## Open minds opened doors of Willowbrook

In 1973, as a result of a good deal of publicity, interest was sparked regarding a snake pit on Staten Island known as the Willowbrook State School.

Its huge landscape housed innumerable buildings, which held hundreds of human beings in indescribable misery.

Many good people — doctors, therapists, aides, administrators — tried to provide services, but the odds were against them. Years of thoughtless overcrowding, cut-to-the-bone budgets and public apathy prevented them from offering anything other than limited services.

Once the scandal was uncovered in a series of articles by the Advance, it was seen by the entire nation, even the world, for months. Finally, the New York State Legislature, in an attempt to cleanse itself of the stigma, passed a bit of legislation called the Willowbrook Consent Decree.

This was, in essence, a bill of rights addressed to the developmentally disabled. It spelled out not only the responsibility of the state to these individuals, but provided the funds to give them their rights.

The Assembly in Albany added another component to this piece of paper. Under pressure from parents who were vocal and persistent, and professionals who had worked within the system, services that were mandated to be provided for this population were directed in two ways — 50 percent to those already suffering in Willowbrook and 50 percent to those who lived in the community.

The concept, we were told, was to prevent Willowbrook from ever happening again by making services available in the community.



## Beatrice Victor

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All of us involved were ecstatic. We were further mandated to form a council made up agencies and parents or parent groups to propose and monitor services for our population. We did. We took ourselves very seriously. We were aware of our obligations and of the budget dollars available. Volunteer hours every week were given freely to make certain that duplication of services, a waste of taxpayer's money, was prevented. Reported infractions in service by any agency were immediately investigated. We believed in our

One of the first priorities was to set about providing group homes for our clients.

It is important to say that when the Willowbrook scandal broke, many on Staten Island were so shocked, they immediately offered whatever they could to help the unfortunate scapegoats. Food, clothing, volunteer time were offered freely. Newspaper pages and television broadcasts were full of photos of neighbors doing their thing. It was nice.

But then came the search for group homes for Willowbrook patients. The NIMBY — Not In My Back Yard — syndrome developed.

In all fairness, we could understand the community's fear. After all, it was only logical to assume that if these folks had to be locked up, they must be dangerous. The fact that many were not disabled but had become so as a result of the nightmare they lived in, did not count.

Everyone had heard the stories, myths of how a retarded individual performed. We all had read the book or seen the movie "Of Mice and Men," in which a retarded man commits murder. How could people be expected to welcome such dangerous individuals into their neighborhoods? How effective would be the comment "That is just a playwright's vivid imagination."

Disfigurement resulting from cerebral palsy, or some other neurological defect, was not a familiar sight, because for years such individuals were kept away from the gazes of others. How many would bother to get beyond the twisted limbs to find out about the beautiful human inside?

There was a great deal of fear. We would have to deal with it.

So we began. If I start to list names of those agencies and individuals who were such a big part of the effort I will run out of space, so I won't. But we all pulled together, the staff of the Staten Island Developmental Center (the new name for Willowbrook), the New York City Department of Mental Retardation, the State Commissioner for Mental Retardation and the Staten Island Retardation and Disabilities

Council. I am proud to have been a part of the effort.

What I am about to tell you is not hearsay. It really happened.

From 1973 to 1977, we attempted to find appropriate living quarters for no more than eight individuals in one setting. The consent decree was very specific as to staffing, living space, work and recreation availability, health care services, education and supervision.

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