



The College Voice

Vol. VIII, No. 7

MARCH 1, 1988

Group Protests Animal Experiments at CSI

BY DAVID DIAKOW

The sidewalk outside Building 1 at St. George was filled with protesters on Feb. 1, in a demonstration calling for an end to animal experimentation which has been conducted in the science building at 50 Bay St.

The experiments in question are part of the biology component of CSI's Collaborative Science Program. The program offers instruction to local high school students in various areas of science. Some of the abuses which the program is alleged to have subjected lab animals to include vivisection, castration, and the injection of large amounts of caffeine. Trans-Species claims that the experiments serve no valid purpose, violate guidelines established for such experiments, and that students are not told at the time they enroll that they will be asked to participate in such experiments.

The charges were reflected by a sign carried by one of the protesters, which bore a depiction of the exposed organs of a dissected hamster, and by chants of, "Unseen they suffer. Unheard they cry. In agony they linger. In loneliness they die."

The demonstration followed a meeting earlier in the week between school officials and Trans-Species representatives failed to bring about a resolution to the situation.

The leader of the Trans-Species, Joe Castro, in a statement delivered as the protest ended, declared the principles which the group is dedicated to. "A German Monk by the name of Martin Luther posted on a church door a list of 95 theses, or statements, affirming the rights of people to express religious freedoms which we now take for granted," he began. "Today, you have witnessed the posting on a door affirming the rights of animals."

He then read the list, before taping it to the door at the entrance to College Hall: "First, life cannot be property. Second, all animals have the right to not be tortured

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Animal rights activists from around the city march in front of the St. George campus of CSI to protest.

Photo by: Tom Jahn

STEP Program Defended

BY ROBERT R. SAMUEL

Trans Species Unlimited, a national animal protection organization, organized a demonstration at CSI on Jan. 30. The demonstration was to protest alleged cruelty to animals by students in CSI's New York State funded Science and Technology Entry Program (STEP).

About 100 people comprising of the general public and members of Trans Species Unlimited demonstrated in front of Building 1 of the St. George campus for about two hours.

Joseph Castro, the President of the Staten Island chapter of the organization, stated that they wanted to stop high school students from conducting experiments on live animals in the college. The group sang a few songs, including "We Shall Overcome, before dispersing at 1 p.m.

The participants of the STEP program were a bit upset. They commented on an article which appeared in the Jan. 24 issue of the *Staten Island Advance*. Castro is quoted as saying that two members of his organization had seen

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Starlight Ball Committee Set

James F. Regan and Edith Susskind have been named co-chairpersons of the tenth Annual Starlight Ball scheduled for Sat., April 23, 1988 at the Sunnyside campus.

"I am privileged to co-chair the Starlight Ball which provides substantial benefits directly to The College of Staten Island," said James F. Regan, co-chairperson. "CSI has, since its inception, dramatically altered post secondary education opportunities on Staten Island."

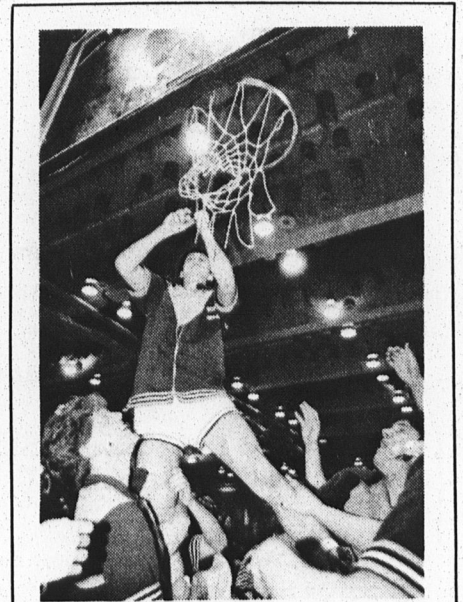
"Raising scholarship money for young people to help put them in a positive position to help others has always been one of my priorities," added Edith Susskind, co-chairperson.

The gala, sponsored by the Friends of the College of Staten Island, will celebrate its tenth anniversary.

Mr. Regan of Todt Hill is a member of the New York City Board of Education since 1972, served as President of the

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Dolphins Win CUNY Tournament



See centerfold for more game pics.
Photo by Richard Formica

EDITORIAL



Insufficient Supplies Undermine Course Goals

Computing For Today, otherwise known as CSC 102, is one of the more popular computer courses taught at CSI. This class supposedly satisfies the computing requirement for the Business degree. This is a computer applications course, where the students learn how to use three important "real-world" computer software programs, namely a database program (DBaseIII Plus), a spread-sheet program (VP Planner), and a wordprocessing program (Wordperfect).

CSC 102 is ideal and timely for all students, as it will introduce them to three very important computer applications that are used in the "real-world." The computer science department should be congratulated for initiating and continuing with this course.

There was a small problem at the beginning of the Spring, 1988 semester. Insufficient text-books were ordered for the classes. If this was a new course and its popularity was unknown, this oversight could be overlooked. But this is not the first time that this course is being taught. Although new books are being used yet again, it is inexcusable to have a delay of over a week before sufficient supplies of the books were available for purchase. This delay did much to harm the initial enthusiasm of the students registered for these

courses.

Another shortcoming is the limited number of computers available at the Academic Computer Center. At Sunnyside, there are only twenty-eight IBM PC's and ten printers available. People who use computers regularly know that there are almost always computers that do not work at any one time. More computers would be a big help and perhaps the employment of a full-time College Lab Technician would reduce drastically or eliminate the number of PC's that do not work. The Academic Computer Center is taking steps to alleviate the shortage of printers by adding switches which will allow two computer users to use a printer alternatively.

Although the Computer Science Department is offering a good, timely course in computer applications, and the Academic Computer Center does it's best in maintaining the computers that it already has, it is not enough. We have to strive toward a higher ideal.

Perhaps expanded computing facilities and more widespread use of computers in the curriculum can attract more students to the college and increase or perhaps prevent any further deterioration in the enrollment at CSI.

-R.R.S.

College Voice

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THE COLLEGE VOICE is a newspaper published by the students of The College of Staten Island. The office is located at 715 Ocean Terrace (C-2, 442-4813) Staten Island, NY 10301.

THE VOICE publishes every three weeks. Anyone interested in submitting articles, poetry, advertisements or letters, should visit room C-2 and speak with the editors. Opinions expressed are the writer's and not necessarily shared by anyone else.

LETTERS



Plea for Better Security

To the Editor:

I would like to comment on the Jan. 4, 1988 Editorial regarding the lights (or absence of) at the Sunnyside campus. I attend the College both on days and evenings. I too, find there are no "safe" places either to walk or park a vehicle in the evenings. However, during the days, another problem arises - the incompetence of the "security guards." When I see the eldest security guard strain his eyes from one foot away to see if I have a parking sticker I become even more wary of parking in the lot rather than outside. I cannot count the times that my car has been damaged by children learning to drive on their parent's car while "attending" CSI.

Oh, they "patrol" the lot? Yes, the guards certainly did a fine job the day some thoughtful person blocked my car and it took me almost two hours to get security to do something about it. Why do we fill out parking sticker registration forms if they aren't kept on file to be used in the future in case of an emergency?

The security guards here on Sunnyside

spend a majority of their time socializing with their favorite student "fans" while living their pathetic fantasies of being a REAL Police officer. Even though the maintenance of the College has something (everything?) to be desired, the people responsible for the upkeep patrol the halls and the classrooms more in one day than security does in one semester.

I find it both annoying and frightening that those comprising the security staff, responsible for the safety of people and property of Sunnyside and its perimeter, ARE NOT qualified in the least to do the job. Their inferior mental aptitude and poor physical condition can attest to the fact. Proper illumination of the College ALONG with a COMPETENT security staff would reduce crime and vandalism around CSI.

So, take the "security force" out of their make believe world of "Law and Order at Mission C.S.I." and make them earn their pay.

Entertained Student

Readers are encouraged to reply to Voice articles.

Fight Racism

BY RON KOHN

Why the hell are we as a nation so ignorant? Hasn't history shown us that racism is destructive? Rome was destroyed because of racism against 'the Christians'. As it is now, it was then; Christian's come in all colors, as do Jews; they are only religions.

World War II was the beginning of an age of awakening, when the military had separate units for whites and blacks. The 60's rebel (liberal) woke this nation up and forced it to face the issue of civil rights. The Vietnam war showed us, in the combat fields, that the color of brotherhood is blind. I hope we don't need another war to remind us of that.

The media, however useful in keeping our freedom of speech alive, is very much at fault for the rising tensions between the different breeds of the human race. The media puts too much emphasis on sensationalism. Howard Beach, however

wrong it was, was on the front page for too long. The bible says to "love thy brother." What happened, did we throw the bible out?

This nation needs each one of us to be united in our quest for freedom. There is a law in Canada which should become law here in the U.S.: that any person preaching or spreading hatred towards any group of people is to be jailed for up to two years. The mere fact that such a law does not exist here is a crime against freedom, against the people who have fought and died to preserve freedom.

To be anti-black, is to be anti-Dr. Martin Luther King Jr., a man who paved the way to equality for all; no more second class citizens. To be anti-white is to be anti-President Lincoln; the man who made it possible for someone like King to be born into a society where he could rally people and speak his mind. And, ulti-

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Board in 1974 and 1975 and again in 1983 through 1985. Mr. Regan is a graduate of St. Peters High School, earned his Bachelor of Science degree from Fordham University, studied at the New York University's Graduate School of Arts and Sciences and was awarded his Master degree in Guidance and Personnel at the College of Staten Island City University of New York. He was also the recipient of a Ph.D (Honoris Causa) from St. John's University.

A life-long resident of Staten Island, Mr. Regan is a member of the New York Academy of Public Education, The Municipal Finance Officers Association, and other civic and professional organizations. He has served N.Y.C. Mayors Lindsay, Beame and Koch's appointee to the New York City Teachers Retirement Board, and presently serves as Chairman of the New York City Board of Education Retirement System. Since 1978 he served as Director of the Council of Great City Schools, an organization representing the 44 largest urban school systems in the United States. Mr. Regan also serves Bayley Seton Hospital as a board trustee and is a member of the Board of Directors of the Catholic Interracial Council of New York.

James F. Regan has received many honors by many organizations for his service to the community, including the B'nai B'rith Brotherhood Award, the Mother Elizabeth Seton Award, Man of the Year Award from New York Association for Brain Injured Children, a New York City Council Citation for Exemplary Service and Outstanding Citizenship, awards from the Italian Club of Staten Island, Cathedral Club of Brooklyn, and Distinguished Alumnus Award of The College of Staten Island.

Mrs. Edith Susskind was the first retailer on Staten Island to offer a mix of new gifts, antiques, antique jewelry, wedding invitations, social stationery and decorating expertise in one store. But the most unique facet of her enterprise is her motivation to orient her Forest Avenue Shop "Edith Susskind's Gift Shop" to community involvement.

As a young teenager the former Edith Rivkin was junior captain of the Community Chest. Recently her contributions have been recognized by such organizations as the Business and Professional Women's Club of Staten Island, the Society for Seamen's Children, the 1984 Special Olympics twice by the Boro President's Office, The College of Staten Island and recently by the Staten Island Advance who named her a 1987 Advance Woman of Achievement.

Among the Island's organizations which have benefited from her support are Soroptomist International of Staten Island, the Jewish Community Center, Friends of Snug Harbor, American Cancer Society, Congregation B'nai Jeshurun, American Red Cross, Hadasah, National Council for Jewish Women, Chamber of Commerce, the Staten Island Mental Health Society, The Lighthouse and the Staten Island Historical Society.

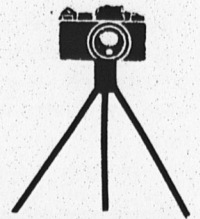
Mrs. Susskind is a graduate of Curtis High School, and has earned a Bachelor's degree in marketing from New York University.

Formerly fashion consultant and interior decorator, Mrs. Susskind is the editor of "Sales Management," and taught courses at The College of Staten Island. In 1967, she and her husband, Alfred, were part of the group of original sponsors for the first Miss Staten Island Scholarship Pageant, a Miss America Preliminary. She wrote the lyrics for the official "Miss Staten Island" song to the music of ASCAP writer, Marjorie Gutschius Deutsch. Each year she presents the Sarah Rivkin Community Service Monetary Award to one of the contestants. This year's pageant will celebrate its 22nd year in April.

"There is so much pleasure in helping other people get an education," said Mrs. Susskind. "It is rewarding to help co-chair the Starlight Ball and promote quality education for our young."

Proceeds for the Starlight Ball will benefit The Friends of The College of Staten Island Scholarship Fund.

THE INQUIRING PHOTOGRAPHER



Interviews and photos by Karen Blando

Do you feel that it's constitutional for a school's administration to censor a students' newspaper?



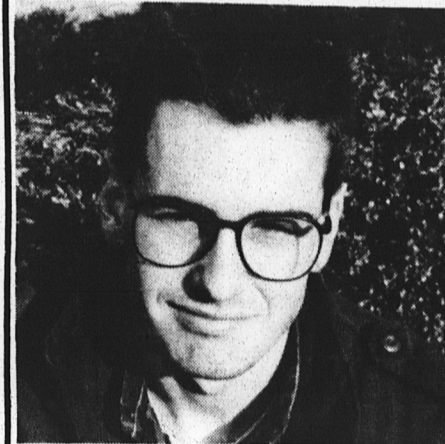
Laura Martino
English

"No, I think the students should have the option to decide what's printable. If you have administration deciding, it will be a biased paper."



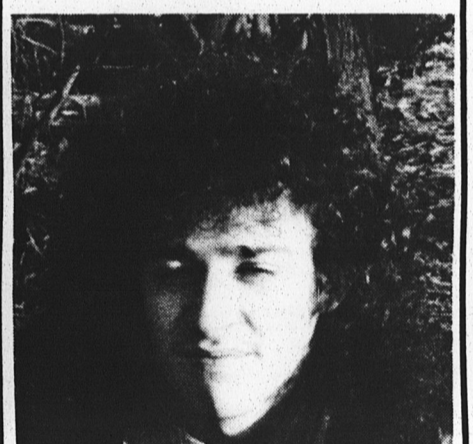
Dave McKenna
History

"The school news doesn't operate in a vacuum. The school is the publisher of the paper and as the publisher, they have the right to control what's printed."



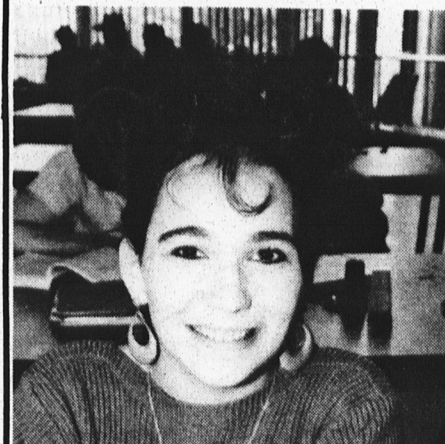
Peter Battcock
Architecture

"No, they don't censor the major newspapers, why should they censor us?"



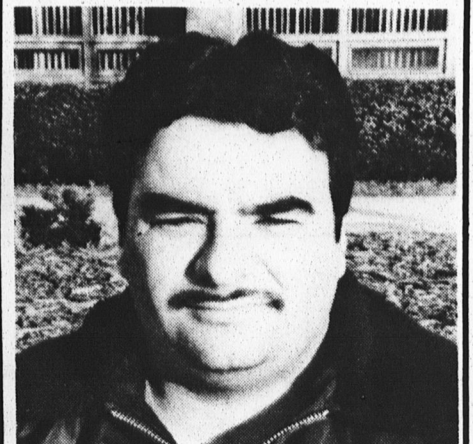
Richie Powers
English

"No, it's not constitutional. Students go to college to grow and express their opinions, not to shut them down."



Melissa Burg
English

"No, because it's a student newspaper. Students should be able to print what they want as long as it's not lies. Administration can give their opinions if they disagree but not edit the paper."



John Burtner
Liberal Arts

"I don't think it's constitutional. If you are to teach democracy or freedom of speech in schools then it should be granted not restricted."

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certain experiments being conducted on the laboratory animals. Some of the STEP students took issue with the facts as presented by Castro and printed by the *Advance*.

Jeannette Nunez, a student in the STEP program, who is from Brooklyn's High School for Telecommunications, said that she has been with STEP since the summer of 1985, which was the beginning of the program. Among the biological experiments that have been conducted on the animals were the observing of the mating habits of the hamsters, and when dissections were performed, the hamsters were put to sleep. "I have never seen anyone beating and/or poking the hamsters. Once the babies are born, we remove the male, as the female is so strong that she can kill the male. We are not allowed to touch the cage which has the newborn babies." Nunez was adamant in stressing that touching the babies will leave the human scent on them, resulting in the mother killing the babies. She did add that it was their duty to clean the cages every week and replenish the food and water. She added that the biology STEP tutors, Erin Jerlin and Ann Mulcahy clean the cages and feed the animals daily, and continued, "I think that they sterilize the cages monthly."

Selvija Gjonbalaj and Angela Ragucci of Curtis High School, said that they have conducted experiments on the hamsters. Gjonbalaj said that those

people who preferred not to do the biology component could opt for either computer or math related projects. She added that she learnt a lot. She added, "Thank you, Dr. Ciaccio, for the program as there are very few available for kids like us." She also said that the kids who do come to the STEP classes every Saturday, no longer party away Friday and/or spend Saturday morning watching cartoons on television. Thomas added, "I passed physics and am now doing good (in school.)"

Sherline Bute and Keisha Chittick, two cousins who are studying at Curtis said that they don't believe that they are hurting any of the animals. Bute was skeptical of Castro's source of facts. She said, "All this trouble over no real proof."

Castro was reported to have obtained his information from two participants of the STEP program, of whom one was identified as Sylvia Tufano, a sophomore at Port Richmond High School. All the students that were interviewed stated that they had never heard of the person. It was determined later than Tufano had come to the STEP orientation program, which described the merits of STEP, and that she left after the orientation. No experiments were conducted during the orientation.

Roberta Klibaner, one of the computer teachers, who is also a faculty member, said that this program helped motivate high school students to go to college. "Even if a handful of these students

make it, the program will pay for itself," added Klibaner.

Keton Trivedi and William Forquigon from Curtis said that they had conducted glucose digestion experiments on fetal pigs. They said that these fetal pigs do not feel any pain because they were never alive. Forquigon added that this year was the first time that he had passed all his subjects. Trivedi said that doing these experiments helped him with the laboratory work in high school. They both added, "We would like to thank New York State and the college for having the program, from which we have benefitted immensely. Instead of hanging out in the streets and getting into trouble, we are in school. We also don't hang out late on Friday nights." Trivedi ended, "Conducting experiments on animals is much more interesting than just looking at pictures." Iona Brown of Curtis said that it would be a shame if we are not allowed to conduct these experiments just because a few people think what we do is wrong. She added, "We are not cruel to the animals and all of us like animals, so we will never hurt them intentionally."

Laquan Wilson, of the High School for Telecommunication in Brooklyn, said that lab work was important. Yolanda Thomas of Port Richmond agreed with Wilson that this "hands-on" experience fosters more thinking. Thomas said that she had done experiments on thyroxin's

effects on the oxygen consumption of hamsters. Ragucci said that she had pricked a hamster's tail to obtain blood in order to do a white blood cell count. She added, "I don't think that was inhuman."

Lisa Martinez of Port Richmond High School said that she is not against the experiments or the program, but she opted out of the biology component because she was squeamish about blood, and is now doing physics.

Dawn Marcus of Curtis said that during the summer of 1987, she had conducted experiments on the affects of caffeine of hamsters. She said, contrary to what was reported in the *Advance*, that she had only injected small amounts of diluted caffeine into the hamsters to observe its effects on their systems and to infer the effects on humans. She said, "The diluted injections made them hyperactive and what we did was to find out what happens. They didn't die."

Ian Bacchas of St. Peter's High School said that he had injected terramycin into the hamsters during the summer of 1987. Richetta Jones of Port Richmond said that she had done experiments on hamsters and also on fetal pigs. She said that she didn't think that it was bad because they learn from these experiments. She added, "I can't guarantee they don't feel pain, but I'm sure that we are not abusing them in the name of science."

School Neglects Weekend Students

BY RON KOHN

The past semester displayed the student government's true lack of concern for the weekend students. The absence of Sunday coffee was a direct responsibility of the student government. For the \$47 student activity fee, student government promises to provide coffee on Sundays (they only did this three times). It was only after Dean Nolan got involved in the quest for coffee (other than the machines in C building that only work when they want to), that we, the weekend students, got coffee. The cafeteria provided a coffee cart. We had to buy the coffee, but at least we had some. Only one problem arose from this. The last two weekends, except for Sunday finals, (when coffee was provided by student government), the pushcart was in C-building next to the cafeteria; not in B-building, where not only did everyone expect it, but where it was supposed to be.

The next issue is the student I.D. cards. How can a weekend student, who works during the week get a student ID if there are no student ID cards issued during the weekends?

The weekday student has an opportunity to buy parking decals before the new semester begins, so that they can park on campus. The earliest weekend student can buy a parking decal, if during the week he/she works for a living, is the first day of weekend classes. There are not enough parking spaces outside of the school to accommodate all of the weekend students. So, where do we park?

I would like to use this opportunity to thank Dean Nolan for her genuine concern for the weekend college students. In closing, I would like to leave student government a question. Why should the weekend student pay an activity fee, if the weekend student gets nothing in return?

Pre-Law Notices

The pre-law advisers at the College of Staten Island are Profs. D. Kramer, Rm. 1-831, St. George Campus, Ph. 390-7990; and Virginia Hauer, Rm. B-32, Sunnyside Campus, Ph. 390-7905. Both would be more than happy to talk to students thinking of attending law school. In addition, there are numerous law school catalogs available in the St. George campus library. On reserve in both libraries is "MAPLA Profiles," showing what combination of grade point average and LSAT score is necessary for admission to various US law schools.

Prof. Kramer, Rm. 1-831, St. George Campus, Ph. 390-7990, has application forms for Herbert H. Lehman Graduate

Fellowships. Students doing graduate work in the social sciences or in public or international affairs at a university in New York State are eligible to receive these grants, which total \$19,000 over a 4-year period. The application deadline is March 11, 1988.

Prof. D. Kramer, Rm. 1-831, St. George Campus, Ph. 390-7990, has application forms for the CUNY Summer Internship program in Washington, D.C. Students receive a stipend of \$2330 and can work for Congress members, federal departments, or non-profit organizations. Applications must be received by Prof. Kramer by March 16 - no exceptions.

Campus at Student Lounge

Kitty

A go-go

| | |
|--------------|------|
| Student I.D. | Free |
| Faculty | 2.00 |
| Others | 3.00 |

AT The Student Lounge

The Darker Side of the Animal Kingdom

Study Finds State Aid \$ Underspent

HESC News Release

The State's Aid for Part-Time Study (APTS) program provided financial aid to more New York State part-time college students in 1986-87 than it did the previous year, but the program continues to be seriously under-spent, according to a study released by the New York State Higher Education Services Corporation (HESC), the State agency which administers the program. The study includes HESC's recommendations for increasing utilization of the APTS program.

The study, "The New York State Aid for Part-Time Study Program: A Progress Report, 1986-87," shows the APTS program reached 7,976 part-time students in 1986-87, an increase of 11 percent over the 7,169 recipients the previous year. However, the total spent on APTS was \$4.9 million, or just 44 percent of the \$11 million appropriated for the program. HESC estimates that expenditures for 1987-88, the current academic year, will be about \$6 million.

"The APTS program changes enacted by the Legislature in 1986 did increase students' usage of the grants," said HESC President, Dr. Dolores E. Cross, "but these changes did not go far enough." She added, "If the APTS pro-

gram remains as it is presently structured, we expect that it will continue to be under-spent. We therefore feel it is essential to enact the recommendations contained in our report, to enhance access to higher education for part-time students. Principal among the recommendations are those that would increase the income eligibility ceilings for part-time students."

Dr. Cross said the HESC report recommends the following legislative changes for the APTS program:

Raise the APTS income ceiling for financially independent students who are married and/or have tax dependents from \$15,000 to \$34,250 net taxable balance income to be consistent with the State's Tuition Assistance Program (TAP);

Raise the APTS income ceiling for financially independent single students from \$15,000 to \$22,000 to achieve more parity with dependent students. (Almost 90 percent of part-time students are independent students.);

Remove the requirement that students must have already earned at least 6 credit hours of college study to be eligible for an APTS grant;

Reduce the minimum number of semester credits for APTS eligibility

from 6 to 3 to conform with the federal Pell Grant program; and,

Allow for reallocation of APTS funds between public and private sector institutions.

The Aid for Part-Time Study Program is a college-based student financial aid grant program. Students apply directly to participating postsecondary institutions and the institutions select the award recipients. Awards range from \$100 to \$2,000 a year. The average award for 1986-87 was \$617.

The number of undergraduate students who attend postsecondary education on a part-time basis has increased during the 1980's, while full-time enrollments have decreased. Last year, 255,000 part-time students comprised nearly one-third (32%) of the state's undergraduate degree-credit enrollments.

A major reason for the growth in part-time attendance is an upward shift in the age distribution of our state's population. This trend is expected to continue. As more and more older students enter or return to college, they must, out of necessity, attend part-time, since they have family and career responsibilities. Still, with all they have to handle, part-time students tend to be very serious about their studies. They view their education

as a means to career transition or advancement. It is a way to improve not only their lives but also those of their children.

Dr. Cross noted that while the statistics in the report show that APTS is serving low-income adults, many students continue to be excluded from the program because of the current eligibility requirements.

"Eliminating the few remaining restrictive provisions in the statute will encourage more schools to participate in the program," said Dr. Cross. "It will also make awards available to students who need the aid but either do not currently qualify or, in the school's view, represent a risk for the institution's incurring a financial liability."

The New York State Higher Education Services Corporation is the State government agency which provides financial aid to eligible students in the form of grants and scholarships, and through the guarantee of loans, for full and part-time study in colleges and approved business and vocational schools within New York State. Last year HESC provided more than \$1.2 billion in financial aid to more than 750,000 students. HESC also researches and reports on the effects of student financial aid in providing access to postsecondary educational opportunities.

City Needs Cops

CUNY Press Release

The need for increased numbers of college educated police officers and more women and minority officers were cited by Police Commissioner Benjamin Ward and City University Chancellor Joseph S. Murphy at a breakfast, Jan. 26 in Police Headquarters. The Police Commissioner described the benefits of student participation in the Police Cadet Corps Program before an audience of City University college presidents, deans of students, student government presidents and other leaders. Chancellor Murphy announced that he would ask each college to appoint a Cadet Corps recruitment coordinator to work with the Police Department.

The Police Cadet Corps was organized to improve the quality of police service by increasing the number of officers who had a college education, in addition to adding more women and members of minority groups. It was developed by the New York City Police Department, the Patrolman's Benevolent Association and John Jay College of Criminal Justice of

The City University of New York. Cadet candidates are selected in their college sophomore year on the basis of academic ability, and interest in and fitness for police work. Cadets work part-time with the Police Department while they are in school, receive financial support for their education, and training for a job with the Police Department with an entry-level salary of \$28,000. Ten of the current 323 Police Cadets attended the breakfast in uniform.

Following the breakfast the educators were offered a behind the scenes tour of the Police Department, including the 911 operations.

The City University of New York, the nation's leading urban university, comprises nine senior colleges, seven community colleges, one technical college, a graduate school, a law school, a medical school, and an affiliated school of medicine. More than 183,000 students are enrolled in academic programs offered at campuses located throughout the five boroughs of the city of New York.

Increase in Pell Grants

CUNY Press Release

"Over a million more students across the country will be able to afford to go to college in 1988 because of the extraordinary bipartisan support in both houses of Congress for an increased Pell Grant budget, which Congress passed Dec. 22, 1987," said Dr. Joseph S. Murphy, Chairman of the National Pell Grant Coalition.

Dr. Murphy, who is the Chancellor of The City University of New York, noted the FY'88 federal spending bill provides a 10.4% increase in Pell Grants, and allows an increase in the maximum benefit for the neediest students from \$2,100 to \$2,200.

"This is the first benefit increase in three years," Dr. Murphy said, "and helps bring grant aid more in line with college costs. For low income students this means enhanced access to higher education and a lessening of the devastating debt many have faced in order to gain an education."

The bill, if signed by the President, will provide an estimated \$7 million increase in financial aid for students at The City University of New York, the nation's largest urban university, where 183,000 students are enrolled at 21 campuses in all five boroughs of the city.

Chancellor Murphy expressed special gratitude for the vision and support of House Labor-HHS-Education Appropriations Subcommittee Chairman William Natcher (D-Ky.) and ranking minority member Silvio Conte (R-Mass.) as well as Senator Lawton Chiles (D-Fla.), Chairman of the Senate Appropriations Committee and Senator Lowell Weicker (R-Conn.), the ranking minority member.

The National Pell Grant Coalition is comprised of 33 of the nation's leading education, student, labor and civil rights organizations. The Coalition promotes enhanced funding for the Pell Grant program which enables nearly three million of the nation's neediest students to attend college.

A
PDC
PRESENTATION
Funded Through Your Student Activity Fee

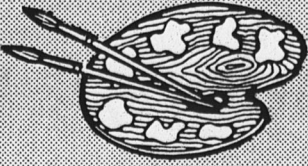
2 shows -
Noon & 2 PM
Sat. March 5, 1988
Williamson Theatre

ALICE
WONDERLAND
IN
CSI Students (with valid ID) \$ 3.00
All others \$ 5.00
Children under 12 \$ 1.00

continued from page one

for any purpose. Third, all animals have the right not to be killed by human beings, except as the only available means to alleviate chronic and inescapable suffering. Fourth, all animals have the right not to be subjected to pain or mutilation by the design of human beings, and fifth, all animals have the right to not be physically or psychologically deprived by design of human beings."

ARTS



The Rave: (from left) Gregg Webb, Jay Rae, Jeff Webb, and Aaron Albright

C.V. Photo File

The Rave Raid Students' Lunch

BY DANE RIVERA

Popular sounds swept the Sunnyside campus on Fri., Feb. 5, when the rock group *The Rave* played for us at our Back to School Bash. They sang hits from various artists such as U2, INXS, and the Clash. The program lasted two hours and it turned out to be a delightful presentation.

The group consists of Gregg Webb, vocals and bass guitar; Jeff Webb, vocals and keyboards; Jay Rae, vocals and guitar; and the newest addition to the group, Aaron Albright, percussion. *The Rave* have toured in several states including Illinois, Oklahoma, and Michigan, but this was the first of their many scheduled engagements in New York.

The band originated six years ago in Peoria, Ill. where they attended college. Since then, they decided that college

wasn't the place for them, and they began practicing their music. Today they travel from campus to campus sponsored by the National Association of College Activities (N.A.C.A.) to put on concerts for students in the college community. They plan to stay with N.A.C.A. until they sign with a major label. *The Rave* is based in Chicago and they feel that "the music in Chicago is the same."

The overall message that *The Rave* leaves us with is that we should never copy someone else's music because originality is "where it's at." They also feel that we shouldn't think of a band as being a "job." "You should enjoy yourself," says Jay. They enjoyed our company and they wish to play at our campus again soon. Their endeavors, along with their musical talent should enable them to "Rave on."

Isbin To Play Snug Harbor

Snug Harbor News Release

Snug Harbor welcomes world renowned classical guitarist Sharon Isbin to Veterans Memorial Hall, on Saturday, March 5 at 8 p.m. This concert kicks off A Classical Spectacular, a series of classical music concerts integrating a variety of musical experiences including soloists, a vocal group whose new music is classically inspired & Mostly Mozart Festival Orchestra. Tickets to Sharon Isbin, guitarist are \$9 (\$7 for members); series tickets are available to the soloist concerts. Call HarborCharge for ticket information, (718) 448-2500. Safe and convenient parking is available near the concert hall.

Isbin, winner of the Toronto Guitar '75, Munich 1976, and Queen Sofia 1979 International Competitions, is nationally known as director of two unusual and very successful festivals, Guitarstream '85 at New York's Carnegie Hall and Guitarfest at the new Ordway Music Theatre in St. Paul, Minnesota.

For a young woman in a field almost exclusively dominated by men, this is quite an achievement.

In July of 1987, she performed with Jean-Pierre Rampel and the Emerson Quartet in Avery Fisher Hall and the Kennedy Center for the Mostly Mozart Festival. This season's highlights include the world premiere of a concerto by Joseph Schwantner with the St. Louis Symphony in Carnegie Hall.

Isbin has toured Europe annually since she was 17, and has also toured Canada, the Orient, New Zealand, South America, and Israel performing solo concerts and appearing with the London Symphony, the Jerusalem Symphony, the Palliard Chamber, Spanish National Radio, and the Tokyo Orchestras. She makes frequent appearances on BBC and Radio France, and her festival appearances include the Three Rivers, Aspen, Strasbourg, Paris, Bermuda, Istanbul, Puerto Rico, Karis (Finland), and Budapest International festivals.

Remembering Jerry Melmed

Editor's note: The following is Prof. Morty Schiff's eulogy of Jerry Melmed.

Jerry Melmed was the consummate professional. Jerry Melmed was the consummate teacher. Jerry Melmed was the consummate colleague – superbly loyal, superbly helpful, superbly competent, superbly dependable.

I met Jerry back in 1969 when he chose to leave the field of commercial television production in order to join Staten Island Community College as the director of its new audiovisual center. CBS's loss was our immeasurable gain. Jerry brought with him all the skill and knowledge he had acquired in TV broadcasting and set up a media center, second to none in the entire City University system. In Jerry we knew we had the best there was, and it lifted our spirits enormously. And Jerry, felt strongly, we learned, about the power and influence, some good, some bad, of television. He foresaw a changed society with changed behavior because of its pervasive resources. Jerry's colleague and mine, Martin Black, recalls that even back then, Jerry speculated about TV being used for, among other things, responsive classroom teaching, business, communication of all sorts, shopping, even food shopping. It was a prophetic observation, as we now all know.

A few years later Jerry joined us in the newly formed Performing and Creative Arts Department as the head of the pho-

tography program – he preferred full time teaching to administration – and again he brought a host of virtues to the task. Staten Island Community College had since become the College of Staten Island, a four year school that offers some graduate programs as well, and we were to benefit mightily, all of us, over a fifteen year period, from Jerry's newly directed efforts. The photography program flourished. The department as a whole flourished. And Jerry was there always – for colleagues, for students, for friends. The annual student photography exhibitions, showing works by his students, reflected the high standards he expected of himself and of others. He was always a pleasure to work with.

Then Jerry fell sick, last Spring. For a while he made a strong recovery. He came to see me last Fall, looking amazingly fit, and said he was looking forward to resuming teaching in the Spring 88 semester. I told Jerry we were overjoyed that he'd be coming back. It's a matter of profound grief for us all that he never did.

I had occasion to look at Jerry's file at the college a few days ago – it is full of letters of thanks and praise for an excellent job done here, a beautiful piece of work created there. It's a file anyone would be deeply proud of. It's a file, alas, that has been mercilessly, cruelly cut short.

Upcoming Events

All events listed are free and open to the public unless otherwise noted. College Hall and Studio Theater are located at 130 Stuyvesant Place in St. George. Gallery 313 is located on the third floor of 120 Stuyvesant Place. Williamson Theatre is located at Sunnyside. Free parking in the Faculty-Staff lot is available for weekend events. For more information, call the Department of Performing and Creative Arts at (718) 390-7992.

Mar. 2 – MUSIC AT MID-DAY Faculty Recital: Edward McIrvine, Ambrose Jackson, Trumpet; Stephen Christen, Horn; Kevin Clark, Trombone; Paul Haymond, Piano. Music of Copland, Neruda, Torelli, McIrvine, and Poulenc. 1:15 p.m. COLLEGE HALL.

Mar. 3 – WOMEN'S STUDIES LECTURE SERIES: ART, WOMEN, AND... Dr. Nanette Salomon "Art, Women, and Creativity" (Co-sponsored by Women's Studies and PCA) 7:00 p.m. COLLEGE HALL.

Mar. 6. – WEEKEND CONCERT Riverside Brass Quintet Ambrose Jackson & Edward McIrvine, Trumpet; Stephen Christen, Horn; Kevin Clark, Trombone; Alan Aurelia, Tuba and Music Director.

3:00 p.m. COLLEGE HALL.

Mar. 10 to Apr. 16 – GALLERY 313 Faculty Exhibition: Ralph Martel

Mar. 10 – WOMEN'S STUDIES LECTURE SERIES: ART, WOMEN, AND... Dr. Nanette Salomon "Art, Women and Age" 7:00 p.m. COLLEGE HALL.

Mar. 12 – PREVIEW CONCERT Staten Island Chamber Music Players (Open only to Handicapped, Senior Citizens, and Students) 3:00 p.m. COLLEGE HALL.

Mar. 16 MUSIC AT MID-DAY Stephen Christen, Horn 1:15 p.m. COLLEGE HALL.

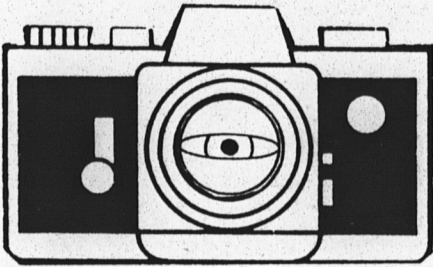
Mar. 17 – WOMEN'S STUDIES LECTURE SERIES: WOMEN, AND... Dr. Nanette Salomon "Art, Women, and Power" – 7:00 p.m. COLLEGE HALL.

Mar. 17 – DANCE CONCERT: Louines Louinis Haitian Dance Theatre – 2:30 p.m. WILLIAMSON THEATRE.

Mar. 20 – WEEKEND CONCERT: Paul Haymond, Harpsichord – 3:00 p.m. COLLEGE HALL.

ARTS

FOCUS ON CREATIVITY



BY RICHARD FORMICA

The one aspect of photography which is nearly impossible to teach is creativity. Yet, besides the occasional lucky shot, creativity is what makes pictures succeed. Technical know-how can only go so far, that is why creativity is so vital to the production of fine photographs.

Creativity implies originality; a new way of photographing a subject that has been shot numerous times. When you photograph, you are taking a small piece of the world and capturing it on film. But a creative approach means capturing the world in a way that will be interesting and appealing.

There is no ideal composition for a picture. The same scene can be composed in a dozen different ways. Most people choose the one that looks and feels right for them, and expresses their mood. The most important thing to remember about the composition of a picture, is that it should make the whole photo, more than a simple sum of its parts. It should convey an idea, emotion, or feeling in a two dimensional format.

As with composition, there is also a fine line between a creative choice of viewpoint, and one that is just average. There are good reasons for experimenting with different camera angles when photographing. There is a certain skill involved in finding the angle that is unusual but still compliments the subject. Try visualizing beforehand, what you want your photograph to look like, then shoot it. There is no clear cut rule on what is a good or bad angle. It just depends on what the particular photographer wants at a particular time.

Composition, viewpoint, and lens choice all work together. The choice of a particular lens could dictate what composition and viewpoint you should use. Some lenses are regarded by some people

as speciality lenses. They do not include the standard 50mm lens. Lenses such as the 55mm macro, 16mm wide angle, and 300mm telephoto are included. In reality any lens can, and is a creative tool.

When the lighting is right, many good photographs, of what might be an otherwise ordinary subject, can become exciting and interesting. There are many different types of lighting, each with its own creative use; hard and contrasty to add punch, soft for romantic pictures, back-light, side light, dramatic, etc. The lighting should compliment the subject. Try to use the light to emphasize any feeling you want. Here again it is best to previsualize what effect of lighting you want, and then work towards achieving it.

Many people rely on technical tools or tricks to achieve creative pictures. The tools and tricks they use include special effects filters, super grainy film, montages, double exposures, etc. Although these methods are the easiest way for some people to be creative, they are the least highly regarded. Because anyone can put a filter on their lens and create some effect, only a small percentage of photos taken this way add anything worthwhile to the medium. The effects produced are so obvious that the photo is more of a picture of the special effect, then the actual intended subject. It's best to use these tricks sparingly, and to previsualize the shot so as to determine what effect, if any, will best compliment the picture.

The most valuable asset photographers can have in their bag of tricks is a good imagination. You should be able to imagine what a picture will look like before ever raising the camera to your eye. With imagination you can decide what changes could influence the emotional mood and content of your photo.

When out photographing, be aware of composition, viewpoint, lens choice, lighting, technical skills, and imagination. By following these guidelines, you may not achieve the same success rate as a professional photographer, but by constantly striving for creativity, your work will begin to show worthwhile results. Set creative goals for yourself, and above all take pictures. In photography, as in so many other fields, practice makes perfect.

Want a little fame, fortune, and notoriety? Enter the College Voice Photography Contest for a chance to win a year's subscription to the photography magazine of your choice. In addition to the subscription, your name and winning photograph will be published in the College Voice.

In each Issue, we will judge and select a winning photo. The subject matter of the photo entered is entirely up to the submitter, but only one black and white photo no larger than 8 x 10 may be submitted per contestant each Issue. Contestants must write their name and phone number on the back of each photo entered for judging.

This contest is open only to CSI students. College Voice and CSI faculty staff are ineligible to enter.

Deadlines for entries:

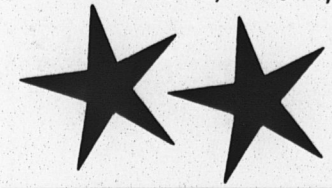
March 17



Flowers are one of the most photographed subjects in the world. Yet, with some creative previsualization, an emotional mood can be induced to a common scene.
Photo by Richard Formica



 PHOTOGRAPHY
 CONTEST
 SUBMIT ENTRIES
 TO THE
 COLLEGE VOICE
 PHOTO EDITOR
 RM C-2
 OR
 PHOTO TEACHERS
 RM 7-231

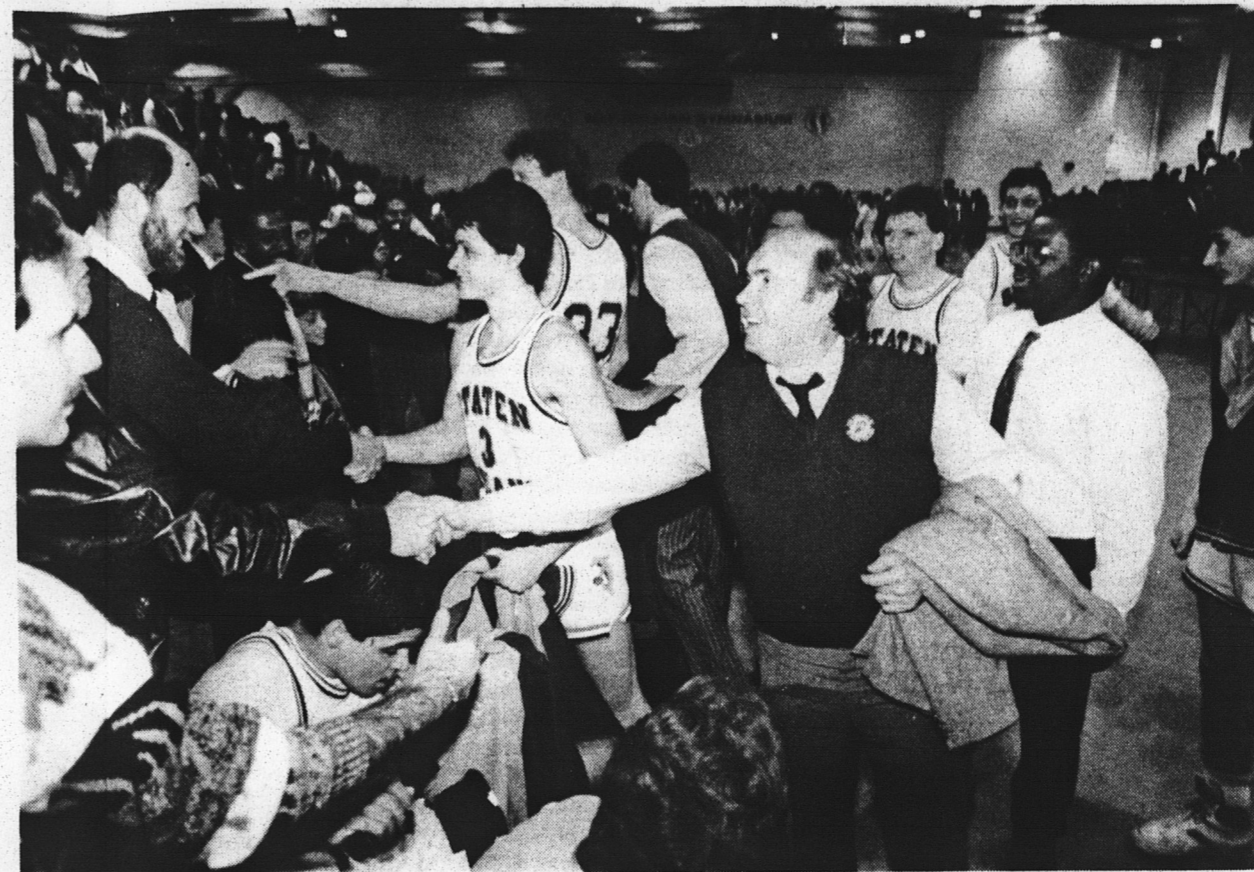


'The Will To Win Is Not As Important As The Will To Prepare To Win'

-Howie Ruppert '88



1988 CUNY Champions: (First row from left) Anthony Markle, Gerald Nicholson, Fred Marinaccio, and Terry Brennan. (Second row from left) James Long, Brian Leary, Rob Roesch, Scott Davidson, Willie Torres, and Jimmy Whitmayer.



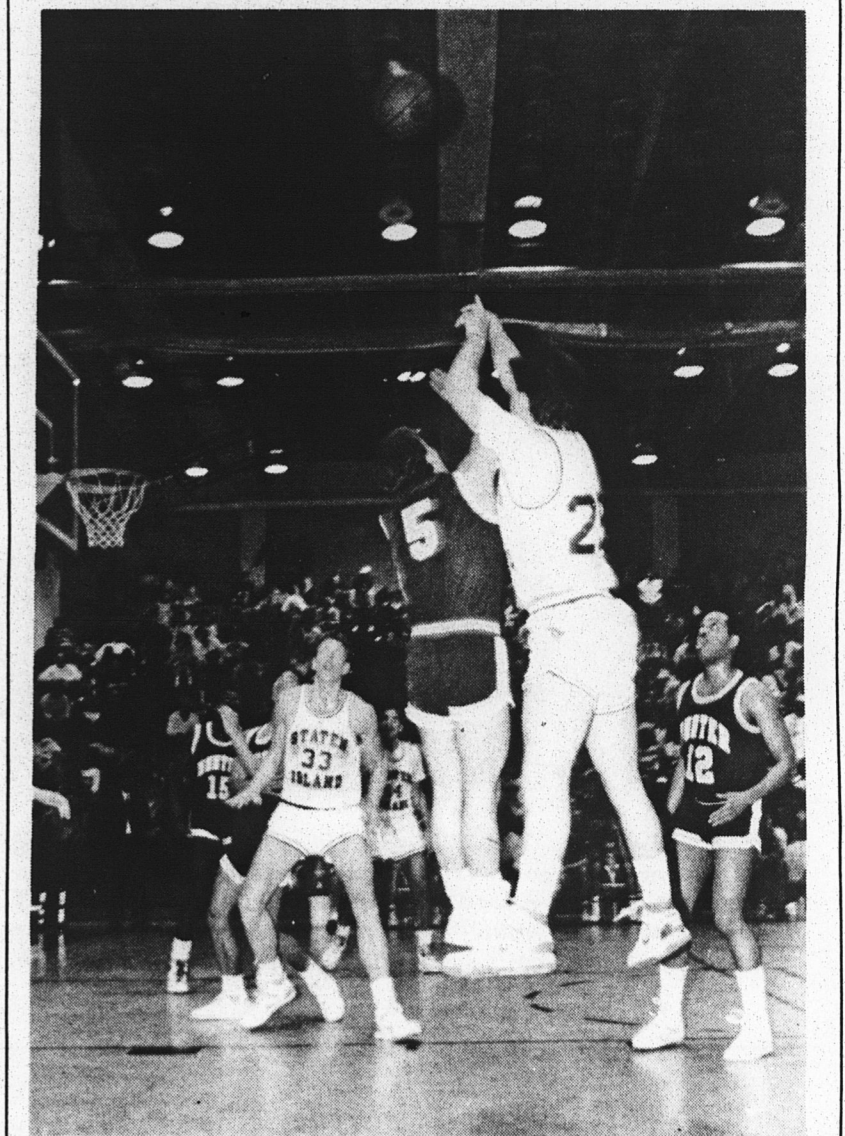
The fans let first year Dolphin coach Howie Ruppert know how much he and the team are appreciated, after winning championship game.



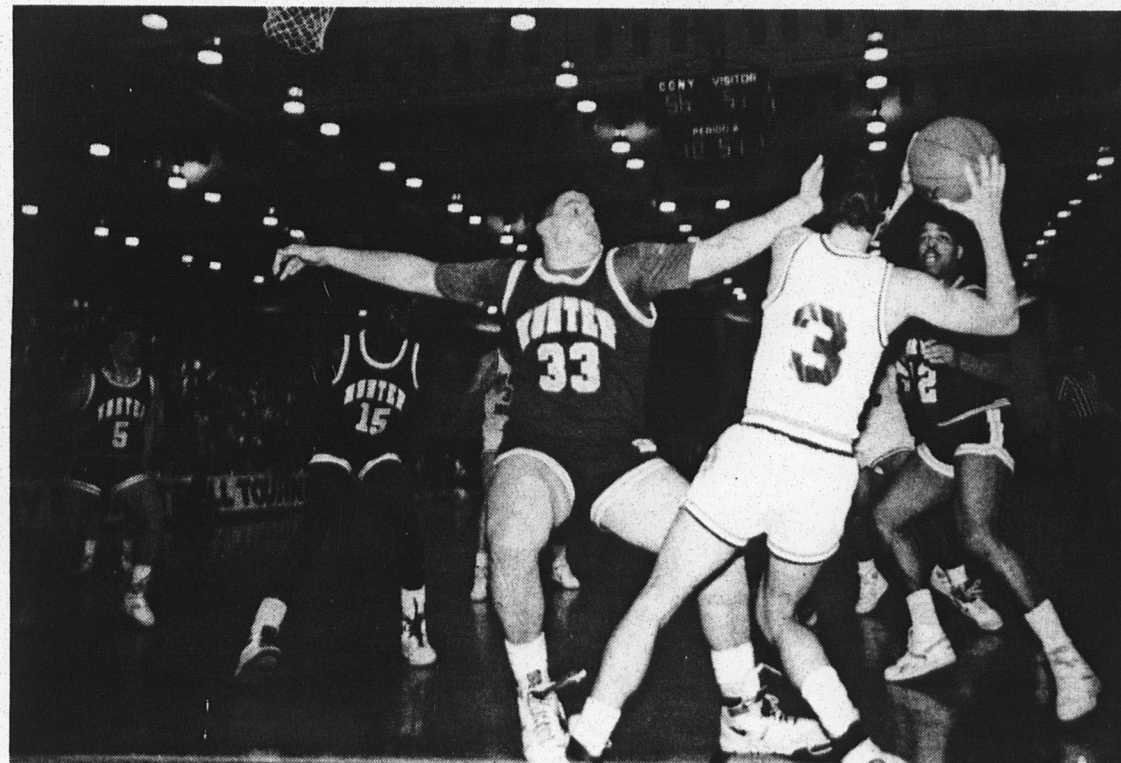
1988 Cheerleading Team: (First row from left) Beth McGuire, Kelly Curley, Vita Alessi, and Jodi Kaplan. (Second row from left) Eileen Burke, Kathy Burke, Felicia Izzo, Theresa McDonald.



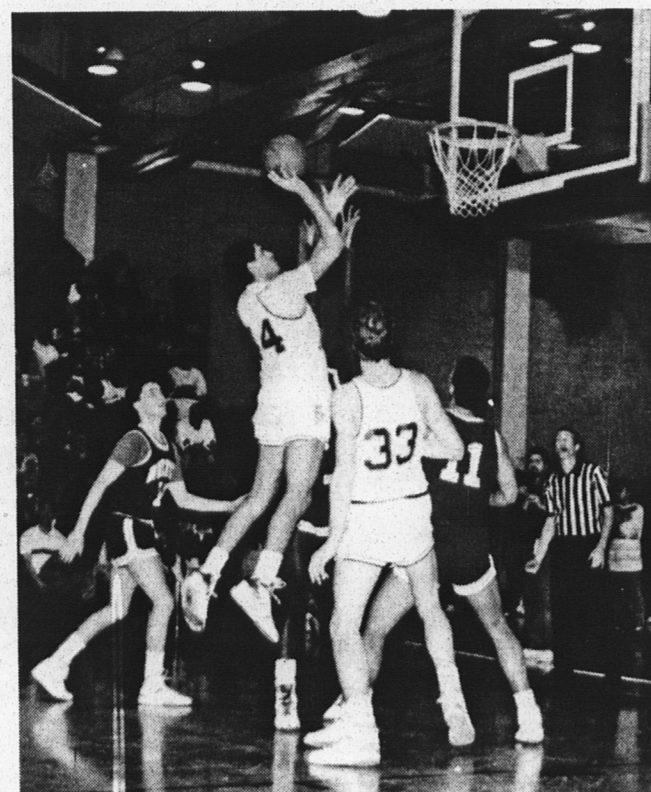
The hottest team in the state, with 11 straight wins, take a moment to savor one of their sweetest victories.



Gerald Nicholson who holds CSI's career assist record was named the All-Tourney Team after scoring 652 points this season.



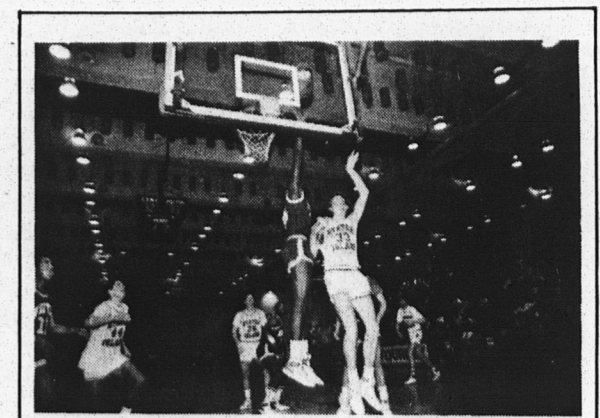
Although CSI guard Fred Marinaccio was well covered, he played a major role in Dolphins 72-69 win over Hunter College.



Freshman Willie Torres demonstrates why he'll be a force to be reckoned with in CSI's basketball future.



Dolphin cheerleaders raise the school spirit of fans in the Nat Holman Gym at City College.



Rob Roesch about to score one of his 677 all time season record points.

Photos and Page Design by Richard Formica



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BMI News Release

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The "Canadian point of view" is clearly represented in this exhibition, but the equally strong influences of Canada's close proximity to the United States affect the artists approach to art, and the

content of their work as well.

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GREAT WHITE NORTH continues at the Museum through April 17.

POETRY

Like A Rock

I am unsure what tomorrow
will bring for me.
I do not know what great obstacle
it will thrust upon me.

I have braved my way
through so much.
I don't believe I am strong enough
to go the distance anymore.

I am like a rock on the shore.
I stand tall,
than a torrent of waves
wash over me,

Each wave wearing away at me.
One day these strong waves
will break me,
and leave me damaged.

Then the waves will carry me
away, to get lost in
a never ending sea,
And reduce me to nothing.

-Laura Kenny

Gojira Rising

When I was a kid
We awoke in the dead of night
Across the town came the shockwave
As the oil refinery ignited
My Mom
thought it was the boiler
My Dad
Thought it was the bomb
Me, I thought the monsters had come
They'd take me to the beach
And I would wait for the ocean to churn
To spew forth mutants
And reptile death rays
Lurching in the keylights of burning cities
Mad and huge
And Harryhausen
The sonic booms as they descent
To send the walls and ceiling crashing
To bury me in toys and plaster
Like broken glass
The past
Sticks in my face
My Mom told me
About how the plane
Went down in the field near the back of her high school
They said if you were in the taller buildings
You could see the people
Pound at the windows
You could see the people
Scream at the windows
You could see the people
Claw at the windows
I bet the sounds they made were just like the monsters
And you know I find hard to sleep
I dream of dawn at the dead of night
I dream of winters that never end
Of cold and fire
And thunder footsteps
I dream of monsters
Falling from the sky
I dream of monsters
I dream -

A Touch of Life

Out of the darkness
came the night. There
she was, a vision of beauty
so lovely, so kind.

She stared into mine eyes,
eyes so hollow, eyes that lost
their life.
Her eyes pierced thru mine
she reached my soul.

I saw her eyes sadden
as if to say
she truly cared
Then she kissed my cheek
and whispered
"come home with me
I will heal your heart
your loneliness will be no more."

My eyes could only look back
Still void of life.

Her arms opened
and embraced my being.
How long had I needed
that hug

I could not remember.
As she held me to her
she rubbed my back
and whispered the words
that would break the wall
surrounding my soul

"everything's all right, you can lean
on me, the way
I know you need to."
The tears fell from mine eyes
and as I sobbed
these words I uttered
"thank you. now,
finally I am alive once more."

-Ron Kohn

Caught A Moment

When the soft clouds of
Morning make my furrowed
brow less deep -
When the somber autumn gray
portents of spring -
When hail stones turn to
angel's mists -
When lavender's evening gives
it's first kiss -
When baby tears fall off to
sleep -
Lifetimes are but moments -
I am old but young forever -
Long ago I caught a moment

-Makinen



Photo by: Brian Twomey

Saturday Night Suicide

Blood stains the walls
It fills the room
His head splattered
all over the walls
The terror is over now
or has it just begun
I would like to ask his hostage
but, all she did was run
So far away
As far as she could go
What was going through her mind
When she woke up that day
Did she think she'd have the pleasure
of a gun held to her head
Or did she think about the glory
of seeing her assailant dead
(with) his brains spilled on her blouse
Or was she thinking of her boyfriend
and where he'd take her out
She went to work that night not knowing
And the dead man
When he walked into Roberto's
Did he really want to kill
(or) was he trying to be heard
Did he have a message
What did he want to say
Was he only crazy
And out to do some harm
That's what really bothers me
I don't understand why
Why he was out there
and why'd he have a gun
Did he really want to murder
Was that how he got his thrills
or was it just himself
that he felt he had to kill
I guess I'll never know the reason
Why the blood spilt on the wall
Cause he took that 12 gauge shotgun
And he held it to his head
Or when his finger pulled the trigger
He stained the coat check girl with red.

The Promise

Lavender to mauve -
Pink to azure -
To yellow -
To burnt orange -
To mauve -
Lavender to slate -

Longer in azure -

White ground -
Branches shudder -
Twigs twitch -

Sparrow flies to find a perch -
Wind slaps to knock the sparrow -

Trust in:
Sun of lemon -
Growing yellow -

Soon to melt the snow!

-Makinen

-Robert Conroy



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to go the distance anymore.

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I stand tall,
than a torrent of waves
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Each wave wearing away at me.
One day these strong waves
will break me,
and leave me damaged.

Then the waves will carry me
away, to get lost in
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And reduce me to nothing.

-Laura Kenny

Gojira Rising

When I was a kid
We awoke in the dead of night
Across the town came the shockwave
As the oil refinery ignited
My Mom
thought it was the boiler
My Dad
Thought it was the bomb
Me, I thought the monsters had come
They'd take me to the beach
And I would wait for the ocean to churn
To spew forth mutants
And reptile death rays
Lurching in the keylights of burning cities
Mad and huge
And Harryhausen
The sonic booms as they descent
To send the walls and ceiling crashing
To bury me in toys and plaster
Like broken glass
The past
Sticks in my face
My Mom told me
About how the plane
Went down in the field near the back of her high school
They said if you were in the taller buildings
You could see the people
Pound at the windows
You could see the people
Scream at the windows
You could see the people
Claw at the windows
I bet the sounds they made were just like the monsters
And you know I find hard to sleep
I dream of dawn at the dead of night
I dream of winters that never end
Of cold and fire
And thunder footsteps
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Falling from the sky
I dream of monsters
I dream -

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Out of the darkness
came the night. There
she was, a vision of beauty
so lovely, so kind.

She stared into mine eyes,
eyes so hollow, eyes that lost
their life.
Her eyes pierced thru mine
she reached my soul.

I saw her eyes sadden
as if to say
she truly cared
Then she kissed my cheek
and whispered
"come home with me
I will heal your heart
your loneliness will be no more."

My eyes could only look back
Still void of life.
Her arms opened
and embraced my being.
How long had I needed
that hug
I could not remember.
As she held me to her
she rubbed my back
and whispered the words
that would break the wall
surrounding my soul

"everything's all right, you can lean
on me, the way
I know you need to."
The tears fell from mine eyes
and as I sobbed
these words I uttered
"thank you. now,
finally I am alive once more."

-Ron Kohn

Caught A Moment

When the soft clouds of
Morning make my furrowed
brow less deep -
When the somber autumn gray
portents of spring -
When hail stones turn to
angel's mists -
When lavender's evening gives
it's first kiss -
When baby tears fall off to
sleep -
Lifetimes are but moments -
I am old but young forever -
Long ago I caught a moment

-Makinen



Photo by: Brian Twomey

Saturday Night Suicide

Blood stains the walls
It fills the room
His head splattered
all over the walls
The terror is over now
or has it just begun
I would like to ask his hostage
but, all she did was run
So far away
As far as she could go
What was going through her mind
When she woke up that day
Did she think she'd have the pleasure
of a gun held to her head
Or did she think about the glory
of seeing her assailant dead
(with) his brains spilled on her blouse
Or was she thinking of her boyfriend
and where he'd take her out
She went to work that night not knowing
And the dead man
When he walked into Roberto's
Did he really want to kill
(or) was he trying to be heard
Did he have a message
What did he want to say
Was he only crazy
And out to do some harm
That's what really bothers me
I don't understand why
Why he was out there
and why'd he have a gun
Did he really want to murder
Was that how he got his thrills
or was it just himself
that he felt he had to kill
I guess I'll never know the reason
Why the blood spilt on the wall
Cause he took that 12 gauge shotgun
And he held it to his head
Or when his finger pulled the trigger
He stained the coat check girl with red.

The Promise

Lavender to mauve -
Pink to azure -
To yellow -
To burnt orange -
To mauve -
Lavender to slate -

Longer in azure -

White ground -
Branches shudder -
Twigs twitch -

Sparrow flies to find a perch -
Wind slaps to knock the sparrow -

Trust in:
Sun of lemon -
Growing yellow -

Soon to melt the snow!

-Makinen

-Robert Conroy

OUI

Seek Help for Compulsive Behavior

BY ANN O. NIMUS

Compulsive behavior in human beings can and does cover many different forms. It may involve alcoholism, narcotics, gambling, and any other compulsive behavior which can and often does destroy lives and break up families, friendships and, in some cases, employment.

Studies show that compulsions can be genetic or environmental. For example, many abused children grow up to be abusive parents/spouses. Children of alcoholics often become alcoholics themselves.

To be an alcoholic does not necessarily mean being drunk all the time. It could be the person who **MUST** have that lunch-time martini. Or, as I have seen, it could be that teenager who proudly drinks all weekend until he/she vomits and then sleeps it off wherever they may be.

If I have just described your favorite pastime, you are already an alcoholic. I pray the bottom you must reach before seeking help is not too deep.

Compulsions don't stop at alcohol. It could be a problem with narcotics, gambling, over-eating or even over-spending with plastic cards. Each and every com-

pulsion can change a personality and wreck human relationships.

However, there is help available. On Staten Island there are many self-help groups that you can call on. All are anonymous; they use only first names and whatever is said/heard in meetings stays there.

All of these groups follow the AA format: they use the Twelve Steps and the Twelve Traditions. They help you to live one day at a time, to do first things first by doing one step at a time.

If you haven't been there, don't knock it. Some people say: "Ridiculous! Anyone can stop over-indulging in eating, or drinking, or gambling, or spending." That's not true. Just remember. "There but for the grace of God go you or I."

AA Alcoholics Anonymous
(212)473-6200

Al-Anon ACOA Adult Children of Alcoholics
302-7240

GA Gamblers Anonymous
(800)522-4900

NA Narcotics Anonymous
(718)805-9835

CA Cocaine Anonymous
(212)496-4266

Alcoholism: The Voice of Experience

BY DOROTHY RAU

I would like to tell you what it's like to live with an alcoholic, because I have suffered from the effects of that experience. My husband was an alcoholic. He used to insult people; he'd hang up the phone; he wouldn't allow anyone to come into the house. He wanted to keep me isolated, even from my family. He wanted total control.

As a result, I lost all of my friends, and eventually my self-esteem. I was a loner, embarrassed by his alcoholic antics. Although I was not an alcoholic, I suffered from his alcoholism. Meanwhile his drinking increased. Our bills piled up. But he would not admit that he had a problem. I was torn and confused, unable to figure out what to do. Then, someone told me about Al-Anon!

I attended my first meeting, where I learned that Al-anon was for people like me, people related to and/or living with an alcoholic. I discovered I was not alone, with the help of this group my life could become more bearable. I learned that I was not the cause of my husband's alcoholism; neither could I cure it or control it.

They taught me some of the steps of Alanon, and I learned that I am a person too; I have my own life that I should be able to live. Like all human beings, I should have esteem for myself.

After many meetings of Alanon, plus the help of a sponsor and the group, I was able to turn myself around. My sponsor helped me learn that my husband would have to 'hit bottom' before I could even help him.

It took quite a while before my husband could admit that he was alcoholic. Gradually his life too, began to turn around. He died just three years ago, but not from alcohol. He had been in A.A. for seventeen years. Before he died he said that he would "rather be sober and dying of cancer than dying as a bum."

My life is much simpler and happier now. I have learned to live 'one day at a time', to let go and let God help me.

If you think a friend or relative has a problem with alcohol, look for the following symptoms:

1. Mood swings
2. Absence from school/work.
3. Dependency on and 'evening cocktails' and/or an increase in the amount consumed.
4. Money problems as a result of drinking.

If you note any of the above, your friends and/or family members may have a drinking problem.

Now, what about your own reaction to the problem? Is it characterized by:

1. Denial that there is a problem.
2. Covering up for the alcoholic.
3. Always trying to control the alcoholic.
4. Isolating yourself from friends and family.
5. The disappearance of your own self-esteem.

If you have felt this way, then you should consider Al-anon, the support group for people with the same problems. It is a 'group' for you, 'not the alcoholic.'

If you are interested in starting/joining an Al-anon group here at C.S.I., please contact me in room C-128.

CAREER DEVELOPMENT & PLACEMENT CENTER

WORKSHOP SCHEDULE - SPRING 1988

| | | | |
|----------------|--|----------|-----------|
| WED., MARCH 9 | "JOB SEARCH TECHNIQUES", Professor Mary Ellen Arrington | 1-2 p.m. | Rm. B-201 |
| | "THE JOB INTERVIEW", Professor Gil Benjamin | 2-3 p.m. | Rm. B-201 |
| WED., MARCH 16 | "CAREER DECISION MAKING FACTORS", Professor Gil Benjamin | 1-2 p.m. | Rm. B-201 |
| | "HOW TO OBTAIN A GOVERNMENT JOB" Mr. Mike Alberts | 2-3 p.m. | Rm. B-201 |
| WED., MARCH 23 | "WOMEN AND THE WORLD OF WORK", Professor Mary Ellen Arrington | 1-2 p.m. | Rm. B-201 |
| WED., APRIL 13 | "JOB SEARCH TECHNIQUES", Professor Mary Ellen Arrington | 1-2 p.m. | Rm. B-201 |
| | "THE JOB INTERVIEW", Professor Gil Benjamin | 2-3 p.m. | Rm. B-201 |
| WED., APRIL 27 | "RESUME WRITING", Professor Martin Black | 1-2 p.m. | Rm. B-201 |
| WED., MAY 4 | "THE JOB INTERVIEW", Professor Martin Black | 1-2 p.m. | Rm. B-201 |
| | "WHERE THE JOBS ARE IN THE NEW YORK CITY JOB MARKET", 2 - 3 p.m. Rm. B-201 Mr. Mike Alberts | | |
| WED., MAY 11 | "RESUME WRITING", Professor Martin Black | 1-2 p.m. | Rm. B-201 |

These workshops are being offered **FREE OF CHARGE** to CSI students and/or alumni. If interested, you must sign up in advance in Room C-134 or telephone 390-7850.

Confidential Psychological Counseling is Available for CSI Students through the College Mental Health Program.

Day and (some) evening appointments
are available. If you are interested in
seeing one of our psychologists, please come in
or call for an appointment:

College Health Center, Room D-136

Phone: 390-7561 or 7562

(Sunnyside Campus)

or

Nurse's Office, Room 536

Phone: 390-7827

(St. George Campus)

(The program is jointly sponsored by the College, the Staten Island Mental Health Society and the students themselves through Student Government and the College Association.)

WOMENS

Effective Dieting

BY SUZANNE BERLICCHI

As she passes through the kitchen on her way to work in the morning and feels the urge, she scoops out a big tablespoon of icing and lets it melt in her mouth for as long as she can, just so she can say to herself, "Now that wasn't as good as you thought it would be, was it?"

The "I can have it if I want it, but it's too blah for me" method of calorie counting seems like a wonderful idea for all sugar freaks. A little indulgence now and then keeps them from feeling miserable and being consumed by self-pity.

Thinking of the word "diet" we think of starving ourselves to death, or may be exercising till we're red in the face and our clothes are drenched with sweat. Well, new and more fulfilling ways to satisfy that diet craze are coming about.

For instance, a great and satisfying treat is a blender concoction, consisting of one cup of orange juice, one raw egg, and some crushed ice. Blend it all together and you have a wonderful pick-me-up. It is also a healthy and a low calorie dessert.

Living on fish, vegetables and vitamin pills is certainly the easy way out, but on the other hand that's also being on a diet your whole life. So try to relax. Eating is something we take for granted, it is simply just a pleasurable event and something to fill the growling in our stomachs.

When we take that first spoonful of food, we don't seem to realize that it takes our brain a half hour to fully absorb the fact that we are full, therefore our food intake is usually much more than it should be, making it easier to gain.

Taking small bites and chewing the food thoroughly is important. The more the food is chomped on in the mouth, the less time it takes the digestive system to break down the food, therefore distributing it through the body quicker.

Finally, the most interesting method of all is good willpower. Sticking to a diet is so hard, especially when there are so many tempting goodies out there. Try to curb; have some control over yourself. When you see and smell the food, try to replace it with something else. Hey, don't you want to get into that size seven dress again? Good luck!

Eat Rich and Stay Thin

BY SUZANNE BERLICCHI

Here are some great, new, and delicious treats for the New Year. They are easy recipes you can create at home in an instant. So eat rich and stay *thin!*

Broccoli, Mushroom and Carrot-Curl Salad - Serves 1, only 20 calories.

1 large fresh, mushroom, sliced
1 carrot curl, 3 to 4 inches long
1 broccoli floret
1 lettuce leaf
Pimento slice
1 Tbsp. low calorie salad dressing

Arrange vegetables on lettuce and garnish with pimento. Drizzle with dressing before serving.

After a delicious salad, how about some great soup!

Gazpacho - Serves 4, only 40 calories per serving.

3-6 oz. cans low-sodium V8 vegetable juice

1/3 cup chopped cucumber
1/3 cup chopped sweet green pepper
1/3 cup chopped onion

Combine all ingredients in blender and puree until smooth. Transfer to a bowl. Cover and chill before serving.

Finally! Have a lovely and light dessert.

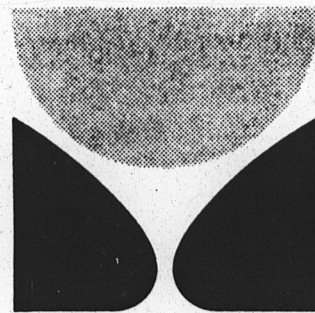
Strawberry Dream, Serves 4, 40 calories each.

1/2 Tbsp. low-calorie strawberry flavored gelatin powder
1/4 cup pureed strawberries
1/2 cup boiling water
1 cup prepared whipped topping

Dissolve gelatin in boiling water, stir in strawberries. Chill until set. Beat with an electric mixer or egg beater until mixture has doubled in volume. Fold in topping. Spoon into serving dishes and chill for at least an hour.

Well, Good luck. Hope your dinner turns out "Splendid".

On our campus,
transfer students
are the rule . . .
not the exception.



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College of
Technology
at Utica/Rome

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- finance
- computer science
- information systems
- computer technology
- telecommunications
- engineering technologies -
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- medical record administration
- general studies
- nursing

Master's degrees in:

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- nursing administration

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Students with an associate's degree
or a minimum of 56 semester hours
of college credit should consider
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For more information, contact:

Admissions Office
SUNY College of Technology
P.O. Box 3050
Utica, New York 13504-3050
315/792-7208



Congratulations to C.V. staff photographer Karen Blando. The recent Computer Science graduate came up a winner in a national photo contest. Blando's poignant photograph of a mother and child strolling along a beach in Maine during the summer placed in the top 7% out of 18,826 finalists. Photographer's Forum Magazine, sponsors of the contest, will publish the top finalists in their Best of College Photography Annual 1988.

Photo by: Karen Blando

THE 1988 DOLPHIN YEARBOOK

PROUDLY SALUTES OUR CUNY CHAMPIONS

- 3 Fred Marinaccio
- 11 Craig Johnson
- 15 Scott Davidson
- 21 James Long
- 25 Gerard Nicholson
- 33 Rob Roesch
- 35 James Widmayer
- 41 Anthony Markle
- 43 Brian Leary
- 44 Willie Torres
- 45 Terry Brennan

Captain:
Gerard Nicholson

Trainer:
Dave Solomon

Head Coach:
Howie Ruppert

Asst. Coach:
Tony Petosa

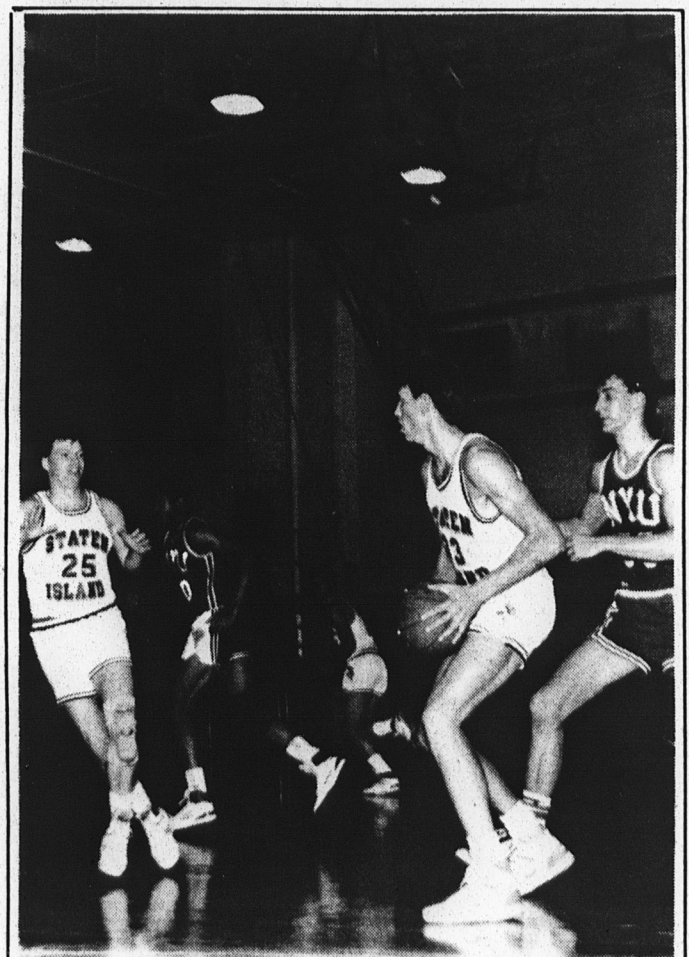
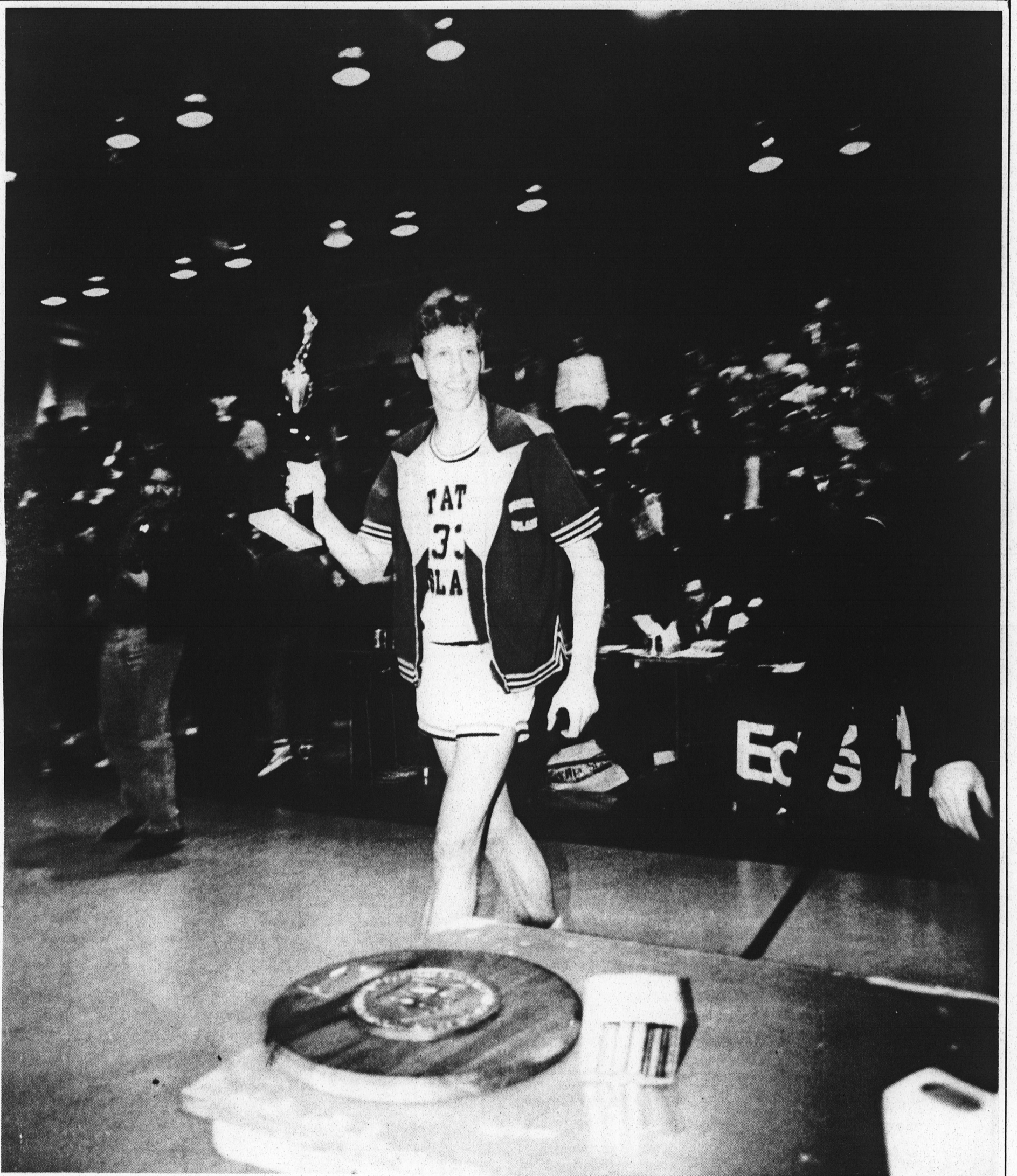


Photo by Yvonne Osterlund

SPORTS



CSI WINS CUNY!



Rob Roesch set CSI's single season scoring and rebounding records, and was named MVP of CUNY Tourney.

Photo by Richard Formica