



Saw the Ear

Ear

demonstration  
handbook

d.m.



## Introduction

Our hope at SALT OF THE EARTH is that the information in this pamphlet will be of some help. We hope many of the readers will take on the responsibility of forming medical cadres to assist those hurt at demonstrations. But we also hope none of the legal or medical advice in here will be needed.

ALL POWER TO THE PEOPLE!

The "rights" of the Constitution have little meaning to the cop on the beat, who is engaged in the first step of the legal process, and they also have little meaning in the courts, where the final stages of coercion are legitimized. To rely on "legal rights" is to ignore entirely the fundamental reality of a class society; that when those "rights" have been granted by a ruling elite, those same "rights" can and will be ignored when their use threatens the power of those who granted them. Such has been the history of "fundamental rights" in our country in times of crisis; from the Alien and Sedition Acts, through the suspension of the right of habeas corpus during the Civil War, restrictions on "free speech" for socialists during the First World War, conspiracy charges for labor organizers in the thirties, to the internment of citizens of Japanese ancestry during the Second World War, the McCarthy repression which killed the Rosenbergs and led to the imprisonment of Morton Sobell and many others in the fifties, down to the frame-up and murder of members of the Black Panther Party today.

In the future, as our government grows, it will be increasingly under attack. Leaders are no longer the only political people who are arrested. Everyone who goes to a demonstration, who hands out a leaflet, who smokes a joint, who goes to a meeting, or who runs away from home --each and all are possible targets of the cops and the courts.

Sometimes we can fight back using the legal rights and procedures which movements before us have won from the system. But we must not be diverted from the political organizing by courtroom battles. Our real defense lies in the growing strength of our Movement.

Useless arrests should be avoided if possible: they are an increasing burden on the finances and energies of the Movement. The arrest and its possible consequences--defense, parole, probation, jail--keep you away from your own political work.

A cop has the right to stop you under suspicious circumstances, which could be anything the cop wants it to be. If you refuse to answer his questions and show identification, and you try to assert your rights, he'll probably bust you for something like disorderly conduct or refusing to obey a policeman's orders.

Be careful not to talk about other people's names, don't talk back to him. Be polite. You may feel that taking his harassment is humiliating. But it is the most political thing to do. Don't try to be a hero. Don't be a martyr. If you are with a cop there is nothing to gain from talking back to him. All power at that moment is in his hands.

Women wear pants, don't wear earrings. Sew your pockets or rip them out! They may try to plant something on you. Watch out for plain clothesmen: especially those whom you accept things from. Do not take weapons, drugs, etc. from anyone you don't know! Do not be provoked into doing reckless things! The person may be the coolest looking guy or gal, but might also be a cop!  
Better safe than sorry!

Go to demonstrations with a group of 6 to 10 people. Try to stay together. Take the precaution to make a place to meet afterwards if you are split up. Try to get to know demonstration area. Try to go early. Try to find out the whereabouts of a doctor in the area--in case. Go to the police in an emergency! They may help you! But then again they may not!

Do not talk to cops! You have the right to remain silent! Cops bust most demonstrators on a disorderly conduct charge... This is a 'catch all' law. Make yourself familiar with its provisions if possible.

In jail you have the right to call an attorney  
National Lawyer's Guild 227-0385  
227-1078  
or  
962-5440

Emergency Civil Liberties Union 683-8120  
N.Y. Civil Liberties Union 929-6076  
Mobilization for youth services unit 777-5250  
All of these #'s are 212 area code.

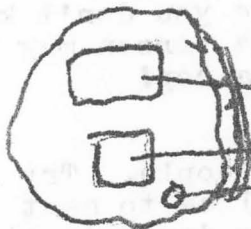
Do not take your address book to a demonstration.  
Write telephone #'s you may need (doctor, lawyer, etc.) on your arm or leg.  
Stable I.D. inside shirt or pants... Guys must carry draft card... it is against the law not to!



## INSTRUCTIONS FOR HOMEMADE GASMASK

### Inexpensive materials;

one plastic shower cap  
a peice of clear plastic (4" x 6" or 7")  
small plastic bags (2)  
a rubber washer (small)  
10" gauze  
very good glue  
a rubber band  
stapler  
handkerchief



cut out 6" or 7" x 4" square for eyes. Bath cap worn as a mask.  
cut out 3" x 2" square for breathing  
cut out hole to fit washer into



glue plastic in as visor. Make sure it is air tight  
staple gauze, make sure gauze is folded over 5 or 6 times into opening.  
cut hole in end of plastic bag-form tube to allow carbon dioxide out.  
carry handkerchief in a small plastic bag. (moistened very well).

### When gas hits:

wet gauze on mask  
breathe through gauze - slowly.

(note: used gas masks may be purchased at army&navy surplus stores... approx. \$5.00 ea.)

Those who wish to assist others at demonstrations should bring a large jug of water, an eye dropper, and a good first aid book. The MEDICAL part of our fight aggainst oppression is very important. TAKE IT UPON YOURSELF TO FORM MEDICAL CADRES AND LEARN HOW TO HELP AND SERVE THE PEOPLE.

## GAS

5 kinds of riot control agents:

CN tear gas, CS tear gas, Nausea gas, Blister gas and mace. Do NOT rub eyes or wash with soap after being gased or maced. It may cause further irritation.

TEAR GAS - CS(strong) and CN(weak)- Causes nausea and burning.

### Treatment-

- 1- Irrigate eyes with drops of water.
- 2- GET GAS OFF OF SKIN. Wipe skin with mineral oil (breaks gas down) or flood skin with alcohol to set up evaporation process to cool skin. High concentrations of this gas has caused death.

NAUSEA GAS- When it lands, it lifts off a puff of smoke. Looks like a dud but highly dangerous since it is clear, odorless and colorless. Causes intense vomiting which can tear stomach lining and instant diarrhea which can cause rectal bleeding. Upsets judgement and causes asthma to become worse. GAS MASKS ARE DANGEROUS. Gas is absorbed through skin and you can drown on your own vomit.

Treatment-

Run like hell in the opposite direction.

BLISTER GAS- Comes in powder form and is thrown upon crowds after they have been hosed down with water. Causes second degree burns to skin and lungs. Protective clothing and gas masks can reduce blistering to a minimum.

Treatment-

Same as for second degree burns.

MACE- Not a gas. A liquid propelled from a spray can. (N.Y. police developing a mace grenade which could be used like CS gas.) Causes severe eye pain and difficulty in breathing. Can cause blindness. Goggles will protect eyes. Vaseline can be put on skin if you remember that mace dissolves in vaseline and IT MUST BE WIPED OFF IMMEDIATELY. Vaseline will protect skin from mace burns but if not removed immediately you will be burned more severely than if you didn't use vaseline at all.

Treatment-

Irrigate eyes with water or dilute boric acid solution.

Add a drop of Ophan. (local eye anesthetic.)

#### MEDICAL PREPARATION -

1. Should have Tetanus Toxioid shot within a five year period.
2. All persons with a known medical illness should carry an I.D. card or tags, for example "I am a diabetic on Insulin" or "I have penicillin allergy."
3. Carry a supply of medication you take with you in case of mass arrest where they will not give medication. Often they will be confiscated, but if you can verify that you take the medication (carry in a pharmacy bottle with a labeled prescription on it) you have good grounds for a suit against police. For example: Diabetic girl, S.F. State College, insulin taken away - movement doctor got insulin back and is testifying in a law suit in her behalf.
4. Carry a heavy magazine or newspaper to use as a splint. Rolled up, it can be used to protect yourself against club blows.
5. Wear protective clothing, long shirts with high collars and tight cuffs protect against gas attacks. Wear a belt-tourniquet or weapon. Wear hard shoes, never sandals. Nothing worn around neck. No contact lenses. If maced or gassed, lenses can erode cornea and may cause blindness.

6. Every person should carry a small first aid kit to any situation where violence may occur.

- A) Goggles (ski goggles)
- B) Sterile 4x4 gauze pads
- C) roll of  $\frac{1}{2}$ " adhesive tape
- D) Band-aids

E) ace bandage 3" wide

F) Handkerchief or surgical scrub face mask - put a wet 4x4 gauze in front of your mouth and cover with mask or handkerchief for a fair gas mask

G) Plastic bag with cotton balls soaked in  $H_2O$  to irritate eyes and wipe off gas

H) Small bottle mineral oil, eye drops

DO NOT CARRY Scissors or other instruments which may be categorized as a weapon when police search you.

#### WHY?

"...the true revolutionary is guided by a great feeling of love. It is impossible to think of a genuine revolutionary lacking this quality. Perhaps it is one of the great dramas of the leader that he must combine a passionate spirit with a cold intelligence and make painful decisions without contracting a muscle. Our vanguard revolutionaries must idealize this love of the people, the most sacred cause, and make it one and indivisible."

—Che Guevara

