead he's still scary. Silicon breast explosions. Beavis and Butt-head being the symbols of our generation. Captain Trips. Being Kurt Cobain's maid. Rectal thermometers. Finding out who TBA is. Brownies made with laxatives. Enemas. Dan Quayle in '96. Being at a Taco Bell and the bathrooms are out of order, you'll be runnin' for more than just the border. Being trapped in the basement of 6S. People who want to impress Jodi Foster. People who play their records backwards waiting for Satan. People who think Deliverance is a documentary. STDs. Women who still use IUDs. Having to sneak into Barney in Mexico for a job. Jurassic Park 2. Being at a Klan rally. Hillary Clinton and Tipper Gore on MTV's The Grind. Being considered Generation X. When your barber says "Whoops." When the person giving you a circumcision says "Whoops." N.A.M.B.L.A. When Bruce Banner says, "Don't get me angry, you wouldn't like me when I'm angry." The Landfill. Waking up in your dentist's chair... and your clothes are somewhat rearranged. The Kurt Cobain box set... there is only one box he should be in... and it would be scary if he got out. The fact you can walk across the water between Staten Island and New Jersey. Watching the re-runs of the Joe Theisman incident. Being Bill Buckner in Boston. Realizing that you can relate to half the stuff in this commentary.

#### HAVE A PROBLEM? FILE A COMPLAINT.

By Diane Paras

It has come to my attention that students are dissatisfied with a varied amount of services at the college which Student Government can not tackle until official documentation exists to verify the complaints. If students have complaints about particular situations, however minute or great they may seem, a primary and necessary vehicle for change is to file a formal complaint with Student Government. Lori Seggio, our new President of Student Government, is ready and willing to fight for whatever dissatisfaction students have with the services and educational policies at the college. However, she, as a representative of the student body, can not go to officials just on the hear-say of students. She needs documentation to verify complaints and the desire and need for something to be done.

What is dangerous for any individual to think is that their complaint would not make a change. In order for change to occur at CSI, students must come forward and register their dissatisfaction. When the students complained about the decrepit transportation system, it wasn't until hundreds of students signed petitions that the administration took notice. If night students are having a problem with safety on cam-

Service Constitution Constitution

pus, in order for President Seggio to go to security and fight for better services, she needs to show security there is a problem: that there is a substantial amount of students who wish for better services to occur. Where petitions become a lengthy and arduous process, filing complaints become an expedient procedure that immediately addresses a need. The administrative institution at this college would say there was no problem because no students have come forward to complain. This article will not address the inadequacies of the bureaucracy. I would rather live in the solution to the dissatisfaction, rather than to debate ideology and procedure.

The mechanism for addressing dissatisfaction with services at CSI is to file a formal with Student complaint Government. Please don't think that Student Government can do miracles without student support and participation. If we want change to happen, we must participate in the available mechanisms of change. The Student Government office is in room 1C-207. The secretaries are willing and ready to take any formal complaint a student wishes to file. Thank you for your cooperation and participation so Student Government Senators can do a better and thorough job in extending the rights of students.

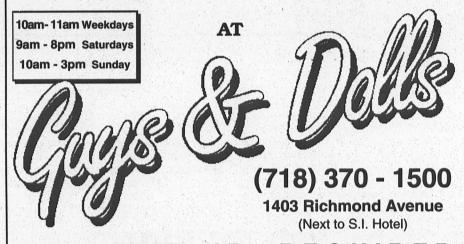
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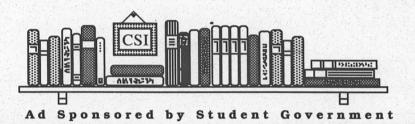


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#### FROM NYPIRG PAGE 3

The basic problem with the election in May was that NYPIRG did not advertise the nomination period for students interested in running until six days after the deadline to submit nominations. Furthermore, students who wished to vote had to go to the NYPIRG office to cast their ballot and had to give their names and phone numbers, as opposed to standard procedure where students give their names and social security numbers.

When NYPIRG was made aware by Mike Daniels, Campus Center Director, that they could not hold the election in their office, they moved the ballot box to the lobby of the Campus Center where it was left unattended for extended amounts of time and could have been tampered with. For these reasons, SERC made its decision to invalidate the NYPIRG elections.

#### In Related News...

At an Association Meeting held on October 26, 1994, the question as to whether or not approve the minutes of the Oct. 20th SG meeting hung in the balance. Windy Webb was told to explain her reason for the motion and she stated, "My job as a SG member is to oversee student activities and where student activity fee money is going. I think if NYPIRG can't hold elections properly, they shouldn't get any money." In order to approve the minutes, Association tabled the decision made by Student Government for further research. Mr. Sherman Whipkey, Director of Student Financial Assistance, stated, "NYPIRG didn't have the courtesy to respond to the SERC's request." He continued, "I move we refuse to send money to NYPIRG until they respond."

A letter was sent via federal express to this Association meeting which stated that the college 'legal affairs is looking into NYPIRG.' Any decisions to be made on NYPIRG and approval of the Student Government decision was tabled until November 8, 1994, after Association has had time to speak with the CUNY attorneys.

Feeling somewhat short-changed by Association's decision to table SG's decision, Tom Taffe, student and former SG member stated, "Association is usurping power from Student Government and it is a trend that is going around CUNY." Although Association seems sluggish on the issue with NYPIRG, Student Government made use of the old saying, "Take no prisoners."

#### **Death Count Increases at CSI Campus.**

By Madame Babooska

#### Death Of Student Government Member Sets Off Chain Reaction

After Student Government's Special Proposal Meeting held last week, a freak accident set off a massive chain reaction, leading to the murder/suicide of over 10 people.

Senator John DiNatale arrived at the meeting well prepared for any chance of assassination, dressed in an army flackjacket and helmet. What he did not expect, is what killed him. After departing the meeting, Mr. DiNatale slipped on a banana peel sending him rolling down two flights of stairs. The fall snapped his neck instantly.

While this was taking place, Mike Daniels, after another stressful day, was returning to his office after leaving for a cigarette. The time he chose to return to his office was apparently the wrong one. As John DiNatale plummeted down the steps, he crashed into Mike Daniels, causing the untimely death of this well known, much loved staff member.

The love that CSI had for Mike Daniels and John DiNatale, was made apparent as a massive outbreak of suicide ran rampant through the school. Mike Daniels' death had an alarming affect on faculty members within five minutes of its occurrence. Shortly after hearing the news, Mike Silva, Assistant Campus Center Director, was found hanging by his ponytail from the Campus Center cupola. The next lives affected by Mr. Daniels' death were those of Dean Carol Jackson and Ellen Krieger. Both women, after drowning their sorrow in crumb cake, climbed to the roof of building 1A and leapt to certain death.

Senator Meri Kaufman, already stressed because she had recently found that she was suffering from permanent laryngitis, could not take the pain caused by her good friend's death. Ms. Kaufman finally cracked and ran rampant through the halls of our fine school. Jessica Reback was to be her first victim. She was found murdered, with her head shaved in what seems to be some sort of ceremonial sacrifice. Meri then turned on Natalie Williams. After hearing a conversation held between Dr. Judy Kuriansky and Natalie, Meri allegedly beat her over the head with a six foot neon penis. CSI Student Government President, Lori Seggio, was found stapled to her Macintosh.

Various others were discovered at the bloody crime scene, but most bodies were unrecogniz-

able, and dental records are being observed. Meri Kaufman, after releasing anger on fellow Government members, turned a 9 mm, given to her by the late John DiNatale, on herself.

#### Security Team Lost In Series Of Freak Accidents

Over and over again CSI has warned its students about drinking the water in the buildings. Apparently security guards throughout the campus have not taken heed to the warnings, because of the behavior they have displayed this past week.

The first incident that took place, was a riot that claimed the life of the Director of Campus Security, Gene Martinez. Apparently CUNY Campus Public Safety Officers charged at him and then repeatedly hit him with broken beer bottles, after he referred to them as "guards."

to them as "guards."

After the attack, the security guards decided to go out on the town and party hardy at "Coaches." Not all of them made it there alive. CUNY Campus Public Safety Officer Sergeant Landstrom, while riding his bike past the imaginary stop sign in front of parking lot #6, was run down by a speeding motorist. The first person to arrive at the accident sight informed us that the last words uttered by Sgt. Landstrom were, "I'm not a Witnesses said the car that allegedly hit him was a green Chevrolet with a white hood, License plate #IMCHRIST. The driver is said to be a male around 26 years old with long brown hair and a beard. If you have any information, please contact the security immediately.

Mark Massetti had some unfinished business to get done before going off to join the guys. As he does every night, Mark found himself rushing people out of the **Banner** office. After getting delayed by the newspaper staff members, he hurried off to "Coaches" and was involved in a ten-car accident that took the life of Mark, Campus Security Officer Billy Dalton, and an unknown woman. The only thing recovered from the car was a pair of handcuffs and a box of Trojans Extra Large.

All of us at the **Banner** would have liked to have sent our sympathy to the families of the victims named above; however, if you had read the Obit's, you would know that we're all dead too. Hey...when you work on a campus built over an old mental institution, freaky shit happens.

#### ATTENTION ALL STUDENTS

You are invited to attend an open forum to meet the President of CSI,

Dr. Marlene Springer \*

Wednesday, November 2, at 7:00 P.M. Green Dolphin Lounge, Campus Center

## COME WITH YOUR QUESTIONS AND COMMENTS

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Government, the Dean of
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## Words In The Wind

with sharpened enamel and milk skin he came to me almost an unreal entity thrilling pain and sensual feeling my life runs out of me slipping through my neck to my lips the warm sweet liquor the eternal...the life his gift to this lonley soul my veins explode with the foreign substance the bitter sweet drink my mind reels with unimagined thoughts my sight becomes much truer the essence invades my entire being all emotions slip away painfully with humanity I am now as my creator, my giver of a deathless existence to live as he lives and feed off innocent beings unicom

You used to be a totally cool hippie. The kind I always wanted to be. I smiled at those pictures, with the silent rebel yells, public protests, and beautiful green eyed Cheryl. You fell in love with her in Washington. And then she left... like they always do. Light-years passed like a drifting schizophrenic.

Not knowing who he is, or where he's going. With the nature of change, I was in those arms that once held her.

Your youth had aged.

The ripped jeans looked better in the days before. We had each other, and new pictures of summer love. Autumn waited my return from education hell.

I learned what longing really was. But you were gone by winter's end. My former hippie rainbow love child disappeared like a phase,

by Tanya Bor

## "It is now...

Pornographic images violate my every thought.

Unmercifully... Your lips blister my corpse.

(Dead inside)

The girl I was is long departed... You stole the innocence...

Bile rising... I feel the penetration. You are once again inside of me... Entering the empty space in my mind.

Who's name are you screaming? Who do you touch? Why do you touch? You betrayed my love,

Created a woman long before her time... Is that fair? It is now, that I am older You raped me in more ways than one ... It is now that I understand ...

How can you ask me to love you? Then I was unsure... Wondering why ... It is now that I endure the scars.

Jenni

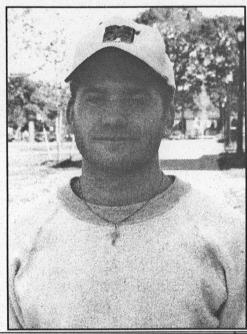
## HOLLYPANICON

An 'honest' life? Inconceivable. 'Living' without lies or murderous fantasies? Atrocious. To make 'love' instead of just FUCKING?! Unbearable! 'Respect' in oppose to

tearing down politically emotionally, at any cost? Forsake the mere thought!!! We are but 'civilized' barbarians. To be 'human' in oppose to being human?!? Not in this lifetime. By Jennifer Valle 

## WHAT DO VOU THINKS

## What do you think about ghosts? Do you Believe in them?



Mike Meagher
Yes, Ghosts & Goblins. We'd have to be a little naive to think that we're the only people living here.



Marisa Mesto

I do believe in ghosts.

Why? Doesn't everybody?



Adam Sandler
I've been chasing the ghost of reason. It's not
the ghost most people chase, but I've been
chasing it for years.

## Psycho Ramblings

During a rainy Sunday night around midnight, a friend of mine had this 'calling.' "Let's go to Spooky Park," she said. "Yeah sure," I thought just as long as it was out of the rain. On the way there, she told me of all of the weird things that happened at 'Spooky Park.' "Whatever," I thought, "just as long as it's out of the rain."

When we got there, it was a scene from Amityville Horror. In fact, that's what I said as I walked toward this archaic place. Spooky Park is not like any park I had ever seen. It has these eerie pyramid towers up on the top. The park is made mostly out of old wood, I wondered how it was still standing. Most parks have sand or rubber on the bottom, this park has little rocks to protect a child from a fall. The location is the best, it is almost entirely surrounded by thick trees (with the exception of the entrance, of course).

We started to walk closer, my friend seemed to be slowing down. It was like terror had overcome her. I said, "What's the matter? Scared? It's no big deal, come on let's play." I walked up to this monstrosity and said, "How the hell do you get into this thing?" Just as I touched the cold wet metal of this uncanny park, the words "GET AWAY!" echoed out as if the sound came from everywhere. Needless to say I let go of the bar and started to walk away. "Let's leave," I said. There was no argument. We walked away, kind of backwards to see what the hell it was, but we saw nothing?!

#### What was it?

**Delirium?** Definitely not, We were both sober and we both heard it!

A practical joke? Well if it was, it was a really good one, and no one has come forward. Let's not forget the dedication one would need to sit in the rain and the mud to wait for someone to drop by.

A bum? I'd say maybe, but we checked as we left

in an awkward way.

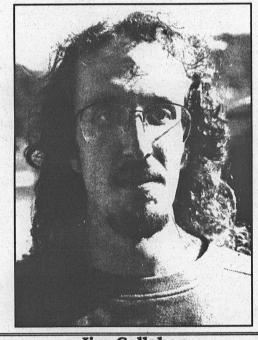
**Something evil???** Maybe it's not evil, but possibly supernatural. So do I believe in ghosts? Let's say I'm giving it more serious thought than I used to.

Hey, Greg Adamo and **WSIA**, NICE SIGN...Now if only your antenna was as big...Speaking of big signs...If you missed the big ad on the back page, we at the **Banner** encourage everyone to attend the **Rocky Horror Picture Show**. The **Banner** is proud to sponsor this event...regardless of its content. (Just kidding!) Might I say, from what I've seen it is a worthwhile event.

Why would the **Banner** sponsor an event that seems totally unrelated to journalism? Well??? My answer is, "you better get used to it!" The **Banner** takes money from students. Yes you! How do we do that? A small percent (very small!!!) of your \$53 dollar student activity fee goes to us (from our elected Student Government.) We at the **Banner** feel that we are the strongest student group. In being so we should do cool things for us, the students. ("And why not," always seemed like the best reason to me).

We're here to help you! If you have a problem, and no one else can help, maybe you can hire the A TEAM—Banner. Yes the Banner. I know I've said this before, but I'm going to say it again, "SEND US LETTERS." Building 1C-228. Tell us What You Think. If you think we suck, if you think we're a gift from God, or whatever! We care! Show us that you do, and we'll fight for you!

-Michael Garofalo



Jim Callahan

Yes I do. In the metaphysical world the invisible rules the visible, for example: gravity, magnetism, and wind.



I believe everyone has a friendly ghost with them.

weeks to decident the

S STORY

## VEGETARIANISM: AN ANSWER TO THE HEALTH CARE

Richard H. Schwartz, Ph.D. Associate Professor, Mathematics, College of Staten Island

Health Care issues are clearly among the most hotly debated issues today. Both Bill and Hillary Clinton are devoting major portions of their time to what could determine the success of the Clinton Administration, while Congress is vigorously debating a number of proposals. Yet, they are not considering the most effective approach: a major effort to educate people on the health (and other) benefits of low fat, plant-based diets.

Total health costs in the United States have soared from \$80 billion in 1970 to a projected \$1.06 trillion in 1994. It has changed from 6% of the national GNP to over 14%, and is projected to reach 20% in 10 to 12 years; hence, close to one in seven dollars presently spent in the U.S. is for health care, and this is projected to reach one in five dollars early in the next century.

These very high medical expenditures have contributed to huge annual budget deficits, and this has led to a total U.S. debt of about \$4.5 trillion dollars in 1993, a number four times greater than just a dozen years ago. While one out of nine dollars in the federal budget went to health care in 1980, that share could virtually double by 1996, crowding out other budget needs and/or contributing to a continued growth in the federal debt. Many states and cities have recently had serious problems balancing their budgets, and often this has resulted in sharp cuts in many basic services.

Statistics indicate that populations of countries where meat consumption is high (such as the United States, Canada, and Australia) have high mortality rates from heart disease, cancer, and have considerably lower mortality rates from these diseases. Genetics is not a major factor, as indicated by the fact that when Japanese people move to the United States and adopt the typical American meat-based diet, there risk of having heart problems and

cancer increases sharply.

In a recent controlled study, Dean Ornish, M . D showed that severe heart problems that are normally treated by

drugs and surgery can be reversed through a very low-fat diet, exercise, meditation, and stress reduction. His findings have been presented at conferences of the American Medical Association and published in his book, Dr. Dean Ornish's Program for Reversing Heart Disease (Ballantine, 1990). Mutual of Omaha now provides reimbursements to people that use the Ornish method, and several hospitals, including Beth Israel in Manhattan, are using it to treat

Several recent studies in the United States and other countries have found connections between meat eating and various forms of cancer. In 1991, at a Symposia in Atlanta, Georgia, on "Nutrition and Cancer", Sir Richard Doll, director of Imperial Cancer Research Fund Cancer Studies Unit at Radcliffe Infirmary in Oxford, England, stated that dietary modifications could reduce fatal cancers by 35%.

As with other major forms of cancer, breast cancer cases have been increasing. From about one in other illnesses, while populations of eleven females 20 years ago, it is higher rates of prostate cancer meat consumption (Italy and Japan) females alive in 1993 will get breast are found for other types of cancer.

cancer during their lives. Most breast cancers are found in countries where people eat large amounts of animal fat, such as the United States, Great Britain, Australia, Argentina, and Canada. In countries where little animal fat,

> beef, is consumed, breast cancer rates are significantly lower. Japanese women the United States are four more times likely to develop breast cancer than

particularly

their counterparts in Japan.

Recently the National Cancer Institute and the American Cancer Society pointed out connections between meat-centered diets and colon cancer and advised dietary changes to prevent this disease. Several studies have shown that diets high in animal fats coincide with the highest rates of colon cancer, while other studies conclude that a low-fat, high fiber diet prevents it. The Journal of the National Cancer Institute reported that there is no population in the world with a high meat intake that does not have a high rate of colon cancer.

As with the aforementioned cancers, studies have shown that other types of cancer, including cervical cancer, cancer of the uterus, ovarian cancer, and prostate cancer are linked to the typical western high-fat diet. A plot of prostate cancer deaths versus fat consumption (grams per day) shows a very strong linear correlation; countries with higher fat consumption have far developed countries with the lowest now estimated that one in eight among its people. Similar results

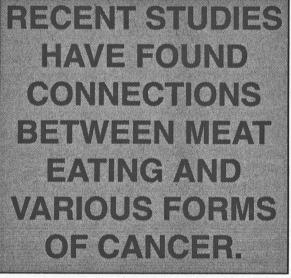
Dr. T. Colin Campbell, whose study of eating habits of 6,500 people in various areas in China, was described by Jane Brody, New York Times nutritionist, as the "grand prix of epidemiology," said that there is " ... a strong correlation between dietary protein intake and cancer of the breast, prostate, pancreas, and colon."

Contrary to popular opinion, osteoporosis is not caused by a lack of sufficient dairy products and other sources of calcium in the diet. Countries like the U.S. where dairy consumption is high, have a high rate of osteoporosis. The disease has been linked to high consumption of protein, especially animal protein. The human body can't store protein, and the excessive protein draws calcium and other minerals out of the body before it is excreted, leading to a net negative calcium balance even when the consumption of calcium products is high.

Comprehensive coverage of these and other health issues may be found in The Power of Your Plate by Neal D. Barnard, M.D. (Book Publishing Co., 1990); McDougall's Medicine: A Challenging Second Opinion by John McDougall, M.D. (New Century Publishers, 1985); and Diet for a New America by John Robbins (Stillpoint Publishing, 1987).

Since halting soaring medical costs is arguably our nation's most important issue, I believe that every person should seriously consider switching toward nutritious well-balanced vegetarian diets. Because of the realities of modern factory farming, such a change would also contribute to protecting environment, conserving resources, helping hungry people, and showing compassion to animals.

Professor Schwartz is the author of Judaism and Vegetarianism



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## TomKo on Hallowee

By Thomas C. Kolakowski

Once again it's Halloween... A night when ghost, goblins and witches wreak havoc. It is also the day children of all ages go Trick-or-treating! In the spirit of the Holiday I decided to take an issue off... No beer this issue! Now don't panic folks... I won't leave you high and dry! This issue I will discuss what to do with that left-over pumpkin, Apple cider and candy!

### **Pumpkin Wine:**

**Ingredients:** 3 lbs of Pumpkin (seeded) and chopped 3 lbs sugar 1 gallon water 1 package of yeast

Take the pumpkin add to a large pot of boiling water (1 gallon). Once the pumpkin gets soft add the sugar to the pot and bring to a simmer, stirring occasionally. Simmer for 1 hour and then let cool. Put the mixture into a clean bucket (a beer or wine fermenting bucket is the best choice). Once the mixture is cool enough add the yeast. If you have a fermentor add the airlock. If not, cover with plastic wrap and a rubber band. Let the mixture

ferment for 2 weeks. Remove any mold and then strain the mixture into a large bowl or racking bucket. Bottle the wine and let it age. It tastes better the longer it says in the bottle.

#### **Hard Apple Cider**

Ingredients: 1 gallon jug of Hard Apple Cider.

This stuff ferments naturally. If you have a wood cask it's even easier (just leave the cask uncorked and wait!) We used to make it at Fordham by just leaving the jugs out in the sun for a day or so and then let them age for a week or so in our dorm room. Leave the cap loose, so the CO<sub>2</sub> can escape without blowing up! Use hard cider, cider with plenty of pulp. It's easy to make and often happens quite accidentally!

When I worked at the college food service at Fordham we were serving Apple cider with the meals. We had a wooden keg set-up and added gallon jugs of cider as the level decreased. Since we were too lazy to clean the keg each day we left the cider in the keg and just plugged the hole each night. After a few days the cider began fermenting. After a week people started getting tipsy at dinner! The manager

told us to dump the cider and clean the keg... instead we bottled the hard cider and had a party!

Candy Corn Hootch

(Note: this recipe is purely theoretical, and while it will certainly produce alcohol I have no way of being sure it will taste good!) [The following recipe is the product of a deranged mind while drinking too much German Beer one night]

**Ingredients:** 

3 Lbs Candy Corns (that damn awful candy that everyone gives you but you never eat)

1 gallon water

1 packet yeast

Take the Candy corn and add it to a gallon of boiling water. Reduce to a simmer and stir till the candy corns all melt to a nice sugar syrup. If the syrup is thick keep adding water till the mixture stirs without any real resistance. Let cool and add to a fermenting bucket. Add the yeast and let sit about 2 weeks. Remove any mold and bottle (add a little corn sugar to the bottles to carbonate). This should produce a nauseating sweet Zima like product. (Note: If you have a still handy you should be able to get at least 100 proof because of the high sugar content.

## Alcohol Alwantenes

#### PART I

I wish everyone would leave me the hell alone. They should all mind their own business, and get off my back. It's my life anyway! Why do I have to be surrounded by all of these people that don't understand the pressures I'm under? I've got all these classes...all this work...I can't deal with this. What I need to do is relax a little. I'm gonna hang, party and chill out. That's what I really need. I'll cut me some slack and have some fun! Besides, liquor doesn't effect me. No drunk...I need something heavy duty to get high. I must have a strong constitution, 'cause I can party all night into the next day without getting sick. You see all these fools who can't hold their liquor?...but not me. I never miss school or work. I'll never have a problem with the stuff. Who needs to wait until the weekend to party? You can cut loose anytime you feel like it. I'm going to enjoy life...I deserve it!

#### PART II

Where am I? What time is it?...never mind, what day is it? I don't believe this. I don't know where I am. What happened anyway? How did I end up here? Where are all my friends? Who

are you, and where's my car? I just want to get the hell out of here. What alibi am I gonna use this time? I was just going to hang out for a couple of hours, have a couple of drinks, relax, and have a little fun. This is turning out to be a real nightmare, and I can't deal with this anymore. I must be crazy...everything's falling apart, and no one cares. I don't even know what I'm going to do now. This is just too freaky...I've got to get out of here!

#### PART III

matter how much I drink, I can't get on people. It's insidious, you don't even think you have a problem until your life gets so unmanageable, you begin to think you're crazy. Substance abuse is an equal opportunity, nondiscriminating problem. Age, sex, occupation, income ...it doesn't matter. Anyone is a candidate.

> Because of your drinking, have you ever?

- 1. Passed out.
- 2. Caused a fight or argument.
- 3. Missed class.
- 4. Had unplanned or unwanted sex.
- 5. Had a blackout (been unable to remember things you said or did while drinking).

- 6. Had unprotected sex.
- 7. Been physically or sexually assaulted.

#### Do you?

- 1. Tend to drink fast.
- 2. Spend time thinking about, and planning the next time you'll drink.
- 3. Drink because you're upset.
- 4. Experience a personality change when you drink.
- 5. Plan to set limits on drinking, but don't.

If alcohol is creating problems Alcohol and drug abuse takes its toll for you or someone you care about, seek help at The Wellness Program. We're there to help. Confidentiality is our priority...We care.

> The Department of Student Services' Wellness Program, "a center promoting health, dignity and self-respect," is an integrated program of special events, workshops, seminars and counseling that educate the college community about wellness issues, including substance abuse. The program is coordinated by Carol Brower, M.A., and is located in the Campus Center, Room 112 (Health Services).

> Joanne Hollan, M.S., CAC is the programs substance abuse specialist. Please call 982-3123 with any questions, comments or concerns.

Welcome to sports in the 90's. Strike one, strike two, strike three!!! Fans, you're out!!!

Of course, it's business as usual for players and owners. Players want more money than owners are willing to give. In fact, baseball players want their minimum salary increased to \$108,000!!! In other words, the guy who rides the bench and hams it up for the TV cameras will make more money than some doctors.

Players seem to have forgotten what it was like to be an average Joe. When one player renegotiates his salary, another one wants to top him. Soon, every player wants to make more money than the one before. (A condensed form of the domino effect). Which causes prices to inflate dramatically. Last time I went to Yankee Stadium, it was \$3.50 for a hot dog. If the owners cave in. I'm afraid to find out how much it will cost. In fact, next time I go, I'll bring my own food. And I'll cook it on the skulls of those hotheads

## EMERGENCY EDITORIAL

**By Jason Castro** 

we call professional athletes.

Owners, like anyone else, don't have unlimited wallets. In order to survive, Major League Baseball needs a salary cap. Without it, teams are bound to go bankrupt. Take the Pittsburgh Pirates, a team which has existed since the beginning of baseball. They may have to move away, because they can't afford to stay in Pittsburgh.

The only way some teams can afford to stay in business is by increasing prices. Some owners may even have to increase prices on other products they control. So non-sports fans may suffer also. After all, you have to pay the fools.

I'm not saying athletes in general are greedy, or even bad. They don't seem to understand what they do to their fans. By voting down the salary caps, they may be putting the last nail into the coffin of the sport that brought them fame. No one person should make the

kind of money they do for the kind of work they do. What they do is enjoyable to the average person, but to them it's "a job". What do they put up with? Millions of adoring fans, the joy of doing something they always wanted to do, the women!!! That is no job. Working in a deli, now that's a job.

So, you ask what my take on all this is. Salary cap? No. Go even further. Salary maximums. Sin taxes. Disassembling the players' associations. (Call 'em what they are, for cryin' out loud. They're unions.) Hanging Donald Fehr by his toes. I could go on and on.

Getting back to the players union, it is no longer needed. What the hell do millionaires need one for, anyway? Athletes are not blue collar workers, not anymore anyway. They can just go get their personal lawyers to handle their contracts for them. Not go crying "strike" to their union heads.

Oh, well. At least football had the decency to stay on. Even though it's only on Sundays and Mondays.

Peace.

## SPORTS NOTES

- 1. Dave Brown has such a great arm. That's why the Giants have lost 4 in a row. (Word of advice—Dave, you're supposed to hit the blue targets).
- **2.** Baseball teams are still making transactions during the strike. Why?
- **3.** The Bengals have lost 12 straight division games. But their defense is improving!!!
- 4. In bullshit news, Razor Ramone defeated Yokozuna for the WWF Intercontinental Championship. If you still believe this has some relevance to society, you've got a lot of problems.
- **5.** NHL season ticket holders, refunds are available in the NYPIRG office, 1C—219. Bring your baseball bats!!!

## HUMAN REMAINS DISCOVERED IN FOOTBALL FIELD CONSTRUCTION SITE

By P. C. Guagenti

"I was telling my team of Mexicans to rake the rocks off of the field when all of a sudden, I saw what looked like a man's skull sitting where the fifty yard line is gonna be. I got up from where I was sitting drinkin' my coffee and saw that it was a human skull." So stated Vincent Gumbatti, Foreman in charge of construction of the new football field for Petosa Brothers Construction. After discussing the ramificatioons of this new discovery with Administration for one week, which included four meetings with staff, faculty and the young worker who first discovered the skull, Petosa Brothers was allocated 2.3 million dollars to excavate what the Dean of Administration called "the lost third cemetary of the Willowbrook Mental Health Center."

Among the remains was found a skeleton whose feet were encased in cement. This has led police to believe that Willowbrook may have been a dumping ground for mafia-hits. Petosa Brothers has refused to comment on this.

"Due to this unfortunate cir-

cumstance, the football field's construction will be delayed for three years. This should give the athletic department barely enough time to organize a football team and hire coaches," so stated Jimmy Mustafa, head of the athletic department. He and his staff of three "are looking forward to having the CSI Dolphins kick butt in the 1996 season." Mr. Mustafa is presently a student in one of CSI's many remedial Math classes.

One student, who requested anonymity, commented on this occurence by saying, "I always knew there were bodies buried on this campus. I think that's why all the buildings were so unsafe. I'm also a little scared, because I heard from a friend in Buildings and Grounds that the Administration has asked them to make the old Willowbrook crematory usable again." Chancellor W. Ann Reynolds could not be reached for comment on this.

Please do not take this seriously Peter is an asshole, "Come on, everyone on this campus knows I am!"

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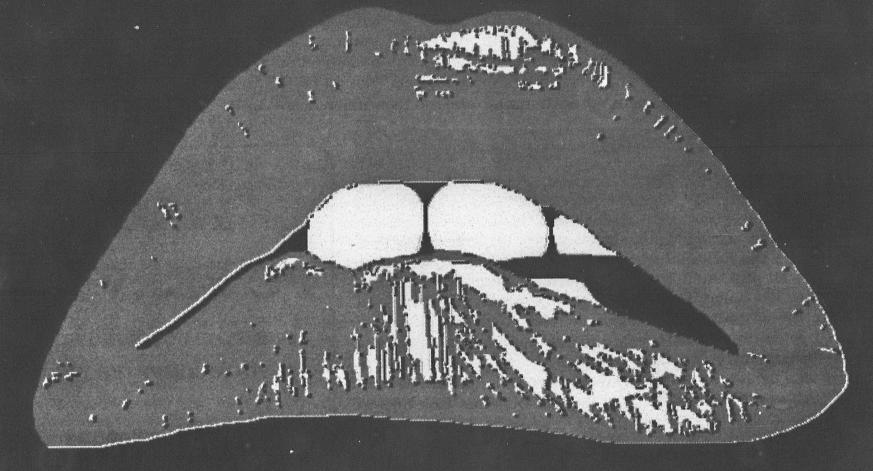
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