THE BANNER

The Official Newspaper of the College of Staten Island

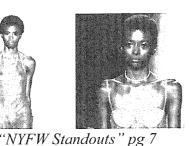
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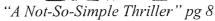


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'Serena: Victim or Loser'' pg 10

Student-Run Magazine Creates Cultural Competence on Campus

QUEER-Zine Plans to Educate CSI About the LGBTQ+ Community

BY: VERONICA PISTEK

An LGBTQI Leader, a member of the CUNY LGBTQ Advisory Board, a David Project Intern, a Student Government Commissioner student at large, and now the founder of CSI's upcoming LGBTQ+ Publication, Val Ramos has his plate full as a second semester freshman at CSI.

Entering the room wearing a shirt embroidered with a rainbow-colored word "extra" paired with the perfect combination of pride pants, Val exudes energy, positivity, and ambition with each movement.

As the LGBTQ leader sat down to discuss his upcoming student publication, QUEER-Zine, Ramos explained his personal history with representation at the College of Staten Island:

"When I first came to campus, I did not see representation of the LGBTQ community. I finally felt that safe haven once I found the resource center. When I leave that office, that safety net feels like it is gone."

This seems to be a familiar experience for many LGBTQ community members on campus. Once they go beyond the realm of their safe zone, the fear of dropping out or transferring schools as a result of an unsafe environment becomes a reality.

By bringing awareness to all students,

faculty, and staff, Ramos hopes to educate the entire campus about the LGBTQ+ community with QUEER-Zine to create a more comfortable place for all students.

While visiting the Gay and Lesbian Museum in New York City, Ramos had an epiphany. As the museum tour guide asked everyone to create a zine, or an underground magazine that popularized the queer movement in the 1980s, the visionary felt inspired to replicate this idea for a publication here at CSI.

Now this zine is not going to be your average fashion or news magazine-QUEER-Zine is anticipated to include student's personal coming out stories, photography and art from queer students, poetry, prose, as well as health and wellness information.

With a diverse array of topics and ideas, this magazine will speak from various perspectives within the community and appeal to all different groups. Students who are passionate about creative writing or art, as well as those who desire to share a narrative will have the opportunity to broadcast their voice.

Primarily, Ramos intends on being inclusive. This magazine will have its own section dedicated especially to those students who are international and struggle with being accepted by their families.

Not only will students be able to express their culture's struggle for acceptance of their identity here on campus, but the future writers will also highlight the prevalence of this issue around the world.

A global idea, Ramos also is dedicated to put every single flag of the LGBTQ community along with its definition, what it means, and who it is for on the back page of each issue.

This way, students can pick up any given issue of QUEER-Zine and educate themselves about the different identities that make up the LGBTQ community.

Expect collaborations from this new publication. With the presence of the Gay Straight Alliance on campus, this magazine will take part in the GSA Second Prom, which will be a spring event for queer students who could not bring their same sex partner to their senior prom.

QUEER-Zine will also pair up with a health specialist on campus. In order to properly discuss safe sex and prep and pep, this specialist will provide tips and information about how to engage in healthy and protected sex.

Along with staying informed about

Continued on pg #4

Open Conversation From the College Council

Insight Into CSI's 2018-2019 Planning

BY: MOHAMED MAHMOUD

In the wake of recent CSI robberies, the college council met to discuss campus training for emergency situations, the budget cuts, and this year's new strategic plan.

In order to discuss future of our college, the student council senate used their voices to find out the upcoming plans that students can anticipate this year.

One issue in particular raised over the past couple of months regarded the outcries for campus training for emergency situations, especially evacuation situations.

During the beginning of this year in January, there was a workshop on the command post.

Such attendees included NYPD, FDNY, NYC Emergency Management, and members from the CSI staff, and CSI Public Safety.

This workshop discussed what to do during emergency situations. Ultimately, the campus seems to be updating and practicing methods to be prepared for various types of emergencies.

Onto the topic of money, new budget forms have been introduced last year and during this meeting, it was made public that strides have been made in order to modify it.

Various issues such as budget cuts, a dip of enrollment, an increase in minimum wage were also discussed. It was stated there will be a \$941,000 year end deficit.

Within the second quarter of this proposal, the shortage of the budget was announced, which may put The College of Staten Island in a hole by approximately

In order to improve this deficit and budget, the college plans on observing the adjunct and temp services budgets for efficiencies.

Assistance of the Budget Committee was very useful because they were able to articulate the CUNY various costs unique

These costs within CSI's various departments include the billing within the Continued on pg #4

The Future of Storytelling Invites Students of **CSI To Volunteer**

The Extravagant Event Takes Place at Snug Harbor on Staten Island

BY: VICTORIA IFATUSIN

Thousands of creators from all over the world came to Staten Island to attend the Future of Storytelling, including CSI's very own students assisting the event as volunteers.

The Future of Storytelling is a summit that takes place every year, and for the past few years, the event has been taking place at Snug Harbor Cultural Center on Staten

This event allows CSI students who are interested in media, communications, and technology to discover a world of innovative storytelling, and even network with the speakers and workshop leaders.

The two-day event included content makers, influencers, and distinguished guests from companies all over the world to meet in one place to view exhibits and ideas that combine programming and sto-

Companies such as Google and Microsoft, along with up-and-coming companies such as Glow, Fraser's Edge, Titmouse, presented their exhibitions that portrayed

how the different elements of narration can intertwine with the advancement of tech-

Andrew Peters, the Executive Creative Director of The Brand Experience, provided a workshop showing guests and onlookers about how to tell a good story in any physical surrounding by using the life story of such guest as the outline.

One of the highly anticipated workshops was held by Darren Aronofsky, the

Continued on pg #5

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CSI'S STUDENT-RUN PUBLICATION

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BANNER POLI

What You Need to Know Before November 6th

An Overview of the Primaries and How to Prepare for Election Day

BY: OLIVIA FRASCA

The fall season has finally arrived. The cooler weather and changing leaves call for apple picking and pumpkin carving.

Time to kick back in those knit sweaters, turn on the television, and enjoy the latest mudslinging political advertisement.

That's right, it's election season too.

On Thursday, September 13th, the 2018 New York State primary elections were held. This year, the public voted for candidates for Governor, Lieutenant Governor, Attorney General, and several seats in the state Senate and Assembly.

After the results of the primary elections, the outcome of Election Day seems far from unpredictable. Andrew Cuomo, Kathy Hochul, and Letitia James gained the democratic nomination for Governor, Lieutenant Governor, and Attorney General, respectively.

According to The New York Times, incumbent Cuomo won the gubernatorial primary by 65.6%, while Cynthia Nixon had 34.4% of the vote from upstate counties. On Staten Island, Cuomo won 73.6% of the vote.

Nixon, a longtime New Yorker, actress, and political activist, has slammed Cuomo for allowing tax cuts for the wealthy and for neglecting to prioritize the New York City subway system. As a more progressive candidate, she has advocated for removing ICE, reforming education, and preventing homelessness. Cuomo, who is running for a third term as governor, has been public in his fight against President Trump's actions toward

immigrant families. His notable achievements as governor the minimum wage to \$15, providing 12

include expanding financial aid, increasing weeks of paid family leave, and leading relief efforts in Puerto Rico following Hur-

and his top aides were under fire for releasing a mailer that labeled Nixon as anti-Secia Eve. mitic. The Working Families Party, who has backed Cuomo in his 2010 and 2014 run for office, has not supported his nomination in 2018.

As for Lieutenant Governor, incumbent Hochul won 53.3% of the democratic primary vote against Nixon's run-



Marc Molinaro, the uncontested Republican candidate for governor, vows to end Albany's culture of corruption.

According to his official website, Molinaro has revolved his campaign around reforming the education system, opioid crisis, and Metropolitan Transportation Authority (MTA).

ning mate, Jumaane D. Williams. Hochul served as the U.S. Representative for the 26th congressional district of New York before becoming Lieutenant Governor in

Her primary victory was the closest out of the other elections.

New York City Public Advocate James won the Democratic seat for Attorney Genpy voting!

Just days before the primary, Cuomo eral in a four-way race between Zephyr Teachout Sean Patrick Maloney, and Lee-

If James prevails in November, she will become the first African American woman to be an Attorney General in the state of New York.

According to her official website, James has advocated for criminal justice reform, affordable housing, and quality education for New Yorkers. Prior to her primary victory, she was endorsed by Governor Cuomo.

The best way to make your voice heard on November 6th, Election Day, is to vote. Luckily, registering to vote is easier than

The New York State Board of Elections website offers registration forms and other information for current and prospec-

Once completed, mail your form to your county board of elections. If you will not be in the state on Election Day, fill out an absentee ballot.

A change in party enrollment should be done by October 12th in order to vote in your preferred party's 2019 primary. To be eligible to vote on November 6th, register no later than October 12th.

CUNY students can also visit www. cuny.edu/vote to learn more about registering on campus or in-person.

Happy fall, and most importantly, hap-

The Grave Outlook of The Genocide in Myanmar

The Burmese Government Continues Its Human Rights Violations

BY: CHERMO TOURE

While mainstream media outlets are heavily focused on President Trump and the Mueller investigation, they often forget that there is a whole world out there.

Unfortunately, there are genocides taking place in the world, where thousands are being deliberately killed every year.

A notable Southeast Asian country where genocide is taking place is Myanmar. Myanmar is made up of many ethnic groups, one of which is known as the Rohingya.

The Rohingya is a Muslim minority group that make up about 4% of Myanmar, whereas Buddhists make up around 87% of the population. Most Rohingya reside in the Rakhine province.

According to The New York Times,

religious fundamentalists, ultranationalists, and even high officials in the military view the Rohingya as illegal immigrants. The Burmese government considers the Rohingya to be a threat to the common Buddhist identity.

This discrimination against the Rohingya isn't new. In the past, the Burmese government has limited their access to citizenship and education.

The New York Times article also states that about 750,000 Rohingya Muslims were forced to leave their homes and immigrate to Bangladesh to avoid being killed by the Burmese military.

A recent United Nations report on Myanmar revealed that people are being burnt alive, raped, and killed. Landmines, which are banned under international law, are being used to trap or kill anybody try-

ing to flee the Burmese army. There have been waves of violence against the Rohingya fanned by hate

> speeches. The release of the United Nations fact-finding mission on Myanmar accuses the Burmese military of deliberately committing genocide. The commander-in-chief of the Burmese military, Min Aung Hlaing, along with other military officials, should

However, due to the fact that the military has so much power over the country. these military officials most likely won't face justice in the current government.

be prosecuted for their crimes against hu-

The Burmese military has a great deal of power within the country. Since 1962, when General Ne Win took power through a military coup and formed a military junta, the military has played a significant role in the policy-making of Myanmar.

It wasn't until recently that Myanmar started to shift from military rule to civilian rule. Nevertheless, the military still holds significant power.

The civilian government that is being established in Myanmar is too weak to stop the genocide. According to The Econ- investigating the injustices of the country omist, Aung San Suu Kyi, Myanmar's de facto civilian leader, has set up multiple committees to investigate the genocide.

However, these committees were powerless and insufficient in their investigation. In fact, the committees only managed to prosecute seven infantrymen who were responsible for a massacre.

The reason why the Burmese army is functioning as a "semi-independent government" is because the current constitution of Myanmar allows it to do so. Two years ago, when the current constitution came into effect, the army was allowed to have complete control over its own affairs and securities.

According to Time magazine, a human rights organization called Fortify Rights states the Burmese military has "deliberately blocked the delivery of life-saving aid to civilians displaced by the civil war raging in Kachin and Shan states... suggesting these actions violate international human rights law and should be prosecut-

Fortify Rights continues to accuse Myanmar's military of blocking vital resources such as food, water, healthcare, and shelter from civilians that need them. They claim this could be an act of war

The Burmese government has made obtaining a travel permit a difficult and time-consuming process, according to the Time article. Such actions prevent journalists and human rights activists from

With all of this going on in Myanmar, more nations around the world are taking notice. Most recently, the Canadian parliament has condemned the actions of Myanmar's army and has deemed what is going on in the country an act of genocide.



The Rohingya, a Muslim minority, continues to be dispelled from Myanma

BANNER NEWS

"Student-Run Magazine" Continued from Front Page

HIV infections, the zine intends on creating acceptance amongst the members of the LGBTQ+ community.

"For instance, if you are HIV+, some people even within our community will neglect to build a relationship with you. Also, it is often that gays or lesbians will not accept and even talk to people who are bisexual," Ramos explains.

With contention already existing amongst the people within the LGBTQ+ community, Ramos explains how everyone should learn to understand and welcome one another:

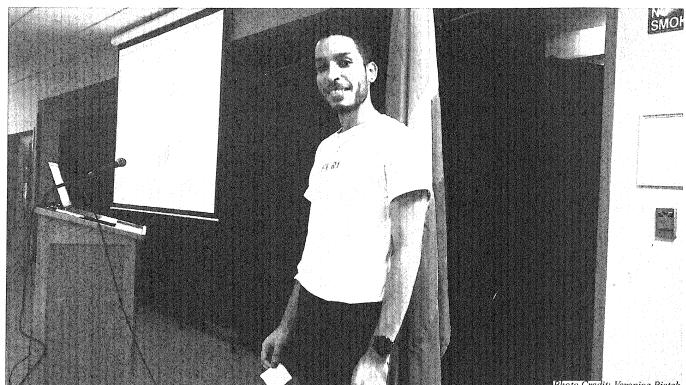
"Ultimately, we all strive to be accepted by everyone, but we need to become open to our fellow LGBTQ+ members and accept them first."

Overall, the upcoming publication strives to bring awareness of resources to students who are unaware of CSI's resource center, enable students to feel open about expressing their identity, and educate the entire campus about a community to understand and respect anyone they meet.

"My goal is for QUEER-Zine to bring

and health awareness. I want everyone to LGBTQ leader expresses as his main focus spread love and not hate. So, just don't for this new project.

QUEER-Zine is expected to have its first meetings and releases during the spring semester.



Val Ramos, OUEER-Zine's founder, pictured at CSI Pride Ka

"Open Conversation" Continued from Front Page

buildings of CSI, the energy consumption use, and the costs accumulated by the St. George campus.

With this in mind, CUNY has endorsed these indulgences within CSI- which will allow CSI to increase its budget.

Moreover, NY State has accepted and stated an increase for funding on TAP, and an increase of Excelsior Scholarship, resulting with a family income limit up to

This budget adjustment has not ended and they will continue to lobby for conservation of hudget

New workshops and meetings will be implemented in order to help improve fiscal responsibility, such as Institutional Planning Community (IPC) that was implemented last April, a community that discusses CSI's future budget.

Attending this meeting was the student senate, which is comprised of Nardeen Soliman, Mohammad Bhatti, Alphonso Frazier, Brandon Fridman, Kwan Ho, Mohamed Mahmoud, Beren "Crimson" Sabuncu, and Samantha Wong.

In addition to the student senate, administrators, members of the HEO Steering Committee and the members of the place better than to be part of this commit- ant thing is to understand what the people faculty senate were all present to discuss tee.' strategic planning.

include the implementation of our new these meetings aren't always as eventful Strategic Plan and its strategic priorities, every meeting, just being part of these a step forward has been made in order to

port, and CSI's re-accreditation by Middle on how the the system works. It could States Commission on Higher Education.

ures of CSI met with the attendees, such as chairman of each major of their respective college committee, or talk with a professor department, and even the President himself. William J. Fritz.

When asked if the college council was actually needed, President Fritz's response a faculty member of the college council, was: "Every member of the college compointed out is that, "...it's not enough just mittee plays a vital role in these meetings... to observe but to listen. You need to under-Everyone starts somewhere and there's no stand what you want, but the most import-

Another thing Fritz pointed out about the approval of our Periodic Review Remeetings gives us a better understanding

also be a great way to make connections. After the meeting's conclusion, fig- If you don't know where to start or have more questions, go read the bylaws of the like Jonathan Peterson."

On the other hand, Professor Ralf Peetz-a former chemistry teacher and now

A lot of things happened during the Major highlights within the event this meeting was, "Though it is true that college council meeting; new ideas were suggested, new people were voted in, and improve the works of CSI.



CSI's student senate taking part in the college council meeting.

BANNER NEWS

The Future of Storytelling Continued from Front Page

director of Noah, Black Swan, and Pi. He discussed the need for creative storytellers to create work that reflects the politics of our world today.

Founder and CEO of Sub Rosa, Michael Ventura, provided a mini-seminar tion, and how they can be portrayed in ani-

Titmouse's, Antonio Canobbio and Chris Prynoski, exhibited a new outlook on animation when it comes to the creating and designing of characters. They showed the importance of characters in any anima-



A guest testing the Virtual Reality headset on an exhibition at The Future of Storytelling summit.

about the exercise of the empathy muscles, mations on a different outlook. and how one can connect better with themselves and others in their environment by exercising such muscles.

Thomas Small and Sarah Steele, both who work on the Virtual Reality team at Google, exhibited a tools and resources use of VR

Many more fascinating exhibits took place over the two days, along with the appearance of some distinguished guests such as Sera Gamble, Jake Barton, Laura R. Walker and many more.

Performances also took place after the mances. needed to produce VR180 videos with the exhibits, such as the musical performance of Little Cinema and the iPad Magician,

Besides the exhibits and guests from all around the world, students from CSI

These performances ended a long day of running around with exciting music, hilarious comedy, and interactive perfor-

were invited to participate at the event, taking on various roles as volunteers.

Volunteers from various backgrounds that attend CSI, such as Lauren Silverman



and Veronica Pistek, and Vincent Villani accepted the invitation, as there have been past experiences of volunteers from CSI at older summits. This year also was the first time FoST

made use of a Documentation Team.

This team was comprised of photographers and videographers who would record the happenings of the event – specifically made up of volunteers from CSI.

This year's Documentation Team led by Karolina Manko included Michael Di Bartolo (photographer), Liam Gilbride (videographer), Nick Graffeo (videographer), Christian Hansen (videographer), Victoria Ifatusin (photographer) and Amanda Martinez (photographer).

The team also included other photographers and videographers from other organizations. Ultimately, this event provided the volunteering students with experience in their potential career choice, as well as introduced the opportunity to network from professionals.

After the conclusion of the several-day event, the volunteers expressed much gratitude and joy about participating in FoST-already anticipating to help out again next year.

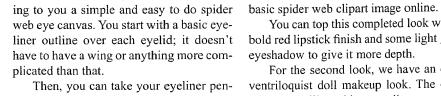
Spooktacular Last Minute Halloween Looks

BY: KAREN CORREA AND LUCIA

As Halloween approaches, so do the long anticipated costume parties.

Are you stuck trying to decide what to wear last minute? No worries, here are five plicated than that. easy Halloween makeup ideas that will have everyone turn their heads.

All you will need is a last minute party invitation, eyeliner, eyeshadow pallets, some eyeshadow brushes, and eyelashes if you would like an extra flare.



cil and start drawing vertical lines, starting thing you will need is an eyeliner pencil. from your eyebrow all the way around to your water line.

After that, you can draw curved lines It's that simple! connecting the vertical lines. If your not

For added effect, you can go ahead and lipstick color of your choosing. If you really want to bump up the realism of your look, you can apply some blush and draw in freckles along the apples of your cheeks and across the bridge of your nose. For our next look, we have for you a

You can top this completed look with a

For the second look, we have an easy

With your eyeliner pencil, just draw

bold red lipstick finish and some light grey

ventriloquist doll makeup look. The only

two lines down the corners of your mouth.

eyeshadow to give it more depth.

simple Wednesday Addams look that will be sure to leave an impression at the party.

If you have a spare white-collared black dress and black stockings lying around, this will make it a complete look that will be sure to make you as easily recognizable as Wednesday Addams.

All you need is a dark sense of humor, black eyeliner, black lipstick, and two

If you want to be a bit more stylish, you can add a wing of any size, whichever you think you pull off best! You can also

First, designate a set amount of time

For the first look, we will be introduc- sure how to do this, you can just pull up a apply black lipstick and if you want, you can create a cool grey-to-black ombre effect to make it more interesting.

> Look four serves as the most basic look of all time; the black cat look. All you will need is black attire of your choosing and black eyeliner.

Using that black eyeliner draw a dark circle on your nose, color it in, and draw in whiskers at the sides of your mouth. That's

Oh, and if you want to get extra fancy put your own specialized touch to it with a and strip away from the basic, you can add some cat ears or even a tail.

Last but not least, look number five. If you're a David Bowie fan, then you'll love

Using scotch tape, make an outline of the lightning bolt around your eye and color it in with a colorful eyeliner and vio-

You can top this look off with a nice fur faux vest or jacket and your on you way to rock and roll.

While all of these looks are simple and easy to DIY, there are endless options and sources of inspiration.

But remember, Halloween comes around every year so if you don't top this one, you always have next year to give it

Reviewing NYFW's Boldest 2019 Trends

LIFESTYLES

A Glimpse Into the Future of Fashion Freedom

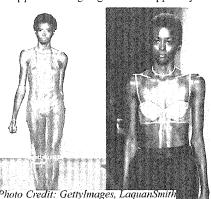
BY: LEAH OLIVER

Be prepared for full transparency- New York Fashion Week has declared the return of the free the nipple trend with sheer fab-

Leaving little to the imagination, skin revealing jumpsuits and dresses opened the eye to 2019's future fashion freedom.

One look that stood out was a purple jumpsuit from Laquan Smith. Other designers such as Ulla Johnson, Mansur Gavriel, Jason Wu, and Jeremy Scott took part in this trend that highlights the freedom of the female body.

With our current wardrobe resembling much of the 1970's colors and flare designs, New York Fashion week did not disappoint to highlight these hippie styles.

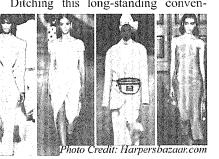


cowboy boots.

Western classics such as fringe and cowboy boots are predicted to return as hits this spring.

Surprising enough, cowboy boots were featured in street style at every corner. Traditionally, these boots can be paired with anything flare or flowing.

Ditching this long-standing conven-



tion, many of the cowboy boots were worn with modern and sleeker-shaped outfits.

A fan favorite were the boots that Aimee Song, song of style juxtaposed with an oversized silk shirt. New York Fashion Week also took the

opportunity to revive our souls with bold A palette that made all of us feel en-

ergetic and fierce. The array of colors dis-



played throughout NYFW sprouted the excitement for Spring/Summer 2019 already. Nothing was kept neutral by flaunting neon hues and sunny shades such as mari-

gold vellow. Yellow blazers, as well as yellow two-

piece suits were fierce, yet practical. By using bold colors paired with business-like attire, you can feel classy, fun,

Printed clothing and headgear made their premie during NYFW.

sophisticated, and even sexy.

Keeping coordinates and sets in mind, many matchy -matchy looks from headscarf to handbag were featured on the runway in a diversity of styles.

Not only were bright colors and bold patterns a staple during NYFW, printed headgear also prevailed to be a showstopper. Printed head scarves and bucket hats will be likely become an accessory that everyone will find trendy this coming spring.

To prepare for next season: expect amped up evening wear, dresses in chiffon with extravagant ruffles, fringe leather jackets, and co-ordinate sets.

New York Fashion week surely had style and statement moments. Draw inspiration from these upcoming designs to create your own unique looks!

Five Ways to Conquer NaNoWriMo

50,000 words. 30 days. Will You Take The Challenge?

complete that novel.

BY: ALEXIS KATERIDGE

Fall means many things, whether it be pumpkin spice lattes, cute couple costumes for halloween or the start of nights huddled around the TV watching football.

But for some, fall means it's time to sit down at your computer and write that novel that you've been thinking about.

As November approaches, so does NaNoWriMo. Now, you may be asking vourself, what exactly is NaNoWriMo?

NaNoWriMo stands for National Novel Writing Month, which takes place every year in November. According to their website, writers world wide challenge themselves to write a 50,000 word novel over the course of 30 days, with a deadline of 11:59 PM on November 31st.

This task can seem a little daunting to those not accustomed to writing lengthy

works, especially not in such a short amount of time. However, over 400,000 people pledged to take the challenge in

sation starter come Thanksgiving.

poses is getting tired just a few days in.

With 50,000 words to write in just 30 days, a writer must average about 1,667 words for one day.

to maintain. Not to mention issues such complete loss of where your story should

How do you stay motivated and stick with this daunting and difficult challenge?

What is in it for you? The sweet, sweet satisfaction of finishing an entire novel in one month, not to mention a great conver-

The biggest issue that this challenge

words per day. In other words, a lot of

As a college student, that can be hard as writer's block, lack of inspiration, and

every day to writing. Whether it be waking up an hour early to type before the rest of the world wakes up, or it be stealing a moment in-between classes to furiously type

Just make sure you do it. You can't write the novel if you don't make time to

> Second, make and follow a schedule. It's important to maintain a regiment throughout the month

> day, whether it be you have an intense class schedule or some other plan preventing you from sitting down at your laptop, make sure you make time to catch up.

> If you prefer, you can follow the NaNoWriMo calendar, which can be found

There are some tips and tricks to help you with a simple google search!

Third, is combating writer's block. The best advice is to just write through it.

Don't succumb to the horrors of writer's block. Truly don't know what to write? Try utilizing the prompt, "I don't know what to write "

It will get you writing with the added bonus that you will be able to vent about the frustrations of your writer's block, so

Fourth, is just writing something. There are no NaNoWriMo rules that state that you need to write a clear coherent sto-If you know that you can't write one ry. If you want to write a bunch of short stories, you can do that

> If you find that one day you just don't have the inspiration to add to your novel. feel free to write a short story one day and go back to it another day.

> This way you are still exercising your writing, and staying on top of your word count without coming to detest your work.

Five, is that you should make a playlist. Music has the ability to inspire us in Make a playlist that is reminiscent of

the tone of your writing or the scene you Many times this will act as a means of inspiring you to get those words on the

No matter your genre, no matter your method, completing NaNoWriMo is an impressive feat.

Now that you have some tips and tricks on how to conquer it, will you take the

Moisturize Me: Caring for Curls This Fall A Guide on How to Keep Your Textured Hair Healthy This Autumn gredients and benefits that vary from brand

BY: LAUREN SILVERMAN

Fall is here, which means the summer months have faded away, and so have intense humidity and heat. While humidity can be detrimental for our hair, making the strands swell and frizz, the colder winter months can be devastating.

Whether you have waves, curls, or coils, every curl type needs moisture to retain body and shine. Lack of moisture results in dry, brittle strands that can't form curls properly.

It's important to prioritize moisturizing as the seasons change. The chill in the air can cause dreaded frizz. Products such as oils and leave-in conditioner will help your

There are many different types of oils, each with their own benefits. Coconut oil and black castor oil can make thick or dense hair shine, but could weigh down fine hair. For thinner curls, use extra virgin

Leave-in conditioner will add extra moisture before your hair is exposed to the outside elements. By using leave-in conditioner before other products, you are creating a soft base for tools like gel and mousse to build upon. If you don't have leave-in conditioner, you can use a little bit of your regular conditioner once you finish washing your hair.

If you don't deep condition, now would be a great time to start! Deep conditioning goes beyond the limitations of everyday shower conditioner and coats every strand of hair for a spa-like treatment.

Deep conditioners have a range of in-

to brand. The duration of the treatment is important too; leaving it in for too long may cause fine strands to become limp, while not waiting long enough for thick hair can prevent the conditioner from

working properly. Deep conditioning is a great once-aweek treatment for your freshly washed hair. But why not take it a step further and give yourself the best wash possible?

Two controversial ingredients in the curly community are sulfates and silicones. Sulfates contribute to the lathering nature of shampoos, and silicones can be found in conditioner and other products, like cream and gel.

Sulfates can be harmful for curly and coily hair because they strip the hair of its natural oils. Since curly hair is dry naturally, it can become damaged from overuse of sulfates. People with wavy hair, which can become oily, may be able to use sulfate shampoos without an issue.

Sulfate-free shampoo is a great way to prevent hair from drying out. Perhaps the most popular one is DevaCurl No-Poo, which is safe enough to use every day.

Silicones are a trickier ingredient. While they can help add body and shine to hair, they are notorious for causing serious buildup. This is especially problematic for thinner hair types, which will get weighed down and oily from the excess product.

Unless water-soluble, most silicones cannot be washed out with a sulfate-free shampoo. So in order to remove the buildup of silicones, one must use sulfate shampoo,

which can cause extreme dryness. Fortunately, there are plenty of silicone-free and sulfate-free products in the curly market. Be sure to read ingredient lists, and be on the lookout for red flags.

Products can bring out your best curls, a diffuser. but you could be damaging your hair in other ways, preventing it from reaching its full potential. Heat is a big issue for curls.

to weeks, if not months, of damaged ends and crackly frizz.

If you like to use heat tools every so of- cation. ten, it is essential to invest in a strong heat protectant. Otherwise, your curls might suffer from just a few minutes under the flat iron. If you blow-dry your hair, be sure

to use a diffuser

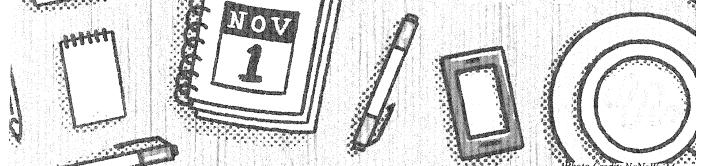
It's gentle and dries curls in sections rather than attacking your delicate strands with aggressive heat. Some people can use heat while drying as long as they are using

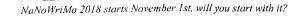
Regardless of hair type, everyone deserves curls that look and feel amazing. Don't shy away from experimenting with Straightening your hair once can lead new products, especially as the seasons change. Your hair's needs can change depending on temperature, humidity, and lo-

> Your curls are unique and full of character-give them the treatment they deserve!



Every curl deserves a routine that promotes hydration and health





BANNER ARTS

A Perfect Life, So Why Did She Vanish? "A Simple Favor," the Fresh New Thriller Starring Blake Lively and Anna Kendrick

BY: BROOKE PRICE

One day, Emily drops off her son at school and never returns. It is up to Stephanie to find out where she is.

Blake Lively plays the fashionable, mysterious and fearless Emily Nelson, who is a public relations director for a fashion company. She later bonds with the quirky mommy vlogger, Stephanie Smothers, played by Anna Kendrick after their their sons, while they gossip and drink Henry Golding to dig deeper into Emily's

a call from Emily asking her if she can do a 'simple favor" for her; picking up her son Feig who also directed comedy movies Nicky from school. Stephanie obliges but after some time passes and with Emily not answering her phone calls, she realizes that something is wrong



Photo Credit: firstshowing.net Anna Kendrick and Blake Lively star in the mystery thriller "A Simple Favor.

After a couple of days, Stephanie gets

The two moms set up playdates for ily's husband Sean Townsend, played by private life in order to figure out her cur-

"A Simple Favor" is directed by Paul such as "Bridemaids," "The Heat," "Spy" and the 2016 "Ghostbusters" reboot.

In the movie, Emily's wardrobe resembled what Paul Feig wore in real life. Stephanie decides to team up with Em- Blake Lively was enamored by Paul Feig's suits that he wore on set every day.

> She wanted her character in the film to wear outfits similar to those Feig would wear In an interview with Entertainment Weekly, Paul Feig said, "Blake just looked over at me and I was wearing one of my three-piece suits like I always do, and she's like, "I want to dress like you". And I was like "Okay, that's funny," and she was like, "No, no. I really do."

> Blake Lively discussed with ELLE Magazine the difference in personalities between herself and her character Emily. She also explained how she got into character when she played Emily in the film.

"I just uncovered everything I've ever repressed in my life and was there [in Emily's headspace] I don't drink, I don't really swear, I'm a little uncomfortable in my own skin and self deprecating but Emily is just so in her skin and so confident and so unapologetic and a little villainous, and she's a bit of a wild child, and that was

Anna Kendrick and Blake Lively have great on-screen chemistry. The way the actresses bonded on screen made the movie more entertaining to watch.

Even though their characters are polar opposites with Emily being devious and secretive and Stephanie being innocent and compassionate, the film enables the actresses to mesh the characters' interactions together making it an enjoyable movie.

The film also includes a nude painting of Emily exposing herself, which in her living room. This painting is continuously shown throughout the film.

Pride Source spoke exclusively to Anna Kendrick about the obscene painting in "A Simple Favor," "That painting – fun fact – was never once on set. That is all post effects. Sometimes it was green screen, and sometimes it was this other painting that was very nice but very Tumblr art. It was actually Blake's idea to have it be a little bit more, um, obscene. Certainly it's art, but a little more shocking for Stephanie to see. Not so polished, not so pretty, not so coy. I thought that was really brilliant."

"A Simple Favor" was originally a book written by Darcey Bell in 2017. The theatrical release was shown in theaters September 14.

This film will keep you guessing about Emily's whereabouts and why she would leave her beloved family behind. There are many plot twists throughout the movie to keep you glued to your seat.

BANNER ARTS

A Spectrum of Power: Atypical Season 2 Sam Gardner and His Family's Road to Discovery

BY: SALVATORE CENTO AND LAUREN SILVERMAN

The first season of the Netflix-exclusive program, Atypical, centers around an eighteen year old boy with autism discovering his independence and how others around him are affected.

As the credits rolled on the television screen, the audience was satisfied with all their answered questions- all except one.

Atypical's title is a blatant reference to Sam Gardner, played by Keir Gilchrist, not being like those around him. Why, then, is the audience often pulled away from Sam and into the personal stories of his family members?

Season two answers that question in more ways than one, which makes the second time at bat for this beloved dramedy a home run.

Sam's parents, Doug and Elsa, played by Michael Rappaport and Jennifer Jason Leigh, both give brilliant performances as they deal with Elsa's cheating from the first season.

Due to Sam's emerging maturity and Elsa surrendering her once-controlling grip on her son, she feels lost and ultimately finds herself in bed with a bartender.

Even though this might be dramatized for viewership, this is a possible consequence of not having to take care of someone you love. You look for someone else.

And in this case, once Doug finds out, he's in a world of emotional, mental and

into his own hands searching for her him-

Kim is a single parent searching for his

In the beginning of the film, the view-

ers are able to get a glimpse at the life of

David, his wife Pamela, and daughter Mar-

got. After her mother's death, Margot be-

BY: BROOKE PRICE

only daughter.

physical pain. He does find some sanctuary by the end of the season, though, when he makes plans of building a program that teaches first responders how to better help those diagnosed with autism.

Sam's sister Casey, played by Brigette Lundy-Paine, focuses more on herself this season. Not having to watch her brother as closely as before, she dives head-first into her new school, Clayton Prep.

She comes across enemies who turn into friends, friends who turn into enemies, and an exciting new romance that challenges her steady relationship with her boyfriend, Evan Chapin, who is played by Graham Rogers.

While this is just teased throughout, it is sure to become a highlight of the next

At Sam's workplace, Techtropolis, the audience is reintroduced to arguably the most lovable character on the show, Zahid, Sam's coworker and loyal friend, played by Nik Dodani.

Dodani is a combination of two completely different character archetypes: one, an average male teenager, objectifying women to give himself a false sense of pride, and another, a deeply caring friend, willing to put himself in harm's way if he

His character is tested in a very realistic and worrying scene during the latter half of the season.

The character of Zahid may have

seemed like a detriment to Sam at first, but after watching him this season, anybody would think differently.

Paige, played by Jenna Boyd, is a very endearing and interesting character.

In her senior year of high school, she tries everything she can to be liked by others, making the senior gift for the school as well as baking cookies for the bake sale.

Sam's disorder has no effect on Paige's pursuit, and she engages in playful teasing, such as pushing, throughout the sea-

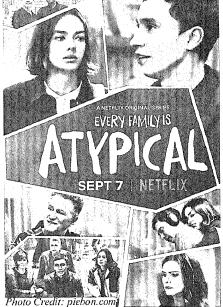
She even becomes jealous when somebody else enters the picture, possibly ruining her chance at a relationship. Paige isn't Sam's only love interest this season.

Bailey Bennett, played by Ariela Barer, meets Sam while hiding at school. She contrasts with Paige dramatically, as Bailey's personality is rebellious. She break rules and norms, and dresses in darker

Sam himself is stepping out of his bubble even more this season, making decisions for his future and trying things that he's never done before for the sake of personal improvement and growth.

Even when something is going wrong for Sam, we know that there is always someone around to help him out.

The questions posed about season one were certainly answered. Yes, Sam may act differently than his peers because of his experience with Autism.



But, he also does something magical for all the people around him.

His family, his potential love interest Paige, and even his unlikely friend Zahid are all put onto paths of self discovery.

One boy, without the use of magic or fantastical super-power, changes the lives of those around him.

That is truly unusual-better yet, Atyp-

Insider on The Outsider

Stephen King's Newest Novel is a Guaranteed Fright

BY: MARK DEUTSCH

Stephen King's latest book, The Outsider, published on May 22, 2018, contains his usual masterful prowess. The plot takes unsuspected twists as the readers turn the pages. It will have readers puzzling over what type of monster is stalking the pages

The story begins with the discovery of a boy's corpse in the woods. It is in such a depraved condition that even seasoned police officers would shiver in horror.

The police's search to catch the killer ends quickly, as the man in question is an upstanding citizen, and several eyewitnesses claim to have seen the man with the victim before the murder.

Police decide to snatch the suspect in a rash arrest at a football game that he is coaching.

The public arrest shames the supposed killer in front of the entire town, causing the suspect and his family to earn enmity from everyone they know

The police think that they have enough evidence to send the suspect to prison, being that the suspect's blood and DNA are found at the scene.

But what happens when the suspect has an ironclad alibi and witnesses to prove that he wasn't in town? How can a man be in two places at once?

The story has enough bends and turns to leave the reader questioning whether the suspect actually did the crime. The book, at

first, takes on a realistic tone, with no hints that anything supernatural is happening.

The protagonists in this story are likeable and easy to understand in their quest to uncover the truth amidst contradicting facts in the case. King even brings back a character from another work of his, who helps the protagonists solve what's going on later in the book

The story seems to have recycled a couple of ideas from some of King's earlier books, creating something new by com-The theory is that both It and The Dark

Half share similar traits and abilities, although if this was truly King's intention is a mystery of its own. The concept for the monster that ap-

pears in the book has an appetite that is similar to the monster from It in that they both feast on despair and torture.

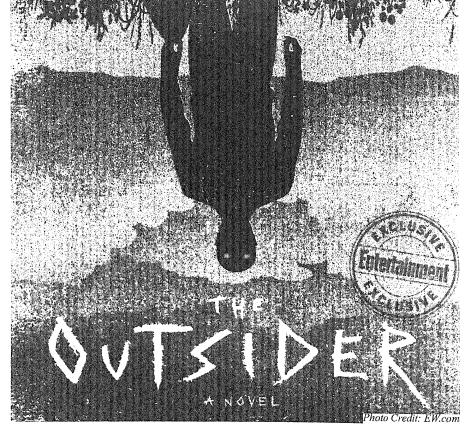
In most of King's books that feature monsters, they share the need to feed on physical or mental agony. The similarities don't end there. Even

more ideas were borrowed from other books that have been conceived by King. The other idea that seems to have been

borrowed and then taken in a similar direction comes from The Dark Half, a book that involves the rebirth of the protago-

The twin commits murders and leaves behind evidence that shares the same fingerprints and DNA as his better half.

Even more similarities can be found in



The Outsider is a chilling novel perfect for the upcoming Halloween season. other books that King has written, but The the book. Outsider still stands as a unique book with a great story to tell and frighten people into sleeping with their lights on.

There is more to The Outsider than the cover and the vague book jacket blurb. A mess of confusion awaits the characters in

Even to seasoned King readers, this book is a puzzle like never before.

When there's nothing left but the impossible, believe in the inexplicable, since

Searching For A Captivating Thriller? Look No Further! The Suspense-Thriller Film That's Shocking the Nation

gins to isolate herself from her father. After his daughter disappears, David

Searching takes the audience on an emotional journey as they hope that David film, which adds to the suspense. Kim, played by John Cho, takes matters finds out what happened to his daughter, and shows the despair of a parent when one's child is missing.

Searching contains several unexpected twists sprinkled throughout the movie. When you think you've discovered the culprit of the kidnapping, it is revealed that they weren't the one.

Photo Credit: IMDB.com "GRIPPING "ABSOLUTE PERFECTION" AMBER Alert

The film uses phone and computer screen points of view during the whole

As the story progresses, David realizes that he does not know his own daughter. He is only left with her laptop. He uses it to log onto multiple social media accounts. read her text messages, and message her online friends to put the pieces together to find out what happened to her.

Margot lead a secretive lifestyle after her mother's death in which she didn't open up to her father.

The film is directed and written by Aneesh Chaganty, who made his directorial debut with Searching.

He recently spoke to Polygon about giving something impersonal such as the internet meaning and emotion as shown throughout the film.

"It was always a matter of taking something that is cold or mundane — devices that we use on a personal basis — and turn them into something that is cinematic," said Chaganty. "The way we do that is by putting emotion underneath it. It was less about 'what do these buttons and windows do?' and more about what meanings can we put behind what they do."

The film stars Star Trek reboot's John Cho and Will and Grace's Debra Messing. who both have plenty of experience in the acting industry

Debra Messing plays Detective Rosemary Vick, who has taken over and investigated Margot's case. In an interview with Screen Rant, Messing described how it felt to work on this film as a mother herself:

"I am a mother of a child," says Messing, "and I immediately responded to the main story. Nothing could be more hor-

rific than your child going missing. So, I realized that even though the device that Aneesh created ... I couldn't really connect with emotionally.

"But the story underneath it, that was a classic suspense thriller and that it was a very emotional story. And once I realized that if you took that device out, the story could stand on its own, then I felt like I felt comfortable about it "

John Cho spoke with Town and Country about how he relates to the technology aspect of the film.

"The real revelation of the movie," he says, "or what crystallized for me through the movie, was that you're never going to catch up to your children, in terms of computer literacy. I could start computer school today, and I think my kids would still outpace me."

He also spoke about to Vanity Fair about Searching being the first mainstream Hollywood thriller starring an Asian American actor: "What is meaningful to me is seeing the image of a whole, loving Asian-American family [more] than anything else... It's very rare in movies. It was surprising to me how powerful it was. I want the future to be where it's completely normal to see an Asian-American family on-screen."

The film was released in theaters August 24 and offers suspense and adrenaline rushes to captivate the audience. The film premiered at the Sundance film festival January 21 2018, and won the NEXT Audience Award at the 2018.

This movie will be sure to leave vou on the edge of your seat, so see it while it's

BANNER OPINIONS

The Nicotine Flash Drive Epidemic

Juul E-Cigarette Products Targeting Teens Everywhere

BY: KAREN CORREA

Juul devices have become useful for ex-smokers; however, these e-cigarettes are also appealing to underage adolescents.

This smoking device has thus become unpopular among parents, doctors, and the Food and Drug Administration.

Juul now is facing one of its biggest obstacles yet. Earlier this month, the FDA said that, "teen e-cig use is reaching epidemic proportions."

To describe what these electronic devices do, Juul vapes contain addictive nicotine. Each Juul pod contains as much nicotine as a pack of cigarettes.

Juul announces that this satisfies the nicotine craving desired by ex-smokers. However, it can affect adolescents who have never tried a cigarette in their lifetime.

The FDA is giving Juul and five other brands until November of this year to prove that they are taking effective steps to keep these products away from adolescents.

The FDA is also tracking down sellers online that are selling in bulk to make sure Juul is being sold to age-appropriate consumers-not teens.

The FDA has already sent out fines and letters to those sellers who sell them to un

derage adolescents. If Juul and those other companies fail to prove themselves, the FDA will force them to remove all of their flavored products from the market.

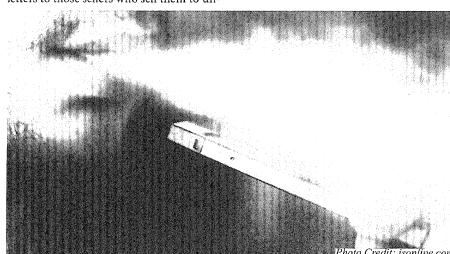
According to marketing research, mango and other fruit-flavored Juul pods make up most of the industry's major profits, and without these products the companies can potentially crumble.

"The developing adolescent brain is particularly vulnerable to addiction," argued the FDA in their statement announcing their actions.

Juul launched their flash drive-shaped device in 2015. It came available in eight flavors; including mango, menthol, crème and cucumber. In just a short period of time, Juul gained control of 72 percent of the market, which values by investors at 16 million dollars.

The FDA can no longer bypass this issue because it is apparent that these companies are not taking enough action to stop the sell of Juuls among teenagers.

It's time to put a stop to this, or else future generations will have to deal with the devastating effects of it for years to come.



BY: SAMMY QUARRATO

decisions.

Are you someone who lets their rage

To be a realist, one could say we have

and anger control you during times of com-

petition, such as in sports and debates? Was

it over something that mattered to you very

all been that person at some point in our

lives. During those moments, we lose our

cool and allow emotion to take reign in our

players in the world, has shown that this

could happen to anyone. Unfortunately,

she demonstrated what it looks like to blow

the U.S. Open after losing a match against

Naomi Osaka, accusing the umpire of being

Serena Williams unfortunately let her emotions

control her behavior at this year's U.S. Open

Serena Williams, one of the best tennis

Serena Williams fired up a dispute at

much, especially during times of stress?

A Message For Anti-Vaxxers

Why Are Parents Still Arguing Against Vaccinating Their Children?

BY: ROSEANNE CASSAR

The idea of vaccinating children as a means of protecting them from certain diseases will always be a controversial topic amongst concerned parents.

Are vaccines credible from preventing outbreaks? What are the real concerns from

The opposition to vaccination is not a novel idea. According to the article, Understanding Opposition to Vaccines, the author states, "Refusing vaccines started back in the early 1800s when the smallpox vaccine started being used in large numbers."

"The idea of injecting someone with a part of a cowpox blister to protect them from smallpox faced a lot of criticism. The criticism was based on sanitary, religions, and political objections. Some clergy believed that the vaccine went against their religion."

In my opinion, parents put too much fear into the idea of "what would or could happen to my child" regarding any vaccine that is administered.

Parents should talk to their child's doctor about the type of vaccines that are needed to prevent the spread of diseases. It is ultimately important to be knowledgeable so that there is a clear understanding of why vaccines are important for children.

I think that neglecting vaccinations from your child's life will put them at a greater risk of becoming seriously ill- or even worse, dying from an illness that could have been easily prevented.

Though it is true that there are side effects from vaccines, the benefits seem to outweigh the possible side effects. These children who do experience any side effects will go through only mild symptoms from any vaccine.

If the symptoms from a vaccine are mild, then parents should not work themselves up so much because children are

These vaccines are for their protection Not experiencing any side effects is never written in stone, but it is also isn't something to be alarmed about if does happen.

Autism is also one of the biggest con-

cerns that parents have in regards to vaccinations. In recent years, the outbreak of fear that vaccines may be a leading cause for the rise of autism has not been justified.

Specifically, the MMR vaccine, which is a vaccine that prevents the measles, mumps and rubella, is a leading cause for concern amongst parents.

There have been multiple study cases involving the MMR vaccine and it has shown that there is no evidence that the vaccine causes autism. According to the article previously mentioned, "The Centers for Disease Control and Prevention (CDC) confirm that vaccines are very safe in all but

The CDC also clarified that vaccine ingredients do not cause autism. There is another vaccine that has parents worried as well: it is the flu vaccine.

There are people who don't want to get the flu shot for several reasons. For one they feel that the flu shot doesn't protect against all strains, and therefore reject the dea of getting the flu shot every year.

People also think that the flu shot will make you sick. In my opinion, I think that parents should trust in their child's doctor to make the best possible decision when it's

It is very important for a doctor and parent to form a trusting bond when dealng with preventative health measures for a

I feel that a parent should educate themselves when dealing with vaccines. The more knowledge you know about this, the better that a parent will feel.

Parents should feel comfortable enough to talk to their child's doctor about certain

To a certain degree. I understand the fear of these vaccines, especially when they are being administered to a child that is in their in infant or toddler stage.

If anything, your child's doctor can recommend you to visit medical websites for you to check out information on the pros and cons of vaccines.

For more information on this topic, visit www.healthline.com.

An Unpopular Opinion about U.S. Open Accusations Why Following The Rules Should Not Automatically Equal Bigotry

Now, the mainstream media is jumping on the opportunity to show that America is still just as sexist as it has ever been and that

world we live in today.

However, we must remember that we have advanced as a nation since the 1960's

We must remember we are still fortunate enough to be living in a country with as many rights as we have, unlike many thirdworld countries that still abide to oppressive treatments of women

what happened, who was involved, and the history behind each individual.

would be the umpire, Carlos Ramos, who overlooked Serena's U.S. Open. He is from Lisbon, Portugal and has an infamous reputation within the tennis community as being a stickler for the rules.

He issued strict violations multiple times, once during the French Open in 2016, where many didn't believe he should

ing a stubborn stickler-like personality.

For example, Andy Murray was issued gender. a code violation during the 2016 Summer

Carlos Ramos, proved to not care about the French 2017 Open, where Andy Murray was playing against Novak Djokovic, a Ser-

ferent reasons; Murray for a time violation and lose of first serve while Diokovic was penalized for yelling in Serbian and throwng a ball behind him towards a ball boy, which to Ramos, violates sportsmanship.

national origin of these men is to show that Carlos Ramos is not a racist, nor even a sexist, but just a complete stickler of the rules

ray received this umpire's wrath twice and rightfully criticized him twice, but did not ever accuse him of discriminating against

However, when it happened to Serena Williams, he is automatically considered troversy and own up to the fact that it was

he does this to anyone he believes violates the rules of the game, regardless of race or

Now, the biggest issue throughout this entire situation is that there are women who are actually being oppressed.

For example, women in the Middle East are being forced to rely on men for security and are forced to wear different types of cover-ups that are meant to suppress their

nsequences of death.

When it comes to sports, players such as Mario Balotelli, a member of the Italian football team, are subjected to racism. When he is on the field, he hears monkey sounds from the crowd. Instances such as these are incomparable to the weak accusations against an umpire for being sexist.

It is clear that Williams was not a victim an umpire's sexist or racist judgment but one of a person that stubbornly enforces the

Serena Williams should end this con-

SEX AND RELATIONSHIPS

Couples Costume Ideas to Snuggle Up to This Halloween A Guide to Finding the Perfect Costume for You and Your Significant Other

BY: ALEXIS KATERIDGE

Halloween is almost here. And do you know what that means? Costumes and costume parties.

And for those coupled up, coming up with the perfect "couples costume" could be a daunting task.

Everybody knows that couple that comes to the party, dressed in the perfect couples costume. They saunter in dressed in togas or camouflage and make the single people feel just a little bit bad for them-Those that are paired up feel as if their

costume just doesn't hold up. But good ideas are all around you, it's just a matter of looking in the right spot.

Looking for something historical? Costumes such as Uncle Sam and the Statue of Liberty or Greek Gods or Goddesses might be an idea.

For Uncle Sam, It could be something as simple as red, white, and blue attire with an American flag top hat.

The Statue of Liberty could be just a green dress with a headband and a torch. This costumes are simple, but recognizable

What could possibly be easier than a Greek God or Goddess? A white bed sheet tied around you and some props makes for an easy Poseidon or Aphrodite costume on a budget. Looking to go more vintage, not ancient? An easy costume to pull off could be

a duo of army soldiers, or an army soldier and Rosie the Riveter. Simple, sweet, but still an amazing costume.

Want something a little more magical? Easy, you can never go wrong with a Disney costume.

Whether it be dressing up as your favorite prince and princess duo or taking on the side characters, there is a plethora of options to choose from. Some ideas include Rapunzel and

Flynn Ryder from "Tangled", Jessie and Woody from "Toy Story", Lilo and Stitch from, well "Lilo and Stitch", Tweedle-dee and Tweedle-dum from "Alice in Wonderland", or even Mary Poppins and Bert from "Mary Poppins".

Disney can give you tons of ideas, its just a matter of putting them to use. Want magical without utilizing the Disney empire? Try some Harry Potter costumes, a personal favorite is Dobby and his sock.

Or maybe something as simple as a dentist and the tooth fairy? A cute and fun costume so long as you remember to brush and floss after eating all of that halloween candy.

Not quite sold on the whole Disney idea? Have no fear, superman is here. Quite literally. Superheroes are a great couples costume idea because they almost always come in pairs of two.

Whether it be Batman and Robin, Poison Ivy and Harley Quinn, or Superman and Lois Lane. A set of Superhero costumes might just be the way to go for you.

The nice thing is you can easily find these costumes at any and all costume stores, and if worse comes to worst, you can always just throw on your characters t-shirt and call it a day.

Perhaps you want the perfect iconic costume, well boy do you have plenty of things to work with. There are countless combinations of couples costumes that could be pulled off just from Pop Culture

Whether it be Spongebob and Patrick from "Spongebob Squarepants", Bert and Ernie from "Sesame Street", Jessie and James from "Pokemon", or Dora and Boots from "Dora the Explorer".

Inspiration is all around you, so don't be afraid to play around with it and have Maybe you aren't in to the popular costumes that have been done over and over again, well thankfully there are costume so long as you are having fun with obscure and creative options for couples costumes as well.

Whether you and your partner want to

go as rice and salmon to make the perfect sushi treat, or you decide that a set of puzzle pieces may be more your speed because you fit together so well

Another Idea is to take an inner tube and paint it like a donut. Get yourself a basketball jersey and walk around in the inner tube, Dunk-in' donuts, Get it?

Or even having one person be a taco and the other dress as Belle from Disney's "Beauty and the Beast". Put that together and what do you get? Taco Bell-e.

Most importantly, don't forget that Halloween is meant to be a time of fun and creativity. It's okay to take risks with your vour partner.

Have fun and stay spooky!

Signs That He's a F-boy or She's an F-girl Ditch The Red Flags for a New Lover

BY: LEAH OLIVER

It's hard to see the bright red flags standing before you when your eyes are shaped like hearts and your stomach is filled with butterflies

Often, the feelings of love protect us from the harm our partner can inflict upon us. Or is that people just choose to ignore these signs?

Well I'm here to be that best friend that tells you he or she is not the one.

There are two types of people that are not the one; you have the person that's just not the one to build with and the person that's the typical f-boy or f-girl.

Here are the signs that indicate he or

she is and f-boy or girl.

This person will sweet-talk you, but also tends to throw subliminal messages and never make their true intentions

If you realize that your partner expresses the things that they are unhappy with about you, maybe with a quick text message or in a conversation amongst your friends, it's time that you call them out on their actions.

Another classic sign that may define them as an f-boy or f-girl is that he or she makes you a convenience in their life.

In other words, this person deals with you when he or she wants to. If they are

WHEN YOUR FRIEND SAYS: "HOW DO YOU KNOW HE'S A F-BOY?



Spotting that he is a f-boy or she is an f-girl is hard when love makes you blind.

that you will be available for them.

These types of partners will most like-

ly use you for their own needs and neglect you when they are occupied. Making you convenient is an aspect of ships that just are not healthy. inconsistency, which is another sign along

with poor communication. Inconsistency and poor communication are both signs pointing that this individual is playing the field, he or she is not ready for a relationship, or that they are just not that into you.

For instance, look out if your partner shuts down deep conversations, does not want to be open about their feelings, or is in varying moods when they are with you.

If time has gone by and you have shown all aspects of your personality, one should expect their partner to reciprocate.

However, f-boys and f-girls may only provide you with surface value or superficial compliments in relation to how you look or about your physical attributes.

or she wants to have a party with what's in

How might one know this? If your sigsay about your personality, not just about realistic. how you look.

Being with a partner means being with

craving attention or need a favor-odds are as well as open themselves up to you on a deeper level.

While there are endless f-boys and f-girls lurking about and messing up relationships, there are also normal relation-There are also signs that he or she is

this is not the person you want to spend long years in a relationship with. Be aware that he or she does not have

not the one to build with. In other words,

their priorities straight. This person will spend money on Gucci this and Gucci that, have a nice car, yet still live at home with mom eating and living for free.

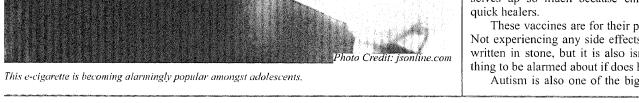
This person does not know what he or she wants to do and is likely not in search to find out any time soon.

Being in a long-term relationship means that you and your partner become one of the main priorities along with familv and friends.

Also take note if your partner does not Listen up lovers, this is a sign that he uplift you, support your goals, and fuel your aspirations.

Often, a sign is that they will brush off your passionate conversation about the nificant other was interested in getting to future. They might even tear down your know you, they would have something to ideas and tell you that your goals are not

So, if your partner is pessimistic and narrow minded, or blinding you with their your best friend. This person should ap- f-boy and f-girl tricks, I'd advise you to run preciate your beauty within and without, away and fall in love with someone else.



openly sexist after giving her what she saw as an unfair tallying of points against her.

women are not equal in today's society. Every race, gender, religion, and sexuality has double standards in the western

when the Civil Rights Act was passed.

An important objective is to process

The most important part of this case

However, there are other examples that When we look at this man's history, it's clear prove he doesn't discriminate, despite hav-

Olympics. His opinion on the umpire was that he did, "stupid umpiring." the opinions of his critics by umpiring for

Both were given penalizations for dif-

The reason why I state the gender and It's important to show that Andy Mur-

sexist by Williams and a racist by others. wrong to accuse the umpire of sexism.

There are also women in Sub-Saharan Africa being raped and forced to have many children, or else they will be faced with the

SPORTS

Serena Williams: Victim or Sore Loser?

2018 U.S. Open Opens the Door For Controversy

BY: UBONG EKPO

Instead of celebrating what would've been her twenty fourth grand slam title, the 2018 U.S. Open ended in controversy for Serena Williams.

Williams received several penalties during the match. One coaching violation for allegedly receiving coaching during the match, which Williams vehemently denied.

Another for breaking her racquet in frustration, which resulted in Williams losing points and a third for arguing with umpire Carlos Ramos-stemmed by her calling him a 'thief' for taking points away in the previous violation.

The third violation, which was categorized as abuse of an official, penalized Williams by giving an entire match point to opponent Naomi Osaka. With Osaka then having a 5-3 lead, Williams eventually succumbed and lost the match.

There has been much debate in the weeks since the questionable ending to the match, with conversations ranging from whether Williams was the victim of sexism and racism, or was this a temper tantrum from a star seeing her prime slip away?

The umpire in question is no stranger to clashing with the Williams family.

During the 2016 French Open, Ramos issued the same coaching violation to Williams' older sister Venus Williams, which Venus detested.

While it is not certainly explicit whether Ramos is a bigot or sexist, the irony that he chose to implement penalties that are rarely given out, to the two most well known and popular African American ten-

nis players, leaves much to be probed.

In comparison to the her white counterparts in tennis history, specifically white males, Williams treatment of Ramos isn't new- nor is it the most outlandish.

Tennis legends such as John Mcenroe, who is known for yelling and insulting umpires throughout his career are revered for his treatment of umpires. Although Mcenroe was penalized for his actions just as Williams was, but the reaction he got was different.

Serena Williams seems to carry a burden that her tennis contemporaries are not tasked with. Williams experience in the professional Tennis world is just a smaller scale example of being a black woman in America

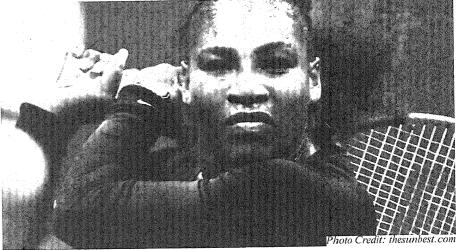
A newspaper in Australia published a racist, derogatory cartoon, depicting Williams as a large obscene monster like figure, stomping on her racquet.

Her opponent, Osaka, who is of both Japanese and Haitian heritage, is given the stereotypical blonde hair, to give the appearance that she is a white woman.

One telling thing to point out is the media coverage of Osaka's win. Osaka's Haitian heritage is rarely, if ever mentioned, the headlines continually congratulate her as the first Japanese woman to win a major title, but never as the first Haitian woman or even mixed.

Throughout history, black women have constantly been forced to conform to the Caucasian standard of beauty.

They have been assimilating for the sake of acceptance and being held to a more strict standard, only to be treated with less respect. Williams is no exception



The reaction to Serena's outburst ranges from supportive feminist to flatout bigotry.

to this treatment.

In July of this year, Williams sent out a series of tweets, voicing her displeasure in regards to random drug testing.

Williams said in tweet "It's that time of the day to get 'randomly' drug tested and only test Serena. Out of all the players it's been proven I'm the one getting tested the most. Discrimination? I think so. At least I'll be keeping the sport clean #StayPositive."

Later on in the same month, the French Open imposed a ban on Williams from wearing a black catsuit during that tournament. We've seen in a month span Williams body be subjected to standards to her counterparts are not held to.

The black woman cannot express any emotion without being characterized as an "angry black woman".

What some may call an egocentric tantrum, others call a human expressing their

emotions

America has been conditioned to view black women in a certain light, Williams anger being attributed as just another trait of women like her.

The facts are coaching during tennis matches, although rules state such act is illegal, the rule is rarely implemented, especially during a finals match.

If one is to view Williams' behavior was inappropriate, the same logic applies to the inconsistency of when certain violations are handed out.

The issue that no one, not even Williams herself, wants to acknowledge was that her penalties were given not just because she is a woman, it was because she is a black woman.

Once this is understood, the domino effect of sexism and all other issues will come to pass.

Get to Know CSI's New Women's Soccer Coach

Women's Soccer is Bound to "Have A Day"

BY: NATALIA SANDOR

The "Dirty Jerz" has brought a few good things into the lives of the students here at CSI, everyone loves Jose Tejas and Top Golf. But now, Rahway, New Jersey has outdone itself and brought the college Ms. Brittany Casares.

In April 2018, the full-time position of Women's Soccer Head Coach and Campus Equipment Manager was awarded to Brittany Casares after an extensive hiring process.

"Now that I am here I finally found my purpose", says Casares. These are big words and she had even bigger duties to fulfill but Casares continues to bring high



Brittany Casares (Middle) after her debut match at Drew University.

energy and authenticity to her new roles on campus.

Casares has acquired a wealth of information about the game of soccer through her career at Montclair State University, where she took part in a team that claimed a New Jersey Athletic Conference title and appeared in the second round of the 2012 NCAA tournament.

It was at Montclair where Casares received the Women's Soccer Player's Player Award in 2010-11. Her time as a midfielder brought her both a true understanding of possession soccer as well as a James J. Poet Sportsmanship Award during her senior season.

As a natural leader, Casares found herself wanting to pursue a career as a teacher and fortunate enough to land a teaching position upon graduation.

Claiming the title of Head Varsity Coach at the Mother Seton Regional High School Girls Soccer as well as obtaining a teaching opportunity, Casares was able to find her true passion for the game of soccer and further understand her greater need to focus solely on coaching.

With her drive to always be better and by putting her mentality to always "play the next play" to use, Casares began her first job coaching at the collegiate lev-



el heading up the Women's Soccer Team at Raritan Valley Community College in Branchburg, NJ.

Raritan was the final stepping stone for Casares on her journey to the shared-office space in 1R that she has always dreamt of. She explains her enthusiasm as she states, "I don't think that everyone knows how big of a deal this is for me, I feel like I got the big time job here".

Casares spends most days in the issue room handling all things apparel until she laces up for afternoon practice. "This is everything to me", she says as she stacks her fridge with chocolate milk so that her players stay properly hydrated.

Speaking of proper hydration, after her first official win on the turf here at CSI, Casares was treated with an old fashion "Gatorade shower" and although it was water, it was quite the sight to be seen.

"I want to take this program to another level", says Casares and every coaching course that she has taken, every certification that she has obtained has given her the confidence to truly believe that her coaching abilities will make that happen.

Senior captain Catherine Mulligan states, "Coach Brittany has helped us tremendously with mentality... she always says things like 'have a day' or 'get after it'. This is the kind of positive push that we need to make us stronger players".

Mulligan also speaks toward Casares ability to create a family dynamic between the team as she explains, "I have a close relationship with coach, it is super easy to talk to her because she talks a lot."

Casares positive chatter has clearly resonated with the team as they have for the first time in CSI history, defeated Ramapo College with a final score of 2-0.

The Women's Soccer team is currently 5-2 with hopes of continuing their five game win streak. With the direction of Casares, this team is bound to "have a day" and most likely a good one.