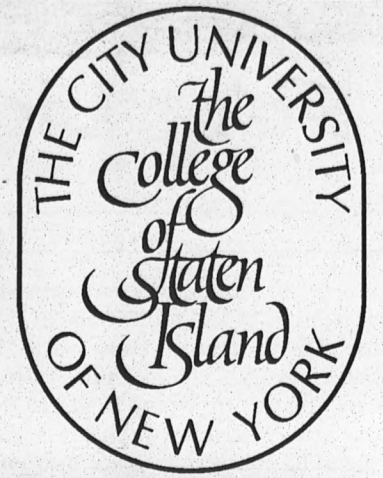


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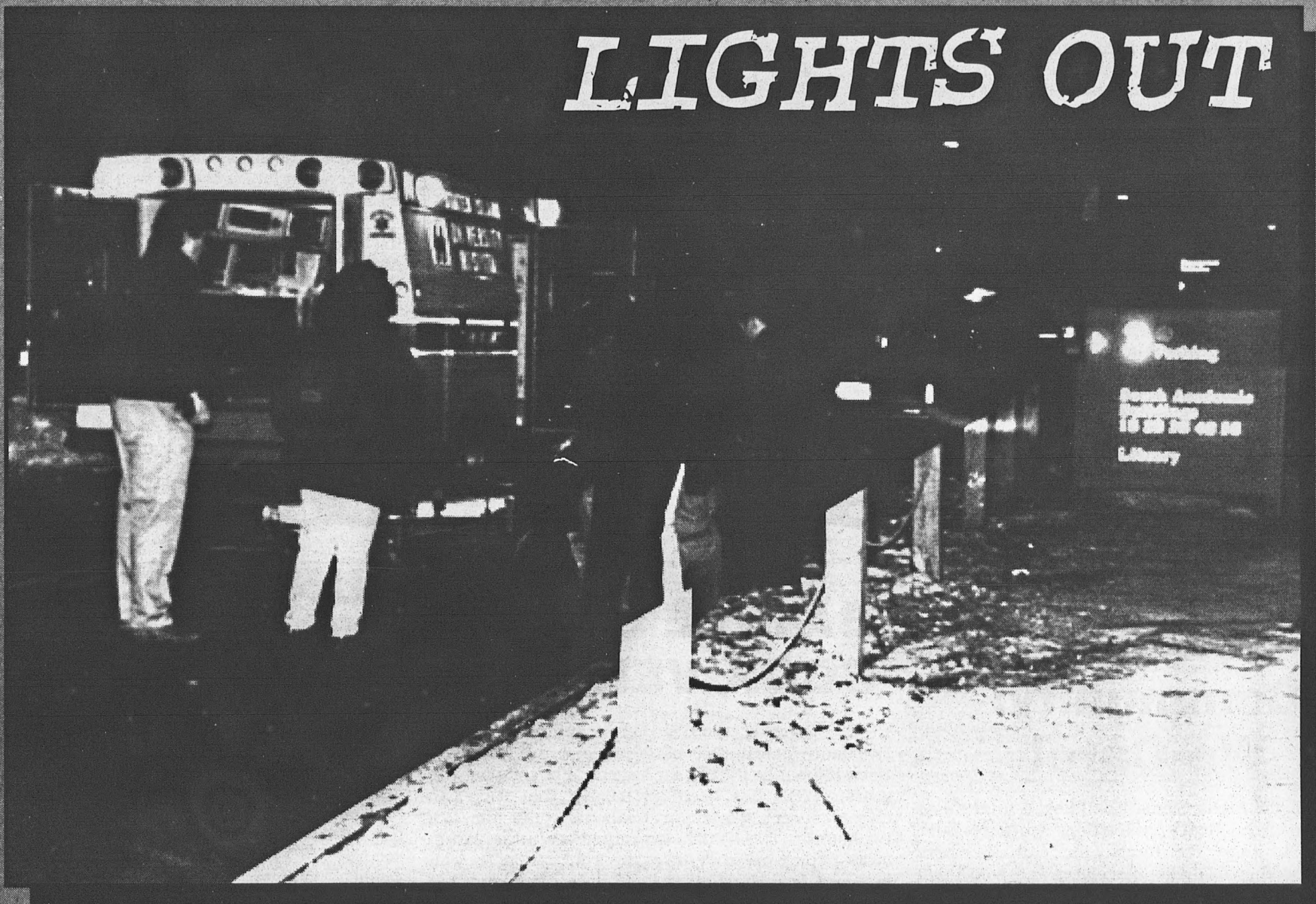
BANNER

CSI'S OFFICIAL STUDENT NEWSPAPER



VOLUME III, ISSUE XIV

February 22, 1996



LIGHTS OUT

Student pedestrian was struck down in a car accident on the dark Loop Road

Deeper Cuts To Cuny

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Assault & Arrest

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Poor Lighting Conditions Cause Accident

By Jennifer Valle

A female student was struck along a poorly lit section of the loop road, and had to be rushed to the Staten Island University Hospital Wednesday, February 7th at 6:45 pm. The unidentified female was apparently trying to get to her car- parked along the gravel area between lot 3 and 4. Approximately seven lights were non-functional along the stretch of road where the accident took place. The victim was dressed in black slacks and a black overcoat-making it visually harder for the driver that struck her.

The female driver who accidentally struck the pedestrian sat shaken in her car as officers took reports at the scene. Over and over, the young woman cried, "I didn't see her... I'm so sorry." One unidentified witness tried to calm the shaken driver, explaining, "It's really dark out here, it's hard to see." Paramedics at the scene commented on the fallen student, "She's going to be fine, she was only thrown about two to three feet."

Upon arrival at the hospital, the victim was treated for a bump on the head and several small scrapes. She was released from the hospital later that evening.

Many concerns have been expressed over the poor lighting on campus. Recently, all of the light posts in the south quadroom of the campus suddenly blacked out at approximately 5:45 pm [February 15th], leaving students walking to class in the dark. Shahid Din, a student at the blackout scene, said, "I can barely see out here. This is really bad... the college should really fix these lights." Emergency police officers were called to the scene

until approximately 6:30 pm, when 1/4th of the lights were restored.

Director for Campus Planning, George Targownik explained, "We have discovered the problem to be the splice boxes for the outside lights. Due to recent weather conditions, water has been seeping into these boxes and shorting out the lights." Mr. Targownik further explained that the problem would

**She's going to
be fine, she was
only thrown
about two to
three feet**

continue until TDX workers are able to safe guard these boxes from such seepage.

When asked if these boxes should have already been safeguarded prior to these recent incidents, Targownik replied, "I don't know if it's faulty construction or faulty planning, but we will see to it that the problem is solved." He continued, "It is expected that not all the lights work, we have about 1,000 on campus, but when a whole quad is blacked

out, it's time to be concerned."

As for the car accident, Targownik could only respond, "It is rather unfortunate that a student was struck by a vehicle, we will be working to improve conditions."

Along with this lighting problem, Targownik and Auxiliary Services will be working together to make the college more accessible for pedestrians. One student, Tycia Boyd, had to literally argue with the loop bus operator in order to get him to stop the bus in front of the Children's Center. Later on, the spot was made an official bus stop. Ms. Boyd expressed, "There are no sidewalks, poor lighting, and the bus driver wanted me to get off at the 1C stop and walk along the loop road towards the children's center? That's dangerous." She continued, "It's bad enough for a student to walk on the road, but can you imagine walking on the road with your child? That's just crazy."

"We are going to try to make a walkway to accommodate the students that park in the gravel area between lots 3 & 4, as well as set up 'pedestrian crossing' signs," said Targownik.

"It's about time they started fixing up lighting and walking conditions on campus," student Afradita Goga said. She continued, "In some places on campus, the lighting is fine, but there are other sections that are too dark and other sections where there are just no lights." Director of Security, Mr. Eugene Martinez urges that students try to avoid walking on the loop road as well as wear 'light-colored' clothing when walking on campus at night.

In CSI News...

By Jennifer Valle

SAS to Community: We Care!

Sigma Alpha Sigma [SAS] held a fund raiser for the American Heart Association, February 14th. In order to raise the funds, the club members worked together to make chocolates and sold them on Valentine's Day.

Club member Amy Nelson explained, "We wanted to make a donation to the American Heart Association [AHA] and in order to get people to donate, we figured we would sell homemade chocolate on Valentine's Day and all of the money we raised would be donated to the AHA."

**We felt it would
be a good
contribution
to society**

Aside from raising approximately one hundred dollars for the AHA, the group also held a letter campaign for the troops in Bosnia. "It would brighten up the day for one of our troops as well as get people to participate in the real meaning of Valentine's Day," said Ms. Nelson.

SAS first got the idea from an article they read in Parade Magazine. The group figured that the best way to celebrate Valentine's Day was to show the community that they really cared. Club Member Karina Wollner said, "We felt it would be a good contribution to society. Valentine's Day is the day you think of the people you love, and the troops in Bosnia need to hear that we still love them."

BATTLE OF THE BOOK VENDORS

Recently, the CSI Barnes and Nobles [B&N] Bookstore has had to battle against the New York Book Exchange [NYBE] for buyers. For the past two years, NYBE has been advertising that they can charge students less for textbooks than the CSI Bookstore. The NYBE also rented a shuttle van in order to pick up students at the front gate of the college and drop them off at their store. Thinking that they can get a better deal, several students flocked to the NYBE to find their textbooks. Several other students continued to purchase their books at the bookstore. Many students were torn between both business and couldn't figure out which store sold books for the cheapest amount.

In a recent investigation, fifteen random books were selected from both vendors and prices were compared. It was discovered that four of those books were cheaper at the CSI bookstore, however, eleven were priced exactly the same or within a ten cent difference from each other.

Although this may come as a shock, the real value of the vendor is found with the return policy and 'buy back' option that each place offers. While the NYBE does not offer buy backs, the bookstore buys textbooks back from students for half the original purchasing amount. The return policies also differ. NYBE will only take returns within the first two weeks of the semester whereas, the CSI Bookstore takes returns within the first month of the semester.

For students who want to keep their books, the best value may be with the NYBE. For students who wish to sell books back, the best value may be with the CSI Bookstore. For students who are confused about the entire ordeal, NYPIRG offers a book exchange of their own at 1C -219.

UNIDENTIFIED MALE BUSTED FOR ASSAULT

An unidentified male was arrested for assaulting a security officer with 'The Club™' on Friday, February 15th at 10:00 pm. Security was first notified that a fight was about to break out in the loading docks of the Campus Center. Three security officers were immediately dispatched to the scene. Director for Campus Security, Eugene Martinez explained, "There were four males involved in an altercation. One of the males had a metal rod in his hand and was brandishing it."

First officer on the scene was Officer Christopher Adams. Officer Adams immediately asked the male with the rod to drop his weapon.

**One of the males had a
metal rod in his hand
and was brandishing it**

Angered, the male turned on Adams, threateningly raising the weapon in a striking position. Adams immediately pulled out his police baton and firmly asked the male to drop his weapon.

After about the fifth request, the male gave in and was arrested for assaulting a police officer. It was later discovered that he was not a student and was trespassing. The other three males at the scene were students, and were told either stop arguing or they would be removed from the campus. The origin of the fight is still unknown.

DEEPER CUTS TO CUNY

By Jennifer Valle

Latest budget proposals from the government will not only force another tuition hike of approximately \$250 dollars, but will also cut TAP [Tuition Assistance Program] awards by nearly 50%. The basic budget proposal, as set by Governor Pataki, will call for a \$100 million dollar cut to the TAP awards.

"The proposed Tap cuts will impact the poorest student the most dramatically," said Chancellor W. Ann Reynolds during a New York State Assembly Ways and Means Committee meeting January 16th. She continued, "Forty-three percent of the value of the proposed changes affecting CUNY students will be borne by students with an adjusted gross income of less than \$4,000 annually. Seventy-nine percent will be borne by students with an adjusted gross income of less than \$20,000 annually."

The estimated shortfall for the University is to be \$96.3 million. "The ability of the University to sustain this level of reduction is seriously impaired by the fact that it is proposed after several cuts in the early part of the decade, as well as significant reductions this year," said Chancellor Reynolds.

According to Association member Sherman Whipkey, the proposal allows for a 50% reduction which will offset Pell awards. For example, if a student receives the full amount of TAP, covering half the tuition expenditure, that student will receive full Pell. The only problem is that both figures combined will just barely cover tuition costs, leaving needy students to pick up high transportation costs, textbook and supplies costs, and personal expenses that come with being a student. "[These cuts] foreshadow a

diminished City University and a State and City unable to meet fully the critical demands for an educated workforce and citizenry," said Chancellor Reynolds.

Aside from this cut, TAP will be awarded by use of the Adjusted Gross Income instead of by the

**What will happen
to these aidable
students if the
proposed cuts are
not reversed?
Some will struggle
along taking courses
Part-time...
Others will simply
leave college**

Net Income, reducing assistance by approximately 8%. Statewide expenditures for TAP will be capped, meaning that the government will reduce the amount they spend per student and freeze that amount. There will also be at least a one year lag

before the awards reflect this year's tuition hike, leaving a possible portion of a 'hiked' tuition bill payable by the student. Governor Pataki ended his proposal by stating he would give back \$10 million dollars to CUNY in order to soften these blows. "If you make a cut of \$100 million dollars, and say you will soften the blow by giving back \$10 million, you are still cutting the colleges by \$90 million," said Mr. Whipkey during a Student Government meeting February 8th.

"What will happen to these aidable students if the proposed cuts are not reversed? Some will struggle along taking courses Part-time... Others will simply leave college - joining many others who were forced to make that decision already in 1995-1996," said Reynolds. It is estimated that the University will lose an estimated 10,000 students in addition to the many students that it lost last year. With this loss of students, there will be a rippling effect which will gradually reduce State aid to CUNY for years afterward. With less students, the state will continue to cut aid to the colleges, possibly causing more increases in tuition through the next few years.

"Students should write to their Assembly person, the Governor, and the Mayor. One of the most effective ways to combat cuts is through letter campaigning," said Whipkey. Another idea to combat these cuts is through voting power. "We will be working on voter registration in order to create a CUNY voting block," said Vice President Carol Jackson. She continued, "If all of our students are registered to vote, legislatures will be forced to realize the major voting block that CUNY is, especially since this is an election year."

EDITORIAL: DREADED BUDGET CUTS

By Jennifer Valle

Once again, the ax is wielded over the heads of CUNY students. Along with last year's tuition hike of \$750 dollars, the state proposal may call for another \$250 tuition hike. It seems as though the closed out classes, drop in enrollment status [approx. 1,000], and overstaffed classes isn't enough.

Whereas last year's cuts were called 'The worst ever,' this year's cut will affect the most students because it will have rippling effects for years to come. Last year, the cuts affected every student in CUNY; this year, the cuts will mostly affect the poor students because TAP will be reduced by nearly 50%. What is unclear is that the state always seems to have enough money to spend on Private institutions but never enough to fund public ones.

While TAP assistance is proposed at half the amount, assistance to private institutions has remained untouched. Lest we forget the meaning of social welfare/responsibility. One would ponder- why would the state cut the very people that they have the obligation to assist. The worst side to this entire scenario is the fact that these students, who may in the future find the cure for Cancer and Aids, will be forced to drop out of college- some may need to rely on welfare.

The problem with this proposal is in catch 22- the state will spend more in the future on welfare than it would with the investment in CUNY today. What students need to understand at this point is that this is an election year. A registered student is a powerful student. If 12,000 registered CSI students decided not to vote for Pataki at the next election, that is one powerful voting block that may very well frighten Pataki. Imagine if all 150,000 students in CUNY formed into on voting block... there is force in numbers.

When will the government realize that they will not remain in power forever? When will they understand that the students of today are the future of tomorrow? When will they realize that the decisions made now will either help build or destroy the world by the next generation? What means more... a balanced budget, or human life?

As you students walk to your overcrowded classrooms, struggle on with tuition payments, purchase expensive textbooks, and watch transportation costs rise, think about the ax you wield... your voting right. Think about taking five minutes to write to your legislature and letting him or her know that we are not powerless, and we can't be ignored anymore.

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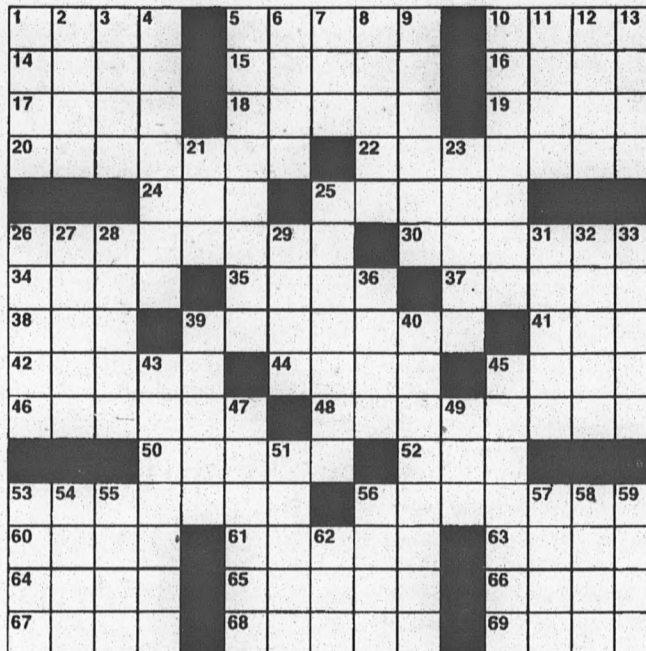
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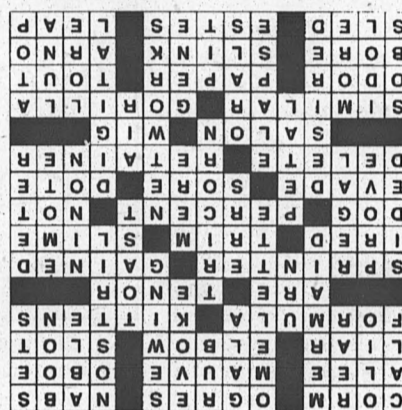
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Campus News Briefs

College Press Service®

Low-Income Students Lag In Receiving College Degree

BOSTON—Students from low-income families are 10 times less likely to obtain a college degree than those from upper-income families, according to The Higher Education Resources Institute.

That is dramatically worse than 15 years ago, when lower-income students were only four times less likely to complete a degree, the non-profit group said. "Low-income" refers to families that earn less than \$22,000 annually, while "high-income" means families earn more than \$68,000.

"We are losing a generation of poor people in this country," said Arthur Levine, president of Columbia University's teachers college, who has published several books on the subject. To combat the widening gap, the institute has started a privately funded program called "Collaborative for College Access." Three new centers that act as super-providers for financial aid, college and career information opened Jan. 1 in Washington, St. Louis and Louisville, Ky.

The centers are modeled after the institute's 11-year-old education center in Boston, said Executive Director Ann Coles. Any person interested in college can use the center's free resources, which offers tips on career planning to advice on how to fill out a financial aid form.

Universities often conduct financial aid workshops at the center, and college students work there as counselors. Community outreach programs also are involved, and the participation from these varied institutions convey the "collaborative" theory behind the centers, Coles said.

High school students are not the only people who visit the center, she added.

"We see a lot of people already in college who come in . . . searching for financial aid information," Coles said. Students interested in transferring schools use the center, as well as students who have decided to go back to college after taking a few years off.

Returning students, unlike their younger counterparts, "don't have a high school counselor anymore" to help them sort through the requirements, Coles said.

"The difference between success and failure is often just finding that critical piece of information: the right college or the best financial aid source," she said.

UC President Retreats From Affirmative Action Stance

SAN FRANCISCO—Under heat by the governor and the Board of Regents, University of California President Richard Atkinson apologized for his decision to postpone the ban on affirmative action in UC policies.

"I recognize the Board's role in establishing university policy, and erred in not adequately consulting with the regents before deciding to postpone [the ban]," he said Jan. 29 in a conciliatory letter to Regent Ward Connerly.

The regents voted last July to ban gender and racial preferences in hiring and admissions on UC's nine campuses. Atkinson announced in late January that the ban would be postponed for a year until 1998. Regents earlier had agreed the policy change would begin January 1997.

Gov. Pete Wilson accused the university of "dragging its feet," while Regent Connerly said he was "furious" and called a special meeting to review Atkinson's performance—widely taken as a hint that the president might lose his job.

But Atkinson reversed his decision and told Connerly that "despite the difficulties" the ban could take effect in the spring quarter of the 1997 school year.

"This is possible because there are fewer applicants, we are dealing mainly with transfer students, and there is adequate time to redesign the application process," he said.

Connerly called off the meeting after receiving Atkinson's "very gracious and full explanatory" note. "I believe the governance issue has been resolved," he said.

Bill Gates Dedicates Stanford U. Building

PALO ALTO, Calif.—When Stanford University computer science professor Marc Levoy asked for volunteers to have their heads scanned, Bill Gates was the first to volunteer.

The billionaire CEO of Microsoft Corporation sat patiently while a laser scanner, emitting a ruby-red beam, orbited his head several times. A short time later, a large-than-life, 3-D image of Gates' head floated on a screen.

The gizmo was only one of the futuristic technological tools that the Microsoft wizard tested at the Jan. 30

dedication of Stanford University's new computer science building bearing his name.

Although he did not attend Stanford University, Gates donated \$6 million to help build the Gates Computer Science Building. The \$38 million center houses state-of-the-art classrooms, laboratories and research facilities.

At the dedication ceremony, Gates said he wanted to "invest in the future of the industry, and Stanford is one of the five best computer science schools in the country."

Stanford President Gerhard Casper thanked Gates and the building's other donors, noting that "Bill Gates, who did not even attend Stanford . . . had at least enough good sense to drop out of Harvard."

Gates, 40, is said to have started his programming career at age 13. He left Harvard University in 1975 to form Microsoft Corporation, now a \$6 billion industry.

arson after police said he started 19 fires in 14 campus buildings, including five residence halls.

Jeffrey T. Knowles, 19, of Fort Pierce, Fla., confessed to the fires after his fingerprints were found on evidence that did not burn, said Lt. Jack R. Handley, a university police spokesperson.

No one was injured in the fires that frustrated police over a five-day period in early February, and buildings sustained minimal damage. Knowles apparently started fires in buildings he had access to as a student, although "he gave us no motive," Handley said. Knowles also is suspected of stealing credit cards from student mailboxes last fall and using them to obtain money from ATM machines, Handley said.


University police had offered a \$9,500 reward for information about the fires, but no one had suspected Knowles, Handley said. "Apparently no one saw him," he said. "He did not talk to anyone about what he was doing."

Knowles, who was arrested last year in connection with a forgery case, is being held without bond in the county jail.

The campus is noticeably relieved now that a suspect has been caught, Handley said. "We're taking some deep breaths and getting on with business."

FSU Offers Reward For Arsonist

TALLAHASSEE, Fla.—A Florida State University freshman was charged with



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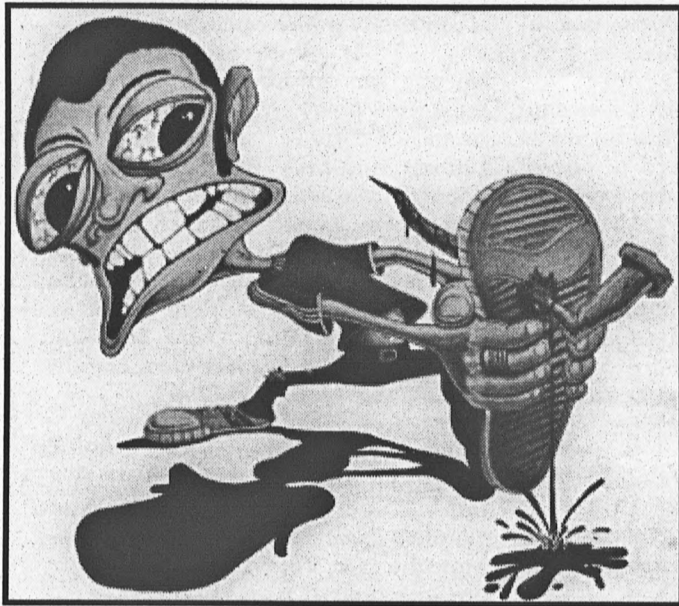
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Dance Hall Crashers LOCKJAW

By Alex Larsen

Dance Hall Crashers is a cool upcoming punk/pop/ska band. Their new album Lockjaw is an awesome album. The only single from it is the song ENOUGH. Their first album was 1989- 1992 released on Moon records. It is a difficult band to find but definitely well worth it. The lyrics are serious but they are chock full of sarcasm involving annoyances like debt, day jobs, and



asshole boyfriends. Elyse is the band's singer, started the band, and writes most of the lyrics. The tempo is pretty up and fast. I predict that Dance Hall Crashers are going to make it big in the future. If you would like more information on them you can write to

Dance Hall Crashers

P.O. Box 40219
Berkeley, CA 94704

Music reviews

By Spencer Smart

The Wrens: *Secaucus* (Grass Records/BMG)

So you're into indie rock huh? Well let me introduce you to a band out of New Jersey called The Wrens. This is their second release out on Grass records and it redefines the definition of punk. This CD release was recorded in the basement of someone's house and yet the sound quality is highly superior to some major studio releases. And the mind-blowing part of the whole CD is that there are 19 tracks on the release and the total running time of the CD is under 1 hour. For starters, check out track three "Surprise, Honeycomb", which is a catchy little tune that you'll be singing in your head for days. Yes kids, this is punk at its best. Forget Green Day and Rancid, here come The Wrens. Viva Punk!

various artists *Psychotrance 3* (Moonshine Music)

This is number three in a series of trance/house discs coming out on Moonshine music. This one is mixed by Eric Powell, a DJ out of Europe who mixes really good hard trance. One of the high points on this one is that some of the songs on this disc exceed over 150 beats per minute. There are also several classic rave tracks on the album including Green Velvet's "Flash" and DJ Hyperactive's "Clip". The CD has one downfall: sometimes the music is too repetitive and start to become highly boring. This disc was definitely made for those who like their music loud and bass filled and not for those who want to throw on a CD at home while writing a report. This one is only for the head-strong.

*Slippery ink told the truth
Make sure the lines are straight
Trap the words between the letters
Mail it on the band wagon.*

CUT THE SKIN

*I lost my head for a "."
The phone screamed busy e. e. e.
Strip the proud from the inside
Wax the rulers legs
(women are not heard just seen)
Tie the tie around loose skin
Staple it to my breast.
How can they ignore my call?
I talk,
My spit is dry as glue
I'm learning to clean the bones.
-Alice Marino*

Body Compromises

By James Scotto-Lavino

*I fill my body with the hyperactive substance
Gulp it down; the sickening sensation will pass
Wait, wait, it'll come on the last dance.*

*Heart quickens, breath too short
Body vibrations tell me I should start fighting
The smell is horribly sweet,
the feeling intolerably exciting.*

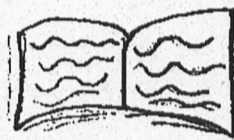
*It's somewhat gone but I can't continue
Everything I urge to do or say seems okay
Run run run run jump my life away.*

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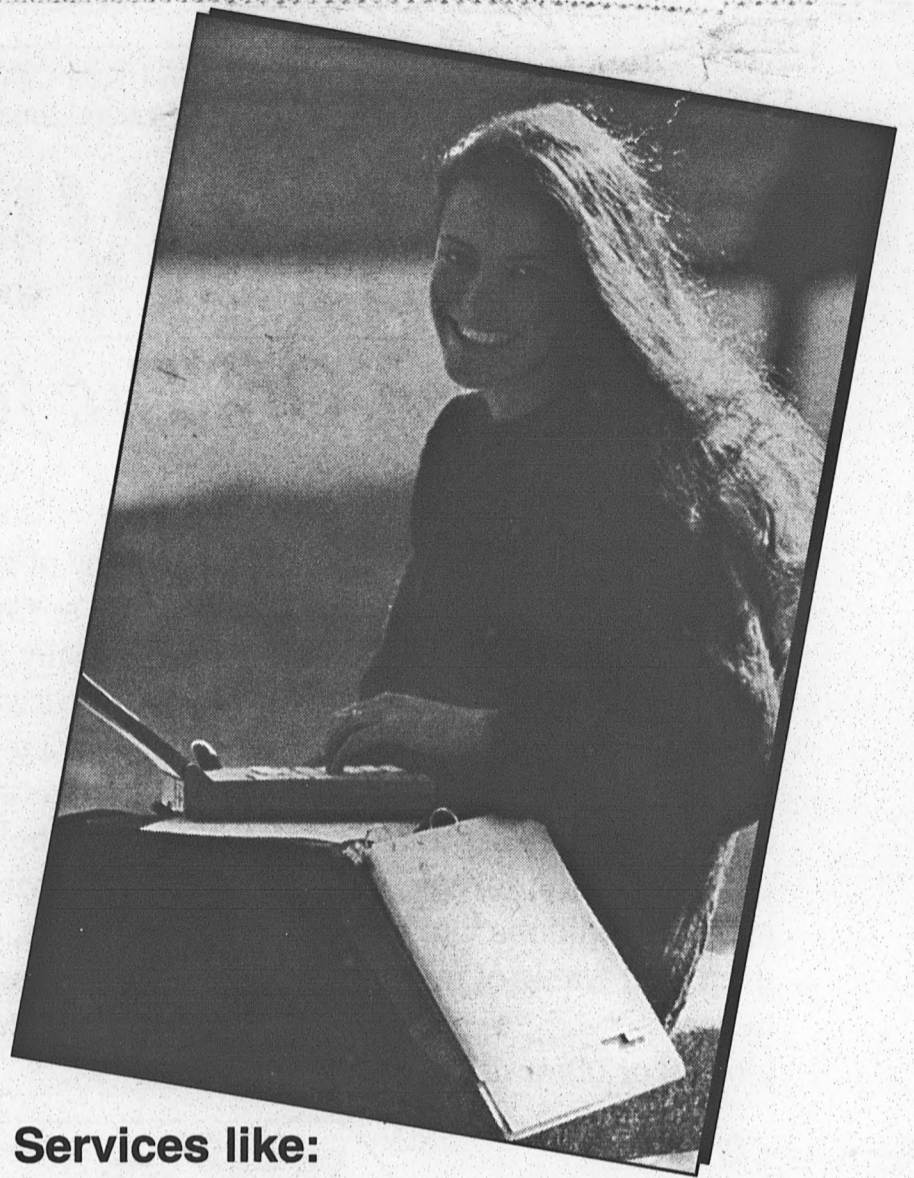
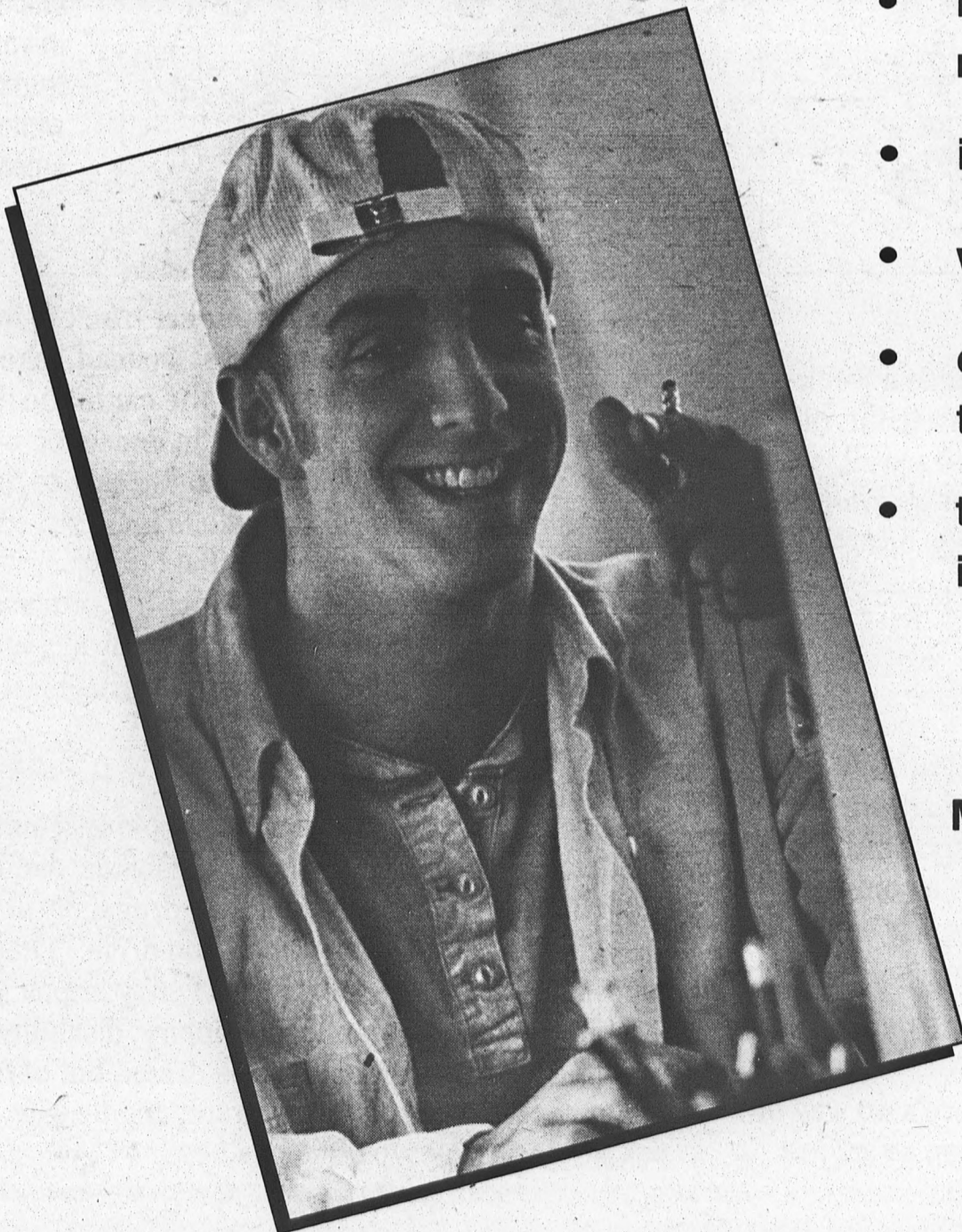
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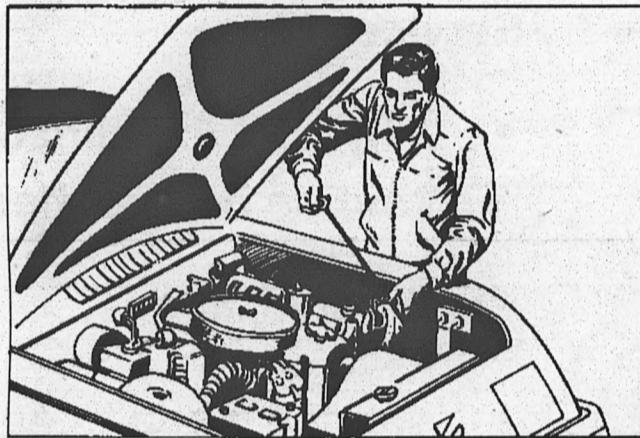
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DEFENSIVE DRIVING

Preventing Off The Job Auto Accidents

Even professional drivers can be the victims of off the job auto accidents. The family car may not seem as complex to operate as a big rig, but it is equally as prone to accidents and collisions unless it is driven with safety in mind. Safe driving is defensive driving—making sure that your vehicle is in good operating condition, following traffic rules and signals, looking out for the other driver, and adapting your driving to special conditions like bad weather, poor roads, and even your frame of mind. Safe driving also means never operating a vehicle while under the influence of alcohol or other drugs or medications.

Check your vehicle frequently—at least once a week—to be sure that it is in good working condition.



Check Your Vehicle

Check your vehicle frequently—at least once a week—to be sure that brakes, accelerator, belts, radiator, oil, battery, tires, head lamps, and brake lights are all in good working condition. If you notice *anything* abnormal in the way your car sounds or operates, bring it in for repair immediately.

Follow Traffic Laws

Traffic laws vary from state to state. Know your own state's laws, and if you are planning an out of state trip, familiarize yourself with the laws of the areas you'll be driving through. Many states allow right turns at red lights. This means that you must come to a complete stop first, check for pedestrians and oncoming vehicles, and then, if the road is clear, you may turn.

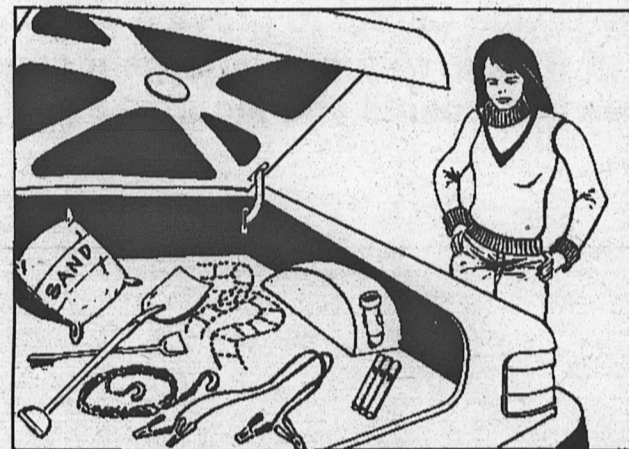
Watch The Other Driver

While you may be an excellent driver, there's no way of knowing if the other drivers on the road are as safe as

you. Stay clear of (and never try to pass) vehicles that swerve in and out of traffic, brake inconsistently, fail to signal, drive very slowly *or* very fast, or that do not respond to traffic signals quickly. Reduce your speed, if possible, or pull over and let the suspect vehicle get out of your way. Report suspicious drivers to the local police or highway patrol.

React To Special Conditions

Road and weather conditions can affect the way you drive. When roads are slick from rain, ice, or poor surfaces, reduce your speed and proceed cautiously.



Keep sand, chains, or salt in your car trunk, for winter emergencies.

Keep sand, chains, or salt in your car trunk to improve traction. If you skid, *do not brake*. Instead, take your foot off the accelerator, and turn the car in the direction you want the front wheels to go. In dense fog or heavy rain, where visibility is bad, pull to the side of the road *if possible*, and wait until conditions improve. (Keep your emergency flashers on so that oncoming drivers can see you.) When you start to drive again, use your low beams and proceed with caution. Always turn on lights at dawn and dusk when visibility is dim.

Stay Alert

The best defense you have against potential auto accidents is your own ability to remain alert and aware while driving. That's why alcohol, drugs, or other medications can be lethal when you drive. They affect your ability to concentrate and severely impair your reaction time which can lead to injury, disability, and all too often, death—not only of the driver, but of innocent victims as well. Be alert, be aware, and be safe. Defensive driving is everybody's business.

MIND GAMES TO LESSEN STRESS

Two Mental Exercises For Stress Management

The interesting thing about stress is that it means different things to different people. We may share common physical reactions to stress—muscle tension and rapid breathing, for example—but what one person finds to be exciting may leave another person frightened. You might say that in some ways, stress can be a state of mind. The following exercises are designed to help change a stressful frame of mind into a calm, peaceful one.

Meditate to Erase The Slate

You don't have to be a lover of bean sprouts and Eastern philosophy to enjoy the benefits of meditation. Meditation is just a technique to help you clear stressful thoughts from your mind and give yourself a break. Meditation is most successful when done in a comfortable, private place without distractions—in a warm tub, for instance, or even in your parked car after the drive home

from work. Start by closing your eyes and focusing on one peaceful word or image. When other thoughts enter your mind, let them go and return to the one word or image you've selected. In essence, you're erasing your mind's slate of "shoulds, coulds, dos and donts" and allowing yourself the luxury of a peaceful break.

Daydream Away—It's Okay!

Forget what your conscience says—it's okay to daydream. In fact, it can be very good for you. Daydreaming—or "visualization"—achieves the same feeling of tranquility as meditation through a slightly different technique. Instead of focusing on one single peaceful thought, you think about an entire relaxing environment in full detail. For example, if winter snows and rain have got you down, the bills are stacked high, and the kids need braces, close your eyes and imagine yourself in your favorite vacation

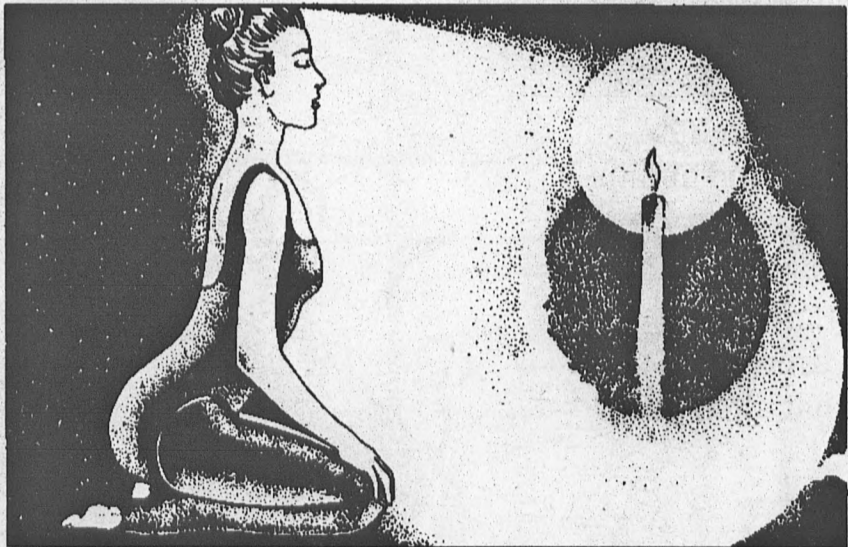
spot. Perhaps you're at the lake. Think about the boat swaying on the water, a fish tugging at your line. There's a scent of pine in the air and a warm breeze is rustling the reeds and bushes. The sun is getting warmer—feel like taking a dip before lunch? You get the idea. Your daydreams can take you away from a stress-packed day to a tranquil mental getaway. (And just think, this vacation is free!)

A Stress-Less Frame of Mind

Stress affects not only our physical health but our mental well-being too. To successfully manage stress in our everyday lives, we can learn to relax and enjoy life. Meditation and visualization can help us take a break from outside pressures and improve our outlook on life. And, when we're in a stress-less frame of mind, we're better able to handle the trials, tribulations, joys, and challenges of being human.



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Meditation helps you focus on one peaceful thought or image.



Visualization is like daydreaming — take an imaginary vacation.

SELF CARE

A COUGH

Coughing is how your body tries to clear your throat and lungs. Causes of coughing include allergies, flu, pneumonia, bronchitis, smoking and lung cancer. If you have a high temperature or the mucus you cough up is colored and thick, your cough should be checked by a doctor. But in many cases, self-care will help relieve the discomfort and symptoms of coughing.

Facts About Coughs

Coughs can be dry or mucus-producing. They have many causes: allergies to foods, pollen or other substances in your environment, flu, colds, bronchitis, other infections, and smoking. If you have a contagious disease like a cold, your cough can spread the germs to others.

If you have a cough, don't smoke. For temporary relief, drink tea with honey and lemon.



Self-Care

The self-care goal for coughs is to avoid mucus-producers, and to make yourself more comfortable. First, if you smoke, stop smoking at least until the cough clears up (it's also a good time to quit for good!). Drink plenty of liquids: at least 6 glasses per day. Tea with honey and lemon is especially soothing to the throat and may help relieve coughing. Eat and drink fewer mucus-producing foods, such as dairy products, chocolate, and coffee. Breathe in vapor (cold or hot) several times per day.

Cough Medications

Cough medicine works in one of three ways: it stops the coughing reflex ("suppressant"), encourages you to rid yourself of phlegm ("expectorant"), or dries up mucus. It's best to let your body use its own cleansing and healing process. But if you are uncomfortable, cough medicines are sometimes helpful: a cough suppressant if your cough is dry and hacking; an expectorant if your cough is wet. If you have allergies and post-nasal drip, an antihistamine can temporarily stop the dripping and coughing.

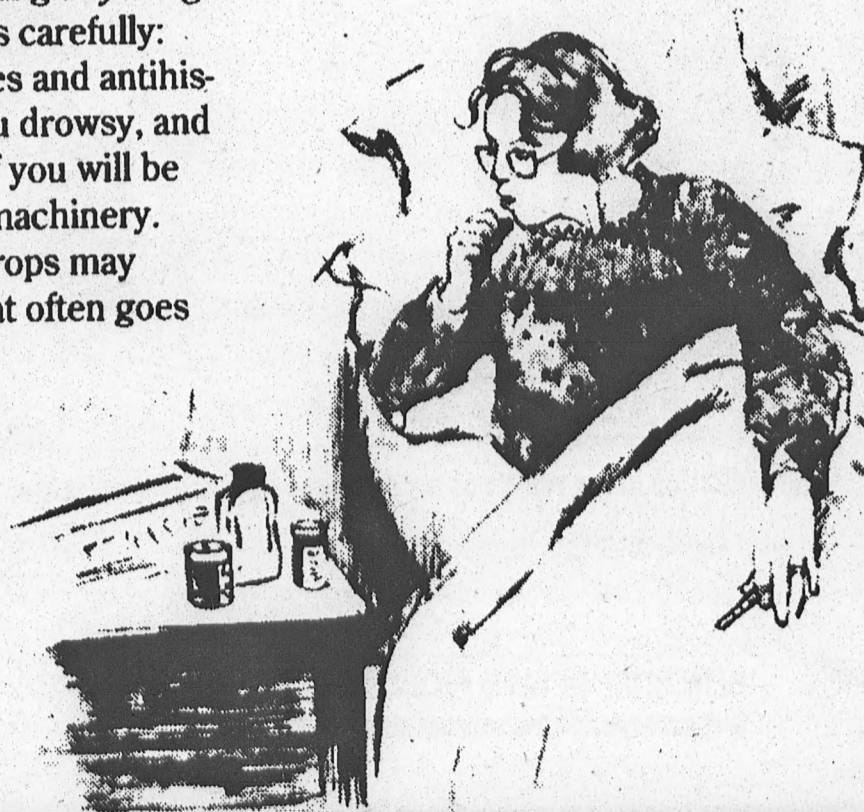
Check with your doctor or pharmacist before taking *any* cough medicine. Read labels carefully: many cough medicines and antihistamines can make you drowsy, and should not be taken if you will be driving or operating machinery. Lozenges or cough drops may relieve throat pain that often goes along with a cough.

If your temperature is above 102°F or you're short of breath, call your doctor.

Call Your Doctor If...

- your temperature is 102°F or higher
- your mucus is green, brown, or bloody
- you have severe chest pains
- the cough doesn't get better after two weeks
- you have a hard time breathing
- you have other serious health problems.

Coughing can be a symptom of many conditions. Use self-care approaches to relieve your discomfort, and call your doctor when it's appropriate.



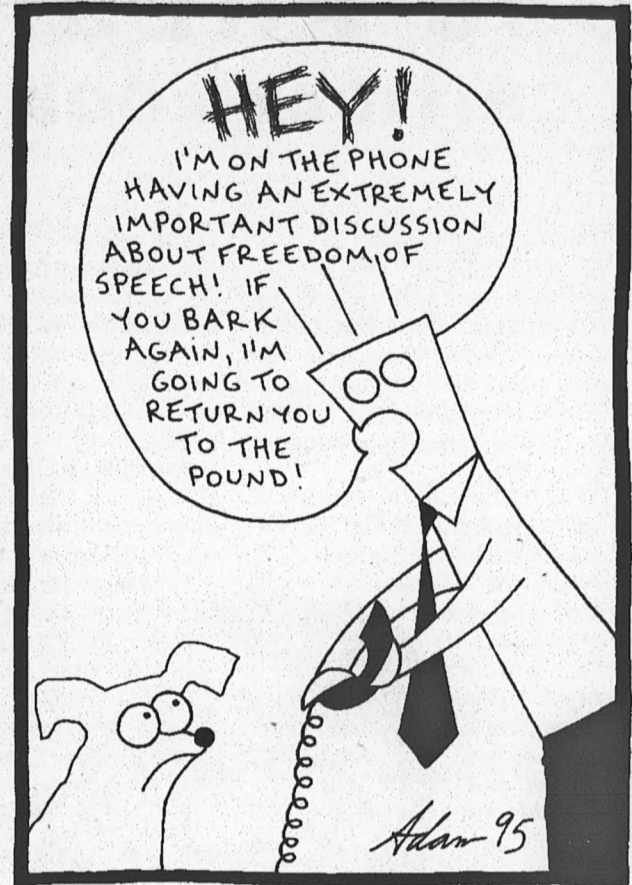
Yes the results are in for the official
 "Should Rodger Have an Umbilicus Survey?"

15 Votes said yes
 7 Votes said no

(One idiot checked off both boxes screwing up the works.)

However... Rodger will not have an umbilicus because Rodger's creator Ron Magnusson does not believe in democracy and is no doubt a communist. The author states, "My political views have nothing to do with it. It's just the simple fact that I don't have the time or the patience to go back and draw freakin' navels on cartoon characters."

Um • bil • i • cus (um bil' ə kʌs) n., the depression in the center of the surface of the abdomen indicating the site of the umbilical cord.



©1995 ADAM "IT'S A DOG'S LIFE IN A ROPE LEASH OR A DIAMOND COLLAR" GREEN

RODGER: Guide to straight A's

<p>Get to the book store early! Check your bags at the door</p> <p>Holy moly, it is a school bag, just what I suspected.</p>	<p>Stop Cutting Class to go to the Fun Bubble</p>	<p>Get hooked on Phonics</p>	<p>Have an antique study environment complete with plant life and Jenny Jones</p> <p>Dating your ex lovers, boyfriend's husband, next on Jenny Jones</p>
<p>Spend some extra time with your professors</p>	<p>Get mom to help you with your Home Work</p> <p>Ya I gotta go Connie, I haven't started dinner and Rodger is Bothering me about making, a paper hennin.</p> <p>Paper Hat Paper Hat</p>	<p>Don't over burden yourself with a lot of classes</p> <p>Well I gotta go, not all of us take just 3 credits.</p> <p>I done for the afternoon</p>	<p>Better yourself by reading the sophisticated CSI BANNER</p> <p>Should America's Favorite dinosaur have a what? I can't read that last line. It got cut off. Ahh who cares anyway.</p>

1996 PRESIDENTIAL POLITICS: A CRITICAL LOOK AT THE REPUBLICAN RAT RACE

By Joseph J. Canale

In this issue I will be focusing on no one Politician alone, but rather on the whole collective mess that the Presidential race has turned into. However, before I get into that, I'd like to reflect on other things happening in the political world.

First, Whitewater continues to look as if "President Fence Rider" (excuse me Clinton) will be getting involved with federal grand juries and special prosecutors. I think it's strange that Hillary Clinton was the President's character witness in the '92 election, and now she is becoming a rock that is slowly pulling him into the political depths. Strange... forget strange, its down right laughable.

Next, the Iowa caucuses were last week and the returns are different from what many people thought they would be. Senator Bob Dole (R-Ks), the Republican front runner, won by the skin of his teeth. That is by only three percentage points (or roughly three thousand votes). It's a victory, but a dangerous one for a front runner.

Dole was followed by the boisterous Pat Buchanan who at this point is really posing a threat to the distinguished Kansas statesman. They're followed by Lamar Alexander (as Bartlette puts it, "Never Trust Someone With Two First Names"). Alexander, who was in in fourth, became a victim of his own negativity. Steve Forbes, and the other Republican hopefuls received small percentages here and there with the exception of Sen. Phil Gramm (R-Tx) who received nine percentage points and finished fifth in the caucus. This brings me to my next point.

Senator Gramm who was sure he would do well in Iowa, dropped out

of the race for the Republican nomination following his poor turnout in the "Hawkeye State". He stood at a platform in the nation's capitol and said, "when the voters speak, I listen. Especially when the voter is saying someone else's name." I must confess I did generally feel bad for him as it is a horrible feeling when one's constituency is not supportive of the candidate (believe me I've been there). Analyst's are attributing his loss due

to image problems, principally that he is being described a "ugly". At this point, Gramm has given his support to Senator Dole. Gramm's endorsement was in my opinion pretty warm considering the way he had been trying to discredit Dole's candidacy on such issues as compromising with Congressional Democrats and the Whitehouse on the balanced budget.

My last observation this week is that Governor Allen (R-Vir.) and Governor Weld (R-Mass.) have thrown their gubernatorial support behind Bob Dole.

This is a definite plus for Dole who now has the support 29 of the country's 36 Republican governors. Now let's get back to the topic. The disastrous mess that is Campaign '96 has made my blood pressure rise. Perhaps I am being critical, but as someone concerned about the future of the Presidency I think that this campaign is really full of too much hate. Maybe I'm biased because my own experience with Student Government and negative politics has been a loathing experience, but I think that the attacks in this race have been too brazen. Furthermore, I think the candidates, with the exception of Senator Dick Lugar (R-In.), are all guilty of acting like children and destroying their own characters. I know what everyone is thinking, "that's politics and that's how the game is played". I am remind-

ed of the words of Winston Churchill, "Politics are like war except in war you can only die once, and in Politics many times."

I don't agree with that philosophy, I believe politicians are supposed to be leaders and standard bearers, they are to set an example to the rest of society. To back up my stance, let's take a look at the New Hampshire debate.

First, of all the candidates all sniped at one another (again with the exception of Dick Lugar), and everyone at one time or another hacked at Senator Dole. Despite the barrage of attacks I feel Dole recovered pretty well from most of them. The first attack came from Lamar Alexander who said to Dole to pull off the negative adds because he is better than that. Dole later responded saying Lamar was the first in the field to discharge negative advertising and that Dole figured it was okay after that. Pat Buchanan was the next to fire a shot across Dole's bow by saying he should stop calling him an extremist and stop stealing his ideas. Dole attempted to reply, but Buchanan was far too overpowering, which in my opinion worked in Dole's favor because voters are more sympathetic to live T.V. attacks rather than rhetorical political ads. Later in the debate Dole tapped Buchanan on the back saying " I don't know what's wrong with you today Pat, what did you have a bad day or something?"

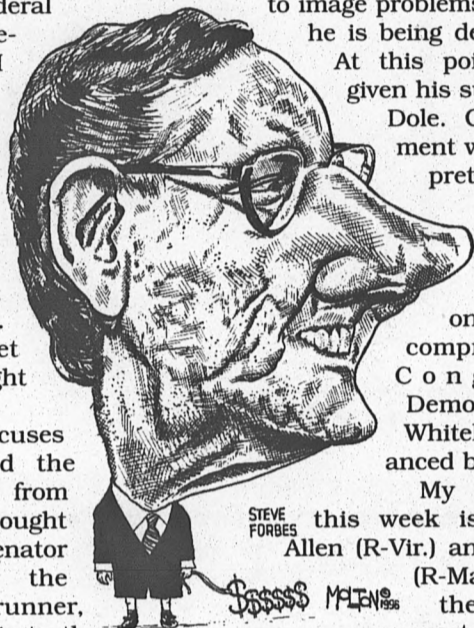
Dole didn't just get flack from the big three, he even received criticism from Allan Keyes who attacked him by saying his contribution to bailing out social security was a false sense of security, and an I.O.U. that the American people have to pay back. Dole responded by saying that because of what he did people are getting their checks every month. However, Dole was far from a sitting duck. He used the televised debate to really go after Steve Forbes for his negative advertising, showing pictures of his wife and dog saying he should use some good pictures in his future ads. Forbes responded saying that the pictures aren't going to hide Dole and his stance on taxes. Dole crisply countered that Forbes should stop trying to buy the election that it wasn't for sale. A

big surprise was Lamar Alexander who after the debate polls showed to have come off the best to the New Hampshire audience. This doesn't surprise me as Lamar really had some good ideas and like Dole, tried to focus on President Clinton.

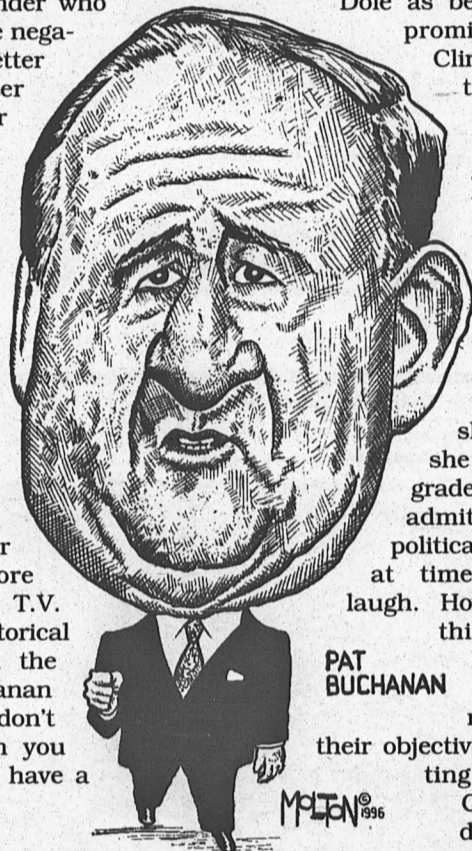
While that debate was certainly a cesspool of criticism and political fencing, this has been going on since the beginning of the field. I have to admit though sitting back and watching politicians bicker back and forth and making fools of themselves (and their opponents) is quite entertaining. My personal favorite was three weeks ago when Phil Gramm attacked Bob

Dole as being too compromising to the Clinton administration. Dole who was about to answer a thirteen year old student's question responded saying, can you be quiet? I want to hear what she has to say, she passed all her grades. I have to admit folks, the political fighting does at times make me laugh. However, I really think the Republicans have to remember their objective, that is getting rid of Bill Clinton and doing the country a favor.

Let's face it, if you uncover all of the chinks in your party nominee's armor and then that guy has to go to bat against a rival party and incumbent President, you really have to wonder if politically you are exposing too much. What also represents a threat to Republicans is that with so many running and such competitive fighting the party will eventually become divided. In contrast no Democrat has emerged to oppose Clinton who will have at his disposal wide party support, rather than fragmented shards of support like in the Republican ranks. I think going into the race, whoever the nominee is, will have a hard time overcoming the consequences from the negative ads which are coming from other Republicans. In the future, campaign participants should really establish ground rules so that they don't shoot their party in the foot before the real race for the White House even starts. In any case, negativity is not the way to get positive support from the public. We've seen the extent of this in the Iowa caucuses with Steve Forbes, and no doubt we'll see it again as this rat race for the White House continues.



STEVE FORBES



PAT BUCHANAN

MELTON '96



FRANCA SWANSON EXPRESS-NEWS

THE REST OF THE COUNTRY SHOULD BE GLAD THEY DON'T HAVE TO SLOG THROUGH THIS STUFF...

THE SNOW IS ESPECIALLY DEEP THIS YEAR...

THAT TOO...

God's Gospel is for the Sinner

By Steven Guzzi

Ever notice that people who are considered to have the worst lifestyles become true believers in Jesus Christ? It's usually people in jails who have committed great sins. It is the off scour and rejected of society who are more likely to believe in the gospel of Jesus Christ. People who have a lot of things, are highly educated, are highly moral, religious, and seemingly have it all together are less likely to heed the message of salvation from the Bible.

Why is it that certain people don't think they need to receive Jesus Christ as their Savior? It is either because worldly things, and not spiritual things are important to them. In the Old Testament, Esau sold his birth right (a spiritual thing) for food, saying "I am at the point to die: and what profit shall this birthright do to me" (Genesis 25:32)? The Bible uses him as an example of how not to be. Later he regretted it because he lost the blessing. It was too late and so it shall be for those who reject the gospel for worldly things. Jesus said, "For whosoever will save his life shall lose it: and whosoever will lose his life for my sake shall find it. For what is a man profited, if he shall gain the whole world, and lose his own soul? or what shall a man give in exchange for his

soul" (Matthew 16:25-26)?

Also, the gospel is rejected by people who are content with their spiritual condition, thinking they have led a religiously good enough life to get to

h e a v e n .
Being religious doesn't mean we don't need a S a v i o r .
This is because "all have sinned and come short of the glory of God" (Romans 3:23). But only those w h o acknowledge their sin will see their need for a

Savior. Jesus said, "They that are whole need not a physician, but they that be sick. I come not to call the righteous, but sinners to repentance" (Luke 5:31-32). Christ didn't come for people who think they are self righteous, but those who realize their spiritually sick condition of sin. They are the ones

who respond to the gospel and become saved. Just as you don't go to the doctor unless you know you are sick, you won't go to Jesus unless you know your sins are sending you to hell. This

It is usually people in jails who have committed great sins. It is the off scour and rejected of society who are more likely to believe in the gospel of Jesus Christ.

explains why the outcasts of society are more likely to come to Christ than moral-religious people. They see their condition more clearly, while a self righteous man is blinded by a religious facade.

The biggest stumbling block for why people don't receive Jesus

Christ is pride. This is especially true in our day where people are very knowledgeable. "Knowledge puffeth up [leads to pride]" (1 Corinthians 8:1). Worldly wisdom can snare people into the erroneous belief that it is foolish to take the Bible seriously. This keeps people from Christ. The Bible says of

man's wisdom, "hath not God made foolish the wisdom of this world? For after that in the wisdom of God the world by wisdom knew not God, it pleased God by the foolishness of preaching to save them that believe" (1 Corinthians 1:18-31). God calls and saves those who are rejected, sinful, and foolish by the world's standards. He shows that salvation is not of men, but of God. Jesus Christ is the biggest example of one who God exalts. He was rejected by his own people (John 1:11), disbelieved by most, mocked, spitted upon, and crucified by the Roman authorities at the prompting of the religious leaders. Yet God chose him, by raising him from the dead. "Him hath God exalted with his right hand to be a Prince and a Savior, for to give repentance to Israel, and forgiveness of sins" (Acts 5:31).

God will heal you if you humble yourself, acknowledge your sinful condition and ask Jesus to save you from your sin. There is hope, even if you feel lonely, rejected, sinful, and down. God will pardon and accept you. Christ is able to do this because he died on the cross to pay for your sins and mine. "He that cometh to me I will in no wise cast out" (John 6:37). It just takes a humble faith to receive him for it.

Single Parents Raising Children

By Xiomara Cabarera

In my opinion, a single working parent can successfully take care of a child. In the United States, the number of children raised by a single parent is greater than other countries. This is primarily because America has more divorces.

Divorce is the main root of the problem because children have to decide who they should stay with. In most cases, a Judge in Family Court decides where children will live.

Sometimes the effects of a divorce trial can be detrimental. The ideal thing would be not to have a divorce for "the sake of the children", but that's not always possible.

If a parent has to raise a child alone, then some adjustments are required. For example, a single father may have some trouble raising a girl because he may not be able to explain to her about a women's changes and sex. In this case, the best thing would be to get married again.

Children raised in a two-par-

ent home may be in a better economical position than being raised by a single parent. This may be true if both parents are working and providing the children a more luxurious life than those being raised by one parent. However, one of the major problems a couple has is arguing. The fights make children feel miserable. Single parents don't have this problem, therefore, the children might be happier.

The fact is that a single parent who works and loves his or her children can take very good care of them.

This is because with some money and lots of love children can be raised in a decent way. These opinions may not be true in all cases, there are always exceptions. I believe what I have written, and I think that two-parent homes are the best for the children. I feel they need the love from a mother and father. If a child has to be raised by a single parent, this person should try with all the effort possible to raise a honest, loving, and happy human being.

A BELATED VALENTINE'S DAY PONDERANCE

By Bennet Maurer

While everyone was busy giving flowers to their "Valentine of choice", I felt their was a serious issue worth examining. Political leaders all the time talk about family values, God, and how much they love their spouses. But, some of them have had questionable pasts. People like Bob Dole and Newt "Ganggreen" have had divorces, so who the heck are they to throw stones? When did God anoint them the chief moral dictators of America? But getting more to my point, where are the days off for love?

You should take a look at all the days we get off from school or work. Most of them are for famous people in history dying or remembering wars. Since America is a nation that loves to go to war every twenty years are so, it's obvious that our leaders should celebrate what they do best...killing people. Based on our

present economic satiation, what else does America do?

Want more proof? "The Contract On America" (sarcasm) calls for the comeback of Star Wars and an increase in the military spending. Now does that sound like a government that is interested in practicing what God talked about? With this as the pretense, how and why should the government think about LOVE at all?

Maybe if there was more financial backing by the Vaction or corporations, then days would be given off to everyone in the name of love. One would think that the Vaction wouldn't declare days off for war? I feel that since the Pope is much too busy with God knows what, this decision would best be left in the citizen's hands.

Days off for love would be a very important thing to our nation's psyche because it would actually throw the ideal of love in our

faces. The media is so busy throwing death and tragedy in our faces that it makes everyone forget about love or compassion. Wouldn't it be nice to actually have days off for people to celebrate love? It is the most essential feeling that everyone needs to have.

It would put smiles on people's faces, give better vibes for living, and be a constant reminder of the beauty that exists in the world. That is instead of the doom and gloom which is plentiful and abundant on our local street corners. Why do people focus on those things all the time? Believe it or not, humans have done more than just kill other people and blow things up. Why don't we celebrate love once in a while?

With the constant bombardment of war, isn't a wonder why citizens don't love so much? Just take a look at the most watched event on television every year and you'll see what I'm talking about. The

Super Bowl's language illustrates this quite lucid. The "bombs", "squadrons", "trenches", and other such language make football another glorification day for war on the largest proportions. The military even flies by and holds *Old Glory* during the National Anthem. This also makes war much more positive than it is.

Could anything be so barbaric? Speak to anyone that was involved in a war and you would be quite surprised how it isn't anything worth celebrating about. If this is the case, then why is it sooooo exonerated?

I know that the Sixties are over. The peace, love and flowers bit are gone and buried. But I still think that days for love would help change the collective behavior and psyche of America? This idea certainly couldn't hurt.

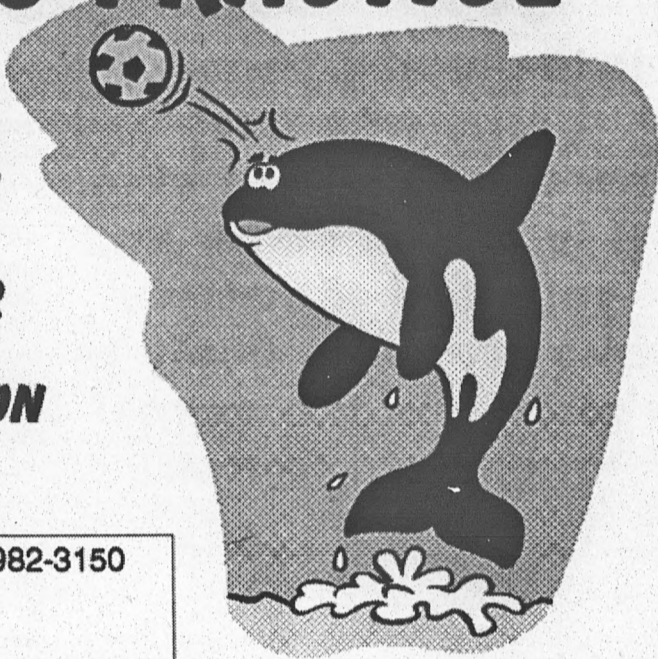
ALL INTERESTED PLAYERS

CSI SOCCER TEAM SPRING PRACTICE

PRACTICE STARTS APRIL 29TH FROM 2:30PM TO 4:30PM WILL CONTINUE UNTIL MAY 17TH MEET AT THE CSI SOCCER FIELDS

MEDICAL FORM MUST BE ON FILE IN THE HEALTH CENTER!!

Interested players call Coach Donlan 982-3150 Bldg. 1R 204



T H E D O C T O R I S I N

By ALICE MARINO

This semester students will receive medical assistance from both Staten Island University Hospital and St. Vincent's Medical Center. Nursing students, college athletes, student teachers and those who wish to take PED 190 are required to have physical examinations. For an appointment please call 982-3045. In emergency situations, go to the campus center, room 112.

Residents will give immunizations, diagnose sexually transmitted diseases, provide gynecological examinations and pregnancy tests. Staten Island University Hospital has staffed our center with specialists in nutrition and H.I.V., two days a week. Available doctors are listed on a blackboard outside the office.

Since the budget cut backs we lost our doctor, according to Audrey Glynn. Left with nurses who were

not permitted to provide aspirin, the College of Staten Island began looking for other options. Since both hospitals were interested we have gratefully embraced the help. The college will serve to train Md.'s for community health (as opposed to specialization), as well as accommodate an internship cite for physician assistants.

The next program hosted by Staten Island University Hospital is : Weight Management Classes for faculty and students, on Thursday, between 12:00 and 2:30. Please inquire at room 112 to find out about the location.

STAFF NEED MEDICAL COVERAGE BUT STUDENTS DO NOT

Staten Island University Hospital St. Vincent's Medical Center

Mon. - Wed. & Fri. 9-12
Thur. 9-4

Mon. - Wed. & Fri. 12:30-8
Thur. 4-8, Sat. 9-12

Wellness Column Stress Management

By Salome Phillips

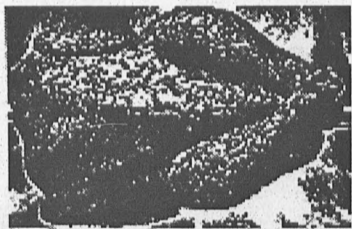
It's a new semester and for many students this could be a very stressful time. The pressure to get good grades and to keep up with course work can overwhelm and stress students out. To succeed in college or for that matter, in life, we must learn to control stress.

Stress is a fact of life. It is an automatic physical reaction to a danger or demand. Muscles tighten, blood pressure rises, the heart speeds up, extra adrenaline rushes through our system. This reaction is an age-old survival response. Some stress can be good because it inspires us to meet challenges. But too much stress can harm our physical and mental well-being. That's why it's important to control stress and not let it control us.

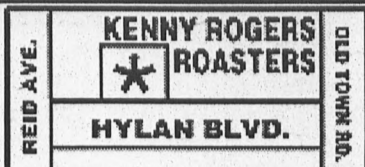
Some physical and psychological signs to look for to tell if you are stressed out are : nervousness, nail biting, cold hands and feet, muscle tension, lack of energy, headaches; confusion, depression, changes in sleeping, eating, and sexual habits, mood changes and increased use of alcohol and other drugs.

If you are stressed out, here are a few suggestions to help you control harmful stress. Get enough sleep. Work out anger; don't let it get the best of you. Exercise: walk, swim, go rollerblading etc. Do deep breathing, meditation or visualization techniques. Eat right. Manage your time wisely, don't wait to do everything at the last minute. Take breaks in between your studying. And last but not least, talk to someone about it. We are here at the Peer Drop-In Center for you. Come in and see us anytime and get a load off. If you want to talk or just get more information, we are available and willing to listen or refer you to other services. We're located in 1C - 112. We'd love to have you drop by! The Peer Drop-In Center is part of The Division of Student Affairs' Wellness Program and the phone number is 982-3123.

Thursday, February 9, 1996 • BANNER



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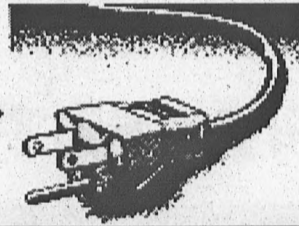


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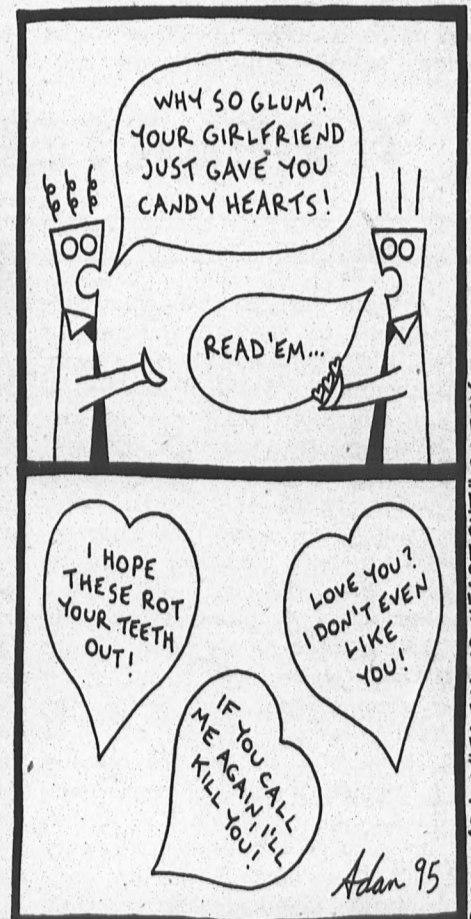
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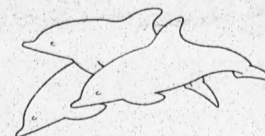
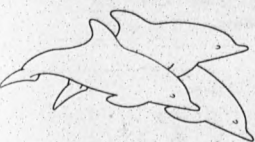
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DOLPHIN REWIND

February 2 - 16

Compiled By Michael Anderson
Sports Editor

Mens Basketball

February 3 at Mount St. Mary

Any loss hurts a team, especially one in overtime. However, when controversy is involved the loss becomes harder to swallow. CSI lost this game in overtime, 93-88 and fell to 15-5. The controversy came at the close of regulation. With the score tied and time winding down, center Chris Kelly heaved a pass downcourt to guard Robert Schnurer. After Schnurer caught the ball, he then heard a horn. Unfortunately, the horn was a cheap imitation used by a Mount St. Mary fan, but Schnurer thought it was the game horn. He then heaved the shot from 30 feet out and missed as the real game horn sounded.

CSI lost eventually in overtime, but there was a good chance CSI shouldn't have even been in overtime. If Schurer hadn't heard the imitation there's no doubt he could have gotten off a better shot. It might not have been a great shot, but it would have been better than the shot he took. While CSI coaches and players heard the horn, officials claimed they didn't hear anything. Not even a loud horn.

Key Stats

Sophomore guard John Cali led CSI in scoring with 24 points. Junior center Chris Kelly had 17 points and grabbed an astonishing 22 rebounds.

February 5 vs City College

After a controversial loss, the next thing CSI needed to do was show character and put the loss behind them. They did just that by beating CCNY 68-55. The game might not have been as high scoring as their last game, but CSI realized that their powering front court could dominate this game. And they did just that. The Dolphins took advantage of a team that compared to them was weaker in the frontcourt.

The frontcourt trio of center Chris Kelly, and forwards Billy Felci and Joe O'Leary combined to score 62% of CSI's points. CCNY has a couple of players who can play an up-tempo type of game, but CSI did a great job of slowing the tempo. They played their type of game and it showed as CSI put a bad loss behind them and improved their record to 16-5 overall and 7-1 in the CUNY Conference.

Key Stats

Forward Billy Felci paced the Dolphins with 18 points and 10 rebounds. Forward Joe O'Leary scored 14 points and chipped in with 5 rebounds. Center Chris Kelly scored 10 points and pulled 13 rebounds.

February 7 at Lehman

Defense usually wins ball games and this game proved to be no different for CSI as the crushed Lehman 69-48. Lehman shot an embarrassing 17 of 48 from the field, resulting in a 35% field goal percentage. The Dolphins showed their skills on the glass as they out-rebounded Lehman 42-26. With Lehman shooting so horribly and rebounding so poorly, it was no wonder CSI routed dismal Lehman. Good teams beat those that are lesser than them and CSI proved how good they are.

Point guard John Cali entered the game averaging over 17 points per game, but only attempted two shots this game while tallying 1 point. When John got into foul trouble the reins of the team were handed to Robert Schnurer and he showed he was able to accept. Schnurer scored all his points (11) in the second half when CSI opened a 10 point half-time lead to a 20 point lead and eventually a 21 point win. With the win, CSI (17-5, 8-1) clinch the CUNY South Division title.

Key Stats

Brian Gasper scored a team-high 18 points while Joe O'Leary scored 15. Rebounding machine Chris Kelly grabbed 21 rebounds.

February 12 vs Kings Point

Senior Pat Harkins played his last regular season home game against Kings Point. He proved to give CSI an emotional lift that was needed as they squeaked out a 68-64 win. Kings Point kept it close in the final minute. A three pointer cut the lead to 2, but CSI held them off.

Although this was the last regular season home game for CSI, they will be home for the CUNY Tournament as the event will be held at the newly finished Sports and Recreation Center. There were seven lead changes in this game until CSI took a 44-42 lead. From that point CSI never trailed again. And with it came their 18th win to go with 5 defeats.

Key Stats

Chris Kelly put together another workman-like effort with 19 points and 15 rebounds. Robert Schnurer also chipped in with 17 points.

February 14 at Baruch

The regular season closed for the Dolphins in Xavier High School, Manhattan, with a 74-68 win. The win puts them at 19-5 overall and 9-1 in the CUNY Conference. The Dolphins finished their "first" season and are ready to embark on their "second" season as the CUNY Tournament opens up on the 19th.

A balanced scoring attack helped CSI pull this one out. At one point CSI had a 18 point lead and

watched the lead shrink, but showed composure and continued their game plan and closed with an eight point win. If the Dolphins can play the way they did tonight, there's no reason to see why the CUNY title won't be theirs.

Key Stats

John Cali did it all as he scored 24 points, grabbed eight rebounds, and dished out seven assists. Chris Kelly finished with another double-double with 12 points and 13 rebounds.

CUNY AWARDS

Point guard John Cali came in third place for CUNY MVP. Sean McGee of Baruch was first with 76 points, Artie Challenor was second with 71 points, and Cali finished third with 70 points. Cali did make CUNY first team while center Chris Kelly made CUNY second team honors.

CSI coach Tony Petosa was named CUNY Coach of the Year. This was Coach Petosa's first such award in seven years as the CSI coach.

Congratulations to John Cali, Chris Kelly and coach Tony Petosa on their accomplishments.

Womens Basketball

February 3 vs Mount St. Mary

This game was marred by a CSI player getting ejected and CSI's two coaches getting ejected. As a result, the Lady Dolphins lost 55-34. The ejection started when CSI's own Darlene Lewis went for a loose ball and was soon involved in a pileup. Stephanie Bird jumped in and although no punches were thrown, she was ejected. That left CSI with only five players since CSI's leading scorer Emma Dodd ran out of eligibility last game.

Head coach Gerry Mosley and his assistant Steve McCoy were ejected when coach McCoy was on the court arguing against a no-call by the referees. When coach McCoy was on the court and when he didn't get off the court, he and coach Mosley were ejected. After this ugly game, the Lady Dolphins dropped to 9-11.

Key Stats

Darlene Lewis led CSI with 11 points. Before her ejection, Stephanie Bird had six points.

February 5 vs City College

With only five players available to play for the Lady Dolphins one could wonder how they would last the whole game. Well, they lasted the whole game; however, the result was a 57-41 loss. With Stephanie Bird serving her one game suspension due to her ejection from last game, the Lady Dolphins were extremely short handed.

Key Stats

Lily Ann Sciametta scored 14 points and Keri O'Brien scored 11. Darlene Lewis also scored 11 points while grabbing 17 rebounds.

February 8 vs Georgian Court

When you look back at the schedule, maybe it would have been better to schedule one less game and skip the game against Georgian Court. The Lady Dolphins got massacred by New Jersey's Georgian Court by a score of 83-41. The Lady Dolphins opened slowly at it showed at halftime as they trailed 42-21.

The Lady Dolphins were out-rebounded 52-30. Also, CSI only had 4 steals while Georgian Court had 13. With these lop-sided stats it was no wonder CSI lost. Due to the loss, the Lady Dolphins dropped to 9-13.

Key Stats

Lily Ann Sciametta had 11 points and Lucana Troia had 10 points. Darlene Lewis scored 8 points and 7 rebounds.

February 10 vs Saint Elizabeth

After a humiliating loss last game, the Lady Dolphins came out and showed guts. The Lady Dolphins came out and punished the next team that would enter their schedule. As a result they beat Saint Elizabeth 59-50. This game was important because it gave the Lady Dolphins confidence in themselves.

Anytime a team loses by a wide margin, there becomes an issue of doubt and confidence. The Lady Dolphins showed that there is still some basketball left heading into the last game and CUNY Tournament. With the win they improved to 10-13.

Key Stats

Darlene Lewis lead CSI scorers with 23 points. Keri O'Brien scored 21 points and hit four shots from behind the three-point arc.

February 14 vs Hunter

The Lady Dolphins headed into this game with a one game winning streak. They were hoping for another win and some momentum heading into the CUNY Tournament. They would have won too, if not for a buzzer-beating offensive rebound that propelled Hunter to a 60-59 win. CSI held a 33-26 halftime edge, but saw the lead disappear.

The regular season finale loss was not a great way to head into the CUNY Tournament, but CSI will have home-court advantage in the tournament. CSI finished the regular season at 10-14 overall and 4-4 in CUNY play.

Key Stats

Stephanie Bird had her career-high for points with 20. Lucana Troia finished up with 11 points.

RODGER GETS AN UMBILICUS?

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BANNER Sports

Thursday, February 22, 1996

Dolphin Sports

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So Long Charles Smith

By Michael Anderson

To all New York Knick fans the day finally came. That was the day that forward Charles "Fluid" Smith got traded. He was shipped with forward Monty Williams to the San Antonio Spurs in exchange for J.R. Reid, Brad Daugherty, and a number one pick in this year's draft. The fourth place team in the Eastern Conference, the Knicks, had that they made the trade for future implications. Whatever the real reason may be the Knicks lost a pretty good ball player.

The one thing that any sports fan must know is that New York is a great place to play. If you win. When you win games in New York, fans are happy. However, if you are one of the unfortunates to play in New York and lose, you will remember it. Fans feel that the Knicks had a prime shot at winning a championship when the Knicks lost to the Bulls. They lost to the Bulls when Charles Smith couldn't convert three layup attempts against a Chicago wall named Jordan, Pippen, and Grant. Most people would say that a person who stands inches away from the basket and is just short of seven feet should easily put a basketball through a hoop. Especially when the opportunity is given three times. And maybe those people are right. But was the continuous embarrassment he received sufficient for his crime?

Every time Charles Smith tripped onto the Garden floor he was booed. In my mind he could score 55 points in one game and he would still be mistreated. The Knicks best shot at the championship was when they were the championship game the next year against the Houston Rockets.

That year the Knicks' championship hopes were faltered like John Starks' shots. It seemed as though Starks launched 128 shots, with none going in. If anybody should be blamed for no recent championships in New York, maybe we should pin all the blame on John Starks. Knicks fans gave Starks their cold shoulder, but not even close to the way they gave it to Charles Smith. If Knick fans want to be equal with blame, then John Starks should receive the treatment as Charles Smith. Or even worse.

If you truly want to analyze why the Knicks didn't win the championship, then maybe some blame can be put on Pat Riley. After all, it was Pat Riley who kept John Starks in that game against the Rockets. Anybody would have been sufficient to play for Starks. If the ball would have been passed around then the Knicks could have that championship. Riley could have easily taken Starks out and said, "John, thanks for a great season, but tonight's not your night." It seems logical enough and now, Knick fans will say that Riley should be blamed. However, before Riley screwed the Knicks, there weren't many people willing to blame the omnipotent Riley. He was always treated with class until his departure to Miami. Starks was in that game doing what Riley wanted him to do - shoot the ball. While Riley didn't see many shots fall he was able to see the Knicks starting to fall.

Next year is always a new year. The Knicks said that last year. The Knicks played a great season, but they started seeing much tougher competition from the Orlando Magic and the Indiana Pacers. After wiping the floor with the Cleveland Cavaliers in the

first round, it was now time to square off with the Pacers. The Knicks took the seven game series to the last game. The Knicks battled back from a big deficit and were seconds away from making a great escape. With seconds left, Riley decided to put the ball in his best man's hands. And that was Patrick Ewing. Ewing got the ball and drove the lane. He put up a finger-roll attempt that bounced off the back of the rim as time expired. If Ewing made the shot then maybe the Knicks could have moved on to a championship. In this case, the blame can be put on Ewing for missing the shot. He took to that point and couldn't get them over the hump. But, we won't hear people bash Ewing like they bashed Smith. Fans should remember that there is no "I" in team. The Knicks team lost the championship, not Charles Smith.

Fans didn't want to hear it. They wanted Charles Smith out of New York as soon as possible. They made his life feel close to hell. So Knicks GM Ernie Grunfeld traded Charles Smith away from New York. Away from the terror. Away from the nightmare. The Knicks received two players that talent-wise can't add up to Smith. Plus the Knicks threw in a player that was never given a chance in Monty Williams. Monty Williams may prove to be a valuable asset for the Spurs in the playoffs. He can provide a scoring lift if Sean Elliot falters. With that lift his minutes may rise the next season and he may soon be an All-Star.

A situation like this may only happen very rarely. But it does. A couple of years back, Golden State Warrior All-Star Latrell Sprewell was selected in the draft almost in the same place as Monty Williams. Williams feels he

has the skills to make it as a pro. "All the guys on the team know what I can do on the court. They saw it every day," said Monty Williams. "I have a chance to show the things that I can do."

As for Charles Smith, I think he will succeed. I don't think this trade puts the Spurs on top, but it will help. Sean Elliot was once an All-Star for San Antonio. He then got traded to the Detroit Pistons located in the Eastern Conference and stunk up the joint. He couldn't do squat in the East. Then he got traded back to the Spurs in the Western Conference. His game elevated and he became an All-Star once again. Charles Smith could do the same. He excelled in the West with the Los Angeles Clippers and then faltered in the East with the Knicks. Now he's back in the West and his game has a chance of improving.

The trade gave the Knicks another first round pick in this year's draft. The Knicks now have three first round picks for this year. Plus with Charles Smith gone and J.R. Reid gone after this season, the Knicks will be \$8M under the salary cap. First the Knicks should re-sign Derek Harper. With the left over money the Knicks could go after a high-priced free agent this summer. Possible additions could include Juwan Howard, Reggie Miller, Kenny Anderson or even Shaquille O'Neal. I think the smartest move will be to trade for Dallas Mavericks guard Jimmy Jackson and then sign Juwan Howard. If this happens you would have Harper, Jackson, Ewing, Howard, and Charles Oakley/Anthony Mason as the starting five. This would put us right in the class as the Bulls and Magic.

Spring 1996 Calendar: 1R Open Hours

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
Pool	7:00 a.m. - 10:00 a.m. 11:30 a.m. - 3:00 p.m. 5:15 p.m. - 9:45 p.m.	7:00 a.m. - 10:00 a.m. 11:30 a.m. - 3:00 p.m. 5:15 p.m. - 9:45 p.m. 7:00 a.m. - 10:00 a.m.	11:30 a.m. - 3:00 p.m. 5:15 p.m. - 9:45 p.m. 7:00 a.m. - 10:00 a.m. 11:30 a.m. - 3:00 p.m.	5:15 p.m. - 9:45 p.m. 7:00 a.m. - 10:00 a.m. 11:30 a.m. - 3:00 p.m. 5:15 p.m. - 9:45 p.m.	7:00 a.m. - 10:00 a.m. 11:30 a.m. - 3:00 p.m. 5:15 p.m. - 9:45 p.m.	7:00 a.m. - 5:45 p.m.	7:00 a.m. - 3:45 p.m.	
Volleyball	7:30 p.m. - 9:45 p.m.		1:00 p.m. - 3:00 p.m.	7:30 p.m. - p.m.				
Badminton		12:00 p.m. - 2:45 p.m.			7:30 p.m. - 9:45 p.m.			
Racquetball	7:00 a.m. - 9:45 p.m.	7:00 a.m. - 9:45 p.m.	7:00 a.m. - 9:45 p.m.	7:00 a.m. - 9:45 p.m.	7:00 a.m. - 9:45 p.m.	7:00 a.m. - 5:45 p.m.	7:00 a.m. - 3:45 p.m.	
Fitness Center	7:00 a.m. - 9:45 p.m.	7:00 a.m. - 9:45 p.m.	7:00 a.m. - 9:45 p.m.	7:00 a.m. - 9:45 p.m.	7:00 a.m. - 9:45 p.m.	7:00 a.m. - 5:45 p.m.	7:00 a.m. - 3:45 p.m.	
Step Aerobics	1:25 p.m. - 2:15 p.m.	1:25 p.m. - 2:15 p.m.	5:30 p.m. - 6:30 p.m.	5:30 p.m. - 6:30 p.m.				
Basketball	11:45 a.m. - 1:45 p.m.	11:45 a.m. - 1:45 p.m. 7:30 p.m. - 9:45 p.m.	11:45 a.m. - 1:45 p.m.	11:45 a.m. - 1:15 p.m. 7:30 p.m. - 9:45 p.m.	11:45 a.m. - 1:15 p.m.	1:00 p.m. - 3:00 p.m.		
Table Tennis		7:00 p.m. - 9:45 p.m.	12:00 p.m. - 3:15 p.m.	12:00 p.m. - 3:15 p.m.	7:30 p.m. - 9:45 p.m.		12:00 p.m. - 3:45 p.m.	
Early-Bird Workout	8:00 a.m. - 9:00 a.m.		8:00 a.m. - 9:00 a.m.		8:00 a.m. - 9:00 a.m.			

Hours are subject to change for special events